

That Body Of Yours

By James W. Barton, M.D.

SPEECH HANDICAPS

The most feared fighter at my school had a serious impediment in his speech, but none of the other boys imitated him or made fun of him, because it meant a severe licking. We were all used to his speech and just thought of him as tongue-tied. Since those days much has been done for youngsters with speech defects and practically all stutterers today are being greatly helped, which aids happiness and raises morale.

Some idea of the number of children with speech defects and what can and is being done for them comes from Duke University, Durham, N. C. Duke, N.C., cerebral palsy hospitals are aiming at a new program which will relieve 90,000 children with speech defects.

Their leaflet describes a typical case:

"The doctor put a drop of honey on Tommy's upper lip and coached patiently as the youngster tried to lick the sweet substance with his tongue. It was painful to see him struggle in vain but the treatment was repeated every day for weeks—and months. During the third month Tommy got his tongue on the honey. He's learned to raise the tip of his tongue. At this point, doctor and patient had taken a big step in correcting a speech problem and it's happening every day at Duke Hospital and at North Carolina Cerebral Palsy Hospital in Durham."

However, a lot depends on parents who learn the steps they can follow in helping their children overcome lisping, talking with persistent "baby talk," stuttering, stammering and "talking through the nose." Parents follow the methods of correction step by step, although correcting speech defects is a long-range proposition that should be started as early as possible. There is regular training under the direction of Dr. Murray M. Halford and Miss Patricia Surtman, speech instructors, North Carolina Cerebral Palsy Hospital and Duke University. Training usually can start before a child enters school.

Some idea of the thoroughness and all-round study of the child's speech defects can be gathered when a "team" of doctors is at hand including a psychiatrist (child's behavior), a pediatrician (child specialist) and a psychologist (child's thinking habits).

In regard to pain, Dr. Hansen suggests that a general rule might be that whenever a child of school age complains of pain, serious thought should be given to rheumatic fever being the cause and best immediately prescribed.

STRICT LAW
It is forbidden by law to import second-hand cars to Bermuda.

Cook's Corner

FRESH PEACH SHORTCAKE

$\frac{1}{2}$ cup sweetened condensed milk, 2 tablespoons lemon juice, $\frac{1}{4}$ teaspoon salt. Few drops almond extract, 2 cups fresh peaches, crushed, shortcakes.

To the sweetened condensed milk add the lemon juice, salt, and almond extract, and stir until the mixture thickens. Fold in the crushed peaches. Pour between the shortcakes and on top. Serve with cream.

Shortcake — 2 cups flour, 4 teaspoons baking powder, 2 teaspoons sugar, $\frac{1}{2}$ cup shortening, $\frac{1}{2}$ cup milk, $\frac{1}{2}$ teaspoon salt.

Sift the dry ingredients together. Cut in the shortening and add milk gradually until the dough is soft enough to handle. Toss on a floured board and roll to $\frac{1}{2}$ -inch thickness. Cut with a biscuit cutter. Brush half the biscuits with butter, and cover the buttered ones with the other half, which are un-buttered. Bake at 425 degrees F.

The Stars Say --

By Genevieve Kemble

For Tomorrow

THERE may be a sudden and possibly spectacular turn in the tide of obstacles, delays and difficulties toward some sort of surprising, even breath-taking crisis, of a found and far-reaching influence. It is probable that the intervention of personages high in prestige and position may come to the rescue with generosity, sympathetic understanding and gracious readiness to make wise settlements.

For the Birthday

Those whose birthday it is are encouraged to take their anxieties, troubles and complicated circumstances to those in high place and position. These may be found direct and willing to listen, sympathize and give tangible evidence of their friendliness and support. With this there may be a surprising and unlooked-for denouement, in which may be stimulus of fresh contacts of importance, with new position or environment among the generous gestures. It is a propitious time for cultivating influential friends, new jobs, with thrilling features far beyond the imagination.

A child born on this day has unusual talents, skills and ingenuity for a life of adventure.

THE CAT KNEW

SUNDERLAND, Durham, England—(CP)—Two women claimed a cat, rescued from chimney pots by the fire brigade. A quarrel looked certain but the firemen claimant.

Pearson Wedding



External Affairs Minister Pearson congratulates his new son-in-law, Walter Hannah, 25, of St. Catharines, Ont., following his marriage to Mr. Pearson's only daughter, Patricia, 22, at Chalmers United Church, Ottawa. Mrs. Pearson (left) smiles approval. The groom's parents are Mr. and Mrs. Walter D. Hannah of St. Catharines. He is a medical student at the University of Western Ontario. The marriage was performed by Dr. A.B.B. Moore of Victoria College, University of Toronto.

Modern Etiquette

By Roberta Lee

Q. Is it proper to smoke at a lunch counter in a drugstore or other such eating place?

A. This is commonly done, but I cannot sanction it. In the cramped quarters of the average lunch counter, it is practically impossible to smoke without blowing some of it in the face of either your right-hand or left-hand neighbor, and to do this at any place is exceedingly thoughtless and ill-bred.

Q. If a man is walking with a woman and she is carrying her coat on her arm, should he ask to carry the coat for her?

A. This is not expected. Q. What amount of tip is customary to give to a bellboy who brings a telegram to one's hotel room?

A. From fifteen to twenty-five cents.

Better English

By G. C. Williams

1. What is wrong with this sentence: "You can do like I do, if you wish, and inside of a month you'll find it don't mean nothing."

2. What is the correct pronunciation of "distract?"

3. Which one of these words is misspelled? Eugenic, eucalyptus, eucure, eulogize.

4. What does the word "quell" mean?

5. What is a word beginning with but that means "a pirate?"

ANSWERS

1. Say, "You can do as I do, if you wish, and within a month you'll find it doesn't mean anything." 2. Pronounce dis-tray, accent second syllable, and the t is silent. 3. Eulogize. 4. To calm; to still. 5. The militia was called out to quell the riot." 5. Buccaneer.

How Can I ...

By Anne Ashley

Q. How can I remove mustard stains from washable fabrics?

A. Merely wash the stained area in warm water and mild soap suds. Stains on non-washable materials may be removed by rubbing them gently as soon as possible, with warm glycerin applied with a small sponge or cloth.

Q. How can I prevent the fraying of trouser cuffs?

A. If a man seems to be particularly hard on trouser cuffs, try sewing a small strip of leather on the inside of the cuff. This will save many a frayed and unsightly cuff.

Q. How can I make milk taste like cream when it is necessary to use milk on cereals or in coffee?

A. Scald it first and then serve hot; it will give the effect of cream.

DOROTHY DIX'S COLUMN—

What Time For Curfew

Homecoming Hour Debated In Almost All Families

Extracts from three letters, culled from among hundreds received on the same subject, show the intensity of feeling on this time-worn problem.

"I am 16, a senior in high school, and I think that 12 or 12:30 on Saturday nights, and half an hour earlier on other nights, is the right time for me to be home. My parents insist that 11:30 is late enough."

"I am a girl of 16. My parents are very strict with me. When I go out on a date, I have to be in by 11 o'clock, or I lose my dating privileges for two months. My friends tease me because their parents let them stay out until 12:30 or 1."

"I am a working girl of 17, and give part of my money to my mother for herself each week, though I do not pay board. I go out each night after I get home with my girl friend. I come home at 9; if I'm half an hour late my mother yells and tells me that as long as I'm under her roof I must be in no later than 9 o'clock. She also insists that I tell her every single thing I do when I'm out and, though I do nothing I can't tell her, I would like to keep some things to myself."

ANSWER: The hour at which parents want their children home is not an arbitrary subject that can be dismissed with a simple statement of time. Many things should go into the consideration of a proper hour for a teen-ager's homecoming, but the one reason I would not consider satisfactory is that "Anne's—or Polly's or Mary's—parents let her stay out much later."

STARTS VICIOUS CIRCLE
This is the start of a vicious circle. Trying to keep up with what the other youngsters in a neighborhood do is a futile race, and not to be accepted as an argument.

In the first two letters quoted, local custom permits far later dating privileges than I would consider wise. For 16-year-old girls to come home habitually from dates at 12:30 or 1 is too late. For even every weekend night. The parents who do let their daughters stay out so late do so, not because they believe in it, but because they are too easily coerced by their children, or by the argument that "everyone else does it." If parents stuck together on the question, the argument would cease to exist. When every child is due home by 11, there can be no tears because one must be home at that hour while the others stay out until 1.

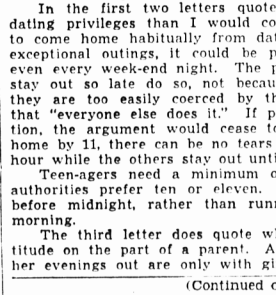
Teen-agers need a minimum of nine hours sleep a night—some authorities prefer ten or eleven. This sleep should be well started before midnight, rather than running into the middle of the next morning.

The third letter does quote what I consider an unreasonable attitude on the part of a parent. Apparently the girl doesn't date and her evenings out are only with girl friends. For a girl who doesn't

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Something Old, Something New

heavily embroidered with gold and silver as she follows the ancient Chinese rite by offering tea to her father-in-law, Dr. S. N. Chau of Hong-kong, China. The bride, an American citizen, met her husband at Denison University in Granville, Ohio.



Bridal customs of the East and West meet during the London wedding of Mary Martha San Yan Lo and Kai Yin Chau. Dressed in conventional white, the bride tosses her bouquet to her bridesmaids, top, to follow a Western custom. Below, she is seen in Chinese bridal gown

ELLEN'S DIARY

By An Island Farmer's Wife

Ellen, tallish and slight, fair-skinned and dark of hair, is now nearing the end of studies which will, to quote her own words, "If the fates be kind," make her "a full-fledged Laboratory Technologist." "Girls nowadays are not content to stay at home with their mothers, learning how to keep house," an elderly friend of ours commented on a recent evening when we chatted of these and the yesteryears now much in his memory.

"One time," he offered, "they were content to stay at home on the farm, learning," he chuckled, how to make a man comfortable—and happy—when they should get one. They trained at first hand, so to speak. And believe you me, there's no better place to learn than from one's mother, be it! He twinkled, "prayers, morals—or as I said, house-keeping. Yes," he said, "they remained there..." "And waited," we smiled. "Yes," he nodded, "and it was surprising the good marriages they made."

"The chief end of woman being to get herself a man?" we commented. "Well, be that as it may," he replied, "conditions as I've noticed them would lead a man to sort of believe that, Ellen! In any event they managed to do very well for themselves. But now" he continued, "the accent is all toward book-learning. Cram them with the languages—English, French, Greek, Latin, and German... with Chemistry and every writing on science, and mathematics, so that they can reason like all-get-out; but don't teach them the mysteries of making a blueberry pie or a good loaf of bread!"

"From the time when girls now are 'knee high to a grasshopper,' Ellen, they're figuring on how soon they can get away from the farm. They're not satisfied with all the learning they can get at school; they must go to college or university... or to some school of nursing, or to be one of these here new-fangled technologists. Not that I'm against anyone learning the rudiments of nursing—that is something that should be taught in the higher school-grades or in high school. Just" he smiled, "to have wives handy with bandages—and know what to do in an illness or emergency. But these here technologists and suchlike, he offered, "that's going too far together, to my way of thinking."

"But you never know" we said. "There'll likely come a time when any knowledge a girl picks up will be put to good use." "You're right there, Ellen," he agreed but as I've seen it, it's something incidental to the training that comes in handy sometimes. Now you take for example Johnnie... but that would be long before your day hereabouts, Ellen. He was a knowledgeable fellow."

"Took to book-learning like a duck takes to water... you know some are like that!... born to it, the same as others are born artists or musicians or preachers or farmers. From the time he was a little lad, learning was his whole interest. Never cared much about farming, but while he was home he helped—and on holidays. A willing lad too—and quick!"

"Well, one time, he was spending a week-end with a university friend over in another Province... a well-to-do family, with maids and a servant man as wealthy folks did in those days. An the very first morning..."

Until tomorrow --- Diary --- Good-night....

DEADLY DISEASE
Smallpox first appeared in the new world in 1616, when it was known as the Indian plague.

On \$140 Honeymoon



Newlyweds Mr. and Mrs. Anthony Eden are seen upon their arrival at Lisbon, Portugal, en route to secluded Urgelica Island, off Portugal's north coast. For two weeks, Britain's diplomatic corps will have to take care of itself while her Foreign Secretary and his bride, the former Gladys Churchhill, enjoy \$140 austerity honeymoon at tiny resort town.

Morning Smile

Weighty

"I always believe in weighing my words before speaking," said Mrs. Hopkins. "And you don't give short weight, either," replied her husband.

Concili

They were canoeing in the starlight. "How bright the stars are tonight," he said. "Almost as bright as—"

"Oh, you flatterer!" she ejaculated.

"As they were last night," he continued, calmly.

Not Likely

Wedding usher—A friend of the bridegroom, Madam? Matron—Certainly not; I'm the bride's mother.

Household Scrapbook

By Roberta Lee

Muffins

If there is not enough batter to fill all the pans of the muffin tin, fill the empty ones with water. This will make the muffins bake more evenly, and will also prevent burning.

Water Stains

To remove white water stains from hardwood floors, rinse the

spotted area with cold water. Then rub well with a cloth dipped in two cups of clear water in which two tablespoons of spirits of camphor have been placed. Next, wipe the area dry and apply floor polish.

Putty

You can make your own putty by mixing linseed oil with sifted whiting until the proper consistency is acquired.



BEE WITH HONEY—Carol Emery, 9, of Victoria, B.C., is home to this pet bumble bee which crawls on her face and arms and doesn't fly away. Carol and her sister Linda, 7 nursed the bee while its broken wing mended. They feed it on a honey and water nectar and the bee is an inseparable companion.

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Anne Adams Patterns

NEW FLATTER

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Pattern R4809: Misses' Sizes 12, 14, 16, 18, 20. Size 16 takes 5 yards 39-inch fabric. This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coin (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number. Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

First Anglican Bishop of Fredrickton was John Medley, consecrated in 1845.

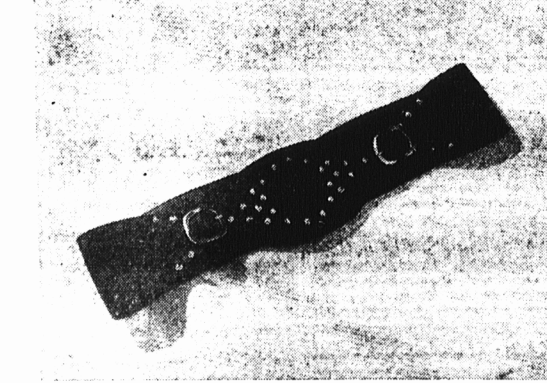
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Children's Own TABLETS

R4809 12-20 by Anne Adams

New Fall Accessory



It's easy to make a new belt to dress up some of your favorite tailored dresses. This waist charmer is made from felt and decorated with a bold metal trim. If you would like to have a leaflet with directions for making the BELT, just send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. S E-1990.

Alice Brooks Designs

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INCOMPLETE CENSUS
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