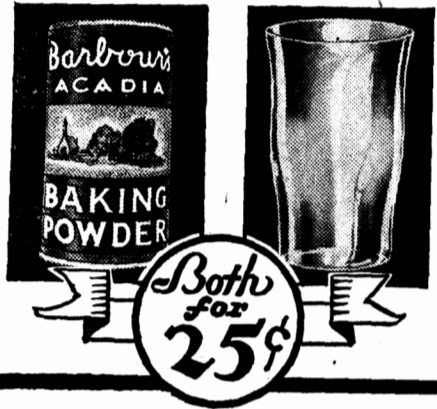


Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

FINAL NEWS... Bake, Drink and Be Wary

BAKE, DRINK AND BE WARY

THE special Barbour offer of a gleaming hand-blown beverage glass given FREE with every pound purchase of Barbour's ACADIA Baking Powder...



The HOUSEWIFE and HER ACTIVITIES

I WANT HOW TO GUARD AGAINST CAR SICKNESS... I'm weary of the city's noise... I want to steal away...

Unfortunately some children are subject to car sickness, and the best way to guard against this is to be particularly careful with the diet...

Spring Fashions For Home Dress-Making



So many of the new Paris frocks cater for town and country too. A charming example is offered today...

Form for REGAL FLOUR for Better Bread, including fields for Name, Address, City, State.

Today's Short Wave Radio Program

THURSDAY, JUNE 11... 8.50 a. m.—Amateurs from the eleven provinces. PHL, 16.88 m., 17.77 meg.

A Morning Smile

He had arrived home late and his wife was giving him a piece of her mind. "I don't care, my dear," he said...

cient strength to withstand the strain that civilization puts upon it, and so we may have the sad spectacle of a child of five years old...

TO KEEP FRUIT FROM SINKING IN BATTER

Always mix raisins, nuts, shredded cherries, pineapple or cocoanut with flour before using in a cake.

A special high-speed motion picture camera capable of taking pictures at exposure rates as high as 5,000 per second...

Borrowing from a friend an army uniform, many war medals and the decoration of the Order of the Golden Kite...



JUST KIDS



Dorothy Dix's Letter Box

How to Meet the Right Girl or Boy is a Problem for Many Young City Dwellers—Here's a Real Job for the Proper Social Agencies

Dear Miss Dix—The girl I would like to marry must be physically attractive. She must have a charming personality...



There may be thousands of such fine young women, but of what help is that to me if they cannot be met? And what good does it do them to know that the type of fellow they want is near if they cannot find him?

Everywhere, in restaurants, in offices and on the streets one sees many such girls, but what can one do—shall I speak? She would probably call an officer...

Our social codes, in so far as they relate to introductions and acquaintances, were designed for simple and small communities where every one grew up knowing every one else.

It is very discouraging to feel that, though you know just what you want and though you know it exists, there is nothing you can do to help yourself, but must depend on sheer fortuity.

This exceedingly interesting letter presents a problem with which both the church and the social agencies have grappled with but poor success. For the cities are filled with fine young people who have come from communities in which they knew everybody...

Very often, as George says, propinquity does its deadly work, and just because a young man does not know where to look for his dream girl he gives up a quest that he thinks is hopeless and marries some second-rate girl with whom he is thrown and with whom he lives unhappily ever after.

But this does not answer the respondent's question of how, in a world full of girls, he is to find the particular SHE that he desires and who has the qualifications that he wants in a wife and, alas, neither I nor any one else can tell him down what road to ride on his search...

In spite of all our boasts about being the masters of our fates, much in life is a matter of chance, and whether we ever find our affinities or not lies on the lips of the gods. We go to a party and meet THE man who works at the desk next to mine and miss him or her.

How a man is to go about meeting the girl he wishes to marry, no one can say. The only suggestion I can make is that he meet as many girls as possible on the chance that among the number he will find the jewel of his dreams.

Dear Dorothy Dix—My wife and I have been married fifteen years. She has worked very hard with me in my business and as a housewife.

We have a daughter 12 years old and my wife often says that if it wasn't for her she would have left long ago, and that we were never meant for each other, as our ideas of life are so different.

I love the outdoors, hunting and fishing. As we do not agree, we have hit on this plan: We are dividing our savings and she is going to help with the business. We are not going to get a divorce, but while we live under the same roof we are both going to do as we please and make no claim upon the other.

Fine, and a great improvement on divorce if you will live up to it and really give each other the personal liberty you would strangers. Evidently the trouble between you and your wife is that each wants to make the other do his or her way. You want to make your wife go fishing and she wants to make you go to the movies, hence your quarrel.

Anyways, your plan keeps a home for your daughter and gives her two parents instead of one, and that's the big idea in your turning stir boarder instead of becoming ex-husband.

FOR PERSPIRING HANDS IN SUMMER HEAT

If your hands get very hot when playing tennis so that they slip on the grip, try dabbing the palms well with a dash of eau-de-Cologne. Powder with boracic before you start your game, and repeat this treatment during the afternoon, if necessary.

At a children's tea party at the Palace, the curate's little girl said: "My chicken laid an egg today." The Victor's little girl replied: "Cur's laid two eggs." The Bishop's little daughter, not to be outdone, said: "That's nothing; my father laid a foundation stone this afternoon."

Nervous Fears

Fear, worry, anxiety rob you of rest and sleep and health. Dr. Chase's Nerve Food will certainly help you to win back health, vigor and confidence. Use it today.

Dr. Chase's NERVE FOOD

THE COOK'S CORNER

ASPARAGUS LOAF

2 eggs, 1 cup thin cream, 1/4 cup cracker crumbs, 1 tablespoon melted butter, 1 tablespoon minced onion, 1 lb. fresh asparagus, cooked, Salt, pepper.

Method: Beat the eggs slightly, add the cream which has been beaten. Four over the cracker crumbs and add the butter and minced onion. Let stand until the crumbs absorb most of the liquid.

Fold in the asparagus, which has been cut into 1-inch lengths and season with salt and pepper. Turn into a well greased loaf pan and bake in a moderate, 350 deg. F. oven until the loaf is firm—about 35 minutes. Unmold and serve with a cheese sauce and garnish with strips of crisp bacon.

Fresh asparagus, cooked as a salad and then chilled makes a most appetizing salad. Do not over cook it for this or the stalks will be limp. Serve 6 or 8 stalks on a bed of lettuce, garnish with slices of hard cooked egg and strips of pimento. Serve with sour cream salad dressing.

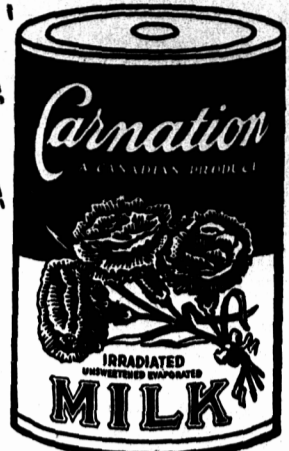
UNCOOKED SOUP CREAM DRESSING

1 cup heavy sour cream, 2 tablespoons lemon juice, 1 tablespoon vinegar, 3 tablespoons sugar, 1 teaspoon salt, 1 teaspoon mustard, Paprika.

Method: Beat the cream until it is thick. Fold in the remaining ingredients mixed together and mix well. This is delicious on any spring vegetable salad, especially cucumbers.

CORN BEEF HASH

2 cups chopped cooked corn beef, 2 cups potatoes, 2 onions, sliced.



MILK IN A MODERN PACKAGE

IRRADIATED CARNATION MILK

CARNATION is milk in a modern package. A complete milk supply. You can use this double-rich milk undiluted to cream coffee, fruits, cereals. Add an equal amount of water, and you have pure, whole milk to drink or to cook with.

Improved Carnation Milk

A CANADIAN PRODUCT - from Contented Cows. WORLD'S LARGEST SELLING BRAND OF EVAPORATED MILK.

SALT PEPPER

1/2 cup milk, 2 tablespoons fat. Mix the ingredients and place in a baking dish and bake in a hot oven (450 degrees Fahrenheit) 20 minutes or cook in a frying pan until the milk is absorbed, stirring constantly. Let brown on the bottom and fold like an omelet. If cooked in the latter way more fat may be added to the hash as necessary.

BOILED HAM

Soak ham several hours or overnight in cold water. Cover with fresh cold water, heat to boiling point and cook slowly until tender, four or five hours. Remove the ham from the range and set aside for a few minutes. Then take from the water, remove the outside skin, sprinkle with brown sugar and fine cracker crumbs, and stick with cloves one-half inch apart. Bake one hour in moderate oven (325 degrees Fahrenheit).

WELL KNOWN SUPERSTITIONS

"Sneeze for a Letter" There is the superstition which may be forgotten by many and probably never near by some. It goes like this: Sneeze on Monday you sneeze for danger. Sneeze on Tuesday you kiss a stranger.

The Excruciating Pains of Rheumatism



We recognize in rheumatic disorders a diseased condition of the blood containing uric acid which is the cause of this irritating and painful trouble. Rheumatism leaves in its train, distorted joints, crooked limbs, crippled hands, and the intense pain and agony is almost unbearable.



-By Ad Carter