



MODELS FOR PARADE OF SPRING FASHIONS

The group of attractive models pictured above will be seen at the Parade of Spring Fashions. Reading from left to right, front row: Mrs. Lloyd Cox, Mrs. Allison Rogers, Mrs. James Hornby, Miss Joan Boyles, Miss Ann MacKay, Miss Madge Mugford, Miss Jessie Bingham. Back Row: Mrs. Keith Johnson, Miss Constance Rogers, Mrs. George Ives, Mrs. Ernest Lord, Mrs. Wellington MacNeill, Miss Patricia Wynn, Mrs. David Scales, Mrs. G. G. Houston.

ELLEN'S DIARY

Merry Sleigh Bells Are Part Of A Winter's Fun

These days, January weaving his last winter designs on the landscape presents us with beautiful scenes and varied. Yesterday, we looked out on a world of crystal, one which possessed all the wizardry and charm of a silver thaw. This morning, we beheld another fairyland of place this time executed in a length of winter-white.

Every branch and twig of yard,



MR. AND MRS. PETER J. FUNKE

Notre Dame Graduate Wed In Saskatchewan

St. Joseph's Church, Claybank, was the scene of a very lovely wedding at 10 a.m. on Nov. 23rd when before an altar beautifully decorated with mixed flowers and vigil lights, Mary Estelle, daughter of Mr. and Mrs. Matthias Flood, New Wiltshire, P.E. Island, became the bride of Peter Jacob, son of Mr. and Mrs. Paul Funke, Claybank, Sask.

Rev. J. C. Keohan performed the ceremony and celebrated the nuptial mass. During the mass, appropriate hymns were sung by Mr. Henry Forer. Mrs. Joseph N. Jeleniski presided at the organ.

The bride who was given in marriage by her brother-in-law, Mr. R. B. Jeleniski was winsome in her floor length gown of two tiers of nylon net with a yoke of Chantilly lace and inserts of lace. The nylon net and lace was over a hooped skirt of bridal satin fashioned with full skirt.

The long sleeves of lace tapered to a point over her hands. Her finger tip veil of tulle illusion fell gracefully from a coronet of seed pearls and sequins. She wore a pearl necklace and earrings and carried a bouquet of red roses with feather buds and a sterling silver rosary, each bead in the shape of a wedding bell. This was the gift of Fr. Keohan.

Mrs. R. B. Jeleniski, sister of the bride was maid of honor, dressed in a floor length gown of blue nylon net and lace over a hooped skirt of satin with a feather head-dress and a bouquet of pink carnations.

The bridesmaids were Miss Jeanette Funke, sister of the groom and Miss Marlene Jeleniski, friend of the bride. They wore ballerina length dresses of nylon over satin in colors of beige and gold with matching feather head-dresses and carried nosegays of carnations to match their dresses.

Little Miss Linda Strubbe, niece

LET'S EAT

Humble Carrot Has Very High Protein Value

If "Vitamin A" is just another term to you, better read on: Vitamin A is essential to a radiant complexion, smooth skin and good vision. It contributes lustre and good health to the hair, has a beneficial effect on many of the mucous membranes (or inner linings) of the body.

As Vitamin A is not stored in the body, you need a fresh supply every day.

All green and yellow vegetables and yellow fruits are high in Vitamin A, but the humble carrot equals them all. The crunchy yellow roots rate 48,000 International DAILY ALLOWANCE.

The daily Vitamin A allowance for an adult estimated by the Units of Vitamin A per pound, kitchen weight!

U.S. Bureau of Human Nutrition is 5,000 International Units.

To get this, you might have 2 tablespoons butter or margarine, 1 pint of whole milk, 1 egg, and a choice of a generous serving of any cooked or raw green leafy or yellow vegetable.

Now think of this: One raw carrot, 5 1/2 in. long and 1 in. thick (or its equivalent in cooked carrots) provides over 5,000 International Units of Vitamin A, enough for the entire day's allowance!

COOKING IS OKAY

Fortunately, Vitamin A is not lost in cooking. Just boil the carrots in not more than one inch of salted water, as previously advocated in this column. Don't add butter or margarine for seasoning until you're ready to serve as Vitamin A is soluble in fat. If the carrots are cooked after butter is added, the potency of the Vitamin A may be impaired.

Tomorrow's Dinner - Clam Juice bouillon, chopped minute steaks broiled with mushrooms, parsleyed potatoes, carrots with celery, cranberry graham cake, or fall fruit cup, coffee or tea, milk.

All measurements are level; recipes proportioned to serve 4 to 6.

Cranberry Fruit Cake: Combine and mix 1/2 c. sugar, 1/2 c. fine graham cracker crumbs, 1 tsp. cinnamon, 1/2 c. chopped filbert meats and 1 1/2 c. melted butter or margarine. Stir-fry 2 min. in a heavy frying pan.

Spoon 2-3 of mixture into well.

TEETH TROUBLE

Dental caries may attack the teeth of children under three years of age.

WIFE PRESERVERS

Mr. Funke who works with the Galvin Plumbing and Heating Co., Regina, during the winter months, is the proprietor of a large wheat and livestock farm in Claybank, Saskatchewan, where he and his bride will be residing after March 1st.

LET'S EAT

Humble Carrot Has Very High Protein Value

Next, to 3 c. canned or home-made cranberry sauce, add 1 tbs. crushed fine-grated orange rind. Pour over the crumb mixture. Top with remaining crumb mixture.

Bake 30 min. in moderate oven, 350 degrees F. Cook. Garnish with whipped cream.

Fall Fruit Cup: A timely combination is 1/2 c. each canned pineapple chunks, diced red-skinned apples, diced orange sections and diced fresh pear. If too tart, spoon over 2 tbs. frozen orange juice mixed with 1 tbs. cold water, stir and chill. Serve in sherbet glasses.

Trick of the chef—Heat together equal parts of bottled clam juice and tomato juice; add a dash of Tabasco.

LET'S EAT

Humble Carrot Has Very High Protein Value

Next, to 3 c. canned or home-made cranberry sauce, add 1 tbs. crushed fine-grated orange rind. Pour over the crumb mixture. Top with remaining crumb mixture.

Bake 30 min. in moderate oven, 350 degrees F. Cook. Garnish with whipped cream.

Fall Fruit Cup: A timely combination is 1/2 c. each canned pineapple chunks, diced red-skinned apples, diced orange sections and diced fresh pear. If too tart, spoon over 2 tbs. frozen orange juice mixed with 1 tbs. cold water, stir and chill. Serve in sherbet glasses.

Trick of the chef—Heat together equal parts of bottled clam juice and tomato juice; add a dash of Tabasco.

Women

Lena Caroline McLure, Women's Editor. Phone 8506

Page 18 The Guardian Friday, Jan. 31, 1958

HAPPENINGS

Senator F. Elsie Inman has played a prominent part in the recent Liberal convention. The following is a quote from an Ottawa paper regarding Senator Inman: "Particularly pleased with the role women have taken in the leadership convention is Senator F. Elsie Inman. 'The women have been given wonderful recognition by the national executive and they are doing a very good job,' she said yesterday. Senator Inman, who was wearing a pink and green lady slipper - emblem of Prince Edward Island - is doing the job of two men these days. She is a member of the general convention committee and national chairman of the resolutions committee. Yesterday she presented a resolution on housing to the committee. Asked who she was backing she felt it was 'not the place of a Senator to say.'

Bridge was enjoyed by members and friends of the Charlottetown Business and Professional Women's Club at the Y.M.C.A. on Tuesday evening. The success of this bridge was due to the Ways and Means Committee with Miss Emma Holmes as Chairman, assisted by Mrs. Chris Pickard, Mrs. Helen Sumter, Mrs. Ireta Sutherland, Mrs. Florence Poole, Misses Rosa Bell, Iphigene Arsenault and Gertrude Love.

Prizes were won by Progressive Mrs. Nora Irvine, Mrs. Raoul LePage and Mrs. Ernest Lord. Non-progressive, Miss Allie MacLeod, Mrs. Jean Larabee and Miss Helen Cox; Travelling prize, Miss Isabel MacDonald; Lucky chair, Miss Marion Shaw; Mrs. Agnes Hoyt was in charge of the prizes.

MARY HAWORTH

Is Captive To Bad Habits

Dear Mary Haworth—Bill and I have been married four years, have a baby son and expect another child next April. Bill is considerate, we never argue and he would give me the moon if he could... but we have a problem that is driving me crazy. Bill spends money like water, and is always losing jobs. As of today we owe \$2,000, long overdue; and hardly a day goes by that two or three creditors don't call, threatening to sue. When I mention it to Bill he just nods, but he doesn't pay, as he is out of work again. He has spent \$250 in the last 10 days on clothes for himself and taxi fares. . . . I have tried not to push him about money. I never buy anything for myself - except one maternally dress in four years. What few clothes I have were gifts from my family or his; and even the baby's clothes are gifts from them too.

HOUNDED BY CREDITORS

The hospital and the doctor aren't paid yet for the baby's birth; and I am ashamed to go back to my doctor with this second pregnancy until I've paid him for the first. Also I think I'll lose my mind if I have to listen to one more threatening creditor. . . . Bill tells me to go buy clothes if I need them, but I'd rather do without than have a debt hanging over me. And I never have cash for shopping. Bill gives me money for groceries and rent, and that's all.

HARD PROSPECT

On this theory he has married, begot children, run into debt, etc. never really accepting responsibility (in his own mind) for his actions - always assuming, as you say, that somehow the ordinary ground rules won't apply to him. That he will get magic help from somewhere.

CAPTIVE TO HABIT

Dear P. F.—You say Bill has

GRAHAM'S ROAD W.I.

The regular meeting of Success W.I. was held at the home of Mrs. Roy W. Brown on January 14th. Meeting opened by repeating ode, followed by Creed in unison.

Roll call was answered by twenty-one members and six visitors. Minutes were read and approved. Correspondence was read by the secretary. Two new members were welcomed. Bills were presented and moved all bills be paid. \$5.00 was voted for the March of Dimes. Films are to be shown on the second Friday of the month. It was decided to hold a Card and Crokinole party in the hall on January 17th.

Mrs. Ray MacLeod gave a most interesting paper on Education. A relay race was put on by Mrs. J. Campbell. The Red Cross conveyer passed around sewing and knitting. Three premium blankets were auctioned off which brought the sum of \$13.00. Collection taken. Amounted to \$7.00.

Meeting closed with National Anthem to meet next month at the home of Mrs. John MacKey.

FOR HIGHEST QUALITY IT'S

Holmes and Bradley FOR THE BEST ARRAY OF MISSES' AND CHILDREN'S WEAR. 159 Queen St. Dial 3414

EXPERT DRY CLEANING

Look smart in expertly cleaned clothes If your clothes are not becoming to you—They should be coming to US Master Cleaners 122 Fitzroy St. Dial 5636

FRESH POTTED MEAT

POULTRY FISH MEAT THOMAS H. MILLS Hillsboro St. Dial 4235

A Camp Night Meeting Held At Zion Y. P. S.

On Tuesday evening, January 28th, Zion Y.P.S. opened their regular weekly meeting with the business portion presided over by the president, Mary Farquharson. As January 28th to February 2nd is Christian Youth Week, several of the young people will be taking part in the Sunday evening service, February 2nd. An executive meeting was planned for Thursday evening. All were urged to attend the Inter-Varsity Fireside Hour at the Y.M.C.A., Sunday evening at 8.45 p.m. The young people then adjourned to the lower hall where the

ROLL CALL TO BE ANSWERED WITH A DAILY HEALTH HABIT.

Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

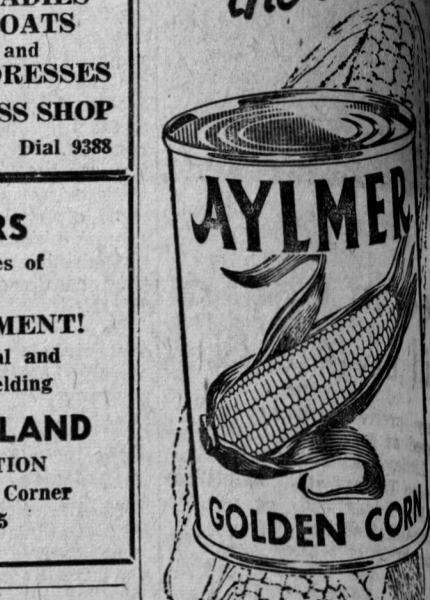
Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

Roll call was answered with a Daily Health Habit. Lunch was served by the hostess, assisted by Mrs. John MacGregor and Mrs. George MacLeod.

HOUSEHOLD HINT

Sage can be used to create a flavor treat with stewed tomatoes or string beans, as well as with port or in stuffing. Always cook pork steaks and chops slowly, and for a long time. If you cook them fast, they lose much of their flavor, through the appearance of the fat.

Sweetest eating corn that ever came off the cob!



Sweet, tender corn... every golden kernel packed with sunshine freshness!

Best for Baby's Coughs

Specially formulated for babies! Breaks up phlegm—eases wheezing.

ATTENTION ALL LOBSTER FISHERMEN!

We can supply large cedar posts suitable for buoys! Anchors and fence posts also available. MacDONALD & ROWE WOODWORKING CO. LTD. DIAL 8575 OR 8576

EATON'S 2 P.M. SPECIALS

ON SALE SATURDAY AT 2 P. M. AND REMAIN ON SALE WHILE QUANTITIES LAST! STORE OPEN TONIGHT (FRIDAY) UNTIL 9 P. M. -- OPEN SATURDAY FROM 9 A. M. UNTIL 5.45 P. M.

<p>Men's Wool Gloves</p> <p>Leather palm gloves with warm wool backs. Sizes small, medium and large. Brown, grey and navy.</p> <p>2 P. M. Special pair 1.29</p>	<p>Boys' Lined Mitts</p> <p>Lined muleskin mitts. Sizes 3 to 6. Brown only.</p> <p>2 P. M. Special pair 50¢</p>	<p>Levels</p> <p>9" aluminum torpedo level plumb. Level and 45° angle glass.</p> <p>2 P. M. Special, each 99¢</p>	<p>Steak Knives</p> <p>6 piece stainless steel steak knife set. Stag type handle. Serrated edges on blades. (Hardware Dept.)</p> <p>2 P. M. Special, set 2.25</p>	<p>Party Napkins</p> <p>Assorted designs and sizes - paper party napkins.</p> <p>2 P. M. Special, package 19¢</p>	<p>Fountain Pens</p> <p>Smooth writing pens in assorted colour barrels.</p> <p>2 P. M. Special, each 49¢</p>
<p>Flatware</p> <p>Assorted serving pieces in Flair pattern.</p> <p>2 P. M. Special, each 79¢</p>	<p>Women's Jerseys</p> <p>Assorted fancy and plain styles of a wide range of colours. Sizes small, medium and large.</p> <p>2 P. M. Special, each 2.49</p>	<p>Block Plane</p> <p>Finest quality, well balanced. About 7" long with 1 1/2" cutter.</p> <p>2 P. M. Special, each 99¢</p>	<p>Clutch Bags</p> <p>Plastic clutch bags in assorted colours and sizes.</p> <p>2 P. M. Special, each 1.89</p>	<p>Rayon Curtains</p> <p>Tailored rayon curtains in white only. Size about 42" x 81".</p> <p>2 P. M. Special, pair 1.99</p>	<p>Cotton Loop Mats</p> <p>Washable cotton loop mats with rubberized backing. In assorted colours. Size about 36"x60".</p> <p>2 P. M. Special, each 5.95</p>
<p>Women's Nylon Hose</p> <p>Clearance of various weights and gauges including some seamless. Assorted beige shades. Substandards! Sizes 8 1/2 to 11 in the lot but not in every weight or shade.</p> <p>2 P. M. Special, pair 53¢</p>	<p>Men's Jumbo Cardigans</p> <p>Roll collar, 2 side pockets with button front closing in jumbo knit. Colours: black, green and maroon. Sizes 36 to 46.</p> <p>2 P. M. Special, each 3.99</p>	<p>Ladders</p> <p>Wooden ladders, strongly made of selected wood. Steel rod reinforced. Pail holder.</p> <p>2 P. M. Special, each 4.29</p> <p>6 ft. each 5.29</p>	<p>Men's Sport Shirts</p> <p>Long sleeve cotton sport shirts with one breast pocket. Assorted patterns and colours. Sizes small, medium and large.</p> <p>2 P. M. Special, each 1.59</p>	<p>Clearance! Women's Cotton Housedresses</p> <p>Assorted styles and assorted prints. Sizes 14 to 24 1/2. Reduced to clear.</p> <p>2 P. M. Special, each 1.99</p>	<p>Boys' Jean and Shirt Sets</p> <p>Blue jeans with elastic waistband and zipper fly, 2 pockets and flamelette lining. Brightly colored flannel shirt to match lining of jeans. Assorted patterns. Sizes small, medium and large.</p> <p>2 P. M. Special, set 2.98</p>

During Eaton's Semi-Annual Sale of Furniture, House Furnishings and Appliances Budget Plan and Budget Coupon Terms. AVAILABLE WITH NO DOWN PAYMENT ENDING FEB. 15th THE T. EATON CO. LIMITED CHARLOTTETOWN BRANCH