

Covers Prince Edward Island like the Dew... Published every week-day morning at 145 Prince Street...

"Law, Justice, Morality"

Commenting on the work of the 13th General Assembly of the United Nations which adjourned last Friday, Mr. Heath Macquarrie, M.P., notes that in the field of international cooperation great strides were taken and the process of independence for former colonial peoples received a tremendous impetus.

Undoubtedly the Assembly has done valuable work, but there is one phase of its activities which must have puzzled many people. That is its supine attitude on Hungary. Two years ago, when Russian troops crushed the rebellion in Hungary, the United Nations, by a 48 to 11 vote, called it a violation of "international law, justice and morality."

Yet the puppet government set up by Russian direction sent a delegation to the U.N., which has sat in on D.U. councils and taken part in the debates ever since. This despite the fact that this delegation's credentials have never been approved.

In September the U.N. voted 61 to 10 to investigate the Hungarian question. The puppet government won't hear of such a thing; yet that government's delegation takes part in the U.N. alongside of legally created and accepted delegations! As the Milwaukee Journal curtly puts it, "the accused sits on the bench with the judge and in the box with the jury."

This intolerable situation calls for something more than mere protest. There should be some way of dealing with it. Our Milwaukee contemporary suggests that the Hungarian delegation be sent home to the puppets whose strings are in Kremlin hands. Perhaps Mr. Macquarrie, when he returns home, can explain why this has not been done, and why such a farce should have been permitted in the first place.

Sermons In Banknotes

A new series of banknotes issued by the Swiss National bank aims at bringing the Swiss people face to face with the realities of life—and death. According to a bank spokesman, the new currency was designed to illustrate the proper function of money. The series of banknotes includes:

1. A 50 franc note picturing the fruits of the harvest—"a symbol of the use of money to provide food for the preservation of life."

2. A 100 franc note which depicts St. Martin dividing his cloak with a beggar, symbolizing the sharing of necessities with others less fortunate.

3. A 1,000 franc note showing the dance of death, with persons from all walks of life dancing with skeletons to music played by a ghostly fiddler.

Tomorrow's Menu

The "bread basket" of America might well be found in the tree farms of the nation in the future, according to Michael A. Brown, general sales manager of Rayonier, Inc. In a speech before the San Francisco meeting of the American Chemical Society, Mr. Brown described research efforts in silviculture, a new field devoted to study of organic chemicals in trees.

He stated that waste liquors from America's pulp and paper plants alone could produce 250,000 tons of nourishing foods a year that would wind up on the dinner table in such delectable forms as ice cream, bread, soups, beverages and cereals.

ganisms. The yeast cells fatten rapidly on the sugar and in turn produce proteins, vitamins and amino acids. These are extracted and used as components in foods for human consumption.

More than 950 silviculturists are at work now seeking other and cheaper ways to reclaim billions of gallons of waste liquors, Mr. Brown said, and last year alone about 38 million dollars' worth of silvicultural products in one form or another.

Unless we revamp our world marketing system, these new sources of food production could spell more economic headaches for the producing countries. With hundreds of millions of hungry people in the world, the problem should not be insurmountable; but it will present a challenge as vital and consequential as any that we are facing in international affairs today.

EDITORIAL NOTES

When the Prime Minister set out on his Commonwealth tour it was in the hope, as he said, of getting to know his neighbors better. This Mr. Diefenbaker has certainly accomplished, judging from all the reports which came back to this country. And on behalf of all Canadians, he offered his hosts the friendship of Canada in assisting them in their problems and aspirations.

Philadelphia, the "City of Brotherly Love," also rates high in its consideration for birds and wildlife. It has been found, for instance, that some 230 species of birds seek sanctuary in the city. Naturalists point to over 205 acres of marshland as the reason. This area, known as the Tinicum Wildlife Preserve, is located in the highly industrialized southwest section of Philadelphia, and was a favorite waterfowl hunting ground for the Indians in earlier times.

Sherwood Forest, legendary home of Robin Hood, today is but a small part of the original forest of the 12th and 13th centuries. It is still a wooded area covering hundreds of acres, now protected by Her Majesty's forestry commission. The commission, however, cannot keep the massive oaks from dying. The cause of this is "compacted, low fertility soil coupled with atmospheric pollution and low rainfall," the experts say. But this explanation is not accepted by the local people. They blame it on the coal mines, which, they say, drain the water table below the root levels of the trees.

Operation "Big Cleanup"

is now well under way at Westminster Abbey, London. Work will be completed in time for the Abbey's 900th anniversary celebration in 1965. Dirt an inch thick has been removed from some parts of the building and in other places, cleaners have laid bare hitherto unknown repairs carried out 300 years ago by Sir Christopher Wren. Much of the Abbey's original timber has been destroyed by the death-watch beetle, so the whole of England has been combed for oak trees large enough to supply the 37-foot beams needed to support the roof.

The remarkable accuracy of Biblical clues in guiding archaeologists in their search for ancient sites in the Middle East is the subject of an exceptionally interesting article in the New York Times Magazine. The writer, Dr. Nelson Glueck, himself an archaeologist and president of Hebrew Union College, Cincinnati, has this to say in connection with the rediscovery of Gibeon: "As we know, the authors of the Bible used historical events only to illustrate their real purpose, which was to explain the nature and moral imperatives of God. Those who wanted further details, they seemed to say, should look elsewhere: '...are they not written in the books of the Chronicles of the Kings of Israel?' (I Kings, XVI, 20). But if the Bible is only indirectly a book of history, its historical memory is nevertheless astonishingly accurate. Modern historians and archaeologists now regard the Bible as an almost infallible divining rod which, in the hands of a trained explorer, can point to lost cities and civilizations, and reveal long-buried links in the chain of history."

"WE WOULD LIKE TO DRINK TOASTS AGAIN WITH OUR WARTIME ALLIES" — NIKITA KHRUSHCHEV



GUESS WHO WANTS TO MIX THE DRINKS

OTTAWA REPORT

Unregimented M. P.'s

By Patrick Nicholson

Among several aspects of our Parliament which have grown less colourful over the passing years, our political "Who's Who" is a stand-out example.

"The Canadian Parliamentary Guide for 1955" contains "biographical sketches" of Senators and Members, compiled by themselves. They are brief, cold and drab statements of bare fact.

For example, Tobias McGregor, who has sat continuously in our Parliament for longer than any other present M.P., plays down his 32 exciting years of politics thus:

"McGregor, Robert Henry (York East). First elected to House of Commons at general election 1926. Re-elected 1930, 1935, 1940, 1945, 1949, 1953, and June 10, 1957. Party politics, Conservative, Liberal, Progressive, Address, 726 O'Connor Drive, Toronto, Ont."

This compares very sadly with the vivid and detailed paragraphs pronounced proudly made by the Members of our two Houses of Parliament eighty years ago.

A kind friend from the Island of Orleans has lent me a copy of "The Canadian Parliamentary Companion of 1878," a small

PUBLIC FORUM

This column is open to the discussion by correspondents of question of interest. The Guardian does not necessarily endorse the opinion of correspondents.

NEEDLESS CONGESTION

Sir.—Your picture of the congestion at the Post Office wicket in Tuesday's issue is glaring evidence of the inadequacy of the present facilities to handle Christmas mail. Surely the necessities of opening sub-post-offices in places such as Parkdale and Spring Park, at least during the Christmas season, if the present intolerable congestion is to be avoided.

PRICE SPREADS

Sir.—One thing, at least, for which the Diefenbaker government is to be commended is its action in the establishment of the Royal Commission on Price Spreads. The final conclusions of the Commission will not be known for some time. What action, if any, the government will take will depend not only on the seriousness of the situation but also on the political implications. However, even the recognition of the need for such an investigation is a significant step forward. It may be a long, long time before the federal government takes any action. It would be foolhardy for us to be lulled into apathy by the dim hopes of Ottawa alleviation.

No one will question the fact that there are grave irregularities in our economy. The plight of the farmers of this Province is serious. Prices for farm products (with the possible exception of dairy products) are much below the break-even point. On the other hand, the cost of these products to the consumer is increasing. The reasons advanced for this state of affairs seem to depend upon which side of the political fence the speaker is sitting. If he is of Liberal persuasion, he attributes the spread to increased freight rates and, in general, to the bungling of the Federal government. If he is of the Conservative side, he brings out the farmative time - horsing over-production (so ridiculous, when a large part of the world's population is starving). Whatever reasons may be advanced for this spread, one fact

servative opposed to the present Government.

THE LIBERAL FROM WITBROUOH declared that he "will give the government a loyal but not slavish support, in advocating while in Opposition, and earnestly desires to maintain the British connection and to consolidate the Dominion."

One open-minded Quebecer said he was "a Liberal-Conservative, but thoroughly independent of Party."

The Member from Sault Ste. Marie said apologetically that he was "not an extreme man, but a Liberal and a supporter of the present Government, and of its policy so far as yet made known."

Surprisingly, the M.P. from Belleville declared himself "a Conservative and feels it his duty under the present circumstances to give the Liberal administration a fair and candid support."

Several B. C. members placed Province first, like the Vancouver M.P. who declared himself "a Liberal, but will support the party that builds the railway and carries out the terms of union with B.C."

The whips of both parties would suffer sleepless nights in those days of unpredictable individualists and unregimented parliamentarians, one would think. But even one of them, Conservative whip Rene Caron of Quebec, made what today would be a heretical admission: "will not vote blindly with any particular clique, but will give loyal support to the present government in all measures which he shall consider good, and likely to consolidate the Confederation."

Pen Pal Khrushchev

By Alan Harvey Canadian Press Staff Writer

Nikita Khrushchev still boasts the West's best writing arm. When it comes to drafting agendas for NATO, the Russian leader is in a class by himself.

A year ago, his lengthy letters to Western leaders, including Prime Minister Diefenbaker, proved the best talking point at the NATO summit meeting in Paris. Now he's blasting at Berlin. The result is that the former German capital topped the list of subjects discussed by the NATO Council in Paris Tuesday.

stands out for all to see. Someone between the farmer and the consumer is making a handsome profit. I will give you one selection to illustrate this point. I am sure that others abound. In some of the local stores, turnips are being sold at 4 cents per pound. On the same day and only 15 miles away, farmers are receiving 25 cents per bushel. Simple arithmetic will show that the consumer is paying 4 cents for a product for which the producer receives 1/5 cent—an increase of 700 per cent. This cannot be accounted for by cost of transportation. It cannot be accounted for by costs of packaging—the turnip is just the same as it was when it left the farmer's bin. There is somewhere a monster which will not be satisfied until he has swallowed up both the farmer and the consumer.

There is here (and this is but one example) a price spread which I feel won't be equalled by any found by the Royal Commission. What is being done about it? Probably here is a field of study worthy of such august bodies as APEC, Consumers' Association, and the Farm Federation. Don't expect the Retail Merchants' Association to do it. Possibly the only solution to the situation is to return to the old method of marketing direct from the farmer to the consumer. This is something which the City Fathers should consider seriously in their planning of a new structure to take the place of the old Market Building. I am, sir, etc., J. F. MacDONALD, Charlottetown.

Roughage And Bulk In Diet

By Herman N. Bundesen, M. D. YOU NEED bulk in your diet to maintain regularity. Just about everyone knows that.

But you don't always need roughage. Ever if you do, these foods can be just as appetizing as anything else on the dinner plate.

SOME TIPS Let me pass on a few tips about regularity diets that you probably don't know. For one thing, you may require either rough or gentle bulk, whichever your doctor advises. Bulk, you see, comes from a liberal consumption of liquids plus the cellulose of foods.

LOTS OF ROUGHAGE Cellulose can be found in great abundance in fruits and vegetables and any bulk, rough or bland, is composed chiefly of these items.

Moreover, some of these fruits and vegetables, notably apples, oranges, carrots and beets, also give you pectin. Pectin forms smooth, soothing bulk by absorbing a considerable amount of fluids.

When roughage is needed, eating raw or cooked fruits and vegetables quite often does the trick.

BLAND DIET For the bland diet, the vegetables can be pureed and fruits can be stewed. They give you bulk and are tasty at the same time.

Whole grains also contain considerable cellulose and should be eaten frequently. In addition to cellulose, they contain vitamin B complex.

To make sure that all of this cellulose adds up to a lot of bulk, you must consume between eight and ten glasses of fluids per day.

OTHER SOURCES Of course, all of this doesn't have to be water. You will get some of the needed liquids by drinking milk, coffee, tea and soft drinks. You also will get much of the fluid you need from the foods you eat.

So it isn't necessary to drink water all day long to insure an adequate intake of liquids.

TASTES GOOD I'm not much of a cook, but dietitians tell me that you can make these bulk foods very appetizing. For example, they say you can core apples, stuff them with dates and bake them in orange juice.

Or you can serve-botted beets in a sauce of orange juice combined with butter, sugar and cornstarch.

Why, that sounds good enough to eat!

QUESTION AND ANSWER M. E. M.: What is a "blocked" back and what treatment is required for this condition? Answer: This is not a medical term. The colloquialism is un-known to me.

MAXIMS

It is a sad and a hard necessity to be separated even for a moment and at any single step from faithful-hearted men, from men that neither court responsibility without call, nor shrink from it in the hour of real need.

OUR YESTERDAYS

(From The Guardian Files) TWENTY-FIVE YEARS AGO (Dec. 18, 1933)

The recently constructed saw-mill owned by Mr. John MacIsaac, about two miles from Souris, is a total loss as a result of a fire which broke out early Sunday morning. In saving part of the equipment, Mr. MacIsaac was painfully burned about the face. The loss was estimated at about \$2,500 with no insurance.

TEN YEARS AGO

(Dec. 15, 1945) Mr. George Anderson was appointed temporary part-time Provincial Executive Commissioner of Boy Scouts at a meeting of the Council last evening. He succeeds Mr. Walter LePage. The meeting also discussed the 1946 Jamboree to be held at Ottawa next July. Mr. R. C. Parrott was named chairman of the committee to make the selection of twelve Scouts to attend the Jamboree.

The new curling rink on Notre Dame Street, Summerside, is rapidly nearing completion and it is expected that it will be in operation early in the New Year. Work on the installation of pipes and the artificial ice plant is now underway and as soon as this is completed, the laying of ice will be commenced.

The Age Old Story

We are in Thy hand, as it seemeth good and right unto Thee to do unto us, do.

FOUND SILVER ORE HALEYBURY, Ont. (CP)—Robert McLeod, 35, of Cobalt has been arrested and charged with illegal possession of silver ore. It was reported Tuesday. Police found 100 pounds of silver ore, valued at between \$300 and \$350, when they stopped a car Sunday.

ESCAPEE SCHOOL FIRE NOVAR, Ont. (CP)—Two teachers and 35 pupils escaped from the public school in this northern Ontario community in 10-below-zero weather minutes before the "ame building was engulfed by flames Tuesday.

nettle in the 1948 crisis and aren't likely to panic this time. The spirit of Berlin, in fact, may be a factor in the present deadlock.

NOTES BY THE WAY

The one-story home has a lot to do with the decline of physical fitness. Whole generations were kept in tip-top shape by the semi-annual task of moving everything in the attic to the basement and vice versa.—Winnipeg Tribune

This is the age of specialization—but we never expected this: a California restaurateur says he serves only the left legs of chickens, explaining that most chickens stand on their right legs, making them tougher.—Stratford Beacon-Herald

Many have purchased small cars partially because they are so easy to park in the non-too-generous space provided besides downtown meters. Now some busbody traffic engineers are deploing the waste of space when small cars occupy parking spots originally marked out for larger vehicles.—Regina Post Leader

Cold war or not, the Queen's Printer has hired a new Russian-English bird glossary providing accurate English equivalents for the Russian names of more than 700 bird species and their sub-species recorded in the Soviet Union. Birds leap the Iron Curtain and where birds go bird-watchers will try to follow.—Ottawa Journal

We have the dubious honor of living in one of the best-fed and worst-read countries on this globe. If figures about the reading of books collected in Europe, North America and the British Commonwealth are to be trusted we read fewer books per capita than any other civilized land, with the exception of the USA.—Peterborough Examiner

It is now accepted that there are certain individuals who should never touch alcohol. We may a come around realizing that there are some people who are just congenitally incapable of handling an automobile and that these people must be kept off the road. Not just for the matter of months, but forever.—Vancouver Examiner

If hopes were dupes, fears may be liars; It may be, in yon smoke concealed Your comrades chase e'en now the fliers. And, but for you, possess the field.

For while the tired waves, vainly breaking, Seem here no painful inch to gain. Far back, through creeks and inlets, Comes silent, flooding in, the main.

And not by eastern windows only, When daylight comes, comes in the light; In front, the sun climbs slow, how slowly, But westward, look, the land is bright.

A.H. Clough (1819-1891)

The Poet's Corner

SAY NOT THE STRUGGLE

Say not, the struggle though availed, The labour and the wounds are vain, The enemy faints not, nor falls, And as things have been, things remain.

For while the tired waves, vainly breaking, Seem here no painful inch to gain. Far back, through creeks and inlets, Comes silent, flooding in, the main.

And not by eastern windows only, When daylight comes, comes in the light; In front, the sun climbs slow, how slowly, But westward, look, the land is bright.

A.H. Clough (1819-1891)

Advertisement for CUDMORE'S WEEKEND SPECIALS. Includes items like Heinz Soup, Fruit Cake Mix, Milk Lunch, Foil Wrap, Paper, Seals and Tags, Pickles, and Instant Coffee. Prices and quantities listed for various items.