



# Pioneer Nurse Haag An Outstanding Record

After a long and worthy life, well beloved by all who knew her, Mrs. George Thomas Abbott, born Margaret Moore, late of Union Road, Queens Co. P. E. I. died on February 10, 1957, at the Lennox Nursing Home in Charlottetown in her 97th year. She had been confined to bed for the past year with the weakness of old age and her death was not unexpected.

Mrs. Haag was one of God's finest Christian gentlewomen who lived her Christian life in Union Road on the Abbott Homestead, loved and respected by everyone in the community. She never failed anyone in sickness or trouble and no sacrifice of time and strength ever restrained her practical goodness and help.

Mrs. Haag was the daughter of the late Robert Moore and Mrs. Moore (Belle Mutch) of Bunnbury, Queens County. Her mother died at the age of 38 and her father was buried at sea. She was the last of her family, as her three brothers and two sisters all passed on before her. They were: Albert G. Moore of Dorchester Mass. H. G. Moore of Nebraska, Robert Moore of California, Miss Olive Moore of Vancouver, and her sister, Mrs. Margaret Moore, who graduated from the Boston City Hospital, Boston Mass. where she spent 10 years and then travelled with the Draper family of Hopedale Mass. as Medical nurse for two years, visiting various parts of Europe.

She was a member of the Nurses Alumnae; and on March 8, 1898 she married George T. Abbott in Somerville Mass. and came to live in Union Road. Mrs. Haag was a loyal member of the Union Road Methodist and later United Church and a life member of the Women's Missionary Society.

She organized the Mission Band at Union Road and was president for many years. She was very dearly loved by all her neighbours and friends for her many kind deeds and her kind agreeable and hospitable nature that was never known to fail.

Mr. and Mrs. Haag had no children but they brought up three, Raymond, Albert and Lillian Ravshill. Now Mrs. William Bumpus, Watertown Mass. who now mourn her loss. Her later years were lived with Mr. and Mrs. Albert Ravenhill at whose Nursing Home in Charlottetown she died.

Her late husband, Mr. George Abbott died in July 1948 and was buried in The Peoples Cemetery, Charlottetown where her remains were laid to rest on February 12. Her funeral services were conducted by her Charlottetown Minister, the Rev. Howard Christie, at the MacLean Funeral Home in Charlottetown, and the pallbearers were Messrs. James Mound, Wallace Mallett, Stanley Matheson, George Mason, Harry Newman, Robert Mutch.

# Women

Lena Caroline McLure, Women's Editor, Phone 6508

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## HAPPENINGS

The hostess for the Charlottetown Curling Club Saturday evening are the following: Mrs. Anne Wood, Mrs. Pauline Henry, Mrs. Mabel Saunders, Miss Marie Macdonald and Miss Shirley Venoit.

Mrs. Wilfred Bowman, Siemon Park, entertained the members of the Beta Chapter of the Sigma Phi on Wednesday evening. Business was conducted by the president, Mrs. Gabriel Chasson. The program "Drama" was presented by Mrs. Ferno Rogers. A scene from the play, "Arsenic and Old Lace" was portrayed by Mrs. Gabriel Chasson, Mrs. Art Robinson, Mrs. Bert Hunter, Mrs. Hubert Hall and Mrs. Ferno Rogers. Lunch was served by the hostess.

The many friends of Mrs. Elmer Moore will be pleased to know she is convalescing at home after her recent illness in the Prince County Hospital.

Mr. and Mrs. Ralph Francis, Moncton, have been recent guests of Mr. Francis' mother, Mrs. Harry Francis, Summerside.

Mrs. J. P. Oakley and daughter Jane of Dartmouth, N. S., are visiting with Mrs. Oakley's parents, Dr. and Mrs. H. S. Allen, Summerside.

Mrs. Claude Simpson and Mrs. Charles Simpson left recently for Montreal where the latter will join her husband.

Mrs. Malcolm Matheson and Mrs. Paul MacKay were joint-hostesses at a stork shower in honor of Mrs. George MacLennan at the former's home on Thursday evening.

Mrs. Thane Baglole entertained friends after the fashion show on Monday evening.

Mrs. W. A. Currie entertained friends at the tea hour on Tuesday.

Mr. and Mrs. Jack Balcom, Charlottetown, are spending the week in Summerside, the guests of Mr. and Mrs. Bert Hunter.

Misses Martha and Enid MacFarlane were hostesses to the East End Bridge Club on Tuesday evening.

Captain William M. Silliphant, M.C. U.S.N., director of the Armed Forces Institute of Pathology of the United States of America, is a former native of Hunter River, Prince Edward Island. Captain Silliphant is the authority on air safety. The institute which he heads is a repository for information on fatal military air crashes in nations belonging to the North Atlantic Treaty Organization. Leading pathologists from Washington, D.C., recently held a joint session of the South Central Region, College of American Pathologists which met at the Broadview Hotel, Wichita, Kansas.

At the evening banquet, Captain Silliphant spoke on aviation pathology. During an interview before the banquet, he described aviation pathology as a "new field of medical science for ensuring greater flight safety."

Captain Silliphant is the son of the late Mr. Ambrose Silliphant, Hunter River. He has two sisters in the province Mrs. J. W. Patterson, Hunter River and Mrs. Sherman MacDuff, Brookfield.

It is a matter of interest to know that Captain Silliphant is a subscriber to the Guardian and enjoys keeping in touch with his native province. This trait, in a man who is an international figure, is what makes him not only esteemed but also, especially, in the land of his birth, very much beloved. Captain Silliphant's headquarters are Washington, D.C.

"Parade of Fashions" which is to be held at the Queen Charlotte High School Auditorium is an event to which everyone is going early in order to secure a seat. The clothes this year are said to be real traffic-stoppers and everyone is looking forward to seeing them. Mrs. C. B. Whiteneck and Mrs. H. L. Sear, Jr. are the conveners.

Mrs. C. H. B. Longworth and Miss Norah Longworth leave Saturday, April 6, to spend Easter in Bermuda.

Mr. and Mrs. L. W. Roper leave shortly to take up residence in Dundas, Ontario, where Mr. Roper has accepted a position. They are being entertained prior to their departure by their many friends. While congratulating Mr. Roper upon his appointment, yet general regret is expressed at the departure of both Mr. and Mrs. Roper, for the present, from this province.

Mr. William B. Griffin, who has been in Goose Bay, Labrador, for two years arrived by plane recently in Charlottetown and has been visiting his parents, Mr. and Mrs. M. E. Griffin. On Friday, Mr. Griffin, accompanied by his mother and Miss Florence Grimes of the staff of the Bank of Montreal left for New York City for a two weeks visit.

Miss Lillian Duchemin entertained at her residence, Friday evening, at bridge in honor of Mrs. L. W. Roper and Mrs. J. Lorne Howatt, Fredericton, New Brunswick.

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Course in the near future if plans were suitable for instructor. Bills were presented and paid. Correspondence was read and Institute News distributed to members. Thank-you notes were read for cards received. It was decided to have a Crokinole party on Wednesday evening March 20th. Collection amounting to 69 cents.

Mrs. Herbert Dollar kindly invited members to meet at her home for April meeting. Roll call to be answered with a first aid hint. Refreshment Committee, Mrs. Melvin White, Mrs. Bruce Stewart, Mrs. Ivan Sentner and Mrs. Frank Crabbie. Meeting closed by singing the Island Hymn. Lunch was then served by hostess and committee in charge.

### HAMPTON LADIES AID

Mrs. M. K. Charman entertained the Ladies Aid of Hampton at the Manse for their March meeting. Mrs. Windsor Bell led the devotional exercises basing her remarks on "Joy."

The minutes of February meeting were read, approved and signed. Because of unfavorable travelling it was decided to postpone the concert with a later date.

Plans were made for a food sale in Summerside in the near future. Some lovely finished work, embroidery, tatting, knitting and sewing, was passed in and new work displayed.

The April meeting will be on April 10th at Mrs. Clayton Morrison's. The Mizpah benediction closed the meeting, after which lunch was served by Mrs. George Cannon assisted by the hostess.

### NEW PERTH W. I.

The monthly meeting of the New Perth Women's Institute was held at the home of Mrs. Allister Currie on March 11th with nine members and two visitors present.

The meeting opened with the Mary Stewart collect repeated in union. Minutes of February were read and approved.

Mrs. Henneberry and Mrs. MacLewski were appointed on the sick committee and Mrs. Cyrus Martin and Mrs. Newton Smith were named to visit the school. A patch apron contest was won by Mrs. J. A. Dewar.

Mrs. Eliot Smith invited the members for April meeting. Roll call was taken and the president's address was read. Suggestions for a display at the District Convention. After a delicious lunch was served the meeting closed with "The Queen."

### KENSINGTON

Mrs. (Dr.) Zelenski was hostess to the C. W. L. for their regular monthly meeting. The president, Mrs. L. G. Ramsay, was in the chair and opened the meeting with the League prayer repeated in union by the members after which all joined in singing "O Canada". The secretary Mrs. Hubert Gillis read "Roll call" also the minutes of the previous monthly meeting, and approved. Correspondence was read by the president which included a letter from the March of Dimes. \$2.00 was voted for membership, also \$2.00 to Mrs. Ross for membership in Drama Association.

Delegates were appointed to attend the annual meeting. A letter was read from the convener of the March of Dimes, and \$5.00 was voted for this worthy cause. Expression of thanks was given for Mrs. Fred Gallant, for gifts received from a shower sponsored by the members. \$4.00 was voted to pay for the National Reports of 1955-56—received by the director and president.

Due to illness of the treasurer, Mrs. Wilbert Lowless, no financial report was heard, but Mrs. Gordon and Mrs. Zelenski reported \$49.50 received in the "Special Collection".

The president reporting for the art draw said "Books are selling fast and donations for prizes are still coming in". The drawing will take place at the annual meeting.

### SPRINGVALE W. I.

Mrs. Lester Johnston entertained the members of Springvale W. I. on Tuesday evening, March 12. The meeting opened by singing "The More We Get Together" followed by the Mary Stewart Collect.

Roll call was answered by twelve members paying a penny for the size of their feet. Ten members donated to the birthday box and a donation of \$2.00 was received from a member.

Members were asked to bring their donations for the Red Cross to the next meeting and collectors were appointed to call on non-members.

School committee reported needs attended to and articles to be purchased. It was decided to scrub the school on the following Monday. Sick committee reported making one card. Card convener reported sending cards. Red Cross convener passed out sewing to members. It was decided to take the First Aid Refresher

### HOUSEHOLD HINT

To arrange cut flowers in odd-shaped vases, jars or bottles, criss-cross cellophane tape across the top of the container first and flowers will remain as they are arranged.

## KEEP IN TRIM

### Toning Measures To Keep Throatline Young

By IDA JEAN KAIN

Pull up a rocking chair, ladies... rocking can help to keep the throatline beautifully young. No use quibbling, that fragile line from the tip of the chin to the dimple in the throat can show signs of age before we have the slightest intentions of getting on in years.

A letter from a reader who is 58 years young is definitely morale boosting for those who wish to keep their age a secret—and don't we all!

"In the last year I have lost 37 pounds. I am 58 years old but I am never tiring for even 40, so you see I am putting up spirited resistance. I've taken exercises twice daily, morning and evening. Also, I have been rocking vigorously in a rocking chair regularly, 20 to 30 minutes each day. You cannot believe how wonderfully my throat has improved in such a short time. I am so pleased, and cannot thank you enough."

**TONES THE MUSCLES**  
Tone in the bracing muscles will keep the throatline looking remarkably young. The large muscles of the throat are braced by smaller ones and it is upon the near-surface muscles that the appearance of the throatline appears to depend. When the muscles are kept strong, the skin is fully supported, and the throat is firm and smooth.

In exercising to tone these muscles, it is important to avoid stretching the skin on the front of the throat as the exercise is performed. Resistance exercises are stretch-proof. Here is an effective one:

Rest tip of chin on doubled up fist. Between first joint and knuckles. Resisting with fist, push slowly downward with the chin... then resisting with the chin, push up with the fist. Twice will be ample, morning and night.

**FEEL THE PULL**  
The rocking chair really affords good exercise. As you rock vigorously, push your toes and pull up strongly with middle muscles. You will feel the pull clear to the chinline.

A reader has asked for a way to tone the muscles which cushion the chin along the jawline to avoid banting "jowls." Knuckle massage is effective. Again, double hand into fist, and place back of fist under tip of chin. With a rocking motion, massage along jawline toward the ear. Apply a bit of cold cream first, then knead deeply with this knuckle massage.

Dieters particularly should take measures to tone throat muscles as weight is lost.

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## GOLDEN GLITTER

A sure way to win compliments is to dress up a simple frock of lace and a choker necklace and matching earrings. Both are made of textured gold and rhinestones in a most elegant pattern.

## WOMEN'S DIARY

### Church Of Our Childhood Is Lovingly Remembered

Again we near the close of our ordinary week, and look ahead toward the start dark to the light of the Day of Rest. Through its doors and invitingly, stand the open doors of the Churches, offering the fine privilege of worship wherever we may choose. That may be in some imposing place with every beauty of craftsmanship in its lines, and every note of music and song and sermon therein. Or it may be in some little white church at a village "head" or in some humble "little old church in the valley" with homely service and familiar faces.

But wherever it is, if it be the church of ones childhood, it is to go there. For no matter how far from it we may wander, whether when church-bells call time marks the hour of worship, that across even widest seas, thoughts wing-back to that dear sanctuary, those pews and pulpit and surroundings we knew.

Down the years we have seen how noted the deep satisfaction that folks enjoy when they, for long or shorter absence from make a pilgrimage back to that church of childhood they knew. It is not the most regular church-er at other times of the year, "most" an Island-girl of one, who adopted home now in a distant sea said to us last summer but she "I miss a service. It's one of the highlights of my holiday."

"I was up early" an American lass of Island lineage smiled but it the other summer. "Most" would have been disappointed we had missed Church this spring-holiday or not. She wanted walk the old path once again, along the lane and down road. It was an experience "chuckled" because at home

## MARY HAWORTH

### Woman Is In Bitter State

Dear Mary Haworth: Am I neurotic, inferior or just what? Six months ago I lost the most precious possession I ever had—my husband. I was left with a young child and a home to run.

Some of my friends, for whom I actually knocked myself out when they had lost dear ones, were completely indifferent and even failed to call to pay respects—some sending flowers, other not even that.

But now they telephone to invite me to join them, and expect me to forget their rudeness and selfishness.

I won't go into all I've done for some of these women, but I know that I have been a darn fool, because I am sympathetic, kind-hearted and just a sap. I am bitter about these people. Have I reason to feel this way? R.R.

## TOO AGGRESSIVE?

Dear R.R.: The story you tell doesn't quite hang together. The kind of characters who would neglect a friend (so-called) who'd just lost her husband, would hardly bother to pursue her with invitations later—since even good-hearted people sometimes find it difficult to fit a widow into their social life.

So I wonder just who are these folks you're bitter about?

One thing sure, if you had any friends, you wouldn't be so wrought-up at discovering how few they are.

The gist of your grievance suggests that you aren't very well oriented towards making friends—and that you've probably been more aggressive than altruistic in your efforts to cultivate those persons who've let you down.

## NOT FRIENDSHIP

In trying to make a hit with the "right" people, maybe you have bypassed the "real" people in your environment, who would have shared your grief sincerely, when you lost your husband—had you paid them any mind before.

Remember, a true friend doesn't think in terms of "knocking himself out" for those he favors. That reproachful, acent-on-strain reflects the thinking of a person who is dramatically giving his all (as the phrase goes), in hopes of making a big hit, and being rewarded by the recipient. And it isn't friendship; it is salesmanship, which isn't always profitable.

## MORNING SMILE

"My flat is on the third floor—No. 17 Put your elbow against the bell button and press hard. I see 'why my elbow?'"

Mary Haworth counsels through her column, not by mail or otherwise. She is a woman of letters, who must learn to love; and for help in this, you might read: "The Art of Loving" (Harpers) by Erich Fromm, M.H.

## COOK'S CORNER

**PARTY COOKIES**  
2 eggs, beaten  
2 cups sugar  
1 1/2 cups dates, chopped  
pinch of salt  
1 1/2 cups coconut  
1/4 cup nuts  
1 teaspoon vanilla  
Cook in well-greased frying pan over very low heat, stirring well for 20 or 25 minutes. Mixture should be quite thick. When cool, form in small balls, and roll in more coconut, and nuts.

## DAYTIME DRESS

Gray silk striped in white shapes up into a charming daytime dress. It is nicely decked out with a white collar and lace-edged jabot and cuffs. The top silhouette marks a softened line and the pockets are slashed into the side seams. For a change of pace, the dress can be worn without the frothy collar. Gray and white add up to a striking color scheme, fresh and

## LET'S EAT

### Welcome Neighbor Party

By IDA BAILEY ALLEN  
This is the time when spring moving day is drawing near. And parties to welcome new neighbors will soon be in order.

One clever, warmhearted hostess rolled out the red carpet for her new neighbors in a novel way. Her big buffet table was covered with blue denim and down the center was laid a wide strip of red cotton carpeting. She had pushed the table against the wall and above it had hung a blackboard, with a chalked diagram showing the location of the school, shopping area, and churches. Her dishes were white pottery and the knives, forks, spoons and serving dishes were of shining stainless steel.

## WELCOME NEIGHBOR TEA PARTY

Beef Stroganoff (Ching Dish)  
Vegetable Nibblers  
Buttered Rolls  
Big Bowl Red Apples  
Tea  
All measurements are level; recipes proportioned to serve 4-6.  
Beef Stroganoff: Chop 3 lb. beef. Sauté in 2 tsp. butter until yellowed. Stir in 3 tsp. tomato sauce and 2 tsp. flour.  
When smooth, add 1 1/2 c. boiling water. 1/2 lb. thin-sliced medium-size mushrooms. Simmer 10 min.  
Meantime, cut 1/2 lbs. beef ten-

## ELEANOR ROSS

### "Stitch In Time" Keeps Your Home In Good Order

By ELEANOR ROSS  
Constant care is really necessary to keep the home in good repair, but actually it's a small price to pay for an attractive, well-kept home.

Get after the little things as soon as they require attention.

**STITCH IN TIME**  
Every month or so, floors, walls, ceilings, stairs, window sills and doors should be given the once-over. In fact, not only should everything in the kitchen be checked up with the strictest attention for signs of wear. Here's where a "stitch in time" really pays off.

## TOP OF DOORS

While your attention is on doors, apply a coat of paint to the top edge of the door itself also to the top of the trim above it. This makes it easier to dust. These little odd jobs do not require much time, but they are often forgotten. But the results of taking such care are well worth the time and effort involved.

## SPIC AND SPAN

The interiors of bureau drawers will look twice as spic and span if coated with enamel. And, while you're at it, sand the top edges of the drawers with fine sandpaper and apply furniture wax. You won't believe the difference it makes to drawers in the kitchen when they have a glossy coating. Sticky spots or spilled grease may be readily removed with a damp cloth before they become absorbed by the wood. The same rule applies to kitchen shelves as well.

## WORN LINOLEUM

If the linoleum is badly worn in spots or if you wish to change its color, you can take care of this very simply. A base coat of

## COOK'S CORNER

**PARTY COOKIES**  
2 eggs, beaten  
2 cups sugar  
1 1/2 cups dates, chopped  
pinch of salt  
1 1/2 cups coconut  
1/4 cup nuts  
1 teaspoon vanilla  
Cook in well-greased frying pan over very low heat, stirring well for 20 or 25 minutes. Mixture should be quite thick. When cool, form in small balls, and roll in more coconut, and nuts.

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