

Women's realm

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Modern Etiquette

By Roberta Lee

Q. If there is to be no catering service engaged for a wedding reception, is it permissible to ask friends of the bride or bridegroom to help out?

A. This would depend upon how close these friends are and upon their personal reactions to such a request. Some people would consider it an honor to be asked to do this, while others might think it an imposition.

Q. When someone to whom one has been introduced takes leave of one by saying, "I am very glad to have met you," what is an appropriate reply?

A. "Thank you," or, "Thank you very much," or, "I've enjoyed meeting you."

Q. Is it necessary for a man to kiss a woman when he encounters her in the street, or joins her, or takes leave of her?

A. Yes, certainly.

Better English

By G. C. Williams

1. What is wrong with this sentence? "Dinner is scheduled for six o'clock, and we are to have guests for the meal."

2. What is the correct pronunciation of "kimmerack"?

3. Which one of these words is misspelled? Intestine, quarantine, career, hallucination.

4. What does the word "zealous" mean?

5. What is a word beginning with "vu" that means "capable of being wounded"?

ANSWERS

1. Say, "Dinner is arranged for six o'clock, and we are to have guests at the meal." 2. Pronounce jim-crack, accent on first syllable. 3. Hallucination. 4. Filled with ardent and active interest. "The workers are very zealous in their efforts to please." 5. Vulnerable.

That Body Of Yours

By James W. Barton, M.D.

FAMILY TENDENCY TO RHEUMATOID ARTHRITIS

While there are many kinds of forms of rheumatism and arthritis the commonest kind, the one that affects most people, is known as rheumatoid arthritis in which there is inflammation of the ends of bones forming a joint and the tissues surrounding and for a short distance below and above the joint.

In Handbook of Therapy (treatment), published by the American Medical Association, it is stated that "rational treatment of rheumatoid arthritis embraces removal of foci of infection (teeth, tonsils, gums, large bowel), emphasis on rest, and a general building up program."

While there are other causes of rheumatoid arthritis — injury, cold and dampness, too much starch food — looking for infection is usually the first thought of physician and dentist.

In Annals of Rheumatic Diseases, London, Dr. R. W. Barter reports that an investigation of 100 cases of rheumatoid arthritis showed a definite family or familial tendency toward this disease as compared with 100 controls (individuals who did not have rheumatoid arthritis).

The percentage of the cases with rheumatoid arthritis was 5.3 in the families of patients and 2.3 in the families of controls when grandparents, parents, uncles, aunts, brothers and sisters were included. The percentage of cases was 11 in families of patients and only 4.6 in the families of controls when only parents, brothers and sisters were included.

From the above figures it was concluded that about one-third of patients with rheumatoid arthritis will have a family history of rheumatoid arthritis or acute rheumatism in two or more members (as many as 7 affected members were recorded in one family of 16); about one-third will give a history of one affected member; and the remaining one-third will have no relatives with these diseases.

The fact that rheumatoid arthritis may run in a family may serve as a warning to those with this family history, because they can help keep free of infection by visiting their physician and dentist at regular intervals, and also try their best to prevent other causes by avoiding starch foods, cold and dampness, and so far as possible, avoiding injuries.

Morning Smile

No Bracelet

In a night club, a dizzy blonde snuggled up to her escort. "How about giving me a diamond bracelet?" she murmured, holding out her arm to envisage the effect. "My dear," replied her friend, "extenuating circumstances perforce me to preclude you from such a bauble of extravagance." "I don't get it," said the girl in bewilderment. "That's just what I said!" came the grim reply.

How Can I ...

By Anne Ashley

Q. How can I make a good cake without eggs?

A. This can be done by dissolving a teaspoonful of baking soda in a tablespoonful of best vinegar; use this the same as eggs. This quantity takes the place of one to two eggs; if four eggs are called for, two eggs and the above quantity of soda and vinegar can be used, if desired. Excellent results, however, are obtained with soda and vinegar alone, increasing the quantity a trifle only in accordance with the number of eggs called for.

DOROTHY DIX'S COLUMN

Defining Love

Does It Belong To The Young Exclusively?

DEAR MISS DIX: Will you please define "love"? My husband insists that love and sex are one and the same thing and, if two people love each other after they pass fifty, they should be put in a mental hospital. I maintain that after middle-age there should be great love between two people, since they have shared so much together.



Muriel Nilsen

By that time. For the past eight years, my husband has treated me more like a housekeeper than a wife. He is a good provider, but never talks to me or sits with me in the evening. In fact, I am never noticed unless we have folks in to visit.

He is very attentive to other women, so I know he has not developed an allergy toward the opposite sex.

Does this situation usually develop in the lives of older married people?

ANSWER: Your husband is a sadly deluded man. Loving his heart, mind and soul to their greatest happiness because he puts love on one level only — the physical. Were his theory correct, all wives would be repudiated when they passed the peak of physical attractiveness; in fact, some wives, who never were beautiful or glamorous, would be left right after the honeymoon.

Surely there are many happy marriages around you to attest the truth that love can, and does, continue all through life, regardless of either partner's looks.

IT'S COMPLEX

Love is a complex thing, compounded of three elements, physical, mental and spiritual. Physical attraction, which is usually the first step, may pass in time to be supplanted, in a happy marriage, by the congeniality that springs from mutual respect and admiration; from the sharing of troubles and joys. Latter-day marital happiness has its beginnings all the way back to courtship, which is why it is so important, as I emphasize so often, that two people contemplating marriage should have a harmonious background. You might say that love begins and ends with friendship, which is only insured by mutual tastes and common respect.

If your marriage didn't have this foundation, you can scarcely expect to rear, at this late date, a temple of peace. Quite frequently older folk find their greatest happiness in the later years of marriage, when the financial worries are not so great, children are launched in their own homes and Mother and Dad can settle down to enjoying the things they have always wanted. Without love, they'd face a horribly bleak life together, wouldn't they?

No, my dear, your husband's specious argument has no basis in fact whatever. He's using sophisticated phrasing to cover up his own incapacity for affection and his own shortcomings as a husband. He's leading a very empty life; a truth he'll have to face one of these days to his sorrow.

Cook's Corner

BAKED BANANA - CRANBERRY PUDDING

2 1/2 cups cranberries; 1/2 cup sugar; 1 cup water; 3 bananas; 1/3 cup orange juice; 1 tablespoon grated orange rind; 1/2 teaspoon cinnamon; 1/4 teaspoon salt; 3 tablespoons melted butter or margarine; 3 cups soft bread crumbs.

Set oven at 375 degrees F. or moderate. Cook cranberries in sugar and water until they begin to pop. Cut bananas in 1/2-inch slices and mix up with orange juice, orange rind, cinnamon and salt. Melt butter or margarine, add to crumbs and toss. Grease a medium-size casserole. Put a layer of buttered crumbs in the bottom, a layer of cranberries, then bananas. Alternate layers of

Household Scrapbook

By Roberta Lee

Handkerchiefs
Handkerchiefs will have a lasting scent of violets if one-fourth ounce oforris root is broken up and placed in a muslin bag, and then boiled with the handkerchiefs for a short time.

Melting Chocolate
To prevent chocolate from sticking to the pan when melting it for cake filling, rub the inside of the pan with a little butter or olive oil.

fruits and crumbs until casserole is full, finishing off with the crumbs. Cover and bake for 25 minutes; then uncover and bake 5 minutes more to brown crumbs. Serve hot, or cold, with cream. Serves 6.

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4. HAND CLOSE PACKAGE AND FOLLOW SAME PROCEDURE THE NEXT DAY OR FOR THE NEXT MEAL.

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ELLEN'S DIARY

By An Island Farmer's Wife

A winsome and exceedingly engaging snapshot of granddaughter, Jeanie, has added of late to the record of her years. Commencing with her cherry-blossom-time birth, this is growing into a fascinating tale. Many firsts are there... a first glance of recognition — a first smile, and tooth and word, and step, in picture and inscribed word until it has reached the delights of the little girl period.

We saw and much admired this, one of her summer-taken pictures, when her father came by to spend an hour with us tonight. He comes, often unexpectedly to "linger awhile. Asking of "the old ones" abroad, "Now, is there not something I can bring you?" To leave as a gift a packet of James' favorite tobacco, an apple, bit of candy or it may be some reading matter Jeanie has sent us.

To bring us news of Home: that with odd exceptions the stock are enjoying the modern system of water-supply; how well or "not too good" the shoats are fattening; how satisfactorily, to his father, the feeders of cattle are gaining of late, that a new calf has been born to "that heifer" and to us "You should see the sheen and feel the weight "of our pair of indolent hens of turkeys. These and other odds and ends of news of farming he brings us; altogether, news of Home.

There is as yet no visiting between the young members of the Family. Though Jamie's mumps and period of convalescence was ended by his return to classes to

Continued on page 8

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