

From One Cook to Another

by *Mary Blake*
Carnation Home Service Director

"PICK-UP" FOR TIED MEALS

It's apt to happen to the best of cooks. Comes a day — or a week — when meal-planning becomes a bore. But that needn't happen to you. One little, inexpensive touch can give a meal — and you — a wonderful "lift". For instance — there's a trick I have with cheeseburgers that I think you'll like. Actually, it's two little tricks. For one thing, I put the cheese right in with the hamburger patty. Then, I make my special cheeseburgers with a special milk... Carnation Evaporated Milk. No ordinary milk, mind you — but Carnation. You see, Carnation is double-cream and it's specially heat-refined. That's why it gives such delicious moisture and goodness in my

AN AWFULLY GOOD WAY you can give a "lift" to breakfasts, is to serve a freshly-made coffee cake. Economical, too, and it's really very easy, if you use one of the packaged biscuit mixes... and really very good, if you use Carnation Milk in the recipe.

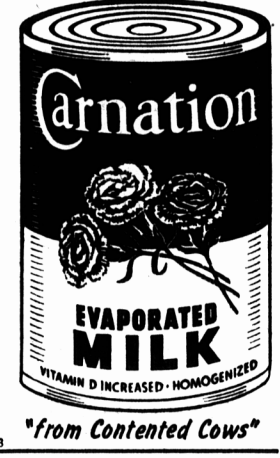
QUICK COFFEE CAKE
(Makes 12 servings)
2 cups biscuit mix
1/2 cup sugar
1/2 cup undiluted Carnation Evaporated Milk
1 egg
Combine biscuit mix with sugar, Beat Carnation and egg together. Add to dry ingredients, and mix lightly until all is moistened. Turn into well-buttered 8-inch square pan. For spiciness, combine 1 teaspoon cinnamon, 1/2 teaspoon nutmeg, 2 tablespoons butter, 1/2 cup brown sugar. Sprinkle over top of cake. Bake in moderate oven (375°) 25 to 30 minutes.

IT HAPPENS EVERY DAY

Somebody says, "Tell me — why should I use Carnation? Is there really a difference?" Well, I could tell these ladies a lot about the famous Carnation Farms... about the many world champion cattle that help to improve the source of milk supply, and so maintain Carnation's high standards... about Carnation quality that has made this milk the year-after-year leader — the evaporated milk that is used more in Canada than all other brands combined. But I don't tell them any of this. I simply ask them to compare Carnation with other brands, and with bottled milk in their own kitchens. And one try convinces them. For it's results that count. If you haven't discovered how much better Carnation makes food taste, try it in your home.

NEVER A DULL MEAL — in homes where good coffee tops off the menu! Well — here's the easiest, surest way I know, to make coffee wonderful. "Cream" it with undiluted Carnation Evaporated Milk. This double concentrated milk that pours like cream and whips like cream, makes coffee delightfully golden in color... gives it richly satisfying flavor. And — sh-h-h! — family and guests will never suspect how terrifically you "cream" their coffee with Carnation. Though millions of coffee lovers prefer Carnation, it costs only half as much as cream. Try it. You'll enjoy your coffee more, with Carnation.

LISTEN to the delightful Saturday radio show, "Stars Over Hollywood". A complete half-hour play every week — specially written for this entertaining programme. See your newspaper for time and station.
FREE: Carnation's "Velvet Blend" of tested recipes, new and old. Write to Carnation Company Limited, at Toronto or Vancouver.



Exit Tony Blount

By Sydney Parkman
CHAPTER IX
Continued

"It alters the situation considerably," he concluded. "I never anticipated this at all and I don't know what we ought to do now. There is no question of his brain being otherwise affected, but his is a serious matter."

The captain scratched his bald head tenderly. "I don't quite get you," he said. "You don't mean that he can't remember nothing at all, do you? Who he is, or where he's come from or — or anything?"

"That is his condition at present," the doctor told him. "Of course, it may be only temporary. But, on the other hand — it may not."

The captain stared dully and remained staring blankly over the side for some seconds. "It's a cow, ain't it?" he said at last. "That accounts for me thinkin' he was cuckoo, when I... He stopped short and then went on slowly: "I still don't see why you say he don't even know what he's done or where he's been?"

should be attempted while the castaway remained confined to his bunk, but now that he had come up on deck the doctor felt that there was nothing to be gained by postponing the experiment further.

He had drawn his own chair up beside that of his patient, and the captain was seated on the rail, facing them, and smoking his pipe.

The man lay back in his chair, gazing pensively out over the empty sea. Thanks to the captain's good offices, his ragged beard had now been shaved off, and he presented a more civilized appearance than he had on the previous morning. He was dressed in a spare suit of pyjamas, lent him by the doctor, and his big frame threatened disaster to its seams, despite the fact that his bones still appeared to be covered only by the taut skin. In contrast to his emaciated body, his bare right forearm attracted the doctor's attention by the evidence of abnormal musculature, and this afforded him an opportunity of leading up to his subject.

They had been silent for some minutes, when he remarked casually: "You have been something of an athlete, Mr. Thurlow?"

The man started nervously, and looked at him.

To be continued

BRONCHIAL COUGH

Are you kept awake by a nerve-racking bronchial cough? Is phlegm so tightly packed in your bronchial tubes, no amount of coughing seems able to dislodge it? Templeton's RAZ-MAH capsules are especially made to loosen phlegm, so it comes away easily and you are relieved of coughing and wheezing. Get RAZ-MAH, quick relief, 65c, \$1.35 at druggists. R-56

Dorothy Dix's Column

Continued from page 2

intended. Correspondence of this nature has failed in its original purpose and should be abandoned.

MISSIVES OF INTEREST

Letters of real interest to boys overseas, or even those in remote spots of their own country, consist chiefly of happenings on the home front, especially in the field of sports. Clippings of cartoons and jokes, even local social items with a new twist, give life to a letter. A young man writing to a strange girl is not nearly as interested in her personal life as he is in developments of things that have always appealed to him — news of records, television and radio, for instance, will be more absorbing than a description of the dress Suste wore at a dance last week.

Lily has taken the matter of correspondence altogether too much to heart. The fact that the boy didn't want to give up his weekend leaves to visit her should not be taken with heartache. It's only natural for him to spend free time with his family, and the friends he's known for years, rather than devote the precious days to a stranger. Lily is old enough to have more discrimination and better understanding. For her, the correspondence was merely a satisfaction for her own ego, and concern for the boy was not uppermost in her intentions, as it should have been.

Girls, if you're writing to a strange serviceman, and his letters begin to indicate sentimental overtones, let him know by return mail that you prefer to keep the correspondence on a friendly level. Let the more serious intentions await his homecoming.

DEAR MISS DIX: I am a married woman of 34 and my husband is 38. We've been married for seven years and have no family. My husband has a good job, and I've been working ever since we married. We have a nice home, and my husband wants me to quit work and look after the house. I don't want to, however, because I've fallen in love with a man who works with me. He is married and has a family.

P. J.

ANSWER: The very reason you don't want to give up your job is the reason you should. Can't you realize that continuing daily contact with a man who is doubly unavailable for you is continuing a grave injustice to all concerned — his wife, your husband, his children, besides both of you. You don't mention if he loves you or not, but in the name of common decency — even if your moral sense gives no further persuasion — stay away from him.

Miss Nilsen cannot reply personally to readers but will answer questions of general interest through this column.

Good food tastes better with AYLMER CATSUP

It says Mr. Sunshine the Aylmer hired man: "Sit a man down before scrambled eggs, steak, chops or cold meat," says Mr. Sunshine, "and pass him Aylmer Catsup. He'll enjoy his good food a lot more, because that richer Aylmer flavor is Born of Sunshine. And children eat without coaxing when Aylmer Catsup adds new zest to the same old foods."

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21% MORE FOOD SPACE

Comparison proves Admiral gives you 21% more food space per dollar. Think of it! That's room for two bushels of extra food — at no extra cost! Admiral's space-saving compact design gives you MORE storage space in LESS kitchen space. See and compare these features in Admiral refrigerators. Prices begin as low as \$299.95. (Slightly higher in the West).

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LONDON, (CP) — Special postage stamps double the ordinary size will be issued in four denominations to commemorate the Coronation of Queen Elizabeth. The stamps, of four different designs, will be on sale in Britain from June 1.

LONDON, (CP) — Britain's side-shows and carnivals will be "fully extended" to meet all commitments this Coronation summer, says Tom Murphy, secretary of the Showmen's Guild. Between 500 and 600 fairs will be touring the country.

What could be fresher?

Nothing but

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THE CRISP, CRISP FLAKES WITH THE DEEP, DEEP FLAVOR

When you open a package of Kellogg's Corn Flakes you catch a hint of a tantalizing aroma that says "These golden flakes are just baked... fresh from our radiant ovens."

This freshness is a good reason why millions of folks will again tomorrow morning enjoy Kellogg's Corn Flakes for breakfast. Is there a box in your kitchen now, or should you see your grocer today?

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