

That Body Of Yours

By James W. Barton, M.D.

VALUABLE LESSONS TAUGHT BY NATIONAL IMMUNIZATION WEEK

While rheumatic fever is considered childhood's greatest enemy...

During Immunization Week last October, Dr. F. O. W. W. professor of hygiene...

"The phenomenal reduction in small pox, diphtheria, lockjaw, and whooping cough is the happy result of the combined efforts of medical profession, governmental and voluntary agencies and acceptance by the public of proven preventive methods."

Because these results are so phenomenal, Dr. W. W. warns that constant vigilance is necessary...

Dr. Gordon Bates, general director.

NOW—She Laughs at age

Springtime is her heart again! New-found gaiety, pep, energy...

DR. WILLIAMS PINK PILLS

SCOTT'S EMULSION

By Best Reports a Powerful Nutrition



- A real body builder
Helps children grow strong
Helps build resistance to colds

4 times easier to digest than plain cod liver oil

The High Energy tonic that's rich in Natural A & D vitamins

ELLEN'S DIARY

By An Island Farmer's Wife

While it is customary now to give sober consideration to our seasonal, and often timely, resolutions...

"It's all very well to enjoy the scenery, Ellen," James sometimes reminds me...

"Oh, granted," James has replied "if one doesn't stop to fritter away time which should go toward making a living."

"For example, Ellen," he pointed out, "you wouldn't consider a man a good farmer if he stopped to paint a picture or play the piano while he has waited for the mow, or moved, laying bleaching in the sun?"

"Nevertheless," we have countered, more than once, "by so doing he might be trying to arrive at that particular spirit of peace of mind which the maximum of work when sooner or later he would come to it. He might be pressing his soul thus, gaining strength and inspiration for a task awaiting him."

To James, paintings, even those most rare and costly are only pictures... colors on a piece of canvas...

And so these days we sometimes pause in our round to take stock

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DOROTHY DIX'S COLUMN

Wants Her Own Home

Drafting Of Her Husband Offers Wife Chance To Quit In-laws

DEAR MISS DIX: My husband and I live with his parents and have been working in it to pay our living expenses...



Muriel Nissen

ANSWER: You have a chance to make a break while your husband is in service...

DEAR MISS DIX: I am a junior in high school and would like very much to attend our Prom which is coming up in a few weeks...

ANSWER: Why not speak to the student council or leader at your school? He may have a solution for you...

DEAR MISS DIX: My boy friend has been dating other girls, although he denies it to me. He hasn't asked me not to date other boys...

ANSWER: You'll never win anyone's respect if you allow yourself to take advantage of you...

DEAR MISS DIX: When I go to the skating rink, which is about 600 feet from my house, my boy friend walks me home...

ANSWER: A walk of 600 feet certainly does not constitute dating, but it is reasonable to assume that you and the boy spend the evening together at the rink...

DEAR MISS DIX: I am 18 years old and have been dating a boy for almost a year. He is a nice boy but is only one month older than I...

ANSWER: Since girls mature more quickly than boys, your friend is emotionally about two years younger than you...

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Household Scrapbook

By Roberta Lee

Linens To obtain a high gloss on linens, use lukewarm water instead of cold when mixing the starch...

Berry Pies Cut the lower crust half an inch larger than the top crust and fold it over like a hem when making berry pies...

Mending Celluloid Celluloid can be mended by moistening the broken edges with glacial acetic acid...

Borrowed "Your mother wouldn't like it if she saw you in that skimpy bathing suit."

Cook's Corner

FROSTED PARTY LOAF

Three sandwich fillings, three packages softened white cream cheese, 1/2 to 3/4 cup cream...

Suggested Fillings: Chopped hardcooked eggs with minced onion, moistened with mayonnaise...

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs...

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs...

Alice Brooks Designs

THE LORD'S PRAYER



The needlework is simple, the subject is inspiring. The Lord's Prayer in filet crochet comes in the Catholic or Protestant version...

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs...

Continued AFTER THE EXECUTION OF CHARLES I THE COMMONWEALTH ORDERED THAT ALL THE CROWN JEWELS - SHOULD BE DESTROYED, DEFACED, OR SOLD.

How Can I

By Anne Ashley

Q. How can I keep hair brushes in good condition?

A. Wash frequently in water to which a little ammonia has been added. Rinse in clear water and allow to dry in the air...

Q. How can I give the original shape to shoes that have become wet?

A. The best way to treat wet shoes is to stuff newspapers into them. These papers will help absorb the moisture and keep the shoes in shape while drying...

Q. Nothing is better for a chilled feeling than to drink a cup of hot milk, as hot as can be borne.

Modern Etiquette

By Roberta Lee

Q. Are people supposed to greet each other in church before the service has begun?

A. No. Ordinarily in church, if a friend happens to catch your eye, you may perhaps smile, but never actually bow or speak...

Q. When a single man is invited to dinner at the home of newly-married friends, should he take his hostess a box of candy or flowers?

A. This is a very thoughtful gesture on his part, and particularly if the man is not in position to return the invitation...

Q. What should be done with the knife after cutting food at the dinner table?

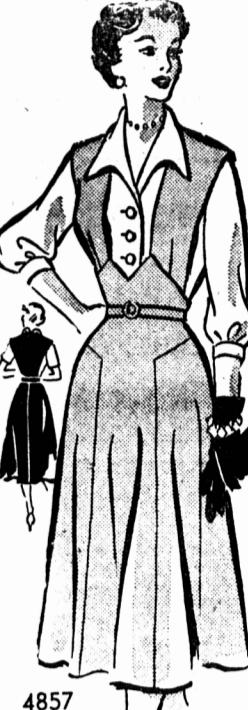
A. Place it at the upper right-hand edge of the plate, and on the plate, never with the handle resting on the table.

Anne Adams Patterns

HALF-SIZE FASHION

Twice as much fashion for your sewing time! Jumper and blouse go everywhere - mix and match with the rest of your wardrobe!

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern...



4857 14 1/2-24 1/2 by Anne Adams

The Stars Say

By Genevieve Kemble

For Tomorrow UNDER conflicting auguries it is advisable to take time out for consideration before putting over bold plans or forcing ahead on ambitious projects...

For the Birthday Those whose birthday it is are advised not to jump at conclusions or make hasty decisions before inaugurating major objectives...

MY VERY OWN? Yes: YOUR RINSO

IS SPECIALLY MADE FOR THE WATER IN THE CHARLOTTETOWN AREA



JUST LOOK! WHY DID I EVER TRUST MY SHEET TO THOSE 'NO-RINSE' SUDS? I'VE TRIED THEM, TOO, JEAN! BUT THERE'S NOTHING LIKE RINSO - IT'S MADE FOR OUR LOCAL WATER



Rinso's rich suds give you the Whitest Wash!

- Specialty made for best results in your local water.
Gets clothes whiter faster than other leading washday products.
Gets out more dirt than any other type of washday product.
Gets clothes whiter with ONE washing than several washings in other leading washday products.
Has Solum to put sunshine in your wash even on rainy days.

AND RINSO IS SO WONDERFULLY KIND TO YOUR HANDS

Green Jewels by KINGSLEY SUTTON

THE STORY OF THE GREAT RUBY WRAPPED IN PAPER AND VALUED AT £4 THIS FAMOUS RUBY PASSED TO SOME UNKNOWN PURCHASER, POSSIBLY A ROYALIST IN DISGUISE! WHATEVER ITS ADVENTURES DURING THE COMMONWEALTH, THE GREAT RUBY FOUND ITS WAY BACK, SAFE AND SOUND TO THE CROWN OF CHARLES II

Continued AFTER THE EXECUTION OF CHARLES I THE COMMONWEALTH ORDERED THAT ALL THE CROWN JEWELS - SHOULD BE DESTROYED, DEFACED, OR SOLD.