

ELLEN'S DIARY

By an Island Farmer's Wife

We faced the second morning of our teaching with increased confidence in our ability or it may have been with a measure of that blind optimism peculiar to the younger years. Or was it a faith that a Power which tempers winds, and watches over and guides the ways of the wee feathered creatures of His realm would somehow point our steps and make us one of His wards throughout the years ahead?

We now can recall but little of the method or meat of our instructing other than to know that it was a pleasant and not at all burdensome task to one born and read amid the busy and insistent affairs of the farm. . . . Even yet, when the clock rings out the mid-day chime, we can fancy once more the bustle of "work away!" the expectancy of each Monday morning, bearing its new week of days towards us and the lifting of our care with Friday's closing session which brought us to its end.

We remember the exact spot where the morning sun stole into the school-room, caressing the braids of the gingham-gowned maids and the lads who with more or less industry and interest bent over book and slate. We think too of it as more strongly it moved westward, spending its brightness more lavishly about us, as day moved along to its close.

Crisp autumn mornings when the season lay beautifully on the maple-clad reaches of woodlands, about, saw first fires kindled, substantial sticks of hardwood fed by alert and willing lads, with hurried ceremony into the maw of the sizable stove which often picked up a tune as it scattered its fragrance and warmth about. That winter following one remembered even yet for its abundance of snow, strangely enough brought "die."

Wheeled traffic moved in every direction. . . .

The Royal Edinburghs

BY MARGARET SAVILLE

Princess Elizabeth's temperament is essentially a steadfast one, capable of deep and lasting loyalty. So it is quite in character that Prince Philip was her childhood hero who always remained in her heart. Their romance was a simple and tender one, now matured into a rich and warm married love.

After their first meeting as boy and girl at Dartmouth College in 1939, Princess Elizabeth did not see Prince Philip who ate such huge teas again for some years. He was away on active service at sea and she was at Windsor's ancient grey castle, evacuated there from bomb-damaged Buckingham Palace. Prince Elizabeth and Princess Margaret dutifully joined the local ladies sewing-club for the Red Cross and to raise money for more materials, they staged a little vaudeville show. The Queen happened to hear casually from Lord Mountbatten that his nephew young Philip was home on ten days leave so sent him a ticket. He came and she sat in the front row, the first person Princess Elizabeth saw when the curtain went up. He smiled at her cheerily up over the home-made footlights and sat next to her at supper after the show. That night Princess Elizabeth fell in love for the first and last time.

To Prince Philip she was just a pretty pleasant girl in course of growing-up. After he went back to sea he wrote her an occasional casual letter, to which she happily replied, and remembered to send her a greeting card at Christmas. After all, they were both Royalty and distantly related. When he came home again, the hurried ceremony into the maw of the sizable stove which often picked up a tune as it scattered its fragrance and warmth about. That winter following one remembered even yet for its abundance of snow, strangely enough brought "die."

Their courtship was by no means easy. The etiquette that surrounds a Princess is rigid and unrelaxing and lay down that she must never be alone with a young man. Prince Philip could only see Princess Elizabeth in a party of other young people, when they all went together to the theatre or danced at a Mayfair club. Several times he was her parents' guest at Palace functions and sometimes he did have tea with the Princess herself, though Princess Margaret and her governess were always present too. But sometimes the sailor Prince did manage to secure some private conversation with the girl of his heart, slipping discreetly away at a party perhaps or driving her home in his car while the lady-in-waiting sat obligingly behind with closed ears. When he was out of London, he used to call up the Princess regularly and she always took it in her own room so she could not be overheard. One morning Princess Margaret noticed with much interest that a new photograph had appeared on Princess Elizabeth's mantelpiece, that of a thickly bearded naval officer. "It was taken in the Pacific," Elizabeth explained to her sister. "Nobody will ever guess it's Philip."

But people soon did and there was tremendous gossip and speculation, particularly since Princess Elizabeth never made the slightest attempt to disguise her frank pleasure when Lieut. Mountbatten was her escort in public. As one friend remarked: "Her own eyes tell you everything." Interest heightened when the sailor was invited to join the Royal shooting-party at Balmoral Castle for part of his September leave. There at last he was able to take Princess Elizabeth right away, down to the secluded little rock garden beside the River Dee, and there she agreed to marry him.

Though the King liked Philip well enough personally, he declined to give his consent because he felt his elder daughter, the Heiress to the Throne, must be absolutely certain of her own feelings before any engagement was announced and demanded a term of probation, with which the Queen agreed. Lieutenant Philip Mountbatten, as he now decided to be formally known, returned to his naval duties and Princess Elizabeth went off to South Africa on a State visit with her parents and sister. They wrote to each other regularly and she sent him all her photographs and newspaper clippings of her activities. On the day she returned to London, her sailor arrived at the Palace with a large bunch of red roses which he presented to her in front of all the other members of the Royal Family welcoming the travellers home. Queen Mary raised her lorgnettes to inspect this important young man better but she did not pass any comment. Soon after that the King and Queen decided to officiate at the wedding. Elizabeth's resolution and that her heart was irrevocably given. It was only necessary to look at them dancing together to their favorite tune "People Will Say We're in Love" from "Oklahoma" which was the musical show they had seen the first time they went out together in London.



... and on a grey November morning in 1947 they were married with regal ceremony in ancient Westminster Abbey.

So Lieut. Mountbatten was commanded to the Palace one evening to be received in special audience by the King and Princess Elizabeth rushed into the study where Princess Margaret was reading and exclaimed: "Something wonderful is going to happen tonight." The King officially announced her betrothal to the Royal Family and the news went out to the world. That night as the members of the Royal circle were celebrating the engagement with champagne toast, the sailor hero started them again by suddenly producing a ring, a large square diamond set between smaller stones, and placing it on his fiancée's finger. He had bought it several weeks previously in Scotland. Queen Mary lifted her lorgnettes to study him once again and then joined in the laughter as the ring proved much too big. Next day Princess Elizabeth sent it back to the jeweller to be adjusted to her proper size. And on a grey November morning in 1947 they were married with regal ceremony in ancient Westminster Abbey, becoming the Royal Duke and Duchess of Edinburgh as set out by the King's official decree.

That Body Of Yours

By James W. Barton, M.D.

Household Scrapbook

By Roberta Lee

HELPING THE CHILD WITH RETARDED MENTAL AND PHYSICAL DEVELOPMENT

One of the discoveries in medicine of recent years is the great part the glands take in managing and directing the body processes. We know how the thyroid gland, manufacturing and pouring its juice or extract into the blood at a normal rate, balances the rate at which the body processes work.

We are familiar with the over-activity of the thyroid gland (goiter) causing the body processes to work too fast — underweight, rapid heart beat, rapid digestion. We are not, however, very familiar with the opposite condition of the thyroid gland, underactivity, in which all the processes work too slowly and thus cause overweight, slow heart beat, slow digestion. An individual with extreme underactivity of the thyroid gland is called a cretin — under-sized, overweight, sluggish in his bodily movements and sluggish mentally.

In past years some physicians have been giving these cretins thyroid extract to speed up the body processes, reduce weight, and increase their bodily and mental development. Unfortunately, some of these physicians hesitated to give enough thyroid extract to obtain satisfactory results and the poor children have remained a great disappointment to themselves and, more particularly, to their families. Physicians fear severe reactions to gland substances in some patients.

That if a larger dose of thyroid extract were given, many of these cretins may improve sufficiently in appearance and ability that they can take their rightful place in the community, is stated by Dr. E. E.

Delicious Tarts

When using canned fruits for tarts, cook the fruit with sugar until it is syrupy and thick before putting into the pastry to bake. This is the only way to have rich tarts from canned fruits.

Chocolate Stains

To remove chocolate stains from material rub the stains with a cloth wet with lukewarm water. After the spot is dry, sponge with a cloth wet with carbon tetrachloride or chloroform.

Marble Steps

Quicklime mixed with a half-pint of skim-milk, and used as a whitener for the marble doorstep after it has been scrubbed, will keep it in beautiful condition.

Brown in Northwest Medicine

Dr. Brown presents the histories of two cretins, one a boy of 21 months and the other a girl aged 8 years, who made little mental and physical progress over a period of many months while being treated with 1/4 and 1/2 grain desiccated thyroid substance. Remarkable changes took place within a few weeks when 3 or 4 grains were given daily. Despite toxic (poisonous) symptoms from the large doses, Dr. Brown states that the patient and physician must tolerate and expect these symptoms if satisfactory results are to be obtained.

The physician must take the responsibility of prescribing a large dose if he can see the child frequently, as this is the cretin's only chance to regain some at least of his lost mental and physical development.

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YOU CAN TELL BY THE SMELL. Just sniff the fresh-air-sweetness of Surf-clean clothes! New Surf gets clothes sweeter than ever because it gets them cleaner than ever. Surf-clean clothes smell fresh-air-sweet even if dried indoors.

New Surf takes out hidden dirt that other suds leave—is twice as effective in removing odour. Gets clothes whiter, brighter, sweeter than ever before.

New Surf—at your grocer's now in a brand-new box—is better than ever. Gets clothes so much cleaner than other suds you can actually smell the difference!

"Lab" tests tell Surf's secret. Surf contains a wonderful detergent. Laboratory tests show it gets out hidden dirt, grease and germs that other suds leave in your clothes... that it's twice as effective in removing "dirty clothes" odour—takes out every trace. Gets clothes so clean you don't even need to rinse. (If you prefer to rinse, see the work saving tip at right.)

So gentle, too—easy on hands. Surf floats out even the deep-down dirt so very gently it's safe for everything you wash. Use it for everything from the heaviest, grimest work-clothes to your best party finery!

Try Surf, next washday. Hang up a wash that's not just whiter and brighter to the eye, but sweet-smelling clean as a spring breeze. If it's Surf-clean, it's really clean!



ADD SURF to the rinse water. Although Surf-clean clothes, even without rinsing, are the cleanest ever, this helps keep them sweeter longer.

RINSE ONCE. One light Surf-rinse is more effective than several clear-water rinses. Saves time, work, water—is easier on your clothes. Leaves them soft, easy to iron.

SWASH. Surf-washed, Surf-rinsed, Surf-clean clothes are sunshiny-white, bright, fresh-air-sweet, even if dried indoors! Truly astonishing! There never was anything like it!



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Modern Etiquette

By Roberta Lee

Q. If a man has been invited to dinner in someone's home, and suddenly finds it will be impossible for him to arrive at the appointed hour, what is the best thing for him to do?

A. Telephone his host or hostess immediately, explain, and request that they do not wait for him.

Q. Are the expressions "gentleman friend" or "boy friend" in good taste?

A. No. You may speak of a man friend, or "a man who is a friend of mine." The expression "boy friend" is especially bad taste.

Q. How long before the hour of the wedding ceremony should the guests arrive?

A. About twenty minutes, and never later than ten minutes, before.

How Can I!!!

By Anne Ashley

Q. How can I keep the birds around my yard?

A. Keep a bird bath in your yard, and be sure that it is always filled with clean water. If they are not supplied with this necessity during a dry summer, they will seek another home.

Q. How can I restore thin silk?

A. Dip it into a weak solution of gum arabic, two level teaspoons dissolved in a quart of water; then strain through cheesecloth.

Q. How can I restore cut flowers that are slightly withered?

A. Pour a weak solution of camphor into the water in which the flowers stand.

Better English

By O. C. Williams

1. What is wrong with this sentence? "It's just like we thought, he bought the trinkets off of a peddler."

2. What is the correct pronunciation of "different"?

3. Which one of these words is misspelled? Hippodrome, hilarity, hipodermic, hierarchy.

4. What does the word "interminable" mean?

5. What is a word beginning with "con" that means "to go or act contrary to"?

ANSWERS

1. Say, "It's just as we thought, he bought the trinkets from a peddler." 2. Pronounce dif-er-ent, three syllables, and not dif-er-nt. 3. Hippodermic. 4. Endless. "The days and weeks of waiting seemed interminable." 5. Contravene.

Cook's Corner

JELLY FANS

1 package prepared muffin mix, 2/3 cup milk, 1/2 cup jelly (currants, grape, apple, etc.)

Start oven at 375 degrees F or moderate. Pour all the muffin mix into a bowl and stir in the milk, stirring until dough leaves sides of bowl. Then roll out on lightly floured board to make an oblong about 1/4-inch thick. Spread with a thin layer of jelly and cut in strips an inch wide. Put six of these strips together in layers and place in greased muffin tins with the cut ends up. Bake 25 minutes. Makes 15 medium-sized muffins.

MOLASSES SPICE CAKES

1/2 cup shortening, 1/2 cup brown sugar, 1 cup molasses, 2 well-beaten eggs, 2 1/2 cups flour, 1/2 teaspoon salt, 1 1/2 teaspoons baking powder, 1/2 teaspoon soda, 1/2 teaspoon cinnamon, 1/2 teaspoon nutmeg, 1/2 teaspoon cloves, 1 cup sour milk or buttermilk.

Thoroughly cream shortening and sugar; add molasses and blend; add eggs, beat thoroughly. Add sifted dry ingredients alternately with milk. Fill greased cupcake pans two-thirds full. Bake in moderately hot oven, 375 degrees F, 25 to 30 minutes. Makes 24 dozen small cupcakes. Crunchy Brierley Topping: Mix together 3 tablespoons butter or margarine, 3 tablespoons brown sugar, 2 tablespoons top milk, 1/2 cup crisp wheat flakes, and 1/4 cup chopped nuts. Spread on cupcakes. Place under broiler until mixture bubbles and browns lightly, 3 to 5 minutes.

Morning Smile

No Trouble At All

Lung Specialist — "A man who sings at the top of his voice for an hour a day won't be troubled by chest complaints in his old age."

Pre-Med — He probably won't even be troubled by old age."

The Stars Say - -

By Genevieve Kemble

For Tomorrow

A BRILLIANT flash of constructive ideas, a sudden turn of events, motivates a drastic urge to put over such a situation with ingenuity, skill, perhaps with hammering blows. It may be more fruitful, however, to put off for a while such a spectacular crash of the gates in order to inject the personal element, which could help out the fertile situation. More practical plans might be worked out with the aid of pleasant and winning ways.

For the Birthday

Those whose birthday it is, with exceptional ways and means of tiny as well.

DOROTHY DIX SAYS—

First Dance

Girl Objects To Parents Attending School Affair

DEAR MISS DIX: I am a junior in High School, and we recently held our prom, which was our first formal and something we looked forward to all through school. We went to lots of trouble to decorate our gym, which did look beautiful. Then when we entered the room on the night of the dance, dressed in our best, we were greeted by many mothers and fathers who occupied chairs and tables around the gym for the rest of the evening. We're very glad to have them come to see the decorations, but can't understand why they have to stay at the faculty attend the dance. We will be having other dances in the fall, and would like to know how to handle this "parent" situation.



ANSWER: You must try to understand. Kathy, exactly why so many parents attended your prom. Their purpose was not to act as chaperones, and certainly they did not want to be in the way. Their sole motivation was pride in their little darlings—male and female—dressed to the hilt and being really "grown up" for the first time.

YOU ARE RIGHT

I agree with you that they should have been satisfied to inspect the decorations, stay for a short while to watch the dancing, then go home and leave the youngsters on their own. This probably will be the procedure on future dances; the "first" formal is the one that brings out the parental pride. Remember, too, that many parents never had the privilege of such dances in their own youth and take double pleasure in the vicarious thrills they get from their children's affairs.

From your letter I can see that you conducted this affair admirably, and you, too, should feel pride in having your parents see how well you assume responsibility.

DEAR MISS DIX: I am 23 years old and was going steady with (Continued on Page 3)

Anne Adams Patterns

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achievement, have splendid promise of putting over ambitious objectives, particularly if these involve the expression of new initiative, brilliant flashes of ingenuity or originality. It would be wise to switch some of this talent into personal equations, which are accentuated now, and into realistic charm and allure. Instead of pointing the drive toward force and immediate pushing into sensational channels. Romance may delight practical activities and adventures. A child born on this day should have accented social, romantic and intellectual talents. Have a colorful career. Perhaps inventive genius, as well as rare creative skills may play a part in its destiny as well.



4647 by Anne Adams