

## How Can I!!!

By Anne Ashley

Q. How can I remove rust from shelves and trays in my refrigerator?

A. Rub over them with steel wool; then wash with soap and water. When thoroughly dry, apply a thin coat of colorless nail polish or clear lacquer to the part subject to rust, to prevent future rust.

Q. How can I make easier the task of sewing patches on my car-van's awnings?

A. Soak the fabric well and rub soap in, and this will make the needle slip through the canvas much more easily.

Q. How can I prevent a custard filling from sinking and soaking into a pie crust?

A. The custard filling is less likely to sink into the pie crust if the crust is baked before the custard mixture is poured into it.

## The Stars Say --

By Genevieve Kambie

### For Tomorrow

THIS day's vibrations are excellent for the formulation of plans affecting future welfare and security. While, in business affairs, it does not augur particularly well for the initiation of new enterprises, it does favor rapid progress on ventures already inaugurated. Use caution in any matter in which there is even the faintest possibility of risking your cash.

The evening hours are excellent for cultural and social interests and community projects are also under excellent aspect. Socially, the configurations are good for making plans for large scale entertainment.

### For the Birthday

If tomorrow is your birthday, your horoscope indicates during the year ahead, a period in which you should experience a rich fulfillment of long-cherished desires and great personal satisfaction in the honors and financial emoluments from steady endeavor.

Through the clever use of your mental and manual skills you may find that some pursuit initiated merely as a hobby will have great remunerative value. There is promise of great social activity during the next three months and domestic and romantic affairs are under beneficent aspects. There is little possibility of travel until late spring or early summer.

A child born on this day will be alert, ambitious and ingenious.

### TRY OTHER VEGETABLES

The use of a variety of vegetables adds interesting flavours and colours to meals. Children should be encouraged to try many vegetables; it's a good plan to serve a small portion the first time. Many different cooking methods can be used to make meals more attractive.

## ELLEN'S DIARY

By An Island Farmer's Wife

These October days when the sun chooses to withhold his cheer and the moon, young and shy, prefers to hide somewhere in the shadow of the night's skirts—we are inclined to turn back the pages of memory and linger with some nostalgia on the warming scenes of the summer now past.

To see again on a sweet dew-kist morning two lads and a shaggy-coated black dog off to a spell of fishing along the millstream, bringing home sooner or later not only treasure trove of the depths but of green bank and near meadow as well: first violets . . . buttercups . . . daisies; and once with sad expressions over the tragedy that had befallen a little feathered mother, a fragment of fragile shell picked up along the way.

"B-r-r! It's cold! We'd better hurry back to the fire," we urged Gage on our outing to the mailbox in the mist and biting wind of today when he would have loitered.

"I am hurrying," he replied, "but I just want to make sure that all the summer birds—unless it be a robin or two, have gone south before today."

"Wait just a minute!" he begged, parting a bit of shrubbery at the laneway.

"Here," he said softly, "is the little gray bird's nest! . . . Jamie didn't think she was nesting about here, but one day when I was passing," he explained "didn't she fly up out of here 'And" he smiled, "wasn't there one wee egg already in the nest!" He fitted a neat nest into the deserted dwelling.

"It feels cold," he offered.

"There's . . . nobody . . . home"

Not that this October day was not an enjoyable one for us; nor that this hearth-fire did not continue to sparkle and glow inspiringly all day and at evening serve to draw about it the family, none had kept them busy outdoors through its cold dampish hours.

"Wouldn't it be good if the weather would turn warm so that we might go barefoot again!" Gage remarked once with a long sigh.

"So that you could play with Mack and Granddaughter up in the playhouse in the orchard?" He nodded. "But before we went back to school . . . you see we knew we wouldn't be having so much time to play then—we tidied every thing up. We put away our 'sugar' and 'tea' and 'spices' and 'flour' for another summer."

"Are you tired playing?" We asked Mack one sunshine-filled morning of summer when he came in alone to sit somewhat listlessly on the couch in the kitchen.

"They needn't think I'm going to be their child!" he commented. "They can have a fine time making pies and cakes while I 'musn't touch' anything—just sit and play with toys!" He considered his grievance a moment. "I'm going down to the barn to build something" he said sliding quickly to his feet. "I'm not going to play with them anymore. No sir!" he grinned sunnily "I'm not going to be anybody's child!"

Damp and gray was this day, the wind chill, and it seemed as if there was little color in the length and breadth of our valley. But now the night-lights shut out the dark. And sometime out of the clouds will smile down the Hunter's new moon. And, if we but wait for it, these will yet come, scattering its bands of gloom, the radiance of sunlight to take the farmers with fresh resolve once more to the field-work.

Until tomorrow . . . . . Diary

Good-night . . . . .

Albert Einstein produced his first paper on the relativity theory in 1905, when he was 26 years old.

## P. E. I. Nurses At New Hospital



Department heads gather around a bouquet of flowers during the dedication of the new Union Hospital at Lynn, Mass. Left to right are Mrs. Jessie Berryman, head of the medical department; Mrs. Ella Doyle, daughter of Mr. and Mrs. James Collings, Montague, P.E.I., and another daughter, Miss Tina Collings, assistant superintendent; Mrs. Elizabeth Perry, head of the surgical department, and Mrs. Thelma Burke, head of the obstetrical department. Both Mrs. Doyle and Miss Collings graduated from the Charlestown Hospital School of Nursing several years ago.

### WHY USE VEGETABLES?

Potatoes, if cooked properly, are good sources of vitamin C and are a very cheap source of starch to furnish energy. Cabbage, turnip and green peppers may be excellent sources of vitamin A, as are yellow leaf vegetables, for example, outer part of cabbage, spinach, chard, other minerals.

## What's In A Cookie?

By Joan Barberis  
Canadian Press Staff Writer

The definition of a biscuit, cookie, bun, scone or other similar baked goods is somewhat of an individual matter.

It may not be important, except to such persons as the English woman who ordered scones in a Montreal restaurant, and was given hot tea biscuits. It rather put her out for the rest of tea-time.

The dictionary is definite about what constitutes a scone. It describes it as a soft cake or barley meal or wheat flour, of size for single portion, usually triangular and cooked on a griddle. It comes from "schoon brot fine bread."

The definition of a cookie is broader: "Plain bun, small flat cake, biscuit," says the dictionary.

### How to Keep Them

Wisely ignoring such intricacies the consumer section of the department of agriculture has come up with the following sound advice on how to store "different types of cookies."

Cookies that are soft, like a hermit or brownie, should be stored in a container with a tight fitting lid. It may be a cookie can or just a plain cake pan. If the cookies still tend to dry out, add a piece of apple, orange or bread, but be sure to replace it frequently. Another good way to keep soft cookies moist is to wrap them tightly in aluminum foil.

With crisp cookies the treatment is just the reverse. You store them in a container with a very loose fitting cover. If the weather becomes humid they may soften, but you can crisp them again by five minutes before serving. placing in a warm oven for about They Freeze, Too

Another excellent way of storing cookies is to freeze them, if you happen to have a home freezer or locker. Almost any type of cookie may be frozen except meringues, macaroons and any other small cake made with egg whites. Cookies such as oatmeal, cookies, brownies, sugar cookies and so on are all excellent when frozen. Prepare cookies for freezer by cooling, cooling and then wrapping them tightly in freezer wrappers or placing in freezer bags. Wrapped cookies may be placed in cardboard boxes so they will not crush in storage.

## Better English

By D. O. Williams

1. What is wrong with this sentence? "We shall be happy to accept of your invitation."
2. What is the correct pronunciation of "roquefort" (cheese)?
3. Which one of these words is misspelled? Pastoral, pastime, pasport, pasturize.
4. What does the word "graduation" mean?
5. What is a word beginning with ret that means "a review of the past"?

### ANSWERS

1. Since you are accepting the invitation now, say, "We are happy to accept (omit of) your invitation."
2. Pronounce rok-for, both o's as in no, accent first syllable preferred. 3. Pasport. 4. Any degree or relative position in an order or series. "We are studying the gradations of business."
5. Retrospect.



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