

WOMEN'S REALM—SOCIAL and PERSONAL—FASHIONS—LITERATURE

**Borden's EVAPORATED MILK**



IT'S MADE IN THE MARITIMES!

**IF it's Borden's it's GOT to be Good!**

The **Housewife** And Her **Activities**

One who claims that he knows about it. Tell me, earth is a vale of sin; But I and the bees, and the birds, we doubt it, And think it a world worth living in. —Ella Wheeler Wilcox.

**DON'TS FOR THE NURSERY**

- Sir baby draws up a list of things he says you mustn't do in the nursery:
1. Never wear a wrist watch when handling me—it may hurt the back of my head.
  2. Never when you are tucking me into my cot stand at the side away from which I am facing. It makes me screw round my head and squint out of the corners of my eyes to look at you.
  3. Never put the hot water into my bath before the cold, or the bottom of it bath will be too hot.
  4. Never talk in whispers when I am sleeping. Just talk quietly in your ordinary voice, because if I wake up to whispering it sounds mysterious and frightening.
  5. Never smoke in the nursery, or allow anyone else to smoke.
  6. Never make your nails to a point—they may hurt me anywhere.
  7. Never touch me or pick me up suddenly without speaking to me first in order to attract my attention. I'm very easily frightened by unexpected movements.
  8. Never undress me with cold hands. The "chuck" isn't good for me—resides making me angry. Wash your hands in hot water before you start.
  9. Never turn on a light suddenly. When you go into the nursery at night, leave the door open so

**EVENING WRAPS**

In this season of elegance, evening wraps take on a new importance. The newest ones, both furled and unfurled, in current collections are as breathingly lovely and essentially interesting as the gowns over which they are destined to be worn.

Tweed coats and caps with elegant touches of gold and purple, collarless necklines and moderately wide lapels embroidered with gold paillettes in a distinctive scroll pattern. Another, of black wool tweed, has royal blue sequins on the collar, turned-down collar and small, turned-down collar.

In spite of the popularity of wool wraps, velvet still is more widely used than any other fabric. In so-called black, royal purple and sophisticated tones, like garnet, ruby, amethyst, topaz and emerald green, it continues to fashion utterly stunning creations.

Princess lines that give the coveted spare-ribs look at the waist are important. The redingote with covered buttons or jeweled ones all the way down the front has a definite place in the picture. Full length capes with wide, swirling hemlines invariably have squared shoulders. To wear over bouffant and hoop-skirted gowns, there are short wraps, many of which fit snugly and have peplums.

**Dorothy Dix's Letter Box**

The Eternal Question of Career or Wifehood Bobs Up Again—and Still the Answers Favor the Latter Despite all the Modern Ideas Advanced

Dear Mrs. Dix—I am a girl of 27 with a good job as a nurse in a large hospital, and I love my work. I am very much in love with a doctor who has asked me to marry him, but he insists that I must give up my work if I do. I love him dearly, but I just can't bear to give up my career. Please tell me what to do. **FUZELLEED.**

**Answer:** Decide which one means the most to you and take that one. And stick to your choice after you have made it. If you marry the doctor, make him feel that he is more to you than anything else in the world. Don't be one of the wives who assume a martyr attitude and talk about the sacrifice they made when they married.

But if you espouse the career instead of the doctor, do it wholeheartedly and without regrets. And don't expect your husband to be a smelting ether and nursing fractious patients, beat on your breast and lament about the loneliness of your life and weep on everybody's shoulders because you haven't husband and children and a home of your own.

It is one of the misfortunes of being a woman that we can't have our wedding cakes and eat them, too, as men can. When it comes to marriage men can just add it to their other blessings and be the better lawyer or doctor or carpenter for having a home and a wife. But a woman who has fitted herself for any profession or who is engaged in any work in which she is interested and has made a success can seldom have both marriage and her job. Nearly always she has to choose between them for the inevitable reason that she can't be two people in the same place at the same time. And if she tries it she usually fails at both.

I think that a man asks no more than is fair when he demands that his wife give up her career when she marries him and making a home is enough work for any woman to do and requires all the intelligence and energy that she possesses.

So does any job in which a woman is efficient enough to make a success she must give to that the best that is in her. She must put her heart and her head and her hands in it. She must give to her strength, her thoughts, her enthusiasm, her tact, her patience, and it is inevitable that the end of the day should leave her exhausted, nervous and unable to make a good mother and making a home is enough work for any woman to do and requires all the intelligence and energy that she possesses.

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If you, for instance, continue to follow your career as a nurse, what time would you have to give to your husband, and your home? Who would look after him when you were on night duty? And when you had children, who would care for them while you were taking care of somebody else's babies? It just doesn't work. When a man marries he wants a home. He wants to be his wife's first care, not her job. He doesn't want to play second fiddle to a store or office.

He doesn't want to have to watch while she is off lecturing or giving concerts or what not. He wants HER at home. He wants to come home to a lighted house with a woman in it who is ready and waiting for him with a glad welcome and a smoking dinner on the stove. Maybe it is primitive, but it is the way nature made things and there is nothing we can do about it.

Dear Dorothy Dix—How can a young man stay single until he gets established and ready to marry and yet not be unsociable or unfriendly? **INQUIRING YOUTH.**

**Answer:** Evidently it can be done, for we see bachelors all about us, but undoubtedly to keep out of matrimony is among the more difficult of human achievements and requires not only great astuteness and skill on the part of the youth who is trying to avoid the snares that are laid for his feet, but also a considerable amount of pure luck.

I make the guess that a man is born celibate he is in small danger. He can wander with safety amid the roebuck garden of girls and reflect upon the expense of maintaining even a single plant and be saved from the temptation to pluck one to wear in his own buttonhole. But how is the lad who loves flowers to go by so much beauty and sweetness without falling for the folly of grabbing off one, even if he hasn't a vase to put it in?

The only helpful suggestion that I can offer any young man who wants to wait to marry until he can afford the price of a wedding ring, is to make his intentions general instead of specific.

Keep in circulation. Never make the fatal mistake of letting a girl get to be a habit. Fill from flower to flower, to go back to our garden which, instead of slipping the net over one, Love 'em all instead of one particular She. There is safety in numbers.

Also in flight. And when you find you have found the ONLY one and that you are thinking about her too seriously, flee for your life.

Dear Dorothy Dix—I am a girl of 18 and badly spoiled. Recently I have been going with two very nice young men and at a party I played a dirty trick on them and now they are both angry with me. I have been so selfish and self-centered that I have never considered anybody but myself, and I don't think they are. They found out about it. They dropped me and I haven't seen either of them for several months. It has taught me a lesson and knocked some of the selfishness and conceit out of me, because they have both ignored me completely. How can I make them see that I have changed? **SPOILED GIRL.**

**Answer:** You will just have to wait until chance throws you together again and let them see for themselves that you are different.

Girls always think that all that a boy cares about in a girl is whether she is good-looking, a good dancer and lively. They think that a boy

along professional and commercial lines. Gains in your work possible. Look around you! Ascertain how you can improve your position, make more secure your future.

A CHILD BORN TODAY will be high-strung, active, sensitive, will exasperate you one minute, please you the next. Enthusiastic in spurts, never lively but likely to "leave the mess", bore-me" test" for another. Full of talent and vivacity; will need strict but kindly discipline.

**JUST LOVE QUARREL**

**LUCKNOW, India**—A quarrel between Manju, a hier, and his new wife and his mate, Lalla, ended fatally when Lalla playfully nipped Manju's head. She broke his skull.

**SMALL WHEELS MAKE POPULAR CHAIR SET**

DESIGN NO. 244

In every living room there are usually one or more comfortable easy chairs, and every fastidious homemaker feels the need of chair sets, to protect the upholstery, Crocheted or small wheels set together, this ensemble is one of the most popular in the group of crocheted chair sets.

To order this design, write your name, address and No. 244 plainly on any piece of paper and send with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

**when it's SNAP! CRACKLE! POP! at Breakfast**

Here's a cereal that actually speaks up and asks you to eat it. As you pour on milk or cream, "Pop-crackle-snap!" says Kellogg's Rice Krispies. And it tastes even better than it sounds. Stays crisp, too, to the last spoonful.

Let Kellogg's Rice Krispies bring FUN to your family breakfasts, as it's doing in thousands of other Canadian homes. Order from your grocer today. Made by Kellogg's in London, Canada.

**THE COOK'S CORNER**

One teaspoon of lemon jelly; 2 eggs; 3 ozs castor sugar; 2 tablespoons of cream; one lemon; glace cherries. Beat the yolks of eggs to a cream with the sugar. Add the beaten lemon rind, also the juice of the lemon then mix well. Beat the whites of the eggs to a stiff froth. Now add the cream and beat again until stiff. Mix this with the beaten eggs and sugar, add the jelly and continue to beat it until it begins to set. Turn into a glass dish, decorate with cherries, stand in a cool spot until quite firm.

**SMALL CHOCOLATE PUDDINGS**

Two ozs butter; 1 egg; 1 oz castor sugar; 2 ozs flour; 1 teaspoon baking powder; 1 tablespoon grated chocolate. Cream the butter and sugar, add the egg, well beaten. Stir in the flour gradually. Beat well, then finally add the grated chocolate and baking powder. Place in small greased dariole moulds and steam for three quarters of an hour. Serve with custard sauce or hot chocolate sauce.

**Modern Etiquette**

(By ROBERTA LEE)

Q. What should a hostess do if one of her guests bring up a subject that she believes should not be discussed for some certain reason?

A. Adroitly change the subject as quickly as possible, without doing so too abruptly.

Q. When a woman stops at a restaurant table where a girl is dining with some friends, is it necessary for her to introduce this woman to her companions?

A. No; it is not necessary.

Q. Isn't it poor taste for adults to wear shorts on a city street?

A. Yes, it is decidedly poor taste.

**THE FIRST NIGHTGOWN**

What is a "night rail"? It sounds like the name of some bird, doesn't it? But in actual fact, "night rail" was the name given to the first nightgown worn in Queen Elizabeth's time.

Until the middle of the sixteenth century the better-class folks dropped their day clothes and hopped into bed in state of nudity. The middle and lower classes just didn't trouble to remove any garments, save perhaps their boots.

It was a long time, however, before the nightgown came into general use, though the younger generation hailed it with joy. They said they could sleep better, and the nightgown gave a certain protection against "the invader from which the cleanest bedding can-

**How Can I???**

(By ANNE ASHLEY)

Q. How can I prevent strawberries from rising to the top of the jar when preserving?

A. After the strawberries are sealed in the jar, lay the jar flat until cool, then shake until the berries are all through the syrup. With this treatment the berries will never rise nor settle, and it will also add greatly to the flavor.

Q. How can I make straw baskets last longer?

A. To make straw baskets, shopping bags, and suitcases last longer, give them a coat of white varnish occasionally.

Q. How can I remove that greasy look from coat collars?

A. Go over them occasionally with a cloth moistened with household ammonia.

**Household Scrapbook**

(By ROBERTA LEE)

**To Wash Upholstery**

The following is a good method for washing the upholstery. In four cups of boiling water dissolve one cup of shaved mild soap, or some soap powder; after cooling, beat with an egg beater until fluffy. Then dip a small clean brush into the luff and scrub only a small area of the upholstery at a time. Wipe the suds off quickly with a clean cloth, and rinse thoroughly with another cloth frequently wrung out in clean water. Change this water often. Wipe as dry as possible with a soft cloth.

not be free."

But the gentry did begin to cultivate cleaner habits at this period. In the equivalent of the Court Circular, it was announced that His Majesty took a bath every four weeks, whether it was necessary or not.

The bath of those days was a round tub placed before the fire. It often had a tent-like contraption over it, which gave a certain amount of privacy. But soap, alas, was very dear; the best quality was imported, the ordinary soap being quite black, and rather uninviting in appearance.

One wonders what the tenants of a block of flats today would say if they were told that the only water available for washing was to be looked for in the street gutters and streams! In the sixteenth century even the better-class folks' clothes were laundered in rivers and ditches—which, needless to say, did not improve the quality of the drinking water!

Still, all things must have a beginning, and there is no doubt that at that time people began to adopt cleaner habits which meant better health generally. Habits have steadily improved since those far-off times, and present-day amenities are steadily helping us towards healthier lives.

Use Minard's for dandruff.

**YOUR INDIVIDUAL HOROSCOPE**

Look in the section your birthday comes in, and find what your outlook is, according to the stars. (Copyright, 1939, King Features Syndicate Inc.)

For Thursday, June 15th

**MARCH 21 to APRIL 20 (Aries)**—You should be tuned up this exciting, beneficent day. Under special patronage: money matters, industrial and mechanical interests, reconstruction, building, domesticity, vacationing. Care advised signing agreements, contracts.

**APRIL 21 to MAY 20 (Taurus)**—Excellent aspects augur for progress of a substantial nature in selling, general merchandising interests, garden and farm products, the arts, you connected with restaurants, confectionery, jewelry. Day favors new friendships, parties, musicales.

**MAY 21 to JUNE 21 (Gemini)**—Stars smile on courtships, marriage, joyous and happy unions. Love and love in home life, visiting the sick and poor. Accomplishment in business deals and furthering your own and your firm's interests should not be hard. Be constructively active.

**JUNE 22 to JULY 23 (Cancer)**—It's a natural for the work and other interests to which you are especially adapted! Make untruly emotions behave and there is no plausible reason why you can't clock 100 per cent today.

**JULY 24 to AUGUST 23 (Leo)**—No need to question your courage but there should be a time clock set on your enthusiasm and heedless speed lest poor judgment cripple your good technique and ability. Tact with the opposite sex also stressed.

**AUGUST 24 to SEPTEMBER 23 (Virgo)**—Today can fool if you direct the work of others; mental astuteness, and calm judgment are required. Avoid nervous haste, overdoing. Gains indicated for you born after Sept. 6.

**SEPTEMBER 24 to OCTOBER 23 (Libra)**—Set a good pace whatever your schedule. Today will pay a premium on earnest efforts, general business, banking, brokerage, real estate interests. Manual work equally favored with the vocational.

**OCTOBER 24 to NOVEMBER 23 (Scorpio)**—Attention Scorpio friends! You help to make a world. Important don'ts: be impulsive; attempt the unconventional or bizarre; be impatient, peevish. Do give your happiest nature and cleverness a break.

**NOVEMBER 24 to DECEMBER 23 (Sagittarius)**—Business, artistic and social matters under unfavorable rays. Look over your equipment—nothing like being properly prepared for action. Gain and happiness can be yours, if you try for them.

**DECEMBER 24 to JANUARY 21 (Capricorn)**—You can't just roll into front position. Be keen and alive to the many opportunities and maneuver cleverly, you born before Jan. 6. Others: hard business, romance, social tops.

**JANUARY 22 to FEBRUARY 20 (Aquarius)**—Especially favored: you in business for yourself or directing the work of others; inventors; workers in metals, lumber; barbers, stockraisers, dentists, police, soldiers. Romance rates.

**FEBRUARY 21 to MARCH 20 (Pisces)**—Amenable to efforts

**Pick Your Favorite—Let's Go!**

Gay western songs—they're just the thing for carefree summer evenings. Lead off with an old favorite like "Goin' Down to Santa Fe Town" and soon everybody's singing: "Oh we saddle old Paint and away we go, We're goin' down to the rodeo..."

Of course it's more fun when you're sure of the words and tunes—so pick them up quickly from a songbook of popular ditties. Then such a cowboy love song as "Sweet Prairie Rose" is his for you: "Sweet Prairie Rose, you're the sweetest flower that grows. Life without you would be empty and blue."

And here's a rootin'-lootin' ballad, "Two Old Bonnies." Give it that real cowboy lilt: "Tho' she appeared as cold as steel and rough as could be, Beneath her skin her heart was like a woman's, yes it was!"

What grand times you can have, singing these heart-warming western songs—and many others given complete in our songbook. Has 19 favorites with words, music and piano accompaniments among them such hits as "Heart in the Heart of Texas," "Missouri Joe."

Send 20c in coin or your copy of Popular Cowboy Songs to the Guardian Home Service. Be sure to write plainly your name, address, and the name of booklet.

Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

**Snappy Fashions For Home Use**



Crisp and fresh and utterly beguiling you'll be in this charming princess with prim little buttons marching down the front. You'll be a school girl all over again in its shining white collar freshness. If you would be very 1939, make the dress of old-fashioned printed calico for daytime, then use this same pattern for your favorite beach coat and your overall smock with either the high little-girl collar or the lower lapel neck line, there is no end to the possibilities of this versatile pattern. There are many ways to trim such a frock such as stitching, novelty buttons, fully ruffle edging or contrasting belt.

Style No. 2745 is designed for sizes 14, 16, 18, and 20 years, 32, 34, 36, 38, 40, 42, 44 and 46-inches bust. Size 36 requires 3 7/8 yards of 39 inch material for dress and 1-2 yard 39 inch contrasting for collar, cuffs and pockets.

Send fifteen cents in stamps (15c) or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Style No. 2745 Size \_\_\_\_\_ Name \_\_\_\_\_ Street Address \_\_\_\_\_

**OLD SOCIETY PASSES**

LONDON—The London Union of Saddle Tree Makers and Riveters, one of the oldest societies in England, has been dissolved because there were only nine members.

**TWO POWERS**

The two powers which, in my opinion constitute a wise man are bragging and forbearing.—Epictetus.

Plan One Simple Meal and Enter the

**\$1,000.00 ROBIN HOOD ROYAL MENU CONTEST**

First Prize — \$200.00 and A Sterling Silver Cup

Just imagine the King and Queen were coming to visit YOU. Then plan a simple home-like meal which you would like to serve them. Make it a meal no more elaborate than you might plan for a Sunday supper. Your menu must be received by June 30th and it may win you one of 187 cash prizes. **Evangeline**

1. Prizes will be awarded for the best supper menus using Canadian ingredients only (spices excepted), and with Robin Hood Flour used in three or more items on each menu.
  - 1st Prize — \$200.00
  - 2nd Prize — \$100.00
  - 3rd Prize — \$50.00
- 9 PROVINCIAL PRIZES of \$25.00 each** (one to be awarded to the best entry in each province after the winners of 1st, 2nd and 3rd prizes have been selected).
- 25 Prizes, each — \$2.00
- 150 Prizes, each — \$1.00
- There's a grand total of \$1,000.00 to be divided among 187 Canadian women. No contestant can win more than one prize, so that the full number of 187 women will share prize money.

2. Send in as many entries as you wish. Each menu entered must be written on a single sheet of paper, with your name and post office address written clearly at the top of the page.
3. Each menu shall have three courses: a soup, main course and dessert. Each course may include whatever dishes you would serve to make up a well-balanced meal in a typical Canadian home where the homemaker prepares the food for her family. (A sample menu is given on this page for a guide.)
4. Write on the back of your entry paper the recipe for the dish you consider the best in your menu.
5. Each entry will be judged on its merit as representing a simple, well-balanced typical Canadian meal. In case of a tie, the prize will be given to the menu with the best recipe.
6. To each menu entered, pin the guarantee certificate from your bag of Robin Hood Flour. No entry can be considered unless accompanied by the guarantee certificate.
7. The closing date is June 30th, 1939. All entries must be received by midnight of that date. Mail your entries to "Evangeline", Dept. M, Home Baking Service, Robin Hood Flour Mills, Limited, Moncton, N.B. No employee of Robin Hood Flour Mills, Limited, or any member of their families may enter the contest.
8. I have appointed the following well-known dietitians as judges: Miss Jessie Reid of the Toronto "Evening Telegram", Mrs. Madeline Day, Winnipeg, Chief Lecturer of the "School of Canadian Cookery", and Miss Marie Holmes of the "Toronto Daily Star". Decision of the judges will be final.
9. All menus and recipes become the property of Robin Hood Flour Mills, Limited.

**Robin Hood Flour**

Milled from Washed Wheat

"In the above menu I consider my best recipe to be the... The recipe for and the menu mentioned any actual dishes so as to leave your choice absolutely free. Remember, the winning menu must represent a typically Canadian meal."

**Morning Smile**

Mrs. Up-to-Date's baby was out of sorts, so she sent for the doctor, who inquired about its teeth, etc.

"Well, the best thing you can do for baby is to give her a good dose of castor oil," said the doctor.

"But doctor," said Mrs. Up-to-Date, "castor oil is so old-fashioned."

Did you hear about the schoolmaster who, to impress on his pupils the need of thinking before speaking, told them to count fifty before saying anything unimportant, and one hundred if it was very important?

A few days later he was speaking to his class with his back to the fire, when he noticed several lines writing rapidly.

"Suddenly the whole class shouted out: 'Ninety-nine, a hundred—please, sir your trousers are on fire!'"

**CONCENTRATED SUPER SUDS**

declared BEST by 3 OUT OF 4 WOMEN in Sensational "MASKED SOAP" TEST



This test is your guide to the best value in home laundry soap. 1,000 Canadian women made the test, using different brands of soap especially packed in PLAIN boxes, identified only by number. Asked to write which soap was best—and why—hundreds of women did so. And 3 out of 4 chose "Soap No. 1" which actually was Concentrated Super Suds. Read why this remarkable granulated soap was a 3 to 1 favorite!

- "BECAUSE OF ITS RICH SUDS I would recommend No. 1 to my neighbors."
- "No. 1 SOFTENS WATER BEST—and is superior for ALL cleaning purposes. I find it doesn't 'churn' my washing machine. Rinses out easier."
- "No. 1 WASHES CLOTHES CLEANER—WITH LESS WORK and softens water best. I found it ideal for WOOLLENS."
- "No. 1 SOAP IS WONDERFUL FOR COLORED CLOTHES. They stay bright. This soap dissolves amazingly fast in warm water."
- "No. 1 SOAP IS EASIEST ON YOUR HANDS and acts quickest. It goes FARTHEST"

You owe it to yourself to try Concentrated Super Suds, next washday. This superior granulated soap contains MORE SOAP, that's why it gives you MORE SUDS. Safe for your clothes and gentle to your hands. Washes your clothes Hospital-clean. Most germs dangerous to health are killed or removed in the washing process. Very economical! Being concentrated a little goes a long way!

**FAMILY SIZE BLUE BOX 20c at your grocer's**

Concentrated SUPER SUDS will give YOU:

- SUPER Action** (More Suds!)
- SUPER Speed** (Soaks out dirt in 10 Minutes!)
- SUPER Whiteness** (Much Cleaner wash)
- SUPER Savings** (Lasts longer! So do your clothes!)

MADE IN CANADA

**PATTERN ORDER FORM**—to be used when ordering pattern.

To Charlottetown Guardian

Design No. 244

Name \_\_\_\_\_