

ELLEN'S DIARY

By an Island Farmer's Wife

Brooding clouds lower these fall days to touch the trees on our hills, the staid spruce that like unwearied sentinels ever stand guard there, or to make a silver, background for Pat's grove of maples that bare now and, it appears, still and quiet wait beyond a summit. . . Hang low to have housewives complain about "this dampness" in the light of the seasonal cleaning, though any hope deferred because of it is presently forgotten when suddenly, as today, a gentle wind scatters the gloom and gray of it and the sun beams his inspiring smile from his place in the blue. And spirits lift with the mist steps take on fresh buoyancy, eyes brighten. And we quite forgive November for those less pleasant moods in the joy of the present. So lovely has this day been, balmy and sun-kist, the breeze playing a pleasant melody about the yards. Yet perhaps if one had stopped to listen — had put an ear to the ground she might have found a note of insincerity in his blowing.

"I wouldn't put too much dependence in weather like this," the younger farmer offered, hitching the pair of mares in the spreader "to try to finish that field" in preparation for its plowing. "This could be a pet day. It's sort of brooding, don't you think? Of course we may get a good bit of open weather yet, but then again we could get a snow-storm and frost. "Oh well," he commented, picking up the lines, "we'll have this one!" And James, turning to step off after the machine let pearls of wisdom drop. "Ellen" he called "if you should happen to see any axes or wrenches or the like lying about, be sure you pick them up — in case they get lost in the snow. We'll be searching high and low for such-like some day we shall need them."

And somewhere today there was a wedding when two young things with a whole world ahead for them plighted their troth against the good days and the not-so-good to come; somewhere a child was born, a wee babe, to become the hope of fond parents, to realize their own dreams and ambitions it may be, or at least to further them in a new generation. And somewhere to keep a memory evergreen, a mother planted flowers on a grave, made on a Thanksgiving Day of a year past. Among the still blossoming pansies she buried spring flowering bulbs in an effort to keep perpetual fragrance and loveliness there. And close by is the stone which records a beloved name . . . and two dates but nothing to tell of the interval between.

Nor could the story be recorded in words for those who would read. Only in the hearts of those sadly bereft does the saga of living, the smiles and happiness the doubts and concerns, the striving, the winning and losing of those they "loved and lost" remain. Kneeling beside a son's grave, the very act a prayer, while a kindly November sun shone and a gentle wind whispered of days of other years, a mother planted flowers of remembrance today.

Until tomorrow — — Diary — — Good-night . . .

THREE LANGUAGES

JOHANNESBURG — (Reuters) — The Missionary Council of South Africa's largest church, the Dutch

Cook's Corner

APPLESAUCE COOKIES

(Ingredients for about 3 dozen cookies)

One-half cup fat; 1 cup sugar, 1 egg, 1½ cups sifted flour, ½ teaspoon baking powder, 1 teaspoon soda, ½ teaspoon salt, 1 teaspoon cinnamon, ½ teaspoon cloves, ½ cup seedless raisins, 1 cup quick-cooking rolled oats, 1 cup applesauce.

Cream together fat and sugar. Stir in the egg. Sift together flour, baking powder, soda, salt, cinnamon, cloves and nutmeg. Mix in raisins and rolled oats. Add to creamed mixture in three portions alternately with applesauce in two portions.

Beat well. Drop dough by teaspoonfuls onto greased baking sheets. Bake at 375 degrees F. (moderate oven) 10 to 15 minutes.

The Stars Say --

By Genevieve Kemble

For Tomorrow

A SUDDEN event, strange, irregular and unpredictable, is likely to upset the smooth running of today's events. While this unusual development could be related to business or workaday schedules, it is probable that the emotions or intimate personal plans may be the cause of surprise or shattered programs. The impulses, instincts, desires and emotions may be expressed in irregular or unconventional disturbances. Romance or wild urges may react with drastic force on all plans and contacts.

For the Birthday

Those whose birthday it is may find their fondest plans, hopes and desires take wings and reshape themselves in peculiar, unconventional or unaccountable denouement. Impulsive or spectacular actions could react with startling force on all associations or conservative objectives. A sudden, shattering "visitation" could wreak havoc. A child born on this day may have an erratic disposition — impulsive, wayward, unpredictable, disposed to eccentricities.

Household Scrapbook

By Roberta Leo

Knives

If a kitchen knife or fork comes loose in the handle, fill the opening in the handle with powdered resin. Then heat the handle end of the implement and force it into the handle opening. Tie a string around it and allow it to remain until dry.

Washing Silks

When the water is too hot, it will turn yellow any garment that is composed of silk or silk texture. Lukewarm water should always be used for white silk material.

Sandwich Hint

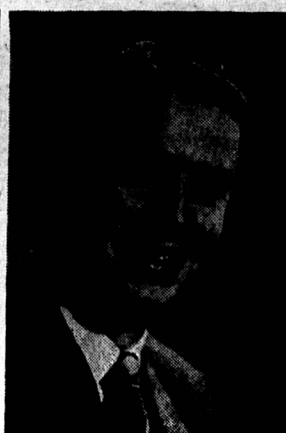
When making chopped meat sandwiches, work a lump of butter into the paste and it will not be necessary to butter the slices of bread.

Reformed Church, is considering the choice of an African language as the country's third official language.

Engagement Announced



Notman Photo



Adolphe Photo.

Miss Anne Gellineau, daughter of Mr. and Mrs. Peter Gellineau, of the Town of Mount Royal, Montreal, Que., and Dr. Patrick Joseph Sharkey, of Kitchener, Ont., son of Mr. and Mrs. Patrick Joseph Sharkey, of Cardigan, P. E. I., whose engagement is announced. The marriage has been arranged to take place on Saturday, December 1st, in the Church of the Annunciation, Town of Mount Royal, Montreal, Que.

DOROTHY DIX SAYS—

Who Is Foreign?

Man Should Be Judged On Character, Not Ancestry

DEAR DOROTHY DIX: I am 18 and for the past six months have been going with a boy three years my senior. He has every quality a girl admires. My mother, also, is very fond of Harry, but because he is a foreigner to this country, my father will not even be sociable to him nor tolerate my seeing him. I have reasoned with father and tried my best to see his way but he won't let me go out with the boy at all. I have decided to break with Harry to keep peace in the family. Because I have become so fond of him, how can I tell him we're through without hurting his feelings?



CARMELA

ANSWER: Your father must be a narrow, obstinate person indeed, to condemn a young man for no other reason than the fact he was born in a different country. Is father by any chance an Indian? If not, his forebears, too, at one time or another were foreigners. And does he realize that a trip across either our northern or southern border will make him a foreigner? This great land of ours was built up through the courage and diligence of those who came here from across the water—foreigners all.

YOU'LL HAVE TO GIVE IN

Father's stubborn attitude doesn't leave you much choice except to break off with Harry, or face continual family strife. Remember, in choosing your next boy friend, be sure he comes equipped with the proper pedigree to suit you.

You cannot possibly avoid hurting Harry's feelings when you announce your decision, any more than your own can be saved from grief. All you can do is inform him that since he meets with your father's disapproval, you think it foolish to continue the friendship. After all, since your friendship is of just six months' standing, neither one of you is so emotionally involved that the break will cause too lasting a distress. I hope not, anyway.

DEAR DOROTHY DIX: What can I do in this case? My son is 20 years old, and was born of a bigamous marriage. I did not know at the time that my husband was already married; we separated and he disappeared before the legality of the ceremony could be straightened out. I have since learned that he is dead. My father adopted the boy when he was three years old. Now the boy is dating a girl, and I'd like to know if they should be told of the circumstances surrounding his birth.

WORRIED MOTHER

ANSWER: Neither you nor your son is in any way to blame for your unfortunate position at the time of his birth, and since the boy was adopted by his grandfather his legal position is secure. Circumstances such as these can never be kept secret forever. Always there is a busybody who feels obligated to reveal a story "for your own good", to use the universal excuse for tale-bearing. Isn't it much better for you to tell the boy yourself, then let him pass the information on to a girl friend, or ask you to do it, at his own discretion? A worthy girl would never hold the circumstances against him.

DEAR MISS DIX: Can you help me with my problem? For six years I have been going with a man a few years my senior. This is a long time, but still there is no sign of marriage. He says he cares for me, I enjoy his company very much but he insists money is his drawback to matrimony. I've met someone else who seems to care a lot for me, too, but can't make up my mind between the two. P.H.K.

ANSWER: Your hesitant lover has now become a poor marriage risk. After dawdling so long, few men are really prepared to face the altar. If they do, it's usually with someone much younger—and less patient. The old standby just gets the go-by—and it's definitely goodbye! If you are not very much in love with this man, and your letter doesn't indicate that you are, let him go and give the other beau a chance.

DOROTHY DIX cannot reply personally to readers but will answer problems of general interest through her column.

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Morning Smile

All Even

The skipper and the engineer were arguing. The latter said steering a ship was far easier than looking after the engines, and the captain said looking after the engines was child's play compared with steering. They decided to settle the argument by changing places. After ten minutes the captain had to admit he was beaten. "Macpherson," he shouted, "I can't get the engines to start!" "That's all right," replied the engineer; "ye needna bother—we're aground."

Montreal Wedding Of Interest



Mrs. Downing, whose marriage to Dr. John Bell Downing took place recently at St. George's Church in Montreal, P.Q. The bride, formerly Miss Dorothy Elizabeth Gillespie, is the daughter of the late Comdr. Alexander Gillespie, R.N., and Mrs. Gillespie. Dr. Downing is the son of Mrs. H. M. Downing and the late Mr. Downing of Summerside.

That Body Of Yours

By James W. Barton, M.D.

THE LITTLE STROKES

When most of us think of a brain stroke, a stroke of paralysis, apoplexy, we picture loss of speech, loss of consciousness, paralysis of an arm, or leg. This is true of the usual strokes.

What we fail to recognize and what some physicians fail to recognize, is what Dr. Walter Alvarez, Mayo Clinic, calls "the little strokes."

In the concluding address of the Second Clinical Medical Research Conference on the Clinical Problems of Advancing Years, Dr. Alvarez stated that little strokes are known today all over the world. Oster said, "these people take as long to die as they did to grow up. I have seen a number of such people who took over twenty years to die." In one case a man had his first little stroke at 57 and his last one at 87.

What are the common symptoms of little strokes? There may be a dizzy spell, perhaps with a little nausea and vomiting, with a slight loss of balance later, perhaps a loss of memory, a change in character, a loss of interest in life, a loss of joy in it, and a loss of ability to work.

While a number of us may have a slight loss of memory or balance or become too tired to be our usual selves, we do not have the other symptoms mentioned above and so need not worry. However, any of these symptoms should cause us to be checked over by our physician so that if they are due to little strokes, we may learn how to live safely having received the danger signals.

What about treatment when these little strokes occur? Dr. Alvarez, who is now Emeri-

Modern Etiquette

By Roberta Leo

Q. How is the announcement of an engagement given at a party?

A. The news may be told by the girl herself or her mother, as the guests arrive and find the fiance standing beside them. Or perhaps, if the party is a dinner, it is told by the father of the girl, who rises and proposes the health of his daughter and future son-in-law.

Q. What sort of a note could one write in appreciation of flowers sent to a funeral?

A. "Thank you, Mrs. Smith, for your beautiful flowers and your kind sympathy. I can't tell you how much your thoughtfulness has meant to me."

Q. Are the bread and butter plates placed on the luncheon table before the guests are seated?

A. Yes.

tus Consultant of Clinical Medicine, Mayo Clinic, Professor of Medicine, University of Minnesota, suggests that one of the best things a physician can do is to get the family to understand the situation so that they will be more understanding and sympathetic and will stop saying, "snap out of it." I would also like to talk to the family doctor and to assure him that there is no use taking away the man's salt, his pipe, his red meat, his fats, his gardening and his walks about town. I can see no sense in taking away all an old person's comforts and pleasures with the idea of prolonging his life.

The above suggestions from one of America's outstanding physicians may be of help to the patient, his family, and his family physician.

Alice Brooks Designs

MAKE YOUR OWN

Here's a joyful job for the whole family one of these fall evenings. Christmas Tree ornaments are so easy and inexpensive to make. Children love to help!

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Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

How Can I!!!

By Anne Ashley

Q. How can I mend broken marble?

A. Make a very stiff paste of Portland cement and water. Clean the edges of the marble thoroughly, apply the cement to both broken edges, press the edges together very tightly, and tie securely until the cement has set.

Q. How can I prevent brass faucets from becoming water-spotted?

A. Apply a little furniture polish to the faucets after cleaning them. The oil in the polish prevents chemical action from the splashing water.

Q. How can I quickly sharpen a dull razor blade?

A. Insert the blade into a glass filled with water and rub against the side of the glass.

Better English

By G. C. Williams

1. What is wrong with this sentence? "I have a fascination for Mary Smith, because she favors my mother in looks."

2. What is the correct pronunciation of "derivative"?

3. Which one of these words is misspelled? Opposition, opposum, opponment, oppresion.

4. What does the word "discrepancy" mean?

5. What is a word beginning



Alice Brooks

with ill that means "deceiving; unreal"?

ANSWERS

1. Say, "I am fascinated by Mary Smith, because she resembles my mother." 2. Pronounce derivative, e as in me unstressed, first i as in ride (not as in it), accent second syllable. 3. Opposum. 4. State of being at variance; disagreeing. "There is no real discrepancy between your figures and mine." 5. Illusory.

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