

ELLEN'S DIARY

by an Island Farmer's Wife

"I wonder how we would know this is the April month if we had no calendars?" Gage queried this morning tugging his school-oversalls into place.

"Can't you tell when you come to the stables?" James smiled. "When we see new calves and lambs—and little pigs in a number, then we may be pretty sure that we are into April."

"We can recognize it by the 'April showers that bring May flowers,'" we offered. "When it's been sunny, by the longer days and the bright sparkle in the ripples on the millstream. And when you find yourself wondering what's keeping the robins? Oh, there are a dozen signs to tell you it's here."

"But it's just as well to have a calendar to go by," he commented, "so we can be certain of it."

"He glanced at the clock and then with some show of concern began to pack his schoolbag, tucking in beside his noonday lunch, text books, pencils and crayons. Into it also went, as we said to James with a chuckle 'more scribbles than we used altogether in our school-years.'"

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "This is a distinctive feature of the play."
2. What is the correct pronunciation of "chaotic"?
3. Which one of these words is misspelled? Evaporate, eventually, exaggerate, ecstatic.

- 1. Say, "This is a distinct feature."
2. Pronounce ka-oi-ik, a as in cake, e as in on, accent second syllable.
3. Evaporate.
4. To cause to revive.
5. Avastice.



MACARONI CUSTARD

2 cups milk. 2 eggs. 1/2 cup grated cheese. Pepper and salt. 1 cup cooked macaroni (elbow style).

—Mae Champion, Spring Valley W. I.

Contract Bridge

By Josephine Culbertson NOT A TOSS-UP

Superficially, the spade suit in the match-point duplicate deal below offered a sheer guess to those declarers who were trying for an extra trick, but there was a decided "edge" in one play over the other.

Bridge hand diagram showing South dealer, East-West vulnerable, and card layouts for both sides.

Rather remarkably, the bidding and the opening lead were the same at every table. This was the auction:

Bridge hand diagram showing South West North East and card layouts for both sides.

When every West elected to lead the fourth-highest club, the declarers could count 10 tricks—two clubs, six diamonds and two hearts—but every South decided that a spade trick in addition might well be there for the taking. So, sooner or later, all led the spade ten, and when West played low, all but one put in dummy's jack.

The repercussion from this play was very unpleasant. Having won with the spade queen, each East returned a club, and when South's club ace was removed it became dangerous to finesse hearts into West. The consequence was that, instead of winning 10 tricks, these declarers settled for the contract itself.

Actually, any spade play was risky before taking the heart finesse, but if South insisted on trying for a spade trick first, the right play was obviously to put up dummy's king on the lead from the closed hand. The reason is absurdly simple: South could not well afford to lose this early spade

Elephants And Dancers To Greet Queen

COLUMBO, Ceylon, (Reuters)—A welcome by parading elephants and cymbals—clashing dancers awaits Queen Elizabeth when she arrives here Saturday.

The Queen and the Duke of Edinburgh are en route to Ceylon aboard the royal liner Gothic after spending a short time Monday visiting the Cocos islands in the Indian ocean.

Colombo pop. 350,000 found itself bursting at the seams today as residents poured in from outlying towns.

Fifty elephants are being specially trained to kneel before the Queen, while artists and workmen are putting finishing touches on 24 huge arches lining the eight-mile royal procession route.

The ancient capital of Kandy has planned a lavish parade featuring 100 elephants and Singhaese dancers.

lead to any card in East's hand (since a club return would surely follow), and with the ace and queen at large, there was twice as good chance that the spade king would win the trick as there was that the jack would perform that service.

In short, the king could lose to only one card, whereas the jack could lose to two cards.

At various times each of the vitamins has been placed at the head of the list as being most important—vitamin B, vitamin B complex, vitamin C, and others.

Today, if you were to ask your physician which vitamin he considered most important in medicine, he would likely tell you that for all round effectiveness in building up the body and enriching the blood, vitamin B12 really heads the list.

The British Medical Journal, London, Drs. D. L. Mollin, G. I. M. Ross, C. R. Das Gupta, J. B. Chatterjee and B. Basu discuss their experiences with vitamin B12 from the standpoint of nutrition.

Early studies showed that the injection of vitamin B12 was the most effective method of treatment in pernicious anemia patients. Some physicians objected to the taking of vitamin B12 by mouth as they felt that much of the drug's effectiveness was lost because of the action of the stomach digestive juices.

Today, several firms are manufacturing vitamin B12 to be used by mouth as they have been able to prevent this interference by the stomach digestive juices.

However, many physicians are continuing to use the original method of injections of vitamin B12 directly into the muscles.

Thus, the physicians' above-mentioned report that the serum level of anemia rose to fairly high levels from single intramuscular injections of vitamin B12 and re-examined 50 for periods of from 2 to 98 days. There was some increase in richness of the blood (increase in red cells) but the blood did not reach normal limits. For ideal results, however, the use of vitamin B12 must be constant as with insulin for diabetes.

Vitamin B12 not only increases the blood-making power of the blood but increases the blood reserve of the entire body. Folic acid, which is also a great blood builder, helped increase the effectiveness of vitamin B12 but many physicians found that the nervous symptoms usually present in pernicious anemia are not relieved by folic acid.

It is fortunate that the physician can now prescribe this wonderful drug to be taken by mouth with equal effectiveness as when given by injection into the muscles.

Coed Writes Thesis and Wears it, too

Milwaukee—Joan Eppers is one girl who can write her thesis and wear it, too.

The 21-year-old senior at Mount Mary college decided on this thesis title: "The Execution of an Original Costume with Accessories."

That means she's making a four-piece "correlated" wardrobe. It consists of a simple sheath dress of medium blue; a matching jacket which turns the dress into a suit-dress; a gaily striped sheer dress to be worn over the sheath and a white jacket that also tops the sheath.

But Joan also has woven the one and one-half yards of white wool material for the one jacket, made the buttons for the suit and a matching bracelet and earrings from ceramic clay, and made a purse from pigskin.

She designed all the clothes and accessories.

"I had to write a paper, too," the Burlington, Wis., girl said. "I explained the different steps and processes I went through to make each piece."

The cost of the entire outfit: \$38.

Household Scrapbook

A Spool Holder: A handy spool holder is made by taking an ordinary brass curtain rod, run the spools of thread onto it and fasten it to the wall in the same way as fastening a curtain rod to the door.

Tar on Linen: To remove tar from linen rub with oil of turpentine, or lard, we stand for awhile, and then wash in soap and hot water.

The Window Sash: When a window sash becomes hard to raise pour a little hot lard between the window frame and the casing, and also on the roller and rope.

Modern Etiquette

Q. Should a girl's mother write an invitation to a man whom her daughter wants to invite to their home?

A. No, the daughter's invitation is enough, and the easiest way for her to do this is to invite him to dinner in her home. However, if the man is inviting the girl to his home, then a note from his mother is quite proper.

Q. If a woman is seated in a streetcar or bus, and another woman carrying a baby is standing, should she offer her seat?

A. Yes; and if there are any men seated nearby, they should be extremely embarrassed by their lack of good-breeding.

Q. At a wedding supper, where should the father of the bridegroom be seated?

A. At the right of the bride's mother.

Tourists from other countries spent a record \$302,000,000 in Canada in 1953.

How Can I?

Q. What is a quick and effective way of drying sweaters that were washed, without their getting out of shape?

A. Place a window screen on two chairs out-of-doors, so the air can circulate through the bottom. Then cover with a piece of brown paper and place the knitted garment on this, spreading it into shape. The sweater will dry quickly and have a nice fresh-air smell.

Q. How can I prevent olive oil from becoming rancid after the can or bottle has been opened?

A. Dissolve two lumps of loaf sugar in each quart of the oil.

Q. How can I keep rugs from slipping?

A. One way is to take a piece of heavy, rough sheathing paper a little smaller than the rug and lay the rug on it.

The Stars Say

By Genevieve Kemble

YESTERDAY'S restrictive influences continue, so it would be advisable to remain on the conservative path. Avoid carelessness and, in the performance of necessary duties, do not rely on guesswork.

An error of judgment could prove costly. Do not let interruptions and the idle chatter of others keep you from fulfilling obligations.

During the evening hours, intellectual pursuits should prove enjoyable and you might also find this period an excellent one for devising ways and means of turning a hobby into a remunerative proposition.

In romantic affairs, however, be on guard against emotional outbursts.

For the Birthday

If tomorrow is your birthday, the coming year should be one of singular accomplishment. During the two months immediately ahead, genius and merit should bring rich rewards—not only financial, but where prestige is concerned.

This same period is also an auspicious one for any work requiring initiative and for untiring enterprises, so it would be wise to make the most of opportunities available now.

During the summer months, success in business or professional matters will depend largely on personal contacts and the approval of elders, so make cordially a high point in all relationships.

This same period, however, should be especially enlivening from a social point of view. Personal, domestic and romantic affairs are favored and there is indication that you will participate in an unusual number of stimulating and festive occasions.

Watch expenses and guard against emotionalism. November and December. A child born on this day will be sensitive, intuitive and endowed with a magnetic personality.

Lenten Meditation

from the columns of the Times, London

The word charity, as it is used in the New Testament, is more literally translated love; but love in its widest sense. This includes the acceptance of social responsibility and also, since it is a positive quality, the readiness to fulfil that responsibility. In so far as a man possesses this grace he will desire, with deep sincerity, a better and happier world, to love his neighbour and to care for his well-being.

In his Epistle to the Colossians St. Paul speaks of charity as "the bond of perfection," or, as the Bishop of London has paraphrased it, "the supreme grace of love which binds us all together in the perfect life."

The Collect for Quinquagesima speaks of charity as "the very bond of peace and of all virtues." It is the unifying principle and motive which brings together into a beautiful whole all those qualities which are included in St. Paul's suggestive and comprehensive phrase, "the fruit of the Spirit," which together make up the wholeness of Christian character.

Without this, "goodness" can be hard and unattractive and formal, like the goodness of the Pharisee or the extreme Puritan; and many good people are all too prone to judge those whose conception of the good life is not in harmony with their own.

Without charity, goodness can be thought of as a purely personal and private concern, with no bearing upon the life of society, nor including any sense of responsibility for it.

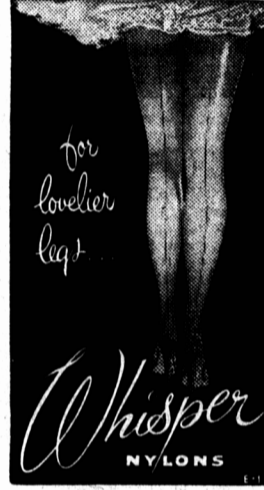
Charity is also the dynamic virtue which brings all the highest individual qualities of character to their fullest fruition. It is the basis and substance of them all—their source and guarantee. All the finest fruits of character grow out of this root. It is the tree which produces the fruit; the root from which the tree grows; the soil from which the root draws its sustenance.

All our doings without charity are nothing worth.

But the Apostle's words raise the question, "Is any kind of perfection possible in this fundamentally imperfect world?" The word perfect is often thought of as indicating a fixed point, something static—a point beyond which, once attained, it is impossible to advance. But this kind of perfection in human character is at once seen as impossible of achievement; it lacks reality. The flawless perfection of ancient Greek sculpture moves men to admiration of the supreme genius of Greek art, but it often fails to touch the deeper springs of emotion. It is too flawless for that; and so, to many, it loses warmth

Morning Smile

The mosquito is like a child. When he stops making a noise, you know he is getting into something.



Anne Adams Patterns

SEW-EASY OUTFIT

This is it! The fashion-new ensemble that captures complementary glances from everybody! It's a high waisted, molded princess with a cover-up bolero. Make the bodice in a contrast for a surprise touch when you take off the jacket.

Pattern 4567: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 ensemble requires 5 1/2 yards 39-inch fabric; 1 1/2 yards contrast.

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DOROTHY DIX

Longs For Friends

DEAR MISS DIX: My husband and I recently moved to a small city from a large one. We had lots of friends in our old home town, but just don't seem to make any here.

ANSWER: Never, never, dear lady, will you make friends by the sitting-at-home-waiting-for-the-phone-to-ring technique. People whom you have met casually just won't rush things by barging in on you uninvited.

Back in the days when the pace of life wasn't quite so fast, it was customary for old-timers to pay calls on newcomers to a neighborhood, but, like so many pleasant past customs, this one died out, even in the rural areas. You have overcome the first great hurdle in making friends by meeting people at church and school. Doubtless many of them

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3 tempting whole-wheat varieties from One Basic Dough!

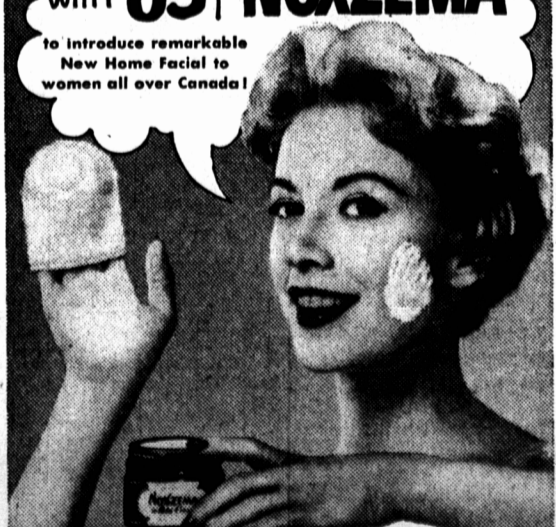
Make these treats with new Active Dry Yeast. If your family enjoys whole-wheat bread, give them not one but three treats next time you bake! See how Fleischmann's Active Dry Yeast helps you to serve a variety of tempting things with no extra trouble.

- 1. WHOLE WHEAT BREAD: Shape one portion of dough into a loaf and fit into a greased loaf pan about 4 1/2 by 8 1/2 inches. Grease top. Cover and let rise until just doubled in bulk. Bake in moderately hot oven, 375°, 35 to 40 minutes, covering loaf with heavy brown paper after first 15 minutes of baking.
2. PAN BUNS: Cut one portion of dough into 16 equal-sized pieces. Shape each piece into a smooth round ball and arrange in a greased 8-inch square cake pan. Grease tops. Cover and



- let rise until doubled in bulk. Bake in moderately hot oven, 375°, about 30 minutes, covering buns with heavy brown paper after first 15 minutes of baking.
3. SALAD OR WIENER ROLLS: Cut one portion of dough into 12 equal-sized pieces. Shape each piece into a slim roll 4 to 5 inches long. Place, well apart, on greased cookie sheets. Grease tops. Cover and let rise until doubled in bulk. Bake in moderately hot oven, 375°, about 20 minutes. Split rolls and fill with salad or heated wieners.

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