

CONFIDENTIALLY YOURS

by Byrne Hope Sanders



MONTREAL, June 14th—Freedom from both! It's so essential to loveliness, to be free of both perspiration and odour. That's why more Canadians buy the creamy ARRID than any other deodorant. Just rub ARRID in—rub odour out. You can be certain of your charm and freshness with ARRID—the pure, white, vanishing cream deodorant with that safe and exclusive new ingredient, Perstop.

Oh Happy Day!... It was a grand day for me and my family when I discovered the full-bodied flavor of LIPTON SOUPS. Serve soup and a sandwich for lunch. Reach for a package of delicious Lipton Soup when you come in from a long drive—or the kids come rushing home from school, hungry as bears! In the time you greet them you can have a pot full of hearty soup... Onion... Tomato Vegetable... Beef Noodle... or Chicken Noodle... ready for your hungry darlings. So good—so economical!

It's Such A Comfort! You face the world with your complexion at its best, when you use LANOLIN PLUS LIQUID MAKE-UP. You know the protective benefit of its high lanolin content... a helping to overcome dry skin, flaking, wrinkles. Choose one of its five delicate shades—to blend and harmonize with your own skin tones! See how quickly a ray of sunshine smooths over your face and throat—and what an exquisite fragrance. Do get the best there is—bring this new beauty to your complexion, the new treatment that's a skin beautifier too!

I Love Writing About Babies... and enjoy telling you about the very fine formula milk, perfected by O.V.V. GATE (Canada) Limited... specialists in milk formulas for infant feeding. Now you can get just the right formula that suits your baby best. Ask your doctor which type of Farmer's Wife you should use for your lovely babe. Every grocer and druggist has Farmer's Wife in stock, and he knows that they're always in demand. Your baby has the best there is—and then what else should you have? All Farmer's Wife milk formulas are vacuum packed in a golden lined tin to protect the flavor and nourishment.

A Taste Thrill! Just reading this scrumptious "Minute Meal" makes one realize how good it will be—but do try it! Mrs. K. F. Schmidt of Trail, B.C., will receive \$10 for sending it. She uses BORDEN'S King Size Cheese Shreds.

Now send me your ideas for serving any of the fine Borden Cheeses! Confidentially Yours, 1411 Crescent St., Montreal.

WOMEN

Page 8, The Guardian Thurs., June, 14 1956



MacFADYEN-BATT WEDDING

Baskets of yellow and white snapdragons formed the setting at St. Paul's Church on the morning of May 19th at 10 o'clock, when Gloria Jean, only daughter of Mr. and Mrs. F. M. Batt, became the bride of Mr. Malcolm Victor, son of Mr. and Mrs. D.A. MacFadyen.

The Rev. Canon J.T. Ibbot performed the ceremony. Mr. Mark Ladner was best man, and the ushers were Mr. David Nicholson, Mr. H. John Harris, F.R.C.O. was organist and during the signing of the register "O Perfect Love" was sung by Miss Maida Rogerson.

The bride, given in marriage by her father, was gowned in a ballerina-length dress of white nylon flock over nylon taffeta fashioned with a scoop neckline and bouffant skirt. A fitted bolero of the same material was worn over her dress. Her elbow length veil of tulle illusion was held by a wide white velvet bandeau covered with white velvet leaves and flowers, and she carried a bouquet of red roses.

Miss Gloria Mackinnon, a bridesmaid, wore a gown of pink nylon flock over nylon taffeta fashioned with a scoop neckline and bouffant skirt. A wide bandeau honored with tiny flowers formed her headband, and she carried a nosegay of pink and white sweet-honey roses.

Mrs. Batt, mother of the bride chose for her daughter's wedding a navy blue dress, with lace skirt and oversleeves of lace in the bodice, white accessories, completed her costume, and her corsage was of white carnations.

Mrs. MacFadyen, mother of the groom wore navy blue sheer over taffeta with white accessories, and corsage of white carnations.

Following the ceremony, a reception was held at the home of the bride. Tall pink tapers, and pink snapdragons were used to decorate the rooms. Mrs. David Nicholson, Miss Janet Rogers, Miss Phyllis Clark, and Miss Jean Isabel MacDonal, served. The toast to the bride was proposed by the Rev. Canon J.T. Ibbot.

For travelling the bride chose a navy blue dressmaker suit with pink accessories and a corsage of pink and white carnations.

MARY HAWORTH
Husband Is Wonderful But Philanders

Dear Mary Haworth: My husband has all the wonderful qualities that anyone could ask for in a life partner. But nobody is perfect, of course, and his one imperfection seems almost to overshadow all his fine qualities, at least in my eyes. And this is his inability to be faithful in marriage.

My problem is how to deal with this, in order to keep our home as free from tension as possible, for his sake, and for the sake of our children.

John tries hard to be a good husband and father; but he is bored at home, even though I am keenly interested in all that concerns him. He is impatient with the children and expects behavior of them far beyond their years. I am as loving and patient with him as I can be, but of course I have my limitations too, and I am subject to depression and discouragement.

WON'T TAKE ADVICE

Professional counselling seems to be out, as John doesn't want it, nor can I discuss the problem with him. He wants to pass off infidelity as if it never happened and doesn't want friends or relatives to have any inkling. The situation is chronic, and has been during the eight years we've been married. No strategy or therapy of mine has helped.

Does John's problem have its roots in his childhood home life with a dominating mother and a very patient, long-suffering father? Is there anything I can do about it? I love him deeply and would do anything in my power to make him happy; but I don't really think there is any true happiness for him in extra-marital affairs.

I would appreciate any advice that would help me to cope in a day-to-day sort of way. M.W. before, the philanderer is a problem personality activated in his untidy relations with women by

RESENTS WOMEN

Dear M.W.: As I have said here deeply entrenched hostility to them. His unconscious aim is to thwart and distress them, while taking care that none will mean very much to him with the possible exception of his martyred wife, who stands for a punished patient mother - figure in his muddled scheme of things.

It is my opinion that the philanderer's wife is indispensable to him as a nurse is indispensable to an infant; thus, he can't go free if her (can't leave her) on his own

Knutsford Couple's Golden Wedding Anniversary Marked

Mr. and Mrs. Thomas E. Gay of Knutsford were guests of honor on Wednesday evening, June 6th, in celebration of their golden wedding anniversary. Ida May MacWilliams, daughter of the late John MacWilliams of West Cape was married to Mr. Thomas Everett Gay, youngest son of the late James Augustus and Mary Gay, lifelong residents of Knutsford, by the late Rev. D. MacLean on June 6th, 1906, and have lived in Knutsford ever since.

Guests from Stoneham, Everett and Wakefield, Massachusetts came especially for the event and Mr. and Mrs. Douglas Hardy of Lachine, Quebec have been guests for three weeks. Due to illness regrets were extended from Mr. Avarad Harris of Knutsford and greetings from Conn MacWilliams, brother of Mrs. Gay of Carthage, New York were received.

Percy Gay of Charlottetown, nephew of the happy couple, on behalf of the guests, presented them with a beautiful chime clock and

steam. They will only part if she throws him out.

Further, it appears to me that part of the philanderer's problem, after marriage—a factor or influential figure in perpetuating his disorder—is the wife who puts up with him on his terms. She too is a problem person in her own right, if the truth were known: drawn to him by neurotic affinity, usually. In taking the line of least resistance, in adjusting to betrayal that undermines her foundations of life (so to speak), she is showing herself to be just as mixed up, emotionally, as he.

DOUBLE PROBLEM

She is not a sturdy helpmate, whose wholesome dispositions of mind and character might lead him patiently, out of his dark night of senseless confusion and dissatisfaction and frustration, into the light of dawning maturity of attitude and peace of soul.

Your problem with John doesn't have all its roots in John's background. And when (or if) you get yourself straightened out, a new deal in relationship is bound to develop. Thus my advice is to get professional counselling for yourself, even if John turns his back on it. This is the only road out of depression and discouragement for you, M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

MORNING SMILE

A gentleman farmer tells of a city lad who once worked for him. The lad was called one winter morning before dawn and told to harness the mule to the dearborn lantern and in the dark he didn't notice that one of the cows was in the stable with the mule. The farmer, impatient at the long delay, shouted from the house: "Billy! Billy! What are you doing?"

"I can't get the collar over the mule's head," yelled back the boy. "His ears are frozen."

OPPORTUNITY DAYS AT GREENDAL'S

MEN'S SUITS—Nylon gab, flannels, etc. Plain and flecked patterns in grey, blue teal and brown. 1 and 2 pants. Values to \$54.50—**Sale 29.24**

Ladies' Summer DRESSES—styled in plain or print material in everglaze cotton, dacron batiste etc. **2.95 - 3.95 - 4.95**

MEN'S SPORT COATS—all-wool tweeds, etc. Values to \$29.50—**Sale 14.24 and 19.24**

MEN'S DRESS PANTS—washed, wool gabardine, etc. Values to \$12.95—**Sale 6.24 and 7.24**

MEN'S JACKET—including gabardines, sizes 36-44. Values to \$13.95—**Sale 6.24 and 8.24**

BOYS' SHIRTS—Values to \$1.95—**Sale 1.49 and 1.64**

Men's and Boys' SWIM TRUNKS in newest materials—ALL SPECIALLY PRICED.

Men's SPORT SHIRTS—Newest patterns and colors—**1.95 up**

Men's GABARDINE and STRAW HATS—**1.95**

EXTRA SPECIAL—Men's DRESS SHOES—Values to \$9.95—**Sale 5.95**

Just Arrived—Ladies' Street DRESSES in sanforized cotton and laguna crepe, size 12 to 20; 18½ to 24½; 46 to 52—**2.95 - 3.95 - 4.95**

Ladies' Summer DRESSES—styled in plain or print material in everglaze cotton, dacron batiste etc. **5.95 up**

Girls' white and pastel Graduation Dresses, sizes 9-15—**12.95**

Now sweeping the country! The fabulous CAR COATS for ladies, styled in poplin—**12.95 and 14.95**

Ladies' BATHING SUITS—**3.95 to 10.95**

CHILDREN'S BATHING SUITS—**1.95 to 3.95**

Ladies' SHORTIE COATS. Values to \$24.95. Now selling at—**7.24 and 10.24**

Ladies' Nylon and Cotton SLIPS—HALF SLIPS—**1.00 and 1.95**

LACE TRIM SLIPS—**1.49 to 4.95**

The GREENDAL Co. Ltd.
MEN'S WEAR STORE, — 144 Gt. Geo. St. 150 — LADIES' WEAR STORE

LET'S EAT
A Dash Of Maple Syrup Makes New Food Treats

On a cold mid April day, I sat in a big tent, with a packed-down snow floor, and watched New York State Governor Averell Harriman broadcast the maple story.

The place was Cooperstown, New York. The spot, grounds of the Farmer's Museum. The event, a Maple Festival in Canada competing for first place for pure maple syrup of finest flavor.

PRIZE DISHES

Judging started on the train up from New York, when a group of food editors, including myself and the Chef, started taste-testing. This sweet pleasure was interrupted by a luncheon at Cooper Inn featuring prize-winning dishes calling for maple syrup. It continued at the quarters of the Home Demonstration County Agent Vermont and Michigan split the title for winning finalist, with New York State a close runner-up.

McCormick's GOOD TASTE IN BISCUITS

CLIP and TICK WEEKLY SHOPPING LIST!

- McCormick's Cream Ruffles
- Bread
 - Butter
 - Beans
 - Baking Powder
 - Baking Soda
 - Cereal
 - Cake Mix
 - Cheese
 - Catsup
 - Cocoa
 - Coffee
 - Cleanser
 - Eggs
 - Face Tissue
 - Flour
 - Fruit
 - Jelly Powders
 - Jam
 - Laundry Bleach
 - Mustard
- THIS SPACE FOR EXTRAS
- Meat
 - Milk
 - Pepper
 - Peas
 - Pudding Mix
 - Pickles
 - Rice
 - Salt
 - Serviettes
 - Soaps-Toilet
 - Soaps-Laundry
 - Starch
 - Soup
 - Spaghetti
 - Shortening
 - Sugar
 - Syrup
 - Tan
 - Vinegar
 - Vegetables

TRADITIONAL FOOD

Maple syrup is one of our finest traditional American foods. Because of its delicate taste, it does not mask the flavor of other foods when used with it.

You'll enjoy serving this prize-winning dessert from Mrs. Joseph Cannon, Richmond, L.I.

Maple Charlotte Russe: Add 2 envelopes unflavored gelatin to ½ c. cold milk.

Meantime, in the top of a double boiler, scald 1 c. milk.

Separate 2 eggs; slightly beat the egg yolks. Gradually pour and beat in the hot milk. Return to the double boiler, cook-stir over hot water 5 min. then remove and stir into the gelatin until it dissolves.

Add 1 c. pure maple syrup, ¼ tsp. salt, ½ c. toasted slivered almonds, ¼ c. canned flaked coconut and ½ tsp. almond extract. Refrigerate until set.

When the egg whites stiff and fold in. Whip 1 c. heavy cream stiff and add.

Line a spring-form pan or a mold with lady fingers. Fill with the maple russe. Refrigerate 4 hrs.

Unfold. Garnish with almond meats, drained macaroni and cheese. Slice or fresh whole sugared strawberries and extra whipped cream. Serves 6 to 8.

Sunday buffet dinner for guests: Hot or jellied, Tomato Bouillon Cold turkey and ham platter, Escalloped macaroni and cheese Tossed green salad, Maple Charlotte russe, Hot or iced coffee or tea milk.

The following recipe for pancakes is modelled on a favorite of lumber jacks.

Apple Buttermilk Pancakes: Combine 2 c. pancake mix and ¼

TOMORROW'S DINNER

Cream of onion soup with Croustons, Broiled pan fish with Herbs, Butter, Parslaid potatoes, New beets, Hot doughnuts with Maple Syrup, Hot or iced coffee or tea, milk.

TRICK OF THE CHEF

Sweeten iced coffee with maple syrup

Words Of The Wise

Ignorance of the law excuses no man; not that all men know the law, but because the excuse every man will plead, and no man can tell how to confute him. —(John Seldon)

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"ZAKEM'S" FOOD SPECIALS for FATHER'S DAY

Around our house this Sunday the most important man is Father. He is a person with great taste and appreciation for good food. Please the most important man in YOUR home with a taste-tempting meal from our wide selection of high quality Meats and Groceries.

ROAST BEEF 39c
PORK CHOPS 49c
PORK RIBS 17c

SHOULDER OR BLADE LB.
SHOULDER CUTS LB.
FRESH TO BARBEQUE LB.

2 BOLOGNA SLICED OR PIECE LB. 25c
20 OZ. TINS PORK RIBS SWEET PICKLED LB. 15c
APPLE JUICE 25c
FISH STICKS BLUE-WATER. Pkg. 39c

"Choice Groceries"

Shortening JEWEL QUALITY lb. 29c
Butter CANADA 1ST GRADE 2 lbs. 1.19
Peanut Butter YORK 16 OZ. 43c
Coffee SCHWARTZ lb. 1.19
Milk PERFECTION or CARNATION 6 tins 79c
Strawberries KOLD PAK TUB 45c

BANANA CREAM PIE IN HALF THE TIME!
BANANAS GOLDEN 2 lb. 43c
JELL-O PUDDING AND PIE FILLING 3 fo 29c
ROBIN HOOD PRE CRUST MIX PK. 35c

Ivory FACE Soap, 4 bars 25c
SPECIAL Pts. 59c MEAL, 5 lb. pkg. 79c

BANANA CREAM PIE IN HALF THE TIME!
BANANAS GOLDEN 2 lb. 43c
JELL-O PUDDING AND PIE FILLING 3 fo 29c
ROBIN HOOD PRE CRUST MIX PK. 35c

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Boys. .1 to 5 **\$1.69**
Men's—6 to 10 **\$1.98**

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