

Modern Etiquette

Q. Is it necessary for a house guest to bring his hostess some kind of gift?

The Stars Say

For Tomorrow
A CRISIS in dramatic and far-reaching events may make this day an unforgettable one.

For the Birthda

Those whose birthday it is may find themselves on the verge of a new era, with dramatic and thrilling revamping and reorganizing of the life on a drastic but welcome crescendo in which all contacts, plans, aspirations and desires may be pitched to a "new high."

Better English

1. What is wrong with this sentence? "The letter I have, which is dated from Toronto, says that the company has an important deal on hand."

ANSWERS

1. Say, "The letter I have which is dated at Toronto, says that the company has an important transaction on hand."

Household Scrapbook

Chilled Banana Cream
Whip a cup of heavy cream. Stir into it a tablespoon of gelatin dissolved in a little warm water.

Unused Stamps

An unused stamp can be removed from an envelope by dipping the corner containing the stamp in boiling water for a minute.

KING COLE Old English Tea Blend NOW COSTS LESS

BRONCHIAL ASTHMA
Do you gasp, wheeze and fight for breath, so you can't get proper sleep?

Alice Brooks Designs



TWO MAIN PARTS:
Cinch to sew, snap to enbroder—and a dream to wear!

Child's Bad Breath often sign of Upset Tummy!

For minor digestive upsets, children so often suffer as a result of overeating or eating too much candy or sweets.

CHILDREN'S OWN TABLETS

That Body Of Yours

By James W. Barton, M.D.

MUST EXECUTIVES SUFFER?

Physicians and the public are agreed that the well baby clinic established throughout our country and some other countries pays large dividends in health and happiness.

Any successful health maintenance program must recognize and emphasize the importance of keeping the individual in the state of good health. While it requires great skill on the part of the examining physician to make tests and give proper interpretation of his findings in regard to disease, it requires greater skill to evaluate properly the health of the executive.

Obesity (excessive overweight) is a common condition in the executive. He always promises to save an overburdened heart, but travel and social obligations are given preference. As in all things, Nature pays her debts. Dr. Hartman states that the overweight executive therefore has to pay with high blood pressure, heart failure, and diabetes.

Again quoting Dr. Irvin, we read that this periodic examination of executives has been a real success financially and in many other ways. An executive who is apparently well may need medical and surgical attention to be able to carry on while a successor is being trained.

Forty per cent of executives eligible for this examination had physical conditions revealed that were unsuspected by them. For the correction of these unsuspected conditions, 59 per cent have changed their living habits; 57 per cent have received medical treatment; 21 per cent had surgical treatment for conditions they did not know existed previous to their examination.

It is just as important, in fact, may be more important for all of us, to have an annual physical examination by our family doctor who knows our all-round make-up. If some conditions are found that require the services of a specialist, we can be referred to the particular specialist the condition requires. There is no better investment than the periodical physical examination.

How Can I

By Anne Ashley

Q. How can I remove the black specks which sometimes form on silver?

A. By using a paste of whiting that is free of grit, and olive oil; lightly polish with old silk. If the specks are obstinate, smear with the paste and leave it on for some time.

Q. How can I clean neckties and ribbons?

A. By placing them in a fruit jar half-filled with carbon tetrachloride, cover the jar and shake for five minutes. Follow with a rinse in clean carbon tetrachloride, and hang in the open air.

Q. How can I remove the paper label on a bottle?

A. It can be readily removed by first wetting it and then holding it near a flame of the stove.

Cook's Corner

MAIN COURSE OXTAIL SOUP

Melt 3 tablespoons good quality drippings in soup kettle and brown in them 1 1/2 lb. oxtail which has been broken into 2-inch pieces by the butcher.

When seared to a golden brown add 6 cups water and 3 teaspoons salt, cover and simmer 3 1/2 hours. As soon as it can be handled remove the meat from the bones and return meat to soup. Now add 1/2 cup finely chopped onion, 1/2 cup diced outer stalks and leaves of celery, 1/2 cup diced carrot, 1/4 cup diced turnip, 3 tablespoons long grain white rice or brown rice. Cover and simmer 30 minutes.

Do not skim off fat for this is a main course dish and fat is fine winter food. Add 1 cup (or more) tomatoes and 3 tablespoons finely chopped apples. Boil up once more; add pepper to taste. Serve in large soup bowls with round of toast, floating on top sprinkled with old grated cheese. These amounts will serve 6 generously.

The 1951 census showed 85.3 per cent of the population in Canada was Canadian-born.

Even Sewing Is Fun At New \$500,000 School



Students Ruth Lloyd, left, and Faye Keeler try out the sewing machine which is only one of the many modern touches included in their new \$500,000 high school, near Cannington, in central Ontario. Designed to accommodate 220 rural students, the spacious building has replaced three other outmoded and overcrowded schools in the district.

DOROTHY DIX'S COLUMN

Choosing Companions

Friends With Superior Education Should Be An Inspiration

DEAR MISS DIX: Do you think a person should associate with people who have better educations and better jobs? I am an attractive girl and have no trouble making friends, but I have an inferiority complex. When I'm alone with a boy I can carry a conversation but when in a group, I'm overcome with self-consciousness. I've attended lots of social gatherings, but can't feel at ease in them. I can have a good time, but only by being quiet and acting as an onlooker.



Muriel Nissen

BLESSED WITH GOOD LOOKS

ANSWER: Having been blessed with good looks, you have a decided advantage in the complex business of making and keeping friends. Don't throw away this golden opportunity by giving in to a foolish sense of inferiority.

While good schooling is a most desirable asset, it certainly cannot be regarded as an indisputable gauge for judging people. Wouldn't it be a queer world if one's associates were gathered entirely from one social or educational stratum? Furthermore, having a friend of superior education should be an inspiration, not a hindrance. It is always better to engage in conversation that is a little beyond you rather than beneath you. It has been noted that one's conversational topics are an indication of one's intelligence—those of little or no learning discuss people, those of better knowledge discuss things, and those of superior mentality discuss ideas.

Since you are invited to parties by these people who have had the benefit of higher education, you must be liked by them. You have, therefore, a marvelous entry into a world that might otherwise be closed to you—a world of books, music, animated discussion of current events. Don't miss out on it. You must, however, overcome your habit of sitting passively in a corner. No one likes a dead head at a party, and even though you cannot naturally be gay, at least be interested and make an effort to take some active part in the proceedings. Never be satisfied with the knowledge you have; always strive to improve your ability and your intellect.

DEAR MISS DIX: I've been married for six years and have a daughter. A problem has arisen between my husband and me, with both of us convinced we're right. I have gone back to business, and my daughter is in nursery school. My husband has a good job, can support us comfortably, but there are a few luxuries I wanted—support us comfortably, for instance—which my husband can't see buying. In fact, he has bought me one dress in four years, and one suit in the six years we've been married. He has never bought me a coat, which I'm working for now. He just dislikes my going to business, unless, of course, I give him some of my earnings, which I refuse to do. I'd like to continue working until spring.

ANSWER: Since your husband refuses to buy you clothes, he would have no gripe about your earning them. You are wise to hang on to the money you make; you'll need it for clothes for a long time to come. Just be sure your child receives good care!

DEAR MISS DIX: Our school is having a dance in a few weeks and a boy has asked me to go with him. My father won't let me go with the boy, but he will let me attend if I go with my girl friend.

Continued on page 10

ELLEN'S DIARY

By An Island Farmer's Wife

"And Pard is gone?" An autumn visitor who had associated him with her former visits to Alderlea remarked. It was a day when rainbows' colors dressed the hillsides there, framing the mill below us in scarlet and gold; and the pond which then lay shadowed and still, reflected the content of the season at hand. We recall that galleons of what like great becalmed ships idled in the blue above.

Given to new and also affectionate ownership, Pard had gone later to that canine Valhalla where we fancy the spirits of such steadfast comrades go; those of great stamina and courage—admirable, lovable and loving creatures, thoroughbreds in character, though covered often with the coat of a mixture of breeds which is "just dawg." While James often tenders praise to the shaggy-coated black dog that now divides his time between Alderlea and this place "in the road," it is, we know, the shade of a white dog who sometimes responds to his whistle, a quick knowing fellow that bounds back to his aide to receive with happy expression the pleased pats, bestowed at the end of a chore of herding.

The duck, admired for her interesting habits, and of late years regarded by the more practical members of the family as "only an ornament" met a tragic fate in the barnyard. Gleaning morsels of grain there she had loitered too long in the vicinity of the tractor with fatal result. Her sudden passing was made up in part for the children when the pair of turkeys that had idled the summer away without "chick or child," at length agreed on the choice of a mate.

A handsome fellow, shinningly plumed and engagingly helmeted, has been added to the dower of a housewife there. "Hello!" we hailed him on a recent visit—and our first meeting. "What do they call you?" He strutted proudly, his manner haughty and remote, and offered no reply. One of his fraus suggested, "His name is 'Tom.' Isn't he?" she beamed, "beautiful? Quite out of this world! I should say!" She lifted her dainty head, "And all mine own!" she said.

"Your own!" the meeker hen repeated, green showing in her eye. "How dare you say that, you . . ." she sputtered at a loss for a word. "And when you know better too! He is," she looked up timidly at the woman holding Mack's chubby hand, "OUR ain't!" "What do you think of him?" Granddaughter twinkled above a loud gobble. "He's quite a fellow," we returned, turning away then from the poultry-house to inspect the other new items about.

chicken present ailment—the chicken pox, made itself felt today. He was miserable. "I can't say that I'm sick," he commented, analyzing his own condition, "but, oh, dear, how can I be?" "But," Gage said seriously, "we may be glad it was the mumps that came first!"

Until tomorrow . . . Diary . . . Good-night . . .

ASIAN AREA

The Federation of British Malaya has an area of 50,000 square miles with a population of nearly 5,000,000.

Here's An Easy, Pleasant Way To Help PREVENT COLDS

At the first symptoms Relax in a Soothing

HOT MUSTARD BATH

Mix 2 or 3 tablespoons of mustard in a little cold water and pour into hot bath. After bathing, give yourself a brisk rub-down . . . then off to bed for a good night's rest. Your muscles will relax with relief!

Colman's D.S. MUSTARD



DELICATE TAPESTRY—Two years of work and 1,000,000 pieces of yarn went into this embroidered tapestry depicting royalty playing blind man's buff in the Austrian court of the Hapsburgs. Its creator, Mrs. L. A. Ranson of Winnipeg, worked the tapestry so fine that parts resemble a painting. It was sold for \$1,800. The young woman beside it is Barbara Parliement. (CP Photo)

Morning Smile

The Attraction

Shopwalker: "That customer was hanging around for a long time. What did he want to see?" Pretty assistant (cooly): "Me sir."

Poor Daughter

"Did you see how pleased Mrs. Smith looked when I told her that she didn't look a day older than her daughter?" "I didn't notice. I was too busy watching the expression on her daughter's face!"

Now Swallow That

"No," said the mother, "I don't think I'll buy a whistle for my little boy, because the other day he nearly swallowed one." "Well," replied the insistent salesman, "we have some nice bass fiddles I could show you."

For Quick Cough Relief Mix This Syrup In Your Home

Thousands of Canadian households have turned to this well-known recipe for relieving coughs due to colds. It's easy to prepare, and gives you four times as much for your money. Your usual drug counter can supply you with a 2 1/2 ounce bottle of PINEX CONCENTRATE. Pour this into a 16 ounce bottle and fill up with granulated sugar syrup or honey or maple syrup. To make the sugar syrup, simply mix 2 cups of sugar with one cup of water . . . no cooking needed, and it takes but a minute. Now you'll have an ample supply of fast acting, effective cough syrup for the whole family, so pleasant tasting the children will like it. PINEX—a concentrated blend of proven ingredients—must help or your money refunded. Get a bottle today! PINEX FOR COUGHS—EASY—ECONOMICAL

Anne Adams Patterns

WEEK'S SEW-THRIFTY

TOPS everything! In denim or print cotton, it's an apron or smock. In a rayon fabric it's an overblouse or jerkin. And later on, do make it in terrycloth as a beach-coat. A wonderful idea and easy to sew—no waist seams. Ties to fit opens out flat to iron!

Pattern 4784: Misses' Sizes small 10, 12; medium 14, 16; large 18, 20. Medium, 2 1/2 yards 35-inch. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, Name, Address, Style Number. Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.



4784

S-10-12 M-14-16 L-18-20

by Anne Adams!

"Could I keep working?"

A Serious Question for One Suffering from Arthritic Pain

"I suffered a great deal from such pain in my legs, knees and other joints, that it was hard to do my work," writes Miss Theima Johnson, Pictou, Ont. "I was having so much trouble, I wondered if I would be able to continue at my job. Then I learned about T-R-C's. What a fortunate day that was, for I have had the very best sort of relief. I wouldn't want to be without T-R-C's in the house. Don't suffer needlessly from relentless arthritic pain. Get quick relief from dull, wearisome aches caused by Arthritic, Rheumatic, Neuritic, Sciatic pain, Lumbago or Neuralgia. Start taking Templeton's T-R-C's today. 65c. \$1.35 at drug counters. 1-53

PRE-STOCKTAKING SALE

SALE STARTS THURSDAY MORNING

Balance COATS and SUITS 1-3 OFF

SPECIAL VALUE

1 Rack—All Sizes—Reg. to \$16.95 DRESSES—Sale 5.00

HOUSEDRESSES & SMOCKS . . 25% OFF

DRESSES, balance in all sizes . . . 1-3 OFF

Slightly Soiled BLOUSES, all sizes 1/2 PRICE

PANTIES, reg. 69c—Sale 49c

NORMA'S LADIES' WEAR

160A KENT ST. PHONE 3058

THE STORY OF THE Crown Jewels by KINGSLEY SUTTON

THE CORONATION RING

... IS NOT ANCIENT, HAVING BEEN MADE FOR WILLIAM IX. DIAMONDS SURROUND A LARGE SAPPHIRE, CROSSED BY FOUR NARROW RUBIES. THE RING, WHICH IS PLACED BY THE ARCHBISHOP UPON THE FOURTH FINGER OF THE QUEEN'S RIGHT HAND, IS A SYMBOL OF REGAL DIGNITY AND DEFENCE OF THE FAITH. A SMALL REPLICIA OF THE RING, GIVEN TO QUEEN VICTORIA BY WILLIAM III, WAS MADE SO SMALL THAT IT CAUSED THE QUEEN GREAT PAIN WHEN PLACED ON HER FINGER.

EDWARD THE CONFESSOR'S CORONATION RING CONTAINED ANOTHER VALUABLE SAPPHIRE, WHICH IS NOW ON THE SUMMIT OF THE IMPERIAL STATE CROWN. A LEGEND TELLS HOW ST JOHN THE EVANGELIST, DISGUISED AS A PILGRIM, WAS GIVEN THE SAPPHIRE RING BY EDWARD. LATER IT WAS RETURNED.



January Clearance Sale

HOSIERY

Nylon or Rayon

Regular \$1.50

Sale 1.00

LADIES' HANDBAGS

Values to \$5.50

for

1.98

S. A. McDONALD

NO CHARGES — NO REFUNDS