

WOMEN

Page 10 The Guardian, Wednesday, Oct. 5, 1955

LET'S EAT

Banana Cream Pie, New England Style

By Ida Batley Allen

"Sitting quietly on this shady front lawn, one would never dream that this farm is a beehive of activity," remarked the Chef. I agreed and added, "Here in Maine, a place like this is what they call a medium-sized farm, about 450 acres. Yet I understand Holbrook Farm has three divisions: The herd and dairy products, projects of Hildegarde Glass; raising broilers from baby chicks, which is supervised by Ronald Glass; and an important business in selling eggs. "As side lines," I continued, "there are chinchillas, the breeding of pedigreed dogs and all the usual work of a farm, such as vegetable gardening and haying. MARKETS AND CHAIN STORES "The eggs sent out from here supply big food chains and supermarkets throughout Central Maine. But where are the hens that lay these eggs? I do not see any hen houses," said the Chef. "We don't have any," explained Ronny Glass. "The eggs are laid by hens owned by farmers in this section, cooled and delivered to us daily. They are then candled, graded, boxed and packed in cases for delivery." CANDLING PROCESS "That's why so many trucks drive in and out. Chef. Let's go see the candling and packing process." Five young women in a big air-cooled room were busy candling the eggs before electric eyes. If a red spot showed, the egg was discarded. If there was a too-large air cell at the pointed end, it was put in the grade B class. Cracked eggs were set aside for household use and to sell to em-

MARY HAWORTH'S MAIL

Vows To Wed Man 23 Years Her Senior

DEAR MARY HAWORTH: I have a lovely granddaughter, 18, who has fallen in love with a man 23 years her senior—older than her mother. He is her father's age.

The mother had suspected something for several months, as Peg had stopped dating and was bored with young people. So, when pinned down, she told about George (I'll call him). She said he had wanted to meet her parents but she wouldn't bring him home. Now the parents have met him and they can't understand his appeal for Peg. He is just a grey balding middle-aged man with a mature sophistication that her boy friends lack. He is in process of divorce from his wife, and has told Peg's mother that he will stay away until it is over. Also that he won't marry Peg without her family's consent.

The parents don't foresee much chance of future happiness for Peg in the relationship; but she seems so madly in love that she would throw everything to the winds to marry the man when he is free.

FATHER COMPLEX

Is it possible Peg has some sort of father complex? She has always been crazy about her father, and he has never showed her any affection other than providing a good home and education for her. Over the years I've seen her go to him wistfully, and try to put her arms around him—and he would tell her to run along—he was busy, etc. And she would go to her room in tears. He is my son, and more than once I've had words with him about this, but it did no good. I am very worried and wish you would discuss the situation as you see it, for Peg's benefit. Any advice you can give us will be welcome.—H. Y.

CURE SOUGHT

DEAR H.Y.: Given the story from the parents' angle, or from Peg's, a consultant might more readily see beneath the surface of the problem. Your recital seems somehow remote from the heart of the matter—as if you aren't very closely in anyone's confidence about it. It is your impression that Peg's infatuation for George lured her away from the younger crowd, and from beaux her age. However, her age and her history of emotional rejection by her father—maybe by both parents?—suggest another interpretation of events.

The sensitive, loving rejected child tends to idealize the rejecting parent, and to develop a complex of self-reproach feelings. And to seek morbidly in all relations for the special acceptance that the parent denied him—that is, for the solicitous, tender, all-protective care that the infant requires. At the same time, the rejected child comes, unconsciously, to expect defeat from all quarters, in his quest for the absolute love that he feels he must have.

UNDER STRAIN

All of which puts the rejected child at a sore disadvantage, psychologically, during the emotional trials of adolescence—a season of life that roughly includes the years from 17 to 22. At best there are years of stress and strain—as by the changes in the self and by all one's relationships are being inexorably forced by nature. Now it may be that Peg is in retreat from the proposition of growing up; that she is making an urgent, compulsive attempt to become "daddy's girl" for keeps, in claiming middle-aged George as her true love. Possibly she seized on him as the cure for anxiety, at a time when she was beginning to fall into a depression and withdraw from the hearty hubbub of the younger crowd's social life.

In other words, her attachment to George may be a by-product of a neurotic-type emotional crisis. And maybe her neurosis prompted her to hide George from her parents—the unconscious theory that utmost secrecy was necessary to give her a ghost of a chance at winning love all her own. She may feel alone and friendless (socially) in a hostile world, except for George.

My advice to the family is to deal gently with the romance, meanwhile providing Peg with psychiatric help, to give her stabilizing self-understanding. M. H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.



Twin Brides In Double Wedding

Trinity United Church, Malton, Ontario, was the scene of a double wedding recently when twin sisters became brides. Above are the two couples, left to right: Mr. Alden Rogers (son of Mr. and Mrs. Coleman Rogers, Bedeque, P. E. I.) and his bride, the former Miss Elizabeth Burley; Mr. Ronald Swindells, right, (son of Mr. and Mrs. Sydney Swin-



Livingston—Buchanan

A honeymoon trip to Boston and Cape Cod followed the recent marriage in Trinity United Church, Charlottetown, of Miss Gail Adella Buchanan, daughter of Mr. and Mrs. Ervin Buchanan, Central Railway, and Mr. Donald Richard Livingston, son of Mr. and Mrs. Wilfred Livingston, Charlottetown. Rev. G. Howard Christie officiated and Mr. Paul Cudmore was organist. Miss Eleanor Lockhart, soloist, sang "The Lord's Prayer" during the signing of the register. The church was decorated with baskets of summer flowers and potted plants. Tiny white satin bows and sweetpeas marked the guest pews.

The bride, given in marriage by her father, wore a floor-length gown of white nylon tulle over skirts of net and taffeta. The gown featured a fitted bodice and matching bolero jacket of lace over taffeta with long sleeves tapering to points over her wrists. Her fingertip veil was held by a head-dress of matching illusion tulle. She carried a cascade of white gladioli, and her only ornament was a pearl necklace, the gift of the groom.

Her attendants were Miss Diane Buchanan, sister of the bride, and maid of honor, Miss Janet Spillet and Miss June Dennis, bridesmaids. The maid of honor wore a pink gown and carried a nosegay of white and pink mums. The bridesmaids were in yellow, carrying nosegays of white and bronze mums. Their identical waist-length gowns were fashioned of nylon tulle over skirts of net and taffeta topped by matching short-sleeved jackets.

Mr. Robert Acorn was best man. The ushers were Mr. Donald Buchanan, brother of the bride, and Mr. Earl Ross. The mother of the bride chose a princess-styled dress of navy nylon over taffeta with pink and navy accessories. Her corsage was of pink carnations. The groom's mother wore a dress of Heavenly blue French crepe made on simple lines, with black accessories and a corsage of white carnations. A reception was held at Villa Waters for 65 guests. The bride's table was centred with a three-tiered wedding cake topped with a miniature bride and groom. The toast to the bride was proposed by Rev. Howard Christie. Serving were Miss Elizabeth Campbell, Frances Clark, Catherine Walters and Velma Wood. Miss Patricia Wynne was in charge of the guest book.

For travelling, the bride chose a navy linen dress and duster ensemble with white and navy accessories and a corsage of white carnations. Mr. and Mrs. Livingston will reside in Charlottetown where the groom is employed by the Island Telephone Company Ltd.

BIG SLEEP
The raccoon hibernates in the autumn until the first warm weather of early spring.

Toronto Is Scene Of Fall Bridal

Baskets of Gladioli adorned the altar to form an attractive setting in Hillcrest Church of Christ, Toronto, Ont., on September 2nd at 7:00 o'clock when Audrey Irene, only daughter of Mr. and Mrs. Robert Milligan, Sherbrooke, P. E. I., became the bride of Mr. Russell LaPorte, Toronto, son of Mr. and Mrs. Charles LaPorte, Pembroke, Ont. Rev. Herbert Simpson officiated at the double ring service. The wedding music was played by Miss Wickerson and Miss Edna Martin was soloist.

The bride was given in marriage by her father and wore a strapless street-length gown of white dress with pleated tulle skirt. A Chantilly lace bolero accentuated her ensemble. A band of pearls held in place an scalloped fingertip veil and she carried a cascade of Better Time Roses.

The bride was attended by Miss Doreen Tooley, Toronto, who wore a gown of pink embroidered organza over taffeta with head-dress of pink feathers. She carried a cascade of white and pink carnations with Delight roses.

Mr. Tony Pierce was best man and the ushers were Mr. Gene Strickland and Mr. Robert Woodhouse.

Mrs. Milligan chose for her daughter's wedding a powder blue crepe dress with bolero jacket with navy and white accessories and a corsage of red roses.

A reception for seventy guests followed in the church hall which was decorated in pink and white. The bride's table was centred with a three-tier wedding cake topped with a miniature bride and groom. Mr. Tony Pierce proposed the toast to the bride.

For travelling the bride wore a navy blue flecked tweed suit with white feather hat and red accessories. After a wedding trip to the Laurentian Mountains, the couple will reside in Toronto where the groom is employed as an electrician. S

Wed At Bride's Home

Baskets of gladioli decorated the home of Mr. and Mrs. J. J. Stewart, Montague, for the marriage of their daughter, Mary Fay Stewart, R.N., and Mr. Robert Lloyd Marshall, Yarmouth, N.S., son of Mr. and Mrs. Robert J. Marshall, Yarmouth. Rev. Paul L. Richardson, assisted by Rev. Kenneth Norris, performed the ceremony at 2 p.m. on September 3rd. Mrs. Kenneth Norris played the wedding music and sang "I'll Walk Beside You."

The bride, given in marriage by her father, wore a ballerina-length dress of white frosted nylon over taffeta styled on princess lines with high neck and three-quarter length sleeves. Her tiny headress was of white feathers and she carried white and pink roses on a white Bible.

Following the reception, the bride donned a coral wool suit with black and white accessories and a corsage of white roses for travelling through the Maritimes. Out-of-province guests were Mr. and Mrs. R. J. Marshall, David Marshall and Mr. and Mrs. Laurie Marshall, all of Yarmouth, N. S. (Photo by V. R. Pepler)

Words Of The Wise

Help thy brother's boat across, and lo! thine own has reached the shore. —(Hindu Proverb)

COOK'S CORNER



MELTING MOMENTS

1 cup shortening
1/2 cup brown sugar
1 egg
1/2 tsp cream of tartar
1/2 tsp soda
1 3/4 cups flour
1/2 tsp vanilla
Cream sugar, shortening and eggs and remaining ingredients. Cherries or chopped nuts may be added if desired. Drop by teaspoon on a greased baking sheet.

HOUSEHOLD HINT

Overloading a washing machine is a common cause for complaint that washers do not remove soil. Weigh the loads until you know from experience the articles that make up the right load for your machine. Better results have been reported when the machine is one-half to a pound less than recommended capacity.

NEW ANTISEPTIC DEODORANT

safely stops perspiration 1 to 3 days

Clinical tests prove that ARRID, now with Perstop, is 1 1/2 times as effective as other leading deodorants. Arrid's antiseptic protection keeps underarms dry and odourless.

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More Canadians use Arrid than any other deodorant.

DON'T BE HALF-SAFE. USE ARRID—TO BE SURE!

Bringing Up Baby



Hints Collected by Mrs. Bea Barber (Mother of 5)

Thanks to the streamlined ways and means of modern mothers—frills and fussy baby fashions have taken a back seat. The clothing needs of today's happy baby are few—with comfort the cue. A few reminders:

- Baby's clothes should be large enough for easy dressing, lots of wiggle room.
- Forget frills (except for special occasions.) Shirt and diaper a wee one. Use non-ironing overalls for the creeper.
- Keep clothes down to a reasonable minimum. Healthy babies need less covering than adults.
- Don't hamper baby with socks and shoes too soon. Socks slip off. Shoes do no good 'til he's creeping.

Proteins promote growth and aid in the development of all body structures. Gerber Strained Meat is protein-rich, easy as milk to digest and so palatable babies take to them with real relish. Made of juicy, selected cuts, they're specially processed to preserve true flavor and top quality. All are solid meat with enough broth to give the smooth texture that feels especially good—in easy to swallow, bite-size, 6 true-meat varieties.

Warming idea. A regulation egg poacher makes a swell warmer-upper for a dab of this, a smidge of that. Use two, three or four poaching cups as baby's menu diversions.

Double entry. Gerber Strained Garden Vegetables and Gerber Strained Sweet Potatoes are two tasty members of the Gerber Vegetable clan. Both provide pleasing new flavors. Both are remarkable for their high iron and vitamin-A content. The Garden Vegetables combine peas, carrots and spinach for a different kind of taste appeal. The Sweet Potatoes offer all the nutritive elements of this important vegetable in a milder, more palatable form. Gerber-Ogilvie Baby Foods Limited, Niagara Falls, Canada.

ELLEN'S DIARY

By An Island Farmer's Wife

The lambs were separated from the flock which summered at "the other farm" beyond Rob's, and brought home this morning to fresh pasture; to crop daintily the hillside fields and come down where alders walk to drink from the millstream and put on that extra "streak of fat" which will in time take some of them to market. "There's mostly always a wind in the alders, isn't there?" Mack offers today. And sometimes "he smiled" plays music there. You can hear it if you just listen." He is one gifted to discover melodies in unlikely places—the sound of hoof-beats, in the pulsing of a machine and the windy rhythms of high wires. Besides the lambs' homing, we note other changes the season brings to the place. The comely sows who spend and are spending their spells of waiting in the orchard, come in now to the piggery in turns to present to the partner-staff that attends them, healthy fall litters. Night-lights at times brighten the yards at all hours, piggy-doors are respectfully opened and closed, the housewives and children recognize the "Quiet, Please!" sign in spirit about, there is the muffled protest of piglets' first bicuspidis being drawn—and a new litter, pink and pretty is here. And the team-how admiringly they work together as one unit in the father-and-son farming which has ever been, and continues so actively and happily at this place. "According to the July release of an agricultural service in the U. S. the chances of a father-son partnership proving a success are good if six conditions can be met!" a recent issue of a farm journal states. "First they stress the im-

portance of separate housing for the two families—a factor which to our mind is only a reasonable item. To begin with, the men concerned are close kin, the younger well initiated under his father's tuition in to the ways of the farming. But the women! Ah how different! Sometimes perfect strangers, generations apart in methods of work, in ideas and thought. How shall either the younger or elder successfully bridge these differences, within the confines of one little or larger home?"

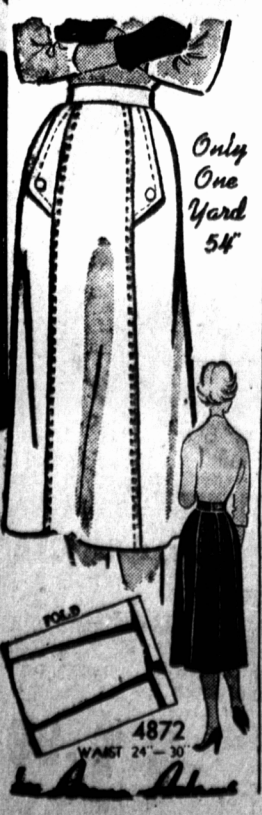
"The other five conditions are: Father and son must be able to get along well to gether. The son must sincerely wish to be a farmer. The farm business must be large enough to support adequate family incomes. And finally, the partnership must be agreeable to other members of the family."

Another requisite, as we see it, to a successful partnership and the bedrock in this as in any similar venture, is that both concerned must be strictly honest in their dealings with each other. Not to the taking care of some mean split-cent deal, but in every thought and act and word, for without mutual respect and trust between the two how can any partnership continue to exist—or prosper?"

"And the women too!" James smiles reading over a shoulder. "None of this sneaking home a new hat unknown to the man!" A night-cap we shall put on now, we fancy. Of white muslin, sheer and frilled and daintily lace trimmed as were those of grand-ma's of the long ago. And smiling coyly at James we shall go to wander together hand in hand along some sweet lane of our dreams.

Until tomorrow—Diary—Good-night...

ANNE ADAMS PATTERNS



WEEK'S SEW-THRIFTY
Just picture the lovely slim lines of this 5-gore skirt in tweedy wool, gaily patterned corduroy! One yard 54-inch fabric makes it yours—in any size given! Tulle easy and so thrifty—you'll want many different fabrics to mix-match with favorite tops!
Pattern 4872: Misses' Waist Sizes 24, 25, 26, 28, 30 inches. All given sizes: 1 yard 54-inch.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send THIRTY-FIVE CENTS (35 cents in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.
Send order to ANNE ADAMS, care of Charlottetown Guardian, Pattern Dept., 60 Front St. West, Toronto, Ont.

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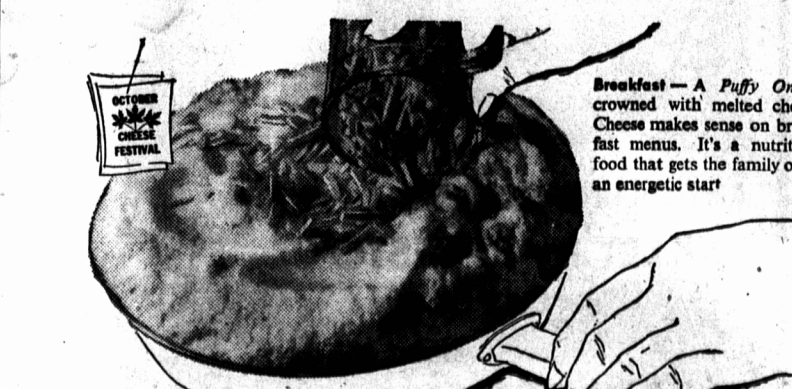
ALICE BROOKS DESIGNS



MODERN DOILIES
"Strawberries" in brilliant white and red, leaves raised high in life-like splendor—make these stunning doilies for your home.
Pattern 7183: Color-crochet modern "strawberry" doilies, 20-inches in mercerized crochet and knitting cotton; smaller one to match.
Send TWENTY-FIVE CENTS for this pattern (stamps cannot be accepted) to (Charlottetown Guardian), Household Arts Dept., 60 Front St. W., Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.
Order our 1955 Alice Brooks Needlecraft Catalogue! Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

MORNING SMILE

An office boy had been pining for the best part of the morning. "Where on earth have you been?" demanded his employer when at last the lad sauntered in. "To the post office, sir." "The employer gasped. "And does it take you two hours to post a letter?" he asked, sarcastically. "I beg your pardon, sir," said the boy with some heat. "Three letters!"



Breakfast—A Puffy Omelet crowned with melted cheese. Cheese makes sense on breakfast menus. It's a nutritious food that gets the family off to an energetic start.

Lunch—Chili Cheese Bake is a recipe that will make you famous.

Dinner—Frosted Cheese Pie Wine-flavored process cheese makes this the most unusual pie you've ever tasted!

"4th meal" snack—Egg-in-the-hole is quick and tasty any time. See the glorious variety of Canadian Cheese your grocer is featuring.

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