

How to Treat a Cold.

Don't stuff a cold, as the old adage advises; if you do you will have a fever to starve. A genuine cold is a shock received by the many million nerves which approach near the surface of the human body, and which control the nearly seven million pores of the skin. This shock closes the pores of the skin, is transmitted to the nerve centres and back to the mucous membrane, forcing a great amount of blood to those membranes, creating more or less irritation and consequent fever, inflammation, dryness, then watery discharge and catarrh. The shock may have its cause from a chill, from improper eating a nervous fright and various other causes which irritate the nerves of the skin and mucous membranes of the nose, throat and bronchial tubes. Excess of food in the stomach still more clogs the system and pores of the skin so that effete matter which should be carried off by the natural courses is retarded; which is ample reason for not stuffing a cold. Experimenting with a severe cold is a dangerous custom, as most persons try one remedy only until some friend suggests another "sure cure." Whenslight hoarseness or tightening of the nasal membranes warns one of a skin exposure or chill from whatever cause, act promptly; delays are dangerous, with children it may mean croup and strangulation; with adults, catarrh, bronchitis, perhaps pneumonia. If neglected, nothing can prevent the sneezing, red nose and we become look of a person with a cold. Scores of mothers would as soon go to bed without matches in the house, as without that old-fashioned remedy, Johnson's Anodyne Liniment, near at hand for colds and croupy children. Used with a mild laxative, as described on the wrappers or in the pamphlet which I. S. Johnson & Co., Boston, Mass., will send free to anyone. Johnson's Anodyne Liniment will cure a cold quicker than any known remedy. A mild, nutritious diet, a gentle physic to open the secretions, and a bottle of that old Anodyne from your druggist, will cure any cold.

God Save the Queen.

The absorbing topic of the day is a Free Trip Around the World, offered by "The Home Fascinator," Pub. Co., to the person sending us the largest number of words constructed from letters contained in the sentence "GOD SAVE THE QUEEN," and found in either Webster's or Worcester's Dictionary. The publishers have arranged with the C. P. R. General Pass Agent, Mr. D. McNicoll, for the trip by their new palatial steamer, leaving on its famous globe-circling excursion about March 15th next. Also the order of merit, additional prizes of:—A free trip to Florida; Silver Tea Sets, Sewing Machines, Lady's or Gent's 14k. Gold Watch, etc. Every one whose list contains not less than twenty-five words will receive a prize. Enclose them 50 cents to pay for a grand Premium Catalogue, Complete Rules, and a six months' trial subscription to their beautifully illustrated family story paper. As the successful competitor may not care to make the extensive trip offered, the publishers offer the option of a thousand dollars in cash. Contest is open to any person in Canada or the United States. Address "The Home Fascinator," Montreal, Quebec. jan3 1m sat & wky

Local Notices.

Fresh wheat germ meal, buckwheat flour, and graham flour for sale low, at Beer & Goff's. jan 15 3 i. For the cheapest boots in town try the Dominion Boot and Shoe Store. jan 14. Just received at Beer & Goff's, 20 boxes of boneless fish. jan 15 3 i. Piano covers and Table Covers. All our stock at cost.—Stanley Bros., Brown's Block. jan 12 3i eod. Overshoes and felt boots at Goff Bros. jan 9 tf. Gents slippers just received at Goff Bros. jan 9 tf. Rolled Oats for sale by the pound or lbd., at Beer & Goff's. jan 12 3i. Overcoats and reefers selling at slaughter prices at J. B. Macdonald's. jan 14. Selling off—Great bargains before stock-taking Ladies dress cloths, fancy dress goods at J. B. Macdonald's. jan 14. A few men's fur coats to clear at big bargains, at J. B. Macdonald's. jan 14. Cheapest boots at Goff Bros. jan 9 tf. A nice 64 red and white breakfast table cloth, fringed, for 72 cents, at Stanley Bros., Brown's Block. jan 12 3i eod.

Black Goods Store advertisement with logo and text: "TOWN The BLACK GOODS Store Read STORE"

MOURNING GOODS. In calling your attention to our stock of BLACK GOODS, we desire you to note the Excellent Values given in French and India Serges, Cashmeres, French Merinos and Henrietta Cloths, Dalgoa Stripes and German Diagonals, new and rich, Courtald's and Priestly's Crapes, Mourning Millinery, Crape Bonnets and Hats.

STANLEY BROS., BROWN'S BLOCK.

SHERWOOD FARM, FOR SALE.

BEAUTIFULLY situated on the Royalty Road, fronting on the Malpeque Road and running back to Sherwood Cemetery. The Farm, containing about 50 acres, is in a high state of cultivation. Commodious and comfortable buildings, with a first-class orchard, make this a very desirable property. For particulars apply on the premises to SARAH STEWART, Administratrix.

PRINCE EDWARD ISLAND RAILWAY. 1890-91. Winter Arrangement. 1890-91.

ON AND AFTER THURSDAY, DECEMBER 4th, 1890, Trains will run as follows:—

Table with train schedules for West and East directions, listing stations, times, and train numbers.

Trains are run by Eastern Standard Time. Trains Nos. 11 and 12 will be discontinued after December 31st, 1890. J. UNSWORTH, Superintendent.

To Harness Makers! SHOP TO LET.

INTENDING to close my Harness business at the end of the year, a good opportunity is offered to secure a well-established Harness business in one of the best trade centres on the Island. Will sell stock in trade, tools and good will of business at a sacrifice and on reasonable terms. J. M. AITKEN, Harness Maker. Montague Bridge, Dec. 5, 1890—wy 4i

For CRAMPS, COLIC, and all Bowel Troubles, use PERRY DAVIS' PAIN-KILLER

Use both internally and externally. It acts quickly, affording almost instant relief from the severest pain. BE SURE TO GET THE GENUINE 25c per bottle.

MEDICINE and FOOD COMBINED! THE OIL EMULSION OF PURE LIVER OIL & HYPOPHOSPHITES. Increases Weight, Strengthens Lungs and Nerves. Price 50c. and \$1.00 per Bottle.

Ministers and Public Speakers use SPENCER'S Chloramine Pastilles For Clearing and Strengthening the voice. Cure Hoarseness and Soreness of Throat. Price 50c per bottle. Sample free on application to Druggists.

TO MOTHERS PALMO-TAR SOAP Is indispensable for the Bath, Toilet or Nursery, for cleaning the Scalp or Skin. THE BEST BABY'S SOAP KNOWN. Price 25c.

Physicians strongly recommend Wyeth's Malt Extract, (Liquid) To patients suffering from nervous exhaustion; to improve the Appetite, to assist Digestion, a valuable Tonic. 40 Cents per bottle.

The most satisfactory BLOOD PURIFIER is Channing's Sarsaparilla, It is a Grand HEALTH RESTORER. Will cure the worst form of skin disease; will cure Eczema, and will cure Salt Rheum. Large Bottles, \$1.00.

ALLEN'S LUNG BALSAM FOR CONSUMPTION. Cough, neglected Colds, Bronchitis, Asthma and all diseases of the Lungs. In three sized bottles 25c, 50c, and \$1.00.

FOR HEADACHE AND NEURALGIA, MENTHOL PLASTER For Lumbago, Sciatica, "Crick," "Tic," "Stitches," Rheumatic Pains and Chronic Rheumatism. Each plaster in an air-tight tin box. 25c.

DAVIS & LAWRENCE CO. Lim., MONTREAL, Proprietors or General Agents FOR MOST OF THE POPULAR Proprietary or Pharmaceutical Medicines, Toilet Articles and Perfumery.

PIANOS, ORGANS, Sewing Machines. THE CHEAPEST AND BEST sold low and on easy terms at MILLER BROTHERS, nov 28 Queen Street, Charlottetown.

Mail Contracts TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon on FRIDAY, 20th February next, for the conveyance of Her Majesty's Mails on proposed contracts for four years, from 1st of April next, over each of the following routes, viz:—

Appin Road and Bonshaw..... semi-weekly Dalington and Kelly's Cross..... tri-weekly Dundas and Mount Hope..... semi-weekly Glen William and Murray River..... do Mill River and Railway Station..... do North Lake and Souris East..... tri-weekly North River and South Wiltshire..... do

Printed notices, containing full information as to conditions of proposed contracts, may be seen, and blank forms of tender may be obtained, at the Post Offices at which the services commence and terminate, or at the office of the subscriber. F. DE ST. C. BRECKEN, Asst. P. O. Inspector. Post Office Inspector's Office, Ch'town, P. E. I., Dec. 20, 1890

FOR SALE. THE SLOOP "PET," 9 tons, new, suitable for Lobster Smack; is decked, and has a good cabin for two; carries 14 tons. Apply to John Lowrie, Charlottetown, or to the owner, PETER STEWART, dec 19—wy eow 2m Victoria.

THE B. LAURANCE Spectacles and Eye Glasses. THE only Optical Goods in Canada which have been recommended by the Presidents and Vice-Presidents of all the Medical and Surgical Societies in Canada and Great Britain. Far superior to any other for retaining perfect vision. Sole Agent for Charlottetown, G. G. JURY, Watchmaker, Jeweller and Optician, North Side of Queen Square, Opposite Post Office, Ch'town, Sept. 4, 1891—2aw

HAVE YOU GOT THE GRIP? THEN USE HAWKER'S TOLU AND CHERRY BALSAM. It acts like a charm. Also use Hawker's Pills with it. Price 50 cents.

HAVE YOU HAD THE GRIP? Then use HAWKER'S NERVE AND STOMACH TONIC to build up and strengthen the system. It is the best invigorator. Price 50 cents. For sale by Druggists and General Dealers. eod & wky—fab 17

JOHNSON'S ANODYNE LINIMENT Established 1810. -UNLIKE ANY OTHER.- AS MUCH FOR INTERNAL AS FOR EXTERNAL USE. It is marvelous how many different complaints it will cure. Its strong point lies in the fact that it acts quickly. Heating all Cuts, Burns and Bruises like Magic. Relieving all manner of Cramps and Chills. ORIGINATED BY AN OLD FAMILY PHYSICIAN. All who buy direct from us, and request it, shall receive a certificate that the money shall be refunded if not satisfied. Retail price by mail 25 cts. 6 bottles, \$1.00. Express and duty prepaid to any part of the United States or Canada. Valuable pamphlet sent free. I. S. JOHNSON & CO., Boston, Mass. GENERATION AFTER GENERATION HAVE USED AND BLESSED IT.

BARGAINS!

Chairs, Tables, Lounges, Sofas, Sideboards, Cheffioniers, Bookcases, Picture Framing, etc. Looking Glasses and Mirrors, Parlor Sets, very good, cheaper than ever offered. Chamber Sets! Chamber Sets! Everything in Household Furniture. Call and inspect. Cheapest!

JOHN NEWSON, SOUTH SIDE OF QUEEN SQUARE, OPPOSITE THE POST OFFICE. Charlottetown, Dec. 26, 1890.

CASTORIA for Infants and Children. "Castoria is so well adapted to children that I recommend it as superior to any prescription known to me." H. A. ARCHER, M.D., 111 So. Oxford St., Brooklyn, N. Y. Castoria cures Colic, Constipation, Sour Stomach, Diarrhea, Eructation, Kills Worms, gives sleep, and promotes digestion. Without injurious medication. THE CENTAUR COMPANY, 77 Murray Street, N. Y.

Watches, Jewelry and Spectacles FOR 1891, AT E. W. TAYLOR'S, CAMERON BLOCK. Charlottetown, January 3, 1891.

Telephone Company of P. E. Island. TOLL LINE STATIONS. WESTERN STATIONS. Charlottetown, Hunter River, New Glasgow, Laird's Mills, Rusticville, North Rustico, Emerald, Tryon Mills, Craupud, Victoria, Freetown, Kensington, Clifton, Stanley, Malpeque, Summerside, Centreville, St. Eleanors. EASTERN STATIONS. Mount Stewart, Peake's Station, Cardigan, Dundas, Grand River Bridge, Annandale, Souris, Georgetown, Lower Montague, Montague, Murray River, Murray Harbor North, Murray Harbor South, New Perth, Valleyfield, Orwell, Vernon River Bridge, Brush Wharf, Eldon. ROB ANGUS, Manager. Charlottetown, Dec. 14, 1890.

CARD. DR. H. D. JOHNSON, Physician and Surgeon, CHARLOTTETOWN. OFFICE: Kent Street, next door to Eldon House.

New Tannery. LONG BROS., Tanners and Curriers, -DEALERS IN- Hides, Calfskins, Sheepskins, Horse Hides, Tail-Hair, etc. Market Rates paid for Hides, etc. MALPEQUE ROAD, Opposite Ch'town Woolen Mills, oct 6—3m eod

SEALE TENDERS addressed to the under signed, and endorsed "Tender for Miminigash Work," will be received until FRIDAY, the 16th day of January next, by 10 o'clock, for executing and strengthening the South Pier at Miminigash, Prince County, P. E. I., according to a plan and specification to be seen on application to William G. Jackson, Miminigash, Lot 3, and at the Department of Public Works, Ottawa. Tenders will not be considered unless made on the form supplied, and signed with the actual signature of the tenderer. An accepted bid cheque, payable to the order of the Minister of Public Works, equal to five per cent of the amount of tender, must accompany each tender. This cheque will be forfeited if the party decline the contract or fail to complete the work contracted for, and will be returned in case of non-acceptance of tender. The Department does not bind itself to accept the lowest or any tender. By order, A. GOBEIL, Secretary. Department of Public Works, Ottawa, 18th Dec., 1890. 31—jan 2

IMPERIAL CREAM TARTAR BAKING POWDER PUREST, STRONGEST, BEST, CONTAINS NO Alum, Ammonia, Lime, Phosphates, OR ANY INJURIOUS SUBSTANCE. E. W. GILLET, TORONTO, ONT. MANUFACTURER OF THE CELEBRATED ROYAL YEAST CAKE

GRATEFUL-COMFORTING EPPS'S COCOA BREAKFAST. "By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our breakfast tables with a delicately flavored beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constipation may be gradually built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood and a properly nourished frame."—CHAS. SERVICE GAZETTE. Made simply with boiling water or milk. Sold only in packets, by Grocers. Labelled thus: JAMES EPPS & CO., Homoeopathic Chemists, London, England. dec 19—1 yr dy & wky

THE GREAT ENGLISH REMEDY OF PURELY VEGETABLE INGREDIENTS AND WITHOUT MERCURY, USED BY THE ENGLISH PEOPLE FOR OVER 120 YEARS, IS

Cockle's Pills COMPOUND ANTIBILIOUS These Pills consist of a careful and peculiar selection of the best and mildest vegetable aperients and the pure extract of Flowers of Chamomile. They will be found a most efficacious remedy for derangements of the digestive organs, and for obstructions and tardid action of the liver and bowels which produce indigestion and the several varieties of bilious and liver complaints. Sold by all Chemists. WHOLESALE AGENTS: EVANS AND SONS, LIMITED, MONTREAL.

Kent Mills Flour.