

A COUNTRY GARDEN

OCTOBER

Each autumn when I walk abroad
My heart o'er flows with thanks to
God
Who made the earth so fair,
And gave me eyes that I might see
The lovely hues of bush and tree
And beauty everywhere.
The cloudless arch of sapphire sky
Spreads like a canopy on high
Above the smoked-wreathed hills,
And in the valley cool and deep
Through misty meadows wind and
creep
Sleepy fern-bordered rills.
Wide-spreading trees in forest
glades
Have donned a score of varied
shades
Of orange, gold, and red,
And slowly, softly, shifting down,
The lifeless leaves, turned sere and
brown,
A russet carpet spread.
Now, under blue October skies,
Across the drooping landscape lies
A filmy amber haze,
And the bright magic of the fall
Touches with strange enchantment,
all
The golden hours and days.
—Warr.

World, is very interesting, and is
edited in Gardena, California. Natu-
rally many of the officers live
in Southern California but one di-
rector came from Ontario and one
from Maine which brings the soci-
ety nearer home. At the third
annual convention in Santa Bar-
bara, one of the featured exhibits
was a collection of sixty varieties
of scented geraniums, with leaf
fragrances of strawberry, apple,
lemon, lime, rose, peppermint and
other lovely scented leaves.
The ivy geraniums were exhibit-
ed, and geraniums trained as
standards, hanging basket variet-
ies, espalier and pyramid. A class
for cut flowers and arrangements,
also used as corsages.

DIVERSITY

Few people are aware of the
great diversity found in the gerani-
um family. Flower and plant types
can be found to suit almost any
taste—taste can be taken literally
in a few instances since leaves of
some of the scented Geraniums
are used as a flavoring in cooking.
Plant types range from tiny dwarfs
that never get over six or seven
inches tall to rangy shrubs which
will reach six or seven feet under
suitable conditions.
Best known are the Zonales or
regular Geraniums which are found
in pots, beds, and borders through-
out the world. These plants seem
to thrive under adverse conditions
and make wonderful houseplants,
providing bloom when no other
plants will.

There is scarcely a country in
the world where they are not found
and appreciated.
Flower shape on the Zonales
runs from large singles to small
rosebud type doubles. The flowers
come in large groups or umbels
with a great display of color.
Colors, and color combinations in-
clude all but the yellows, blues
and browns.

There never seem to be enough
plants of the variegated leaved
types, in silver and green, or gold
and green to those that combine
zones of silver, gold, scarlet,
bronze or very dark brown in the
leaves.
GERANIUMS
Of all the flowers east or west,
I like geraniums the best.
In gingham gowns they seem to
dress
Yet lose no whit of comeliness.
They are as commonplace and
right
As books and tea, and candlelight;
And all about them is the scent
Of home and comfort and content.
Roses and romance have their
place.
But here's an old friend's honest
face.
Of all the flowers east or west
I like geraniums the best.

It is good to know that there are
nurserymen who are experiment-
ing with the geranium and giving
us better and better varieties. Vis-
itors to the garden seem more
interested in these bedding plants
than any other and certainly from
the standard of economy they are
second to none. Be thankful then
that they have grown into such
huge bushes this summer and be
glad to lug them into the cellar
for next year's garden.
The stream of life runs deep in
this keen October weather. Golden
hours wait for us, almost too
beautiful to bear, and cherished
because we know there are only
a few more weeks before they are
gone. In the garden or beyond it,
we should not grieve too much for
summer gone. Sir Francis Drake
had caught the meaning and the
challenge when he prayed: "Grant
us also to know that it is not the
beginning, but the continuing of
the same until it be thoroughly
finished, which yieldeth the true
glory." Life can be sweet in Octo-
ber. Day by day we find in it a

The great thing in October is to
budget our time in the garden
against the frost. Early or late
we cannot shut our eyes to that.
We must start the work on the
different borders in a large garden
so that we finish before the heavy
frost and winter sets in. We are
saddened of course as the colors
go but we are heartened when we
look towards spring as the bulbs
of spring go in. No garden ends
the last flower to bloom in the fall
is linked so surely to April's pro-
mise.

Even more surely we bridge the
seasons by bringing color indoors.
October rooms are gay with scarlet
leaves and gayer still with dahlias
and chrysanthemums and the last
of the asters. Every bowl and vase
has been filled with lovely flowers
all this month. Indeed, some large
baskets have been filled when cold
nights came and frost threatened.

The dahlias have never been so
lovely for such a long season of
flowering and huge bouquets have
been gathered, especially when the
evenings were cool and bright, but
frozen before morning but they
still give us color and beauty. It
is a wonderful time to experiment
with flower arrangements when-
ever time permits. So many of the
summer flowers are still bloom-
ing... Fragrant phlox is in a
vase near my desk, roses and
stocks, even a few sprays of the
fragrant honeysuckle vine. To these
are added all the flowers that usu-
ally bloom in the fall, and the
berried shrubs and roses. Every
year the sweet briar rose in in the
flower border is as lovely as with
the fragrant pink roses in June.
The branches are very graceful
and the evergreen hedge brings out
the beauty of the scarlet haws
as it is the very best background
for any flowering shrub or plant.

THE GARDEN ROOM

The small garden room is crowd-
ed at this time with the flowering
and tuberos begonias bright with color
and all the small geraniums that
can be crowded in. The very large
geraniums are wintered down in
the cellar by packing them into
large tubs with sand or clay. Only
enough water is given to keep them
from shrivelling and of course they
lose their leaves but in March are
brought to the light and soon leaf
out again.

Just the other day I was asked
about keeping the large geraniums
which have been growing out of
doors. Many slips can be taken
from these plants and a large col-
lection can be had for the garden
next year. There are never enough
geraniums in this garden and they
are still giving color and beauty
in the different borders. In the
spring some slips were taken for
beginning to be very good.

The International Geranium Soci-
ety is just two years old but has
now about one thousand members.
All members are kept up to date
on the new varieties and any of
you who would like particulars a-
bout this society just write me and
a letter will be sent to you. The
bulletin Geraniums, Around the

ALICE BROOKS DESIGNS

BABY SET
Quick crochet! You'll have
baby's new booties, bonnet, jacket,
finished in a jiffy! They are made
in open and closed shell-stitches
in 3-ply baby yarn. Use white with
pink, blue, or yellow.
Pattern 7318; crochet directions
for infant's bonnet, booties, jacket,
and hat. Send 25 cents for pattern
in coins for this pattern (stamps can-
not be accepted) to Charlottetown
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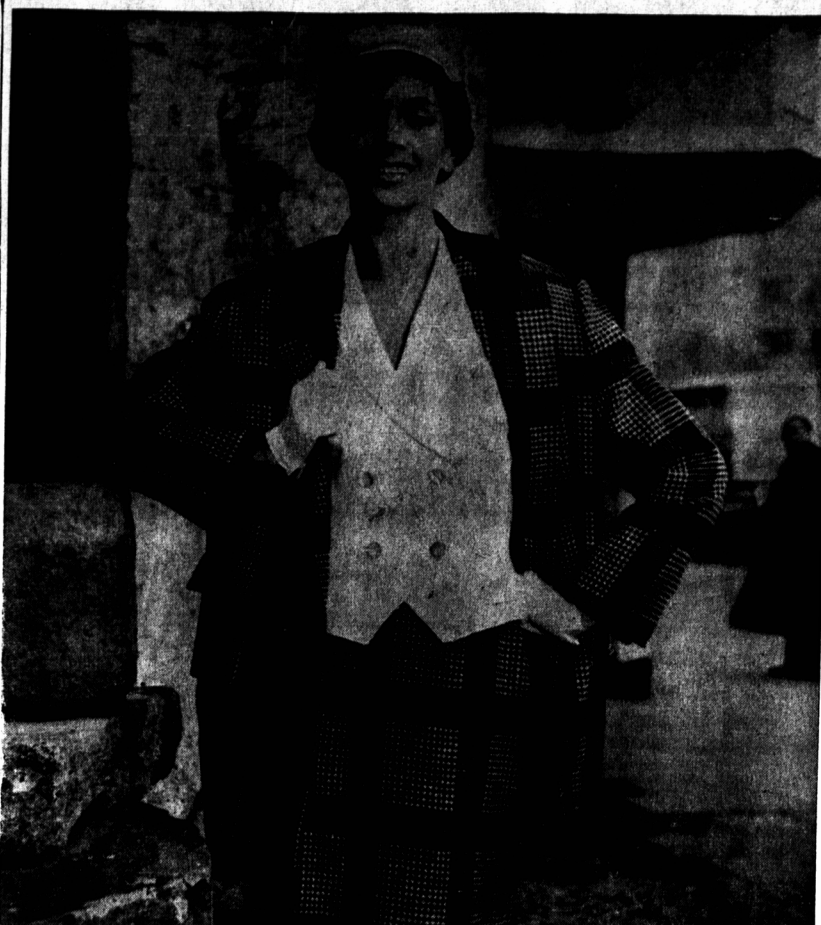
Wife Preservers
Fish odors from cooking utensils will
disappear if you add two or three table-
spoons of ammonia to the dishwasher.

7318

by Alice Brooks



Wampole VI-CAL-FER 12 Capsules fur-
nish Vitamins A, B₁, C, D and B₁₂, as well
as body building calcium, phosphorus,
iron, and other minerals.



The loose, thighlength jacket
with velvet collar and side-flap
jacket cover a classic white wa-

Fall Ensemble

coat in this fall ensemble of
interesting checkwork material.
The attractive ensemble, which

may be worn in town or country,
is by a German designer. (CP
Photo.)

Predicts New Hair Silhouette For Winter Styles

LONDON (Reuters)—"Short hair
with the long hair silhouette" is the
keynote of winter styles now being
launched by Riche, one of London's
leading hairdressers.

Riche, who claims to have fore-
cast 8 correctly six years ago
women's return to short hair, now
predicts "an immediate return to
long hair—in fact, 36 inches long."
This he readily admits only one
woman in 10,000 can grow natu-
rally.

Riche has set out to show "the
other 9,999 women" how to achieve
the same effects and keep their
short hair.

His solution is simple—looks it.
It is the bottleneck line in
which tresses are piled up, east-
ern fashion—in keeping with the
season's trend towards the East
in dresses and hats—on the crown
of the head in a sort of fat pan-
handle, or bottlenose.

Drawing his inspiration from the
cork of a champagne bottle, M.
Riche produces an upward flowing
movement directed to the crown of
the head and leaving the nape
clear of hair.
A variety of fringes, with vary-
ing lengths of from one inch to
1½ inches, either curled or

straight, frame the face.
The long hair silhouette is easily
achieved by additions which can be
so naturally applied that they are
impossible to tell that they are
additions. To prove his argument,
Riche at his recent presentation of
winter hair fashions dressed the
heads of two girls with identical
bottleneck line cignons. One had
long hair and the other short.
Few in the room guessed cor-
rectly which was which.

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COOK'S CORNER



QUICK COFFEE RING
Make tea biscuits and cut in 12
rounds. Roll each biscuit in melted
butter, then in mixture of:
½ cup granulated sugar
¼ tsp. cinnamon
Lap biscuits in circle on round
tin. Decorate with berries and wal-
nuts. Bake at 450 degs. F., for
about 12-15 minutes.

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Losers Without Dieting

Any overweight who tips the
scales at 100 pounds above normal
must be assailed with doubts about
the possibility of ever being able
to lose all that fat. Doubt no more.
Take heart from this solid report
from a determined reducer in Flor-
ida who quietly went ahead and
accomplished the impossible.
"This may surprise you. I am a
man going on 60, and through
your column, I've lost 100 pounds
to date. I expect to lose 25 more.
I've been fat for over 30 years.
A year and a half ago, I weighed
297 pounds. Today I weigh 197...
feel fine, look younger, and I don't
even have wrinkles except on my
abdomen. Waistline reduced from
52" to 37". I certainly thank you."
After reading that letter, I reach-
ed for the telephone. I wanted to
talk to this remarkable man and
get the rest of the story.
"Are you the gentleman who re-
duced 100 pounds?" I asked, intro-
ducing myself.
"That's right," he affirmed. "On-
ly I've now lost a total of 107
pounds." He went on to assure

your dietitian he feels better than
he has in many years.
"This is his story...In 1943 he had
a heart attack. The doctor advised
him to stop work, take no exer-
cise, and reduce. At that time he
weighed 225 pounds. So he retired.
But being bored and inactive, his
weight gradually mounted to 297
pounds, and he was actually im-
mobilized by the fat.
A Florida doctor advised him to
reduce and to get a move on, ex-
plaining that the heart is a muscle
and needs some exercise. Thus en-
couraged, our overweight took ac-
tion.
To my question as to what he
missed most while dieting, he gave
me this surprising answer. "I did-
n't diet. I do not like women's
food, such as lettuce and tea. I
just cut down on my proportions
and trimmed off all fats." He went
on to say that he practised getting
up from the table while he was
still a little hungry.
He ate 3 meals a day, starting
with breakfast of fruit juice, an
egg 2 thin slices of toast and black
coffee. Lunch and dinner consist
of generous servings of lean meat
plus vegetables and fresh fruit. Late
afternoon he has a glass of skim
milk.
This reducer who didn't "diet"
lost an average of 5½ pounds a
month. However, the rate was fast-
er at the start of his reducing and
has slowed down to 2 pounds a
month. That's in accordance with
nature's plan.
With his doctor's permission, he
followed the milk calisthenics sug-
gested in this column. Result? His
bellline was whittled from an ex-
pansive 52 to a trim 36!
What a man! Any overweight
who feels defeated by fat can take
hope from his victorious experience!



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