

Shepilov's Proposals

A third "doctrine" for the Middle East has been enunciated by the Soviet Foreign Minister, Mr. Shepilov. The essence of the Eisenhower doctrine is that Russia must stay out of this high tension area; if she does not, any country falling victim to Communist aggression may rely on American support...

On the face of it, this is a reasonable proposition, and undoubtedly will sound attractive to Asian and African peoples. For this very reason the West would be ill advised to dismiss it out of hand or take the position that it is impossible to negotiate on these proposals.

As noted by the Winnipeg Free Press, any agreement reached for pacifying the troubled Middle East area must go beyond Mr. Shepilov's proposals and beyond those of Mr. Eisenhower and Mr. Bulganin as well.

Sinai's Holiest Shrine

An oasis of peace in the Sinai's gaunt granite mountains today feels the distant rumble of Near East strife. Though armies have advanced and retreated across the peninsula for centuries, a historic monastery at the foot of Mount Sinai has always enjoyed complete protection.

unmarked the marsh wildernesses of the Sinai. A University of California expedition in 1947 found tools estimated to be 100,000 years old, indicating the presence of people of the Old Stone Age.

It was a vividly remembered people, however, who gave the Sinai its lasting place in history. The Children of Israel wandered there after their flight from Egypt between 1450 and 1350 B.C., and Moses received the Ten Commandments on a mountain somewhere in the interior.

Pilgrims have flocked to Mount Sinai since the dawn of Christianity. The devout believe angels transported the body of the martyred maid, Catherine, to the summit. Queen Helena, according to tradition, visited the mountain shrine in 342 A.D. and ordered a monastery built on the supposed site of the Burning Bush from which an angel spoke to Moses.

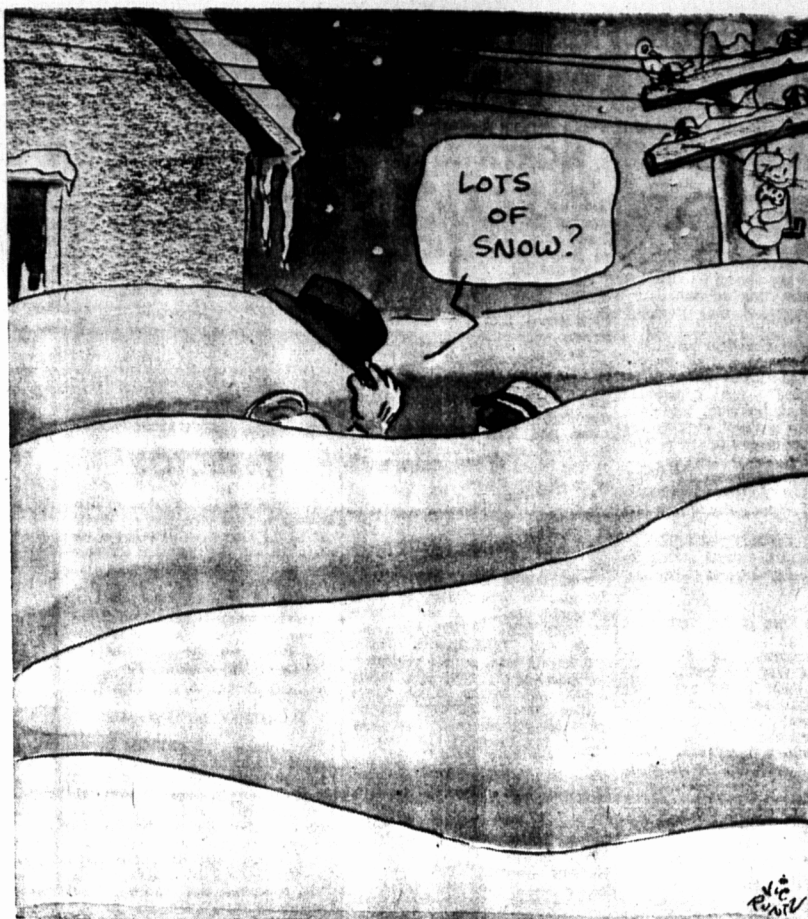
New Canada Year Book

The Canada Year Book, 1956, has made its appearance, and will be welcomed for the many new articles it contains, as well as for the customary wealth of factual and statistical information for which, in the past, this publication has had a well deserved reputation.

Among special features incorporated in the new edition are articles on Mapping and Charting in Canada, the National Capital Plan, Scientific Management of Game Fish in Canada's National Parks, Geophysics and Astronomy; Mental Health, Tuberculosis, Poliomyelitis Vaccine, the Federal-Provincial Forestry Agreements, Seasonal Unemployment, Canada's Mineral Industry, Traffic on the Great Lakes-St. Lawrence Seaway, and Marketing of Farm-Produced Foods.

EDITORIAL NOTES

The price of jellied eels, a favorite fare of British race fans, has gone up. Fish specialists say the increase is caused by depletion of the eel fisheries in Denmark and Holland. A different version, however, was given to a racegoer at Kempton Park who complained of the new tariff. Replied the man behind the counter: "It's this Suez business what done it. The little blighters have got to swim round the Cape."



CONVERSATION OPENER

Spotlight On Antarctica

By Louis Leck Canadian Press, Sydney, Australia

Explorers and scientists from a dozen nations, with an armada of aircraft and ships to back them, are pouring into the world's loneliest continent—Antarctica.

Uninhabited since the beginning of time, Antarctica in future will have a permanent population. Three countries, the United States, Russia and Australia, have made it clear they mean to stay there.

Others already operating or planning bases include Japan, Britain, New Zealand, Norway, France, Argentina and Spain.

Why the sudden rush to 6,000,000 square miles of snow and ice AIR LINE BASES The scientists say that their Antarctic work will be the world's biggest co-operative scientific effort during the international geophysical year.

But bigger issues—military and commercial—are involved. Australia, for example, plans air services over Antarctica to South Africa and South America.

Amazing things are happening now in the mysterious white continent. Forty-five years ago Captain Scott and five companions took 15 days to pull a sled 150 miles to the South Pole. But a few weeks ago a U.S. paratrooper dropped at the pole after a flight of a few hours from the coast and began directing the dropping of thousands of tons of building material.

Now a small town is almost ready—with central heating, movies, mail by radio daily, and fresh meat from New Zealand once a week.

RUSSIAN BASES The U.S. Navy plans a 8,000-foot airstrip at the pole where giant aircraft will be able to land. Soviet Russia has her own plans—and they seem to be ambitious.

Via the South Pole the route from Melbourne to Johannesburg, South Africa, is only 8,700 miles; and from Melbourne to Buenos Aires about 7,500 miles.

She has made her bases in the sector of Antarctica to which Australia makes territorial claims. Her expedition consists of more than 100 men living on the continent—the largest of all the expeditions.

On the coast is a mile-long Soviet village of huts, laboratories, hangars and power stations. Named Mirny, it is near Haswell Inlet. Inland, about half way to the pole, a second Russian base is rising, equipped with aircraft, helicopters, tractors and other modern equipment.

Public Forum

This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents.

LAKE POSSIBILITIES

Sir,—Racing on the lake above the North River causeway is creating a big interest in the kingly sport, and is also an inducement to owners and drivers to exercise their horses and have them in shape for any suitable race.

By the way, the lake is a fine addition to the scenic beauty of Charlottetown. It will be convenient for picnic parties and boating. The wooded sections on both sides could easily be made into small menageries for P.E.I. wild life, which would be a summer mecca for both children and adults of Charlottetown.

We ought to be able to get some deer and moose from New Brunswick. We already have wild turkeys, pheasants, Hungarian partridge and our native birds. It would appear that, if we are to foster wild game animals, we must fence them in. There is no report lately from the ten or a dozen deer released by the late Premier J. Walter Jones a few years ago. Looks as if they have been liquidated—and assimilated.

The writer does not know whom among our governmental hierarchy is qualified or authorized to name artificial lakes, causeways, etc., but would opine that the common usage of the public would dominate, and would suggest that this man-made lake be named "Lake MacKinnon," in honor of the then Minister of Public Works, the Hon. Douglas MacKinnon.

The agricultural outlook for the Province as regards the coming season's crop is decidedly hopeful according to officials of the Agricultural Department of the Canadian National Railways. Shipments of turnips are keeping up with last year, and efforts are being made to increase cranberry production which will find a ready market.

Mr. Justin Hynes, well-known Kensington lawyer, was burned to death yesterday when the stove in his office exploded and set fire to the room. Firemen with difficulty rescued his body from the burning office which was later consumed with a loss of about \$1,000 partly covered by insurance.

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A new industry will be established in Summerside this spring, it was learned yesterday, that will give considerable amount of employment and use Island materials almost exclusively. A plant for the manufacture of cement blocks used in construction work will be erected by Mr. J. Ernest Morrison, a well known contractor.

MAXIMS Take short views, hope for the best, and trust in God.

RECORD EARTHQUAKE LONDON (AP)—The seismograph at Kew observatory Tuesday recorded an earthquake about 1,600 miles away, perhaps in the Agassiz Sea area. An official said the vibrations began at 7:46 a.m. (2:46 a.m. EST) and lasted 15 to 20 minutes. He described the quake as "snappy big."

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Medically Speaking

By Herman N. Bundesen, M.D. THERE'S NO SURE WAY TO CURE COMMON COLD With everyone so cold-conscious these days, I think it's about time I tried to clear up a few misunderstandings about this most common illness.

First, let's admit that there is no specific drug or combination of drugs that will cure a cold swiftly and surely.

Doctors as a rule don't prescribe penicillin or other antibiotics for colds. This is a widespread mistaken belief which I would like to correct once and for all.

When your physician advises one of the antibiotics such as penicillin when you have the sniffles, he is not prescribing it for the cold but for the secondary bacterial infections he believes may develop.

CAUSED BY VIRUS The common cold, you see, is an upper respiratory infection which we believe is caused by one or more viruses. Inasmuch as cold viruses have never been isolated and identified, medical scientists have been unable to develop a chemical cure or a vaccine to prevent a cold.

Doctors realize that it is both futile and illogical to use antibiotics as a cure since they combat bacteria, not viruses. It is possible, however, to relieve painful and uncomfortable symptoms such as coughing and a stuffed nose.

HOME REMEDIES Those age-old home remedies of "sweating away" a cold or curing it with whiskey (highly favored by many persons) are best ignored. Excessive sweating might be harmful and generally should be avoided.

The best thing to do is to spend a day or two in bed if you have a temperature and humidity the room with moist air. Humidity eases throat irritation and also coughing.

Aspirin may help relieve pain and reduce fever. But see a doctor if your symptoms do not clear up quickly.

QUESTION AND ANSWER C.F.: What are the effects of benzedrine and thyroid tablets in reducing weight?

Answer: Benzedrine helps reduce the appetite; thyroid speeds up the metabolism. Neither of these preparations should be taken except under the directions of a physician who will decide whether or not they are required.

LANDSCAPE BY VAN GOGH The hedgerow bearing tattered leaves of oak is brown as nutmeg, and the crumpled house is a mouse.

There's comfort in the amber line of smoke, In the wind's scuffing, stealthy as a mouse. While, over the shivering foreground of the fields, As embered sun burns through a milky haze, Licks up the furrowed snow, and makes it blaze.

—Sylvia Read, in the Christian Science Monitor.

THE AGE OLD STORY If we believe not, yet He abideth faithful: He cannot deny Himself.

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NOTES BY THE WAY

We don't hanker much to see the pictures of the "10 best-dressed women." But just for the laugh, we'd love to see what their husbands look like.—Ottawa Citizen

Being scared before undergoing an operation probably causes an individual to have better recovery emotionally and physically, after the operation than if he is too chipper about it beforehand.—Cincinnati College of Medicine.

A British motoring coasting downhill to save gas because of rationing was fined \$10 for speeding. No doubt he planned to make the hill he was approaching without wasting gasoline.—Woodstock Sentinel-Review.

The Ontario Government is purchasing municipal bond issues—recently took over 22 of them with a total face value of \$4,821,000. But this does not give the municipalities cheaper money. They have to pay prevailing rates of interest.—Ottawa Journal.

Me who do not care to grow, cultivate and groom a moustache cannot be expected to understand how tenderly a moustache is regarded by its possessor, as the visible badge of his vitality, and an adornment of consequence. To him it means as much as does a cherished plant to a gardener. It is dismaying how quickly a few strokes of a razor or a few clips of the shears can remove or mutilate a moustache.—Sydney Post

The new aircraft—DCs, Vanguards and Viscounts—will give Canadians speedier and more comfortable air travel. That is entirely welcome. But the fact that there is need for such a program of expansion and modernization also underlines the scope that now exists for the competition that would compel TCA to bring its services to the customer up to the same quality as its flying.—Winnipeg Free Press

From 1945 through the fiscal year 1956-57, Canada will have made available more than \$4 billion of financial and economic assistance to other countries. The magnitude of this program is shown by the fact that a comparable U.S. program, proportionate to its national income, would exceed \$64 billion. The U.S. program totalled, in fact, more than \$45 million in the same period.—Freedom and Union, New York

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Advertisement for TCA (Trans-Canada Airlines) featuring a large image of a plane and text: MONTREAL 3 hrs. 45 mins. Via Maritime Central Airways. Dep. Charlottetown 11:15 a.m. Connect with TCA at Montreal. Only \$41.70 one-way total fare. See your Travel Agent or TCA Office in Moncton, 995 Main St. (adjacent Brunswick Hotel) also Lobby, the Nova Scotian in Halifax.

The office cynic says a chase remark is one made by a man when two women are talking.—Stratford Beacon-Herald

U.S. woman went to sleep talking on the telephone. Understandable.—Niagara Falls Review. Ahead of every successful man is the woman who pretends to be behind him.—Kitchener-Waterloo Record.

Header barely getting over their headaches in Poland and Hungary, the Russians are facing a new challenge: evidence is mounting that vodka was first made in Peru more than 1,000 years ago, long before the Russians ever got stiff on it.—St. Catherine's Standard

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