

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

The HOUSEWIFE and HER ACTIVITIES

The old land loves the young lands, And the young lands love the old, A faith unmoved, a pride undimmed.

To make barley water with pearl barley, wash 1 heaping teaspoon of barley. Drain. Then add a pint of cold water.

TO AMUSE CHILDREN

If you are in the habit of having small children come to see you, or if your own children tire of their regular toys and pastimes, have a reserve supply that can be rolled upon to provide amusement.

BEDS FOR TOTS

Beds are provided for all babies' rooms in London schools and no fewer than 60,000 are in use, according to a report presented to London County Council Education Committee.

Large toys, such as dolls' houses, push-carts and wheel toys, are available. Three new nursery schools are to be established.

RUSHING BAKED POTATOES

To hurry up baked potatoes, heat them thoroughly in boiling water before putting them in the oven.

NEW VITAMIN

There will soon be another vitamin. British chemists are experimenting with the development of Sunshine Vitamin D, and hope shortly to discover the chemical structure of a separate vitamin which at the moment forms part of it.

One chemist when interviewed said: "It seems probable that at least two Vitamin D factors really exist. One can safely prophesy that before long a second one will be well established."

TWIN PETS

It looks as though the twin darlings of accessories, when it comes to suits, are due to be colored gloves matched with flowers, or possibly with scarfs if the mood is slightly more sporty than tailored.

This colored glove fashion is commanding greater interest than any other one accessory fashion at the moment, and forms one of the liveliest angles of suit accessory promotions. They are infinitely preferable when worn with one other matching accessory a flower scarf, a handbag, occasionally

PREVENT DANGERS OF CONSTIPATION\*

"Bulk" in ALL-BRAN Is Gentle in Action

Common constipation is largely due to insufficient "bulk" in meals. You fail to get your internal exercise. Millions of people have found that Kellogg's ALL-BRAN supplies soft "bulk" with satisfactory results.

Tests in nutrition laboratories demonstrate that the "bulk" in ALL-BRAN can be used with the utmost confidence. Naturally, those few individuals with diseased or highly sensitive intestines should not take "bulk" in any form—either in leafy vegetables or in bran.

Unlike cathartics, ALL-BRAN is natural in its action—nor does this food lose its effectiveness with continued use. Within the body, it absorbs moisture and cleanses the intestines, promoting normal and healthful elimination.

Two tablespoonsful of this delicious cereal, served with milk or cream, are usually sufficient. Enjoy it also in cooked dishes.

Help your family keep well. Serve ALL-BRAN regularly for regularity. Sold by all grocers. Made by Kellogg in London, Ontario.

\*Constipation due to insufficient "bulk"

shoes if the glove colors fall into the "leather color" families such as chaudron, luggage tan or London tan.

All the unfinished leathers should prove interesting. The new fabrics are also important since glove fabric houses are doing such effective weaves infinitely improved in wearing qualities and in delustrated appearance.

"TEDDY-BEAR" COATS

Topcoat in "teddy-bear" (fleece) fabrics in raglan style with applied pockets and large leather buttons, chiefly in blue and brown serving for sportswear and car driving are strongly featured this season.

Travel and trotteur top coats of fabric adopt thin fur linings of hamster or musk.

Evening gowns of black silk with yokes and sleeves of tulle are accepted by leading fashion houses. These frocks, at some distance look as if they had deep décolletés.

SHIRLEY TEMPLE INFLUENCE

The Shirley Temple dress continues to hold the lead in styles and is very popular with children themselves. These are fashioned of prints, light and dark colorings, and offer a variety in choice of styles and materials.

For early spring, a number of combinations of lightweight wool and silk combination suits are being shown with the coat tailored as carefully as that of the grown-ups, with inset pockets, raglan sleeves and other exciting details.

WAISTLINE NEWS

Even the much-discussed waistline placing which was a vital point of style interest, is favorably interpreted in both lowered versions and the empire line. The variety of waistline treatment is "all to the good" for women can wear a lower waistline becomingly, and the slim young figure appears to excellent advantage in the high line, even when distended by peplum flares so that substantial novelty is provided for all types.

Today's Short Wave Radio Program

(All time is Eastern Standard)

WEDNESDAY, APRIL 15 Washington

11.30 a. m.—U. S. Army Band. W8XK, Pittsburgh, 19.6 m., 15.21 meg., W3XAL, New York, 16.8 m., 17.78 meg. Also W1XK, Boston, 31.4 m., 9.87 meg.

Moscow 4 p. m.—Russian History as told in Russian literature. Subject: When Lenin arrived in Petrograd in April 1917. News, weather, music. Soviet opinion and World Affairs. RNE, 50 m., 9 meg.

Boston 5 p. m.—Christian Science Monitor News Broadcast. W1XK, 31.4 m., 9.87 meg.

Rome 6 p. m.—News bulletins in English. Special program dedicated to Short-Wave listeners of Jamaica, L. I. Concert by the Band of the Royal Metropolitan Police Force of Rome. Talk by Prof. A. De Maasi on topics of general interest. Old Italian arias sung by soprano Vera Ormestroni. RBO, 31.1 m., 9.87 meg.

Berlin 7 p. m.—The Skirl of the Pipes. Pipe-Major William Ross. GGD, 25.5 m., 11.78 meg., GGO, 31.3 m., 9.87 meg., or GSA, 49.5 m., 6.03 meg.

Berlin 7.30 p. m.—Join us in a Good Laugh! DJG, 49.5 m., 6.02 meg. 9.15 p. m.—Betty Boop Songs. WVER, 31.7 m., 9.87 meg.

Mothers Can Be Queens Or Drudges Dorothy Dix Says Teach Children to Respect You Early

The Mother Who "Spoils" Her Young by Giving in to Their Every Whim is Repaid in Later Life by Ungratefulness and Suffering

Among the many heartbreaking letters that come to this column none are so pathetic as those from the mothers of ungrateful and unloving children.



They all tell the same story of an adoring mother who has prostrated herself before her children and let them walk over her. She has made a servant of herself for them and waited on them hand and foot.

One of them said to me the other day: "I have been such a good mother to my children. I never thought of myself at all where they were concerned. When my babies

cried at night I would walk them until I was ready to drop with weariness. I bought the cheapest clothes for myself so they could have real lace on theirs. I have worked my fingers to the bone so they would have time to play. I never made them do any chores about the house. I did all the cooking and washing and cleaning so that my girls could keep their hands soft and manicured. I have half starved to send them to college.

"I made every sacrifice for my children, and look how they repay me! No affection. No gratitude. No appreciation of all I did for them. None of them want me in their homes. I am in the way. Not good enough for their fine friends. When they come to see me they make me feel that it is a duty. They don't even write to me. It's a cruel payment that mothers get for their life work."

It is in such a case as this, but it is a just one. For the old law that "as we sow, so shall we reap" never works out as inexorably as it does in the rearing of children. The mother who lets her baby beat her with its tiny fists when it is angry will be stabbed to the heart by it when it is grown. The mother who lets her children talk back to her when they are little will have to stand their insults when they are older. The mother who lets her children walk over her and tyrannize over her when they are small will be trampled under foot by them as long as she lives.

And, on the other hand, the mother who teaches her children to respect her and look up to her, who requires politeness and courtesy from them; the mother who teaches her children self-control and inculcates in them the ideas of duty and responsibility, will have sons and daughters who are a crown of glory to her and who never fail in love and loyalty to her.

It is not by chance that in some households mother is a queen and in other she is a drudge. It is not luck that some women have children who love and cherish them, while other women have children who neglect them and have no affection for them. It is just the way the woman reared her children.

Probably there is no suffering in the world greater than that experienced by the woman who has the child she has borne in agony and for whom she has made a million sacrifices forget all it owes her. But my pity for these unhappy mothers is always tempered by the knowledge of the wrong they have done the innocent people who must suffer for their sin.

For when a mother "spoils a child" as the phrase goes, she does literally what it says. She ruins it for life and for dealing with society. She brings it up to think that all the world will kowtow to it as mother did, and make things easy for it as mother did, and that it will not have to be bound by the laws as other people are, and by the time that life gives it the training and teaching and disciplining that mother did not give it, it is often too late to make up for the time that has been lost.

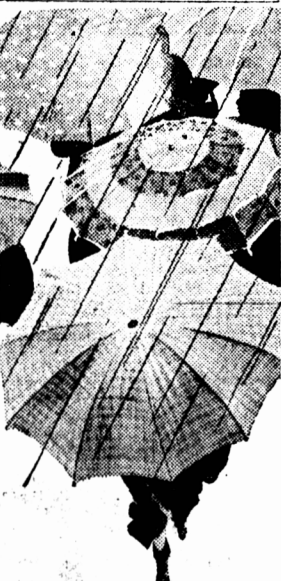
The child-spoiling mother is responsible for nine-tenths of the unhappy marriages as a fact with which we are only too familiar. A girl who has never had her will crossed in her whole life, who has never been denied anything, who had pretty clothes and cars while mother and father went shabby and walked, gets married and when she finds that she has to make sacrifices and give way to some one else and that she is expected to pull her weight in the boat and act like a sensible adult instead of a pampered baby, she simply can't take it. Thousands of divorces are granted every year for no other reason than because husbands didn't spoil their wives' mothers did.

And the same way with men. No woman short of an angel can endure a husband whose mother has spent twenty-odd years in spoiling him and making him selfish.

Children are what their mothers make them. And every woman gets exactly what she deserves in her children. DOROTHY DIX.

CHINESE HAT

One of the smartest new straw hats is Chinese in origin and looks like shiny spaghetti.



HOME DECORATOR

The task of decorating and furnishing a small city apartment has a problem all its own. Invariably there is no view outside, there are no glimpses of soft green trees in summer or snow laden branches in winter to give an illusion of space. You may look from your window straight into the wall of the building next door or onto the everlasting factory scene. What's more, there is apt to be a decided lack of room. The modern, newly built apartment is a treasure for compact, efficient service, but it is up to you to give an impression roominess and fresh, invigorating cheer through your decorating and color scheme.

To really give sweep to the tiny apartment, paint—on walls and wood-work—the same light shade . . . what they call off-white is very good and so are the new shades of gray. Then let yourself go into a mad color whirl as to furnishings.

Don't be afraid of mixing new colors in paint. If you have a chair covered with a burnt-orange linen slip and you would like the legs to match it (also the curtain rods that makes a nice touch) don't waste time and effort hunting an exact match. Just mix Chinese red and Medium Brown enamel together as you would combine ingredients in a recipe. Use two tablespoons Chinese Red to one of Medium Brown . . . and you'll have as lovely a burnt-orange as you could wish! Color cards obtained from your paint dealer will give you plenty of hints. Play around with odds and ends of color. You'll have loads of color. You'll have loads of fun.

Use warm, glowing colors for bleak rooms . . . cool greens, blues and other restful colors for warm rooms. If you can change the color scheme often use stimulating, violent colors, but if not, choose rich, crisp one which wear well with use.

Do not use a paneled effect as it makes small rooms look smaller—keep everything as unbroken as possible, and remember dark walls lessen size. And this applies also to

HINDS does More for HANDS!

You can prove it for yourself—this way. Put out a little on your hand and see how much red it looks. Stir it with your finger—and feel that luscious creaminess of rich ingredients—the kind you get in expensive Dry Skin creams. Then apply it to rough, chapped skin. See how quickly it disappears—softening your skin with healing skin-softeners—leaving it smooth and soft, without a trace of stickiness.



THE FAVOURITE Beauty Soap OF CANADIAN BRIDES

"It's perfect for my skin . . . this Palmolive Beauty Treatment"

Lovely, isn't she? And her skin is so fine, so creamy, so smooth. And like millions of women

The careful blending of olive and palm oils in Palmolive is the reason more than 20,000,000 beauty specialists recommend it. Only these costly oriental oils give Palmolive its rich gentle lather, a lather that cleanses the pores . . . soothes your skin . . . leaves it restfully, refreshed and radiant.



Try this Palmolive Beauty Treatment

Use it not only for face, throat and shoulders, but for the bath as well. Gently massage into your skin a warm, rich Palmolive lather. Cleanse the pores thoroughly. Rinse with warm water, then with cold. That's all there is to this

simple beauty treatment. Yet there is no surer another beauty hint. Palmolive, used as a shampoo, keeps your scalp healthy, hair soft and lustrous.

THE COOK'S CORNER

TEA COOKIES

1 egg, 1 cup sugar, 1/2 cup butter or 1/2 cup butter and 1/4 cup lard, 2 cups flour, 1 teaspoon soda, 1 teaspoon cream of tartar, 1 teaspoon vanilla.

DATE JUMBOS

1 1/2 cups brown sugar, 2 eggs, 1/2 cup shortening (butter and lard mixed), 1 teaspoon soda dissolved in 1 tablespoon hot water, 10 cents walnuts, 2 cups chopped dates, 1 tablespoon vanilla, 2 cups flour.

PEANUT BUTTER COOKIES

1 cup brown sugar, 1 cup white sugar, 1 cup butter and lard, 1/2 teaspoon salt, 2 eggs, 1 cup peanut butter, 2-3 cups flour sifted with 1/2 teaspoon baking soda, 1 teaspoon vanilla.

OATMEAL DROP COOKIES

2 cups flour, 2 cups oatmeal, 1 cup brown sugar, 1 cup butter, 2 eggs, 1 tablespoon soda, 1/2 teaspoon salt, 1/2 cup raisins or nuts, enough sour cream to mix. Then drop by dessertspoonful and bake in moderate oven.

SOUR CREAM COOKIES

1 cup brown sugar, 1/2 cup butter, 1 egg, 1/2 cup sour cream, 1/2 teaspoon salt, 1/2 teaspoon nutmeg, 1/2 teaspoon soda, 2 teaspoons baking powder, 2 1/2 cups pastry flour or 2 cups bread flour, 1/2 cup raisins or nuts added last.

RAISIN DROP COOKIES

Cream thoroughly 1/2 cup shortening, 1 cup sugar, 1 egg well beaten, 1-3 cup milk and 1 1/2 cup walnuts, 1 1/2 cups flour sifted with 1/2 teaspoon soda, spices to taste. Drop in about 3 inches apart.

A Morning Smile

He was discussing his son and heir, whom he had recently taken into the business.

"Well, yes, he's shaping pretty well, but he has a long way to go before he'll have a head big enough to fill my shoes."

THEN THE FUN BEGAN

He pulled up at the Hotel Colossus with a yawn of brakes. The attendant was beside the car in an instant.

"Good morning, sir," he said ingratiatingly, "I caught luggage, sir?"

"Three bags," replied the young man, climbing out.

Three short blasts on a whistle brought three bell boys racing through the revolving doors, and the luggage was solemnly carried in. The attendant piloted the arrival to the door, where the head porter was bowing abjectly.

"This way, sir."

Scurrying footmen paused respectfully to allow the guest an unimpeded passage to the reception office.

"Name, please?"

"Stubbs—The nothy Stubbs?"

Tim Stubbs as scratched his head. "I'd like one, miss, but do you think it'll be all right? You see, I'm the new waiter."

TURKS MAS' SACRE PETS

ISTANBUL (C-P)—More than 39,000 stray dogs and cats have been destroyed here in less than a year as part of a war on rabies.

MECCA OINTMENT advertisement with image of a person in pain

Spring Fashions For Home Dress-Making

This is the type of sports costume that will go everywhere this summer.

The simple dress with cape sleeves, is so young looking and smart. It buttons right up to the high round collarless neck.

Wear it for active or for spectator sports. You can wear it to town with its nifty little "nipped-in" waistline jacket.

Yellow and cocoa-brown striped linen-like weave cotton made this smart dress. Buttons and the narrow leather belt are cocoa-brown. The jacket is plain yellow.

Can't you imagine how ravishing it would be too, in white or pastel tub silks, white sharkskin or any similar silks.

Style No. 1723 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 3 1/2 yards of 36-inch material for dress; with 3/4 yards of 39-inch material for jacket.

Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 1723. Size . . . . .

Name . . . . .

Street Address . . . . .

City . . . . . State . . . . .

STOMACH TUNING EXPENSIVE

NANCY, France (CP)—Jean Mathieu, piano tuner, who turned doctor and tried to find "harmony between the individual and his ailing stomach," was fined for illegal practice of medicine.



Lysol disinfectant advertisement with large image of a bottle and text: EVEN YOUR BROOM MAY BE A JUNGLE OF GERMS. Help fight infection as doctors and hospitals do—with "Lysol"