

WOMEN

Page 8 The Guardian, Saturday, July 9, 1955

Happenings Of The Week

The Women's Institutes of Prince Edward Island were entertained at a delightful reception at Government House, Friday afternoon, by the Honorable T.W.L. Prowse, Lieutenant Governor and Mrs. Prowse.

Mrs. F. H. McLeod, Brockville, and four children, Miss Amelia Martyn, Kincardine, Ontario, and Mr. and Mrs. Lawrence Ritchie, Ottawa, and their family are guests of the Honorable T.W.L. Prowse and Mrs. Prowse at Government House.

July Remembrances
July 9th, Capture of CAEN 1944
July 10th, Invasion of Sicily, 1943

A highlight of the Charlottetown Centennial Program on July 11th, is the unveiling of Historic Sites and Monuments Board of Canada Plaque in Honour of Sir Andrew MacPhail.

Senator G. H. Barbour has returned to Ottawa.

Mrs. R. E. Burns, Boston, and her two children Elaine and Jimmy are visiting Mrs. Burns, parents, Senator and Mrs. J. P. MacIntyre.

Mrs. George DeBlais, Mrs. Victor Saunders, and Miss Eleanor Lowe have been on a most delightful sketching trip to Deer Isle, Maine. They made the trip by car and were away for two weeks.

Miss Noreen Camilla MacPherson left London, Ontario, Monday for Toronto where she is a house guest of Miss June Foster, the Toronto Queen.

Mr. and Mrs. Weaver, President of the Canadian Pageant, are having Miss MacPherson as their house guest at their home in Hamilton, and also taking Miss MacPherson to Niagara Falls. Miss MacPherson appeared on Television Tuesday and Wednesday evenings. She arrived in Charlottetown Friday morning.

Mr. and Mrs. C. R. D. Shannon are visiting in Charlottetown and leaving Tuesday for the British Isles.

Mr. and Mrs. Ian Rankin and two children are visiting in Toronto, and returning to the "Confederation Producers' Convention at Bigwin Inn, Muskoka.

Mrs. Alexander MacKenzie, Vancouver, is spending the summer on Prince Edward Island. She is making her headquarters with her sister, Mrs. Albert MacDonald, Flat River, and will visit other relatives and friends.

Dr. and Mrs. E. L. MacIntosh, North Sydney, have been guests during the Dental Convention of Dr. and Mrs. G. D. Barrett.

Mrs. I. A. L. Millar, Ottawa, and her two children Jeanne and Ian, are visiting Mrs. Millar's mother, Mrs. E. A. MacDonald, of Souris, and Mrs. Millar's sister, Mrs. W. L. MacDonald and Dr. MacDonald.

Mr. and Mrs. Rufus MacNeill of Sydney are visiting Mr. and Mrs. A. H. Roper.

Widely known as the "Confederation Lady", Mrs. A. P. Wells of Summerside who was born on the same day that our country came into being, celebrated her 83rd birthday Friday, July 1st. Mrs. Wells is 91 years of age and enjoys good health, keeping busy with his garden, which he cultivates with great success.

Miss Donaldia McLeod, of New York City has arrived to spend the month of July in this province.

Miss Pearl Burns and Miss Lois Tupper of Hamilton who left Malton airport June 28th on a six weeks trip to Great Britain and the continent have arrived safely in England. They are travelling with the Baptist Fellowship Tours, while in Great Britain Miss Burns and Miss Tupper will attend the Baptist World Alliance in London, England. They will return to Canada by boat.

Miss Alma Yeo is visiting her sister Mrs. W. P. MacVie in Montreal. Miss Yeo, Mrs. MacVie, and Miss Jean MacVie are all motor in a week's time to this province.

L.A.C. Earle Hobbs has arrived from Ottawa and is visiting his parents Mr. and Mrs. H. J. Hobbs for two weeks. Miss Laura Bruce of Winnipeg is also a guest of Mr. and Mrs. Hobbs.

Mrs. Fred W. Clarke, R.N., Albany City, New York, has been visiting her cousin, Mrs. Roy Binns and Mr. Binns, 15 Green Street, Brighton.

Mrs. H. T. Van Potter, Montreal, with her two children Ross and Leslie are visiting Mrs. Van Potter's mother, Mrs. L. G. Porter, for the month of July.

Miss Mabel Gorman, matron at Jordan Memorial Hospital in Riverview, N.B. accompanied by two nurses at the hospital, Miss MacFarlane and MacAuley, spent the week-end in this province. They were the guests of Miss Gorman's sisters, Mrs. Leonard MacDonald, and Mrs. J. B. McGowan.

Mr. and Mrs. John Smith, Brookline, Mass. with their two children Bickie and Dennis are visiting Mr. and Mrs. Neil Young,



CPL. AND MRS. DALTON DENSMORE
Wed on June 18 in Summerside are Cpl. and Mrs. Dalton Densmore. The bride is the former Marie Andrea, daughter of Mr. and Mrs. Andrew Perry of Summerside and the groom is the son of Mr. and Mrs. Ervin Densmore, East Noel, N. S.

ELLEN'S DIARY

By An Island Farmer's Wife

Scented with the aroma of ripened strawberries and the fragrance of a million blossoms of meadow and woodland these days are. And in from the hilltop, over lands to the south, comes for us sometimes on the little breath of evening breeze the salty tang of the Strait.

Engaging pictures, it brings us deep blue of the morning waters, reaching out for miles, bearing out to mine the riches of the deep, the fishing-boats we once knew. And before us, as we "whip up" a cake, or knead the bread-dough or mix a modern bannock, the scene changes. And there before us are the ribbed sands and shallows of the ebb tide. And far out the afternoon sunny sheen and sparkle of the sea, so bright, we think of Scriptural passages, and well eyes to make out the horizon beyond.

That picture pauses for us to admire it longer, like we think, the afternoons of young summers that keep lazy lingering hours for our delight. But again the scene shifts for us who have lived beside the shore. The evening is come.

The enchanting evening of summer. The sun-how often there we have watched him summon to his side every sunbeam. And he is sending a parting smile over that world we once knew, descend behind some daisied field of a headland in shades that glowed and spread—and faded presently as the day.

And in the murmuring tide came, from some strange never-never

Islander, is a sister of Col. E. G. Full.

Mrs. Gertrude Reed of Vancouver, B. C., arrived in Charlottetown on Tuesday evening to visit her sister Mrs. Evelyn Crossman and her many other relatives, while in Charlottetown. She will be the guest of Mrs. D. A. MacKinnon. Mrs. Reed, who has been in Western Canada for the last 37 years, is delighted with her home province and sees many changes. She expects to spend a few weeks on the Island and then leave to tour the eastern United States before returning to her home in Vancouver.

There were many social events in connection with the Maritime Dental Association held in Charlottetown from July 4th to 8th. Monday noon there was a smart luncheon at Dalvay-by-the-sea for the ladies attending the convention. Swimming was enjoyed in the afternoon. Mrs. B. Earle MacDonald and Mrs. Dr. G. D. Barrett (Mrs. MacEachern) daughter, entertained at their lovely home 99 North River Road at a sherry and coffee party. The guests were received by Mrs. G. D. Barrett and Mrs. H. M. MacKenzie. Mrs. R. H. Barrett and Mrs. K. A. MacEachern poured coffee, and wives of Charlottetown Council doctors assisted in serving. Mrs. H. M. MacKenzie was convener of all entertainment for visiting wives.

Dr. and Mrs. Malcolm Putnam and their two children of Brookville, Ontario, are spending the month of July with the Doctor's parents, Mr. and Mrs. Arthur Putnam at Cavendish.

Miss Valerie Rogers returned last week from Montreal and will spend the summer with her parents Mr. and Mrs. Benjamin Rogers.

Miss Constance Rogers who arrived from Edgemoor, Nova Scotia, has been visiting friends in Liverpool, Nova Scotia.

Miss Marlene Warren, Miss Elaine Chisholm and Miss Doris Hillon entertained at a miscellaneous shower Friday evening at the Hillon residence, in honour of Miss Edith McLeod.

Mrs. Albert O. Percy, of Exeter New Hampshire, and two children Otis and Belinda, have taken a cottage at Keppoch for the summer. Mrs. Percy & her

Hardy-Coughlin Nuptials

Elmsdale United Church was the scene of a pretty wedding on Wednesday, June 22, 1955 at 3 p. m. when Rev. Alexander McLeod officiated in marriage. Pauline, daughter of Mr. and Mrs. George Coughlin of Elmsdale and Donald Roy, son of Mr. Watson Hardy and the late Mrs. Hardy of Montrose.

The church was attractively decorated with apple blossoms, tulips and other spring flowers against a background of ferns, and an arch of pink and white streamers and white wedding bells. Mrs. John Cameron played the wedding music.

The bride was given in marriage by her father, chose a floor-length gown of white nylon tulle over a bouffant skirt of tulle, with fitted bodice and long sleeves which tapered over her wrist. Her chapel length veil was of illusion and she carried a bouquet of American Beauty Roses.

Her bridesmaids were Miss Olive Matthews and Miss Revada Rayner. Miss Matthews wore a white-length gown of pale yellow embroidered with white tulle and crinoline, with a headpiece and mitts of matching net. She carried pink roses. Miss Rayner wore a gown of lime green net over tulle with lace trim. Her headpiece and mitts were of matching net. She carried yellow roses.

Mr. James Donald supported the groom and the ushers were Mr. Roscoe Barbour and Mr. Robert MacAssey.

Following the ceremony a reception for approximately fifty guests was held at Hillside Tourist Home in Alberton. The bride's table was centred by a three-tier wedding cake topped with miniature bride and groom, and flanked on either side by pink and white tapers and bowls of assorted seasonal fruit. Friends serving were Misses Wanda and Marion Barbour and Norma Locke. Miss Shirley Oliver was in charge of the guest book.

For their honeymoon trip to points in the Maritimes the bride wore a pink suit with white accessories and a corsage of red roses.

Mr. and Mrs. Hardy will reside in Montrose where the groom is a successful farmer.



M. A. GALLANT W. L. CHAISSON
Engagement Announced
The engagement is announced of Mary Anita, eldest daughter of Mr. and Mrs. Peter F. Gallant, Piusville, to William Leo, only son of Mr. and Mrs. Camille Chaisson of Tignish. The wedding will take place the latter part of July in St. Anthony's Church in Bloomfield.

KEEP IN TRIM

Get A Lift With Posture

By Ida Jean Kain

Here is a morale boosting tip passed along by a movie director. He encourages young stars in the making to stand and move as if they had already achieved stardom. This psychology has the proper bracing effect, both mentally and physically.

Let's put it into effect. Make believe the dress you have on came straight from Paris. How would you stand and walk if you were wearing an important creation? Certainly not in sagging and self-deprecating posture. Up would come that bump of self-esteem on the top of your head, shoulders would be squared but relaxed and elegantly at ease.

The mid-section muscles would be held firmly up and in, with hip muscles pulled down snugly. That's streamlining.

You may not feel quite at ease in dress-up posture, right at first. But practice makes perfect. A little preliminary exercise will restore tone to the big figure controlling muscles and coax shoulders back into lovely line. Try this easy routine:

This is a three-in-one exercise, tones girdle muscles, counteracts sway-back and squares shoulders:

Don't sit it one out... try it! Position: Get on knees, then sit back on heels, hands clasped behind back.

Movement: Pull up strongly with the girdle muscles, hold this up-pull, and bend forward, slowly raising clasped hands. Come back up to starting position and repeat exercise 2 or 3 times, slowly.

Here's a stretch to pull the figure out of the dumps.

Position: Lying on the floor, right knee bent, left leg straight down, arms down at sides. Now pull along the left side, pushing down with the toes, up with the arm — pull!

Now, lie on back and clasp arms over flexed knees. This "rest" exercise is a good posture corrective, particularly for counteracting swayback.

Habitually good postures takes far less energy. The right muscles take over the job of holding the figure to correct alignment. You'll find you can't stand beautifully and feel down in the dumps! So morale building is good posture, in fact, that it can even help snap a gal out of an inferiority complex!

For Picnics, Men Like Husky Beef Sandwiches

By Ida Bailey Allen

"Madame, I have the honor to unveil the newest thing on the food horizon—the pre-wrapped picnic plate."

With a bow so low his high bonnet almost touched the patio floor and a whisk of a covering napkin, the Chef revealed a delightful sandwich plate.

Plastic Food Wrap
"Regardez, Madame, this is a compartment paper plate. On it arranged in the three sections are the principal foods for a picnic dinner. Covering it all securely is shimmering plastic food wrap. The lady can prepare the picnic plates ahead, and refrigerate them until ready to go."

"That's an idea with great possibilities, Chef," I told him. "If the sandwiches, relishes and coolies assembled are suitable, the picnic plates could be wrap-sealed and frozen ready to use even days in advance. The foods would thaw the dinner table."

Husky Beef Sandwich Filling:
Remove as much fat as possible from 3 to 4 lb. boiling beef. Place the meat in a kettle. Add 4 c. boiling water, 1 sliced peeled onion, 2 tsp. salt, 1/2 tsp. mixed pickling spice tied in a piece of cheesecloth and 1 tsp. monosodium glutamate.

Cover and simmer 3 hrs., or until fork-tender. Most of the liquid will evaporate. Chop the meat into small pieces. Boil down the liquid to make 1/2 c. Stir into the meat. Pack into a refrigerator dish, cover and chill before using.

MONDAY PICNIC DINNER
Stuffed Hard-Cooked Eggs
Husky Beef Sandwiches
Pickles
Chocolate-Nut Drop Cookies
Fruit
Hot or Iced Coffee or Tea
Milk
Chocolate-Nut Drop Cookies



INDIVIDUAL PICNIC LUNCHEONS can be prepared in advance, placed on paper plates, plastic-wrapped and stored until they are needed. within 30 minutes ready to eat."

Husky Sandwiches
"All of the foods on this plate, except the relishes, would be suitable for freezing. Madame, we have big husky beef-filled sandwiches, pickles, and America's favorite chocolate-nut-raisin cookies; add freshly-prepared stuffed eggs, fruit and a cold drink for a fine meal."

"However, here's a tip for the ladies: More husbands will be in favor of picnics if the sandwiches are large and contain as much meat as they usually would eat at

Welsh Actress Is Making Success On Broadway

By HAL BOYLE

NEW YORK (AP) — She is just a young girl far from home trying to make good in a strange country.

And Dilys Lay has made good on the roughest street in America — Broadway. But not in the way she wanted to.

"All my life I've wanted to be glamorous and languid and above all—to be taken seriously," sighed the Welsh lass, digging into the plate of luncheon eggs with the hearty sorrow of youth.

So Dilys and Julia Andrews, the pale and lovely ingenue of "The Boy Friend," moved into an east side apartment together. They have shared the fun and excitement of exploring Manhattan, a new world to both of them.

"But you know you can be lonely in the middle of thousands of people," said Dilys, and someone is just walking past her here, but mother turned her down.

"Mum told me I was on my own," she said. "She doesn't want to try to live her own career over in her children's lives, and she doesn't want to become a typical stage mother, always hovering over her darling."

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MORNING SMILE
"Sorry to put you to the trouble of fetching water specially for me," said an English tourist who had ordered whisky in a Highland Inn.

"Nae trouble at all," replied the host. "I always keep a dropper on the premises in case of fire."

Cook's Corner



CANNED STRAWBERRIES

4 quarts strawberries hulled, washed and drained.

1st step—Pour boiling water over berries and let stand 1 minute. Drain and add 4 cups sugar and let boil for 5 minutes (after it starts boiling).

2nd step—Put 4 more cups of sugar and boil 5 more minutes. Remove from heat and let stand till cold, put in small jars that have been washed and rinsed well. Seal with wax, will keep indefinitely.

held an afternoon tea at her home in her mother, Mrs. Margaret Birk, who is celebrating her nineteenth birthday. Mrs. William Harvey of Toronto, Mrs. Birk's other daughter was on the Island for the occasion.

Mrs. Kenneth Thomas and daughter Jane of London, Ont. is visiting Mrs. Thomas' parents, Mr. and Mrs. Lloyd Gorrell, Harvard Street, Summerside. Mr. Thomas will join his wife and daughter later.

Mrs. A. A. Lockhart had as her guest over the week-end, Miss Carol Ann Wasson, Moncton, N. B.

Mr. and Mrs. Ed MacLeod (the former Miss Gerda Clark) and their children, Stephen, Clifford, and Donald, are spending a month with Mrs. MacLeod's parents, Mr. and Mrs. Horace Clark, Convent St., Summerside.

Miss Patsy Daley, Summerside, flew to Ottawa Tuesday, to visit her brother-in-law and sister, Mr. and Mrs. V. L. Kuncie.

Mr. and Mrs. A. R. Phillips and son Ralph, San Juan, Porto Rico, are spending the summer with Mrs. Eva Cobb, Summerside.

Mrs. Annelle Taylor, daughter Barbara, and Miss Rita Ahearn, are visiting friends in Summerside where Mrs. Taylor and Miss Ahearn taught school for a number of years.

Mrs. Ory Page and children, Karen and Bill, Guelph, Ont., are visiting Mrs. Page's parents, Mr. and Mrs. William Ellis at their summer cottage in Mill River.

Cpl. and Mrs. Harrison Ferguson and daughter, Julie of Portage Prairie, Man., are spending their summer holidays with Mrs. Ferguson's mother, Mrs. Jean MacFarlane, Summerside.

Mr. and Mrs. J. Leslie Doyle leave for the Mainland this morning to spend their vacation at their summer home "The Haven" Clam Harbour, N. S.

Mrs. W. G. Barbour, Mrs. A. W. MacNeill, Mrs. M. R. Bell, Mrs. D. G. Sedgewick, Mrs. G. D. Barrett, Mrs. J. W. Moreside are the hostesses for today's Charlottetown Golf Club supper.

Mrs. W. J. Hurst and two children are leaving this morning on return to their home in Salisbury, England, after an enjoyable visit to Major and Mrs. C. M. Williams, City.

Mr. and Mrs. Angus Herrett of Springhill, N. S. spent the week-end in Summerside, the guests of Mrs. Hazen Phillips, Summer St.

Mrs. J. K. Beattie, Stoneham, Mass. is visiting Mrs. M. F. Schurman, Summerside.

Mrs. Milton Bagliole, Summer Street, entertained at her home during the week where a miscellaneous shower was held in honor of Miss Shirley Bagliole. Miss Kay Reeves arranged the gifts, and Miss Shirley Noonan read the accompanying verses. Lunch was served by the hostess, assisted by Mrs. Lester Bagliole and Miss Kay Reeves.

Miss Beatrice Rankin, R. N., Montreal, is spending the summer with her parents, Mr. and Mrs. R. B. Rankin, Summerside East.

Miss Harriet Wadman, Beverly, Mass. is the guest of Dr. and Mrs. H. T. Colvin, Summerside. She was accompanied on her trip to the Island by Mr. Hilton MacNeill and Miss Doryce MacNeill, Toronto, who are visiting Mrs. I. G. MacNeill, Tyne Valley.

Loch Ness in Scotland is 34 miles long, not more than two miles wide and 900 feet deep in parts.

THE SINGER CLEARANCE SALE IS STILL ON
Wide choice of all styles including:
Portable Electrics from 59.50
Trade-in Treadles from 16.95

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by Alice Brooks

ANNE ADAMS PATTERNS

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Pattern 4682: Misses' Maternity Sizes 10, 12, 14, 16, 18, 20. Size 16 top takes 2 1/2 yards 35-inch; 1/4 yard collar contrast; pedal pushers take 2 1/4 yards.

This pattern easy to fit, simple to sew, is tested for use. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto.

Wife Procrastinates
If you are purchasing a real mahogany table, be sure the supporting legs are mahogany. Check the parts indicated above, as these are the most essential parts that may be substituted.

4682 10-20
by Anne Adams

Words Of The Wise
Discussion is an exchange of knowledge; argument an exchange of ignorance. —(Robert Quillen).