

Washing Bedspreads

A freshly laundered spread goes a long way toward giving the bedroom a new look for spring.

The two-part spreads are comfortable to handle during laundering—the short coverlet extends briefly over the edge of the bed, teamed with the shirred undershirt.

NO IRONING Let's consider first the washable spreads and skirts that require no ironing—for example, the plisse and seersucker models that are so popular during warm weather.

HAPPENINGS

Nurses of the graduating class of the Charlestown Hospital were entertained at the home of Mr. and Mrs. Bert MacCardie, Kinkora, some 36 turned up for an evening of dancing and supper and a most enjoyable time was had by all.

MILLCOVE W.L. The May meeting of Millcov W.L. was held on the 7th at the home of Mrs. Ernest Peters. The president, Mrs. Ray Hughes, presided and opened the meeting in the usual manner.

Fourteen members answered the roll call by passing in an article for rummage were read, approved and signed. All correspondence received since last meeting was read and discussed.

The sick committee reported visiting the sick in the district. A bill of 99 cents was paid for treats. \$1.80 was received for capsules. Bill of \$1.00 was paid to the teacher for chalk for school. Collection amounted to \$1.70.

It was moved and seconded to hold a lottery to be drawn for at the next meeting. New committees are, Sick, Mrs. Peter Hughes and Mrs. Herrell Arbing; Program, Mrs. Ray Hughes.

The next meeting is to be held at the home of Mrs. Frank Connick the second week in June. Roll call is to be an article towards sale.

Mrs. Peter Hughes conducted an interesting contest which was won by Mrs. Ray Hughes. Meeting closed by singing the National Anthem after which the hostess served a delicious lunch.

ROLLO BAY EAST W.L. The May meeting of the Rollo Bay East Women's Institute met at the home of Mrs. John D. Chaisson on the evening of May 2nd. The president presided and the meeting opened with the "Ode" followed by the Mary Stewart Collect.

There were twelve members and one visitor present. Another new member paid her fee. The roll call was answered by a house-cleaning hint. The minutes of the previous meeting were read, signed and approved.

Correspondence was read. Our district convention is to be held in New Zealand School on June 26th. The president, secretary and two members attended the executive meeting on May 14 regarding plans for the convention. Committees were heard from. School committee reported, towels and dustpan needed. A motion was made for the purchase of same. Four members offered to scrub the school on May 4th.

ANNE ADAMS PATTERNS



SUMMER COOLER

Scoop-neck sundress is a wonderful fashion for hot summer weather! Its lines are simply smart — no frills to fuss over, sew another version with short sleeves and a stand-away collar. Flattering either way.

Pattern 4599: Misses' Sizes 12, 14, 16, 18, 20. Size 16 requires 4 yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY FIVE CENTS (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to Anne Adams, care of Charlestown Hospital, Postern Dept., 60 Front Street, West, Toronto, Ontario.

HOUSEHOLD HINT

When you want to sand a large area, use a brick to make the work easier.

Wrap the brick first in cloth, then in sandpaper. The cloth will keep the brick from wearing through the sandpaper to reach the work, and it will also keep the brick from slipping out of the sandpaper.

Words Of The Wise Accused of robbery, a Newark man said he took up crime because he couldn't make a living baking, bending and selling pretzels.

WOMEN

Page 8, The Guardian Monday, May 28 1956

LET'S EAT

Hot Weather Meals Star Tomato Aspic

By Ida Bailey Allen

"Tomato aspic is most appetizing," mused the Chef, "especially for warm weather eating. Also for dieters."

"I suggest that homemakers make double the quantity each time and refrigerate to use a day or so later. Do not put in the food freezer, because it separates or 'weeps' on freezing."

Quick Tomato Juice Aspic (3 min to prepare): Sprinkle 1 envelope unflavored gelatin on 1/4 c. cold tomato juice.

Heat 1 1/2 c. extra tomato juice until steaming hot. Remove from the heat. Add to the softened gelatin.

Add 1 tbsp. lemon juice, 1/2 tsp. salt and 1/4 tsp. pepper. Stir until dissolved.

Pour into 1 (2 c.) mold or into 6 small individual molds for hors d'oeuvre saladette service. Refrigerate 4 hrs., or until firm enough to unmold.

"This plain tomato aspic can be served in cups as a first course," I added. "My favorite garnish for it is a dairy sour cream and minced chives. Or unmold the aspic on lettuce as a dinner salad and serve with peppered mayonnaise, whipped cream cheese or Thousand Island dressing."

"When twice the quantity of tomato aspic is made, for variety I suggest adding an interesting ingredient to the extra quantity," recommended the Chef. "When it begins to thicken, stir in a cup of mixed cooked vegetables or use minced tuna or cooked ham seasoned with 2 tsp. pickle relish and 2 dashes Tabasco."

Monday Dinner: Tomato aspic saladettes; veal steak smothered in onions; buttered noodles; beets with lemon juice; warm gingerbread; coffee, tea or milk.

All measurements are level recipes proportioned to serve 4 to 6. Veal Steak Smothered in Onions: Cut 2 lbs. veal steak, 1/2" thick into serving portions. Brush with milk.

Cover with a mixture of 1 1/2 tsp. salt, 1 tsp. monosodium glutamate, 1/4 tsp. pepper and 3/4 c. fine dry bread crumbs.

Brown on both sides in 1/4 c. shortening or cooking oil. Cover and simmer cook 30 min.

To serve, cover with steam-ried onions.

Steam-Fried Onions: Peel and slice enough mild onions to make 3 c. Put in a heavy fry-pan with 2 tsp. butter or margarine, 1 tsp. salt and 1/4 c. hot water. Cover; boil 10 min.

Then uncover and continue to cook until the water evaporates and the onions are golden. Stir occasionally.

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Opening of New Dress Line Is Like First Night

NEW YORK (AP) — A dress manufacturer opening a new line suffers the same jitters as a theatrical producer before a first night on Broadway—and many of his techniques are the same.

There is more and more Broadway atmosphere in New York's teeming garment centre, where this week thousands of buyers are crowding the wholesale showrooms, selecting the clothes that mother and her daughters will wear next fall.

Some of the openings feature theme music and theatrical props. Some achieve the correctly festive atmosphere via champagne and lavish displays of flowers. Some manufacturers serve coffee to be sure the buyers stay awake.

Others have door prizes and give away theatre tickets to the holders of lucky numbers.

And through all the salons runs an exciting thread of tension, as designer and boss await the verdict of buyers and press, to see if they have produced a hit or a flop.

Mrs. Estes said she is opposed to vocabulary limitation in children's books.

"Children like to hear words they can't understand, and ask what they mean," she said. "Youngsters comprehend much more than we give them credit for. They enjoy coping with new experiences."

WRITING IS WORK The soft-voiced author said almost everything she writes stems from her past impressions and experience. She's been jotting down notes for years.

Wife of Rice Estes, chief librarian of Brooklyn's Pratt Library, Mrs. Estes said she has disciplined herself to work 4 1/2 hours every day.

"Inspiration has nothing to do with it," she said. "I just sit down and tell myself to get down to work."

DEVELOPS CHARACTER "It's one of the most effective character-developing devices especially when children feel you are reading to them, not to keep them quiet, but because you enjoy laughing and sharing experiences with them," she said.

CAUSES MARITAL RIFT On this visit, we were received in a very wholesome manner, and I don't mean to speak against them; but, at 35 years of age, I have my own ideas, and can't always endorse nudism as my husband thinks I should. I know he is interested solely from a health standpoint, as his work keeps him indoors; but my feeling is that I can get plenty of sunshine on a beach in my bathing suit.

George is making a big issue of this, and says a wife's place is with her husband, etc. He is a very good man and has few interests that take him away from me; and it is unfortunate for both of us that this dispute is becoming such a barrier to our happiness. I will appreciate your comments.

Dear C.H.: All I know about nudist clubs is what I've read in newspapers from time to time, when some incident or dispute has made news. However, my objective outsider theory is that a mixed assembly of unclad individuals, of adult age, would be a rather sorry spectacle from the aesthetic viewpoint—assuming one had the hardihood to take a look.

Also, it is my belief that human beings are going against their inborn pattern, actually trying their higher human instinct, in trying to behave as if bare skin were sufficient in regard to public gatherings of men and women.

Beginning at puberty, if not earlier, the wholesome human manifests a powerful predilection for emotional shyness and physical "modesty" (or protective covering)—as the scholar Floyd Dell pointed out long ago, in his pioneering psychological study "Love in the Machine Age."

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THE EXPERTS SAY

Should Like Child's Book

By OLI DAUM Canadian Press Staff Writer TORONTO (CP)—An adult's reaction to a child's book is a good indication of its quality and appeal, says Eleanor Estes, New York author of children's books.

In an interview here during her first visit to Canada the hazel-eyed author, a former children's librarian at New York Public Library, said that if a book written for children is good, adults will also enjoy it.

"In better children's reading material an adult will discover some new subtlety each time she reads it," Mrs. Estes said. "It will help her make the story sound exciting to the child and she may need help, because children love to hear the same story over and over again."

Mother of a seven-year-old daughter, Helena, Mrs. Estes said the importance of reading aloud to a child cannot be over-emphasized.

I have read magazines published by these people, and while I can understand that the cult might appeal to some, I know in my heart that I am not one of them.

On this visit, we were received in a very wholesome manner, and I don't mean to speak against them; but, at 35 years of age, I have my own ideas, and can't always endorse nudism as my husband thinks I should. I know he is interested solely from a health standpoint, as his work keeps him indoors; but my feeling is that I can get plenty of sunshine on a beach in my bathing suit.

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Time Of Enchantment

"What a lovely time of year this is!" James said this evening opening the stable-door to the Nellie. Mare, come now to enter there, after cropping first bites of grass along the yards. "But the growth is slow this spring. The buds are taking a long time to open still, I guess because we're wide enough. You didn't notice that ewe with the youngest lamb anywhere about, did you, Ellen? She didn't come home with the rest. Oh," he smiled, "here she is now. She must have strayed away from the others."

It is a time of enchantment, made up, it comes to mind, of no separate and distinct item but an aggregate of many. Even the mother-ewes homing at dusk from a meadow are part of it—some with the bridgong, the pond-music, the sunny haze which lingers above the distant farmlands, and the cattle one more to graze on the hills.

At Alderlea these days that design is being made which patterns the fabric of summer. Now most of the flock of sheep has gone to permanent pasturing; young of the cattle-kind went too this week to theirs, to be joined presently by others of the herd to leave the farmers then with their lightest clothing-time of the year. As in recent summers, we notice that no provision is being made for any drying here; the cows being kept only to nurse or otherwise maintain calves; the house-cow to supply the needs of the family and pets.

"We're having very good luck with our kittens this spring," Mack said this evening when we talked over the number of increase about.

"Though we can't say they actually over-did themselves, can we? Of course they're nice plump kittens and that means something. Better to have only a few good ones than more, and they thin and mewing. A two and a three—that's plenty. And besides," he smiled, "Tabby's likely to help out some too, and hers are always pretty little pieces of this color and that—good mousers I guess. He sighed happily, "there'll be work enough for them all."

It does seem that growth is slow this spring. Nevertheless as Patience Strom says, "This is the time of growth—of green things bursting into flower—urged on towards fulfilment, by some vast and secret power. It is a law that things evolve towards maturity—the fledgling in the nest, the babe, the puppy and the tree...."

We know that sun and showers of rain assist that growth—but how and why of it is a law that things evolve towards maturity—the fledgling in the nest, the babe, the puppy and the tree....

And so the soul of man must grow from darkness into light—the real and unspoken part of us that's hidden from our sight—is growing, and shall be revealed beyond the mists of Time—by paid and struggle it will reach the perfect to subtime."