

Summerfield Bridal Party



Above are the principals of a pretty summer wedding at St. James Church, Summerfield, when Norma Dorothea, daughter of Mr. and Mrs. James Lawless, Norboro, was united in marriage with Arnold Thomas McIvor, son of Mr. and Mrs. Louis McIvor, of Aroostook Jct., N.B. From left to right are: Mr. Frank Lawless, Norboro, usher; Mr. Ronnie McIvor, Kinkora, groomsmen; Mr. and Mrs. Arnold McIvor; Mr. Jim Morris, Charlottetown, usher; and Mr. St. Clair McIvor, Kinkora, usher. Front, seated: Miss Alice Callaghan, St. Louis, bridesmaid; and Miss Miriam Lawless, Norboro, maid-of-honor. (Photo by Edwin Heckbert Studio).

Morning Smile

Mr. Lewis Morris was complaining to Oscar Wilde about the neglect of his poems by the press. "It is a complete conspiracy of silence. What ought I to do, Oscar?" "Join it," replied Wilde.

LYMINSTER, England (CP) — Ancient tombstones in the churchyard of this Sussex town, which have undecipherable inscriptions, will be salvaged to repair the bell tower.

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Island Bride



A recent bride was Wilma Moore (above), daughter of Mr. and Mrs. Foster Moore of Prince Edward Island, whose marriage to John R. McIntosh, son of Mr. and Mrs. William D. McIntosh of Toronto, took place September 5 at Royal York Road United Church Rev. W. Shaver officiated. The couple took a wedding trip to Prince Edward Island. Mr. and Mrs. McIntosh will reside in Toronto.

Better English

By D. C. Williams

1. What is wrong with this sentence? "I soon realized that it was no use to continue on."
2. What is the correct pronunciation of "mauve"?
3. Which one of these words is misspelled? Consume, consumable, consumate, coercion.
4. What does the word "efficacy" mean?
5. What is a word beginning with "prod" that means "vast; immense"?

ANSWERS

1. Say, "that it was of no use, and omit 'on'." 2. Pronounce mauve, o as in rove. 3. Consummate. 4. Power to produce effects. "Why not test more often the efficacy of prayer?" 5. Prodigious.

Cook's Corner



ROLLS

1 cup milk (scalded and cooled). Add: 1 yeast cake in 1/4 cup water 1/4 cup sugar 1 teaspoon salt 1 or 2 eggs (beaten) 1/2 cup shortening. Add enough flour to make soft dough and let rise. Roll out and cut with cutter and fold over or make your favourite shape of roll. Allow rise 15-20 minutes.

—Mrs. John MacMillan, Alexandra W. I.

The Stars Say --

By Genevieve Kemble

For Tomorrow
ORGANIZE your schedule this day so that you may accomplish a maximum of work, yet have time for some relaxation and pleasure. Investigation and participation in new fields of endeavor could prove highly profitable to you. With the Moon entering Aquarius, this is an excellent period for air travel, patriotic and community projects and, in the business world, for matters connected with electricity, chemicals, draughtsmanship and camera supplies. Hobbies could prove to have remunerative value.

Women's realm

PAGE-TWO THE GUARDIAN SEPTEMBER 18, 1953

ELLEN'S DIARY

By An Island Farmer's Wife

Yes, preferably against a slope for there in its shelter James would at once select a site for a barn — partly underground, to provide warm shelter for those of the cattle-kind Rob would be pleased to acquire, and the teams of horses one of the younger farmers' joys of farming. . . . A little shed would at first take care of the requirements of the one sow, the nucleus of a herd, because as James often points out, "It's amazing how a fellow, starting to farm can make do and prosper if he is at all ambitious — and industrious!"

And the pair of sheep, or would they own more at first than those two with the tinkling silver bells at neck, in that intriguing Land where dreams come true? They would soon fence a corner of pasture for them! And when they had been closely cropped? We should likely overhear the matter discussed at some meal-hour. James offering with a long sigh: "I'm blest if I know what we're going to do with those two! They're starving there — that's what they are! And if we give them their freedom — there's no time now to fence off another plot — well they'll just be a nuisance about."

"Unless," with an inveigling smile to us which we confess all down the years has served to further all his plans, "your mother would keep an eye to them this afternoon when they're let out about. . . . There wouldn't be much work to do. Ellen — just to keep them out of that grain and new meadow. But you mustn't let them get one nibble of either — there'd be no holding them anywhere then."

"I wouldn't ask it of you, Ellen, but I fancy you need the air — you've been so packed lately. Yes, the air is better than doctors' medicines. You can take your knitting or mending and just sit under a tree." And presently, as the farmers should go out to resume their current interest in the little fields, James' voice would float back to us: "They nipped that off pretty close, didn't they? But they will get nice bites along the lane there with no harm done to anything, if your mother doesn't doze at the chore." After all what a place of continued duties it might only prove to be for us — that Land where dreams come true!

From a pleasant land, far west from us and south, a little girl writes of her recent holiday spent with kindred and friends: "I loved The Island and all the dear people I met. . . . Our vacation passed very quickly — but I hope to come again soon. Our trip home too, was lovely and I was glad to see my Daddy again."

A daughter of The Island who has not seen its shores for some years also writes from a busy city in a far State of the U. S.: "Due to a fall, I have been a semi-invalid of late . . . and people have been so kind. When I hear folks criticizing Americans I want to tell them how many wonderful people I am privileged to know here among all age groups." There was the heart-warming incident of the little lady of 80 years (almost) who could have used her Mixmaster, but chose instead "to beat the sponge cake she baked for me, by hand, as she used to do in the early years if I chanced to be ill." Folding in the neighbourliness, kindness, sympathy and affection exemplified by another of westerling years who "brought in my dinner several times."

Items like these serve to discount the notion that nowadays folks are concerned only with their own affairs, too busy to give even a thought, or one drop of "the milk of human kindness," to others. There are good neighbours world-over as are these who dwell in cozy farm-houses on their gently rolling fields along the reach of this valley.

Until tomorrow . . . Diary . . . Good-night . . .

especially those requiring imagination and a certain amount of creative talent.

For the Birthday
If tomorrow is your birthday, you may be experiencing a feeling of frustration and restlessness just now because certain well-defined and cherished plans have progressed so slowly. Do not be discouraged, however, since your horoscope indicates that the outside influences which have helped them up are due to disappear within the next few weeks.

If you will concentrate on the fact that the projects upon which you are expending so much time and energy were, after all, planned for their long-range benefit, you will not yield so easily to despondency over temporary obstacles. You have great cause for optimism. Financial and professional expansion are indicated within the next two months and your personal life is under most beneficent auspices. Travel, legal matters and social activities are favored and there is promise of help and cooperation from business associates and superiors as well.

A child born on this day will be talented and imaginative, but a little too susceptible to flattery.

That Body Of Yours

By James W. Barton, M.D.

MEASURING WORRY OF THE PATIENT

When the X-ray was first discovered and we were able to examine parts of the body invisible to the naked eye, many cartoons appeared in our newspapers and magazines showing one individual looking into his X-ray outfit and seeing through the wall into the next room. While this has not been possible with the X-ray, nevertheless these cartoons still stuck in the minds of some people.

Now a method of discovering the extent of our worry over certain or all matters has been made possible by research workers of Duke University, Durham, N. C., through their Bureau of Public Information. Perhaps cartoonists may try to make something out of it, but Duke research work stands high in the medical profession.

"A new yardstick to measure worry was announced in May of this year by the North Carolina Psychological Association, a 'light flicker' test to determine how worried a person is, and to study the relationship between worry and fatigue, heart disease and other illnesses. During the test, a patient sits facing a light in a darkened room. As the researcher raises and lowers the flicker rate of the light source, the patient tells him when the flicker turns into a steady glow or vice versa. The doctors are actually measuring anxiety, a psychiatric term used to describe a work to do. Ellen — just to keep them out of that grain and new meadow. But you mustn't let them get one nibble of either — there'd be no holding them anywhere then."

In a study of 74 normal and ill patients at Duke Hospital, doctors found that highly anxious people are less sensitive to flicker than normal individuals. The highly anxious person sees a steady light where normal people usually see a flicker.

From the above we can see and understand that highly anxious persons are less accurate in their judgments than less anxious persons. While the point at which the light appears steady varies widely from person to person, in most cases it is not difficult to place people in either the high or low brackets.

What can be learned from this discovery of the doctors at Duke University that will help the physical, mental and emotional health of us all?

This discovery should give psychiatrists one further aid, not only in the treatment of the anxious patient, but also in estimating the amount of treatment necessary to bring the patient back to his best normal self. The psychiatrist knows that anxiety is the cause of the patient's emotional and mental condition will study, by questioning, until he learns the specific or particular problem the patient is attempting to solve. He can then use scientific yet "sweet" reasoning in helping to solve his problem.

Table Top

by Eden Phillpotts

CHAPTER XI

Continued

"He came armed, you see, and the weapon must have dropped from his hand when he fell. That seems to show he actually died on this spot," he said.

"Much may turn on that," suggested Angus. "We know he came alone for his treasure; but was he dead before he reached it, or killed on the way back to his boat after he had got it? In the latter case, the treasure would be here, unless he was killed by an enemy, who took it from him after he was dead. The revolver may have been used by somebody else to shoot Benny, and unless he was shot through the head, there would be nothing left to show if that were so."

But the vanished man's skull revealed no injury. It was perfect, "that far more likely that he never got to his cache," said Jane. "He knew there was danger and came armed, but he must have been surprised before he had time to put up a fight. Can you tell if the revolver is empty or loaded? Give it to Felice. He understands firearms better than you do."

Felice took the weapon and examined it with caution. "It's a mass of rust," he said, "but the chambers have cartridges in them. The charges may have rotted away. I don't think any were fired, but I can't be sure."

"We shall know soon enough in any case," declared Jane, "and the sooner the better. I'm getting choked with sulphur. If the cache shows up by the hot-spring, that's proof positive that he never got there; and if there's no cache, we're done anyway."

The men picked up their spades and proceeded. Angus had run on before and was already at the turn, while Jane followed him, making slower progress over the rough

Continued on page 9

Modern Etiquette

By Roberts Lee

Q. How should a maid hold a dish as she presents it to the guests at a dinner table?

A. Flat on the palm of her left hand, and presented at the left of the guest. If the dish is hot, a napkin can be used as a pad underneath.

Q. When a woman is traveling alone on a train and wishes to have a piece of heavy luggage moved, is it all right for her to ask a male fellow passenger to do this for her?

A. It would be much better for her to ask the porter to do this.

Q. How long before a church wedding should the guests arrive? A. About a half-hour before, and never later than ten minutes previous to the scheduled hour of the ceremony.

How Can I!!!

By Anne Ahley

Q. How can I make a good substitute "frog" for anchoring flower stems for a table centerpiece?

A. Try using half a lemon or orange rind. Squeeze out the juice, then punch holes into the rind, set it in the bowl flat side down, and stick the stems through the holes.

Q. What can I do if the "fast" colors in a garment are not so fast as they should be?

A. Add a little ordinary vinegar to the wash water.

Q. How can I avoid having woolen garments turn stiff and hard after washing?

A. Add a few drops of glycerine or a pinch of borax to the water.

Household Scrapbook

By Roberts Lee

Waffle Iron

An electric waffle iron may be kept bright and shining, inside and out, with ordinary baking soda. Of course, water must not be used, for fear of injuring the heating elements. Simply add the soda dry with a dry brush, and all grease and discoloration will disappear.

Sprung Door

If a door has sprung or bent at the hinge edge, add a third hinge to keep the door straight. Before removing door from hinges, mark point where the hinge is to be attached. If a new hinge is not available, move the other hinges closer to the point of pressure.

Steel Knives

Wash steel knives with powdered bath brick or scouring powder, and use a large cork or a cut potato to scour with.

DOROTHY DIX'S COLUMN

A Boisterous Friend

High-School Student Seeks To Drop Her Girl Friend Who Is Too Rowdy

DEAR MISS DIX: I'm the youngest of five children, and have been brought up by wonderful parents in an atmosphere of love and kindness. I'm a high-school sophomore, active in school and church societies. My problem is a girl friend whom I have known since first grade. She used to be very nice but has gotten in with the wrong crowd and has become very boisterous in her speech and manners. I just don't enjoy her company anymore. I have been taught never to be rude or careless of others' feelings and that I must be considerate at all times. How can I apply these teachings, and drop my friend?

BEWILDERED

SET THE FRIEND RIGHT

ANSWER: The people who taught you these fine precepts should be the ones to advise you now — namely, your parents. The situation in which you find yourself will recur many times during your lifetime, and always must be handled with finesse. The kindest course would be to set the girl right on her conduct. Many young girls adopt loud speech, and sometimes rowdy ways, because they think such actions are "smart." They're soon disillusioned, and always would appreciate being set straight. Now is the time for you to pass on to someone else the principles you learned from your parents.

Muriel Nissen

most always really for you to pass on to someone else the principles you learned from your parents.

DEAR MISS DIX: I'm a young married woman of 18, and have been married over a year. My husband enlisted shortly after our marriage. Last week, when he was home on furlough, he asked for a divorce. I have been true to him always and love him deeply; he's also been wonderful to me. He says there's no one else; he just wants to be free.

HAZEL N.

ANSWER: You two should take your problem to a clergyman, or family counselor, who will help you get settled on the road to a happy future. Your young husband's decision is apparently nothing more or less than the inability to make up his mind that the time has come to face responsibilities. There's nothing to be gained by trying to run away from them; a new set always shows up. The best thing is for him to learn to accept the obligations he has voluntarily incurred, and to make his marriage successful. You seem willing to do your share of co-operating; be patient until he shows the same wisdom.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

No end of surprises with MAGIC!

PEANUT BUTTER PINWHEEL LOAF

Mix and sift into a bowl, 8 c. once-sifted pastry flour (or 2 1/2 c. once-sifted hard-wheat flour), 5 1/2 tsp. Magic Baking Powder, 1/2 tsp. salt. Cut in finely 7 lbs. chilled shortening. Combine 1/2 c. milk and 1/2 tsp. vanilla. Make a well in dry ingredients and add liquids; mix lightly with a fork. Knead for 10 seconds on lightly-floured board and roll out to 1/2" thick rectangle, 8 1/2" along one side. Cream together 1 tbs. butter or margarine, 1/2 c. peanut butter and 1/2 c. lightly-packed brown sugar; sprinkle on rolled-out dough. Beginning at an 8 1/2" edge, roll dough up like a jelly roll and place in a greased loaf pan (4 1/2" x 8 1/2"). Bake in a hot oven, 400°, about 45 minutes. Serve hot, cut in thick slices, or cold, cut in thin slices, lightly spread with butter or margarine.



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