

Must Honor the Farmer For Superb Production

TO SATISFY the desire of American homemakers, food scientists and chemists have produced prodigious changes in the flavor, size, shape or nutritive quality of fruits, vegetables, meat and poultry.

The "have" tailored the small turkey, the broiler-fryer and the meat-type hog. They're working to develop beef cattle that will produce milk with more solids and less fat, and hens that will lay eggs with longer-lasting fresh qualities.

FOODS NOW PROCESSED—Scientists have taken out of the kitchen many of the processes, packaged and stored to retain flavor, color and nutritive values.

Ready-to-eat vegetables and meats are available in all kinds; many mixes; concentrated juices; dehydrated potatoes; frozen fruits for use in trees and TV dinners, all give homemakers extra time with their families and for recreation.

Because of research—application of the laws of physics to the retail store, and the home—we are the best-fed nation in the world.

The condition "best-fed" depends on two things: One is the amount of food available; the other is the quality of the food. Homemakers in planning a diet menu; otherwise, inferior mix food combinations appear.

But if we are to continue to be "best-fed" farmers must keep up and even exceed their present productivity. Every year, something we eat comes from the earth. On the average, every American consumes 2,000 pounds of food to feed 26 persons a day for a year. This means that the farmer feeds 750,000,000 people by that group alone.

Let us honor the farmer and his family, and let us help protect our family's health, by preparing this food by the best methods available, with its grace, and with a warm glow of thankfulness.

MUSHROOM—Shrimp Saladettes
Roast Smoked Turkey Roll
Brown Sauce

ELLEN'S DIARY

Will Prechaut Escape In A Brand New Year?

And then a new year was born. I shall grow better ... kinder, less afraid.

Am I to live with O'Brien? I grouch about the way the world is going. As if it matters how the dishes lie.

Tonight I pray that as the months are spent, I shall look over in my heart. If there be aught unclean—no evil thing.

To grow, and spread its roots, and bear fruit. But only good alone, shall lift its head.

Am I to be a girl, and gentle words be said. Tonight I pray that this new year will bring me strength for the going, be it what it may.

And always, God, a light to guide and bless, And I am going to see ... my happiness.

Until Monday—A Diary—Good-night.

Story of Light Cabinet Changes

The Highfield United Church Sunday School presented a Christmas program on Tuesday evening.

The "Candlelight" theme opened with the "Story of Light," directed by Miss G. G. Brown, in which white entering the church with lighted candles and singing.

The junior pupils participated in a "Christmas Treat" presented by Miss G. G. Brown, followed by a playette performed by Mrs. Charles MacKinnon.

Baked Halved Sweet Potatoes
Kraut-Apple Casserole
Pineapple Snow Pudding
2 1/2 cups minced peeled onion
1 qt. drained sauerkraut (rinsed with cold water)

Melt butter, add onion; cook until color changes. Add drained, rinsed sauerkraut, apples, cider, lemon juice, meat broth, caraway seed and sugar. Simmer 35 min.; add salt to taste.

TOMORROW'S DINNER
New England Fish Chowder
Pilot Crackers; Mixed Cooked Vegetable Salad with Hard-Cooked Eggs and Chopped Roast Peanut Garnish; Warm Ginger Tea, Milk.

NEW ENGLAND FISH CHOWDER
2 c. diced peeled raw potato
1 tsp. sugar
2 tsp. minced onion
1 bay leaf
1 1/2 c. flaked cooked fish or 1 lb. fish fillets, cooked and flaked

Combine potato, boiling water, onion, bay leaf, 1/2 min., until potato is tender. Add fish, bring to boil; then stir in milk.

Bring to a boil. Add butter, salt, pepper, and lemon juice. Combine potato, boiling water, onion, bay leaf, 1/2 min., until potato is tender. Add fish, bring to boil; then stir in milk.

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WHAT'S HAPPENING

Audrey Jenkins, Women's Editor; Phone 4-5506

Lieut. Col. the Honorable W. J. MacDonald and Mrs. MacDonald received during his Honors' first annual New Year Eve at Government House from 11 to 12:30 on New Year's Day.

The Governor's secretary, J. Elmer Blanchard, and aides camp Lieut. Col. C. M. MacLeod, MC Major R. D. MacGillivray, CD, Lieut. Cmdr. J. H. Hoizon, CD and Sgd. Ldr. J. R. Stewart were in attendance.

Over 800 gentlemen called to pay their respects. The radio sunshine and new fashions created a festive backdrop and New Year's atmosphere for the historic and beautiful mansion.

Silver and white decorations dominated the well appointed interior. The old residence while in the dining room silver candelabra with a three-tiered wedding cake.

Attending the groom was Reginald MacLellan, as best man. The ushers were Bill Noonan, brother of the groom, and Jack Simpson.

Following the ceremony, reception for approximately 800 guests was held at the Canadian Legion Home. The bride's table was centered with a white bow contrasted with an orange blossom.

The altar was decorated with baskets of mums and roses and the guest seats were decorated with satin bows contrasted with an orange blossom.

Reverend Arsenault was officiating. A choir of six young girls, accompanied by Mrs. Clarence Steele, provided music during the ceremony.

The bride, given in marriage by her father, wore a full-length gown of white chiffon over peau de soie. The simplicity of the bodice was underlined by attractive lace applique, which was also dramatically inserted on the cross-over controlled bell skirt.

The groom's mother chose a winery dress with matching hat, and a brown squirrel cape. Her accessories were white and black with a corsage of white carnations.

Dr. James Noonan cousin of the groom, was master of ceremonies. He proposed a toast to the bride which was responded to by the groom. Speakers were introduced and MacLellan, Summerside, recently spent a few days with her sister and her parents, Mr. and Mrs. George MacLean, Hampton, N.B.

Mr. and Mrs. Harlan McEllan and Janet Birch, Truro, were in attendance for the days with Mrs. McEllan's parents, Mr. and Mrs. Howard Schurman, Central Bedouque.

Elizabeth Ramsay, a motion picture actress, was in attendance at the Christmas vacation of her parents, Mr. and Mrs. Evelyn Moore, Kensington.

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Carপর and Mrs. K. K. Green and their two children, Linda and Carl, who spent the Yuletide season with Mrs. Green's parents, Mr. and Mrs. Otto Doull, Central Bedouque, returned on Sunday to Greenwood, N.S., where Corporal Green is stationed.

Sharon Cameron, student nurse at the Prince County Hospital, Summerside, recently spent a few days at her home in Springfield, N.S.

Elizabeth Trainor, RN, M.O., recently visited Mr. and Mrs. Hubert Morrison, Pleasant Grove, and Mr. and Mrs. Alfred Morrison, Millville.

Lac Winston H. Provencher, Chibougamau, Que., arrived on the Island Monday to spend his leave with his parents, Mr. and Mrs. J. H. Provencher, South Melville.

Ordinary Seaman Kenneth Clark, HMCS Shearwater, is spending the Christmas and New Year holidays at the home of his parents, Mr. and Mrs. Harold Clark, Central Bedouque, and returns to his duties today.

At a recent meeting of the National Federation of University Women, Prince Edward Island branch, a resolution was unanimously passed in support of the new Victoria General Hospital, open to all, which will give a great degree of science and education and facilities in agriculture and fisheries.

Mrs. Gordon Ramsay, a daughter of the late J. S. Denon, 26 St. Marks's home, 4 Donovon Drive, in honor of her late father, who recently married to Bradford Murray, Charlottetown.

Private James B. Peters of the American Army, left Tuesday morning on return to Fort Dix, New Jersey, after having spent the Christmas holidays with his mother, Mrs. J.C. Peters, at a home on the corner of Marlborough Street, Charlottetown.

Phyllis Campbell, RT left yesterday for Halifax, where she will resume her studies at the Victoria General Hospital after spending the Christmas holidays with her parents, Mr. and Mrs. J.C. Campbell, Prince Street.

Catering at the New Year's Day levee of Premier Walter Shaw was carried out by the staff of the Victoria General Hospital while women of the Fifth District Queens Women's Conservative Association were in charge of ushering, serving and replenishing.

MARY HAWORTH Bachelor's Day Dreams Indicate His Inadequacy

Dear Mary Haworth: I am a bachelor, looking for a worthwhile girl to marry. Do you know of any? I believe I have merit to offer.

My philosophic concept of the world has been developed by observing womankind in countries around the globe. In Ontario, I am a resident. Where can I find a girl who doesn't smoke as if it were the life of her? Who is not indifferently? Who isn't lazy? Isn't a religious bigot on Sunday and a moral weakling on other days?

Where is the American girl who doesn't demand that her man take her, light her cigarette, who isn't a tiresome egotist? Who doesn't brag of her "inopportunities"? Doesn't have a simine attitude? Doesn't consider luxury the equivalent of happiness? Who is sexually competent?

What region, what social environment, if any, in the U.S. produces young women who can actually contribute to a love partnership? A girl who is good, physically active and well built? Who reads good material? Who reads books, knows the value of money and has (or makes) more?

Where is a girl whose traditions and habits prepare her to be a good companion? Who is fair to you—others in the family? Use knitting worsted 2 or strands of cotton.

Lounge in cozy luxury in crocheted slippers, mosaic in white trim; other directions. Pattern 7276; directions. Pattern 7276; directions. Pattern 7276; directions.

Thirty-five cents (coins) for this pattern. Ontario residents add a cent sales tax. Print plainly. NAME, ADDRESS, STYLE NUMBER, and city. Send to: ANNE ADAMS, care of Guardian, Patriot Pattern Dept., 60 Front Street West, Toronto 1, Ontario.

Roses And Mums Decorate Altar At Autumn Wedding

St. Paul's Roman Catholic Church was the scene of a recent autumn wedding, when Elizabeth Amelia, youngest daughter of Mr. and Mrs. Henry Mallet, Summerside, was united in Holy Bonds of Matrimony to Richard Preston, son of Mrs. Preston Noonan and the late Preston Noonan.

The altar was decorated with baskets of mums and roses and the guest seats were decorated with satin bows contrasted with an orange blossom.

Reverend Arsenault was officiating. A choir of six young girls, accompanied by Mrs. Clarence Steele, provided music during the ceremony.

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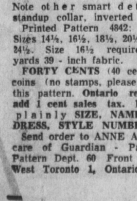
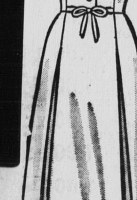
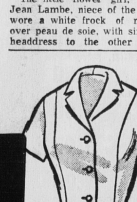
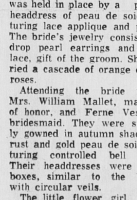
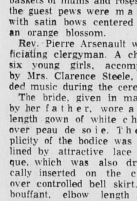
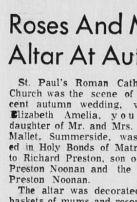
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WOMEN'S ORGANIZATIONS Dock Institute To Find Sewing Class Assistant

The singing of Christmas carols opened the December meeting of Mrs. John MacGregor and the fun and nonsense will be prepared by Mrs. S. Montgomery for the Jan 4 meeting.

Whitely River U.C.W. Mrs. James Ware entertained the members of the Whetley River United Church Women when they met for their annual meeting on Dec. 12.

The secretary reported receipt of letters from the Home Nursing Course and received certificates and that the sewing class for school children, under the instruction of Mrs. L. D. MacLean, opened classes on Nov. 18.

A vote of thanks was extended to the retiring officers and the members of the co-operation team. Mrs. Roy Brown volunteered to be the school children's representative.

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