

# WOMEN

Page 8, The Guardian Tuesday, Feb. 14, 1956

## Happenings

Nuffield Centre for the Forces of the Crown has had many distinguished visitors. Among those who visited the Centre during the time Miss Lena McLure was there were: The Rt. Hon. Louis St. Laurent, Prime Minister of Canada, Lieutenant-General Guy Simmonds, C.B., D.S.O., Chief of General Staff, and Senator Ross MacDonald, Solicitor-General of Canada and Mrs. MacDonald.

Mr. and Mrs. R. R. Bell entertained at a supper party Saturday evening at their residence, Brighton Road.

Mr. and Mrs. D. A. MacIsaac have arrived in Charlottetown from New Waterford, Nova Scotia. They will take up residence in this city with their son Mr. A.A. MacIsaac, M.L.A. and Mrs. MacIsaac.

Mr. and Mrs. Sheldon Carson entertained at a supper party Saturday evening at their residence, Brighton Road.

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## Mary Haworth Lad Is Ill-Paid

### For Work In Store

DEAR MARY HAWORTH: My problem is my son Dick, who is very young, up to his 16 years, and a good worker. His dad is a heavy drinker and we own a grocery store which requires more help than just my husband.

Dick helps in the store after school hours, which keeps him from school activities like basketball, etc., until the store closes, evenings. My husband pays him little or nothing, and refuses to give him a fixed wage.

Dick has told me that he feels he should help in the store, as his dad really needs his assistance, but he is unhappy about his dad's attitude and his drinking; and has had his feelings hurt many times over the situation - in which he feels so obligated to help.

Dick wants a job that will pay him spending money of his own, so that he can save, as he is very thrifty. He took some prize money which he had won and bought himself a very cheap but good car; but now his dad uses it to drive to the store.

I am working a five-day week myself, and sending my daughter to college with money I inherited from my mother. Also I am saving enough money to give Dick at least two years' college education, without my husband's help. But he doesn't appreciate that fact either.

Now do you think our boy should get another job? Or should he stay by the store and his dad without pay?

### PROSES A PROBLEM

Dear R.D.: Your husband's attitude, in the situation as described, is more dependent than protective, in the matter of being a parent. Indirectly he is leaning on his son, and taking from him, rather than giving to him, a fatherly boost in getting his growth.

This performance, combined with his problem-drinking, indicates anxious immaturity of character - which probably will invite more difficulties between father and son before the boy is established as a man in his own right.

As for what Dick should do: In the present circumstances, as I see the picture, Dick is behaving with praiseworthy manliness (for a lad his age), and showing initiative and decency, in accepting an obligation to help his dad at the store - while, at the same time, suffering concern about his forfeited opportunities to make and save money systematically.

If Dick were a little older, if he had already reached his legal majority, I think a just jury of business men would agree that he ought to be given a fair wage for his part-time services at the store - (1) as a fair trade practice; and (2) to affirm the boy's self-respect.

HOWEVER, assume that Dick, at 16, is still a minor in terms of law; and if so, he is still subject to his father's rule, in the employment of his leisure. And if his father tends to take advantage of this and to use him somewhat "as a slave labor," he (the father) is answerable to nobody but his own conscience, for the present, perhaps.

All things considered, I think one has to strike a very delicate balance between the desire to see straight, and to keep growing, through this trying period. It is my impression that Dick has a filial sympathy for his dad, and possibly is unduly conscientious in trying to shield him from public criticism - in worrisome awareness of his dad's weakness in dealing with life. Maybe also he carries a burden of distress (unconsciously) about your impatient quarrel with your husband's inadequacies - and tries to wear dad's shoes for him.

Whatever the last story, it's worth hurt Dick to bear the existing arrangement of a little longer, until he is of age, at least. The worst damage the situation could do him, now or permanently, is to beget a habit of self-pity. Conversely, if he learns the trial with optimistic fortitude, he may become a bigger, finer, stronger person as a result. Considerate children of weakling parents sometimes mature into great adult character.

M.H.

## ELLEN'S DIARY

### "Sweethearts Of Long Ago"

St. Valentine's Day! Under the heading "Sweethearts of Long Ago," in a magazine a quarter century ago, we recently came across a touching story of a love token of years long gone.

"The other day I had to look through some papers that belonged to my grandparents," she writes. "Tucked away in an old japanned deed box, I came to a bundle of old letters tied with a faded blue ribbon. The paper was yellow with age, the ink had turned to an ugly brown. But the words were not ugly."

"They told in their simple homely way a tale of love, and faith, and constancy, as beautiful as any sung by the poets through the ages. They were my grandfather's letters to my grandmother. They covered fifteen years, from 1845 to 1860, from the time when as a young lad with no money, he asked her to 'wait for him' until the day he came back (to England) from the colonies, not with fortune but with enough to enable him to marry the girl he had chosen."

"For fifteen years that girl waited for him. Other suitors came and went with no encouragement from her. She endured yellow years in an age when few girls dared to defy their parents, and suffered poverty and much unhappiness in consequence rather than marry the eligibles they eagerly produced for her. She was 'tokened to Jabez' she said."

"Will that little gift receive, Will thou esteem it and believe The donor's heart sincere? And wish with me that though a while We miss each other's friendly smile, Each other's heart, we share." Until tomorrow - Diary-Good Night.

## MORNING SMILE

A young industrialist, after a particularly brutal session in a sand trap, sought to relieve the uncomfortable silence by cheerily declaring to his caddy:

Golfer-Golf's a funny game - Caddy-Tain't meant to be.

signs in the same bow. You'll be surprised at the versatility of a good container.

You will need adequate holders that do what we want to hold our flowers in place, there are several good varieties and these may be fastened to the flower container with plasticine and a few rocks are invaluable to hide your holder.

Delop the seeing eye. There is much of beauty around you if you but have the eye to see it. Seed pods, weeds, fruits and branches all have possibilities when properly used in the right setting. Try new combinations of flowers in your arrangements, and enjoy this interesting hobby. Then you will be ready for the summer flower show with an original arrangement, which is truly yours by that personal touch that stamps it as your own.

OTHER GARDENS At this season of the year it is pleasant reading about other gardens in the warm climates and today we take you on an imaginary trip to New Zealand gardens. Our first breathtaking view of this lovely country is of the snow covered Southern Alps and of miles of green pastures, edged by occasional windbreaks of darker green trees. When we arrived we were greeted by a welcoming committee bearing baskets of flowers. As we soon discover everyone in New Zealand has a garden. In the summer season-whole streets enter into competition for the garden prizes. Large or small, each yard, neatly maintained, is extremely colorful. There are roses, azaleas, brilliant rhododendrons.

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YOUNGSTERS FAVOR DELICIOUS PANCAKES

## Traditional Pancake Recipes Add Zest To Winter Menus

Here's a tradition that grows more popular in Canada every year. Shrove Tuesday or Pancake Day is now as much a part of the Canadian scene as Christmas or July 1st.

Of course everybody loves pancake and with the modern method of using a pancake ready-mix, Mother's task has been made so much easier. In fact, some wise housewives even enlist Dad or the youngsters to make the pancakes for this special occasion, and it's a rare husband who can resist such a flattering tribute to his culinary skill.

Aside from the traditional pancake feast at home, more and more churches and other organizations are staging pancake suppers as a friendly custom that should never become out-dated!

### STANDARD PANCAKE RECIPE

2 cups ready-mix for pancakes or buckwheats  
2 cups milk  
1 grated lemon rind  
1 Add milk and grated lemon rind to pancake mix. Beat until almost smooth. Grease griddle lightly and pour batter onto hot griddle using 1/4 cupful batter for each pancake. Bake each side until golden brown, about 3 minutes for each pancake. Serve with butter and syrup. Makes 12-14.

### LEMON PANCAKES

2 cups ready-mix for pancakes  
2 cups milk  
1 grated lemon rind  
1 Add milk and grated lemon rind to pancake mix. Beat until almost smooth. Grease griddle lightly. Pour batter onto hot griddle, using one tablespoon batter for each cake. Bake each side until golden brown about 2 minutes each. Serve with hot orange sauce. Makes 4 dozen 2 inch. pancakes.

### ORANGE SAUCE

3/4 cup sugar  
2 tablespoons cornstarch  
1/2 teaspoon salt  
1-1/3 cups water  
1-3 cup orange juice  
1 teaspoon grated orange rind  
1 tablespoons lemon juice  
1 Combine sugar, cornstarch and salt in top of double boiler; add water and cook over low heat until mixture thickens, stirring con-

### Apple Sauce Pancakes

Add 1 cup chopped apples to batter before baking. Serve with butter and top with mixture of 1/2 cup sugar and 2 tablespoons cinnamon.

### Rice Pancakes

Fold 1 cup cooked rice and 1/4 cup grated cheese into batter before baking.

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Continued on page 11

## KEEP IN TRIM

### Shape Up With Exercises That Hit The Ugly Spots

By Ida Jean Kain

The beauty of exercise is that it reshapes the figure. One exercise-minded girl who reduced 17 pounds with mild exercise, slimmed off 17 inches from the right places. She wrote: "The most gratifying part of slimming is the exercise."

If you want a better shape with less weight, back up your diet with stretch-bend and swing. If you do not need to lose weight but do need to re-shape your figure, exercise.

The more enjoyable exercise can be made, the better provided the line of pull is directed through the figure controlling muscles. One reader has asked which records are best suited to rhythm slimming. For stretching and bending, turn the dial to a slow rhythm, so the movement can be slow and smooth and held. To pull off the grid-roll roll, try this first exercise to a slow rhythm such as "Suddenly There's a Valley."

Position: Standing with feet wide apart, right arm overhead, palm of left hand on thigh, ballerina style.

Movement: Slowly stretch the right arm high, pulling slim through the middle to elongate the entire waist to wishbone section. Holding the up-pull, bend smoothly sideways to the left, reaching far out with fingertips to right hand. Hold this movement through a few beats of the music. Come back to position, change position of hands and bend to the right side, again holding the movement at the end of the stretch-bend.

To reach those flabby muscles that flank the back sides of upper arm, find a faster tempo, on the

stantly. Add orange juice, orange rind, lemon juice and butter; place over boiling water and cook 15 minutes.

APPLE RING SYRUP  
3 apples, red skinned  
2 tablespoons shortening  
1 cup dark corn syrup  
1/2 cup water  
1 teaspoon vanilla

Core apples and cut each apple into 6 round slices. Fry apple slices in shortening until lightly browned. Add corn syrup, water and vanilla and cook slowly until apples are tender. Serve apple slices and hot syrup over pancakes.

COOK'S CORNER

MELTING MOMENTS  
1 cup shortening  
3/4 cup brown sugar  
1 egg  
1/2 tsp. cream of tartar  
1/2 tsp. soda  
1-3/4 cups flour  
1/2 tsp. vanilla  
Cream sugar, shortening and eggs and remaining ingredients. Cherries or chopped nuts may be added if desired. Drop by teaspoon on a greased baking sheet.

NECCHI

NEW! DOES EVERYDAY SEWING  
MAKES UNFOLDED  
AUTOMATIC EMBROIDERY

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Tweed Suburban Coat

This coat designed in Toronto of brown flecked wool tweed makes a handy utility jacket. In long, box style the jacket has moderately tailored collar. Flap patch pockets and left-side ticket pocket. The full-length sleeves are finished with buck-length detailing. (CP Photo)

## ELEANOR ROSS

### Washing Leather Gloves

It's always true that a woman's fashion sense can best be judged by the accessories she wears.

Her dress or suit may not reflect the latest trend; it may even be a bargain basement special. But she makes her fashion reputation with her sense of color and line and her accessories - the right bag, the right shoes, the right gloves.

Gloves have become increasingly important, not just as something to be held in the hand, but to be worn. There are new techniques and styling for fabric gloves, and very new improvements for leather gloves.

FAVORED LEATHER  
Pigskin is a favored leather this season, in fact, there's nothing smarter for general wear and we've even seen some exquisite white pigskin gloves for evening. On the glove counters are beauties in oatmeal, in oyster white, in caramel and in pastels, with plenty of pink and pale blue.

The secret of keeping leather looking its best is to spot-clean it as promptly as soil spots appear.

WASHABLE GLOVES  
Washable gloves, of course, can be dunked right into soap or detergent suds-thick suds and not too much water. Give them a brush-over lightly with a nail brush, rinse off the suds and blot with a clean towel. Then smooth them out and lay flat to dry.

Belts or bags of washable leather can be spot-cleaned with "dry" suds, which means very stiff suds made with lots of soap or detergent and very little water. Too much moisture tends to dry out the leather.

MEN'S GLOVES  
Color isn't confined to gloves for women this season, either. When you look around in the stores, you'll find that men's leather gloves have taken to color, with such accents as brilliant

ant or pastel colored knitted wristlets to contrast with the glove and to match either socks, sweater or tie.

Since most gloves for the menfolk are made for heavy duty and wear, here are a few tips on their care.

First, check to make sure you're buying washables.

SLIP ON HANDS  
Then, when they need cleaning, slip the gloves onto your hands and work up a good lather with soap or detergent, using a hand-washing motion so that each gloved hand washes the other gently and without rubbing.

A soft brush is good for especially soiled spots on the leather. "Massaging" with well-sudged fingers is better for the knitted wristlets. When they're clean on the right side, work the gloves off carefully from the wrist, turn them inside out and wash the wrong side. Rinse them in water of the same temperature.

Blot excess water in a turkish towel, then blow into the gloves to smooth out wrinkles and lay flat on a dry towel away from the heat to dry. Tissue paper or a spoon placed inside each glove will make them dry faster.

## HOUSEHOLD HINT

If you break a bottle, be sure to get the tiny glass splinters off the floor. Use a piece of damp absorbent cotton, or rub a damp bar of soap over the area where the glass has splintered.

If you use the soap method, shave off the surface of the soap to which the glass has adhered. Wrap the peelings in paper and throw them away.

## Words Of The Wise

Facing crises has been the lot of men ever since civilization began. —(David S. Muzzey)

## LET'S EAT

### Chocolate Mint Molds For A Valentine Party

By Ida Bailey Allen

"Every mother longs for security for her children," I was saying, to the Chef.

"And what do they mean by security, Madame?" he asked.

"Almost always they dream about plenty of money, Chef. Money to buy almost every imaginable thing. But security means far more than 'things.'"

HAPPY MEMORIES  
"It is an inner feeling built on happy memories. Memories of a heartily laughing, loving mother of family good times; the celebration of birthdays, gay little parties on holidays such as Valentine's Day."

"These are memory milestones - each one, part of the building of that inner feeling which generates 'security.'"

"For instance, here's an idea for a Valentine party created with love, a little work and a small amount of money. First the refreshments."

Chocolate Mint Molds Soften 1 envelope unflavored gelatin in 1/2 c. cold water.

Heat 1/2 c. milk to just below boiling point. Add the gelatin and stir until dissolved.

Stir and mix in 1-1/3 c. crystals instant chocolate-flavored drink and 1/4 tsp. peppermint flavoring.

Pour into individual heart-shaped molds. Refrigerate 3 hrs., or until firm.

Then, unmold each on a 3 1/