



Dr. F. F. Howatt Is Given High Appointment

Dr. Frederick Fitzgerald Howatt, pathologist and director of the laboratory of Hotel Dieu Hospital and lecturer in pathology at Queen's University, has been appointed pathologist and director of the laboratory of the House of the Good Samaritan in Watertown, N. Y., and the Lewis County General Hospital at Lowville, N. Y.

The appointment becomes effective not later than May 1. Dr. Howatt may begin his duties on the appointment of his successor here. He succeeds Dr. Edward M. Rehak of Baltimore and Washington, who resigned after serving a short period of time.

Dr. Howatt was born on Prince Edward Island, but went to the United States at an early age. Later he returned to Prince Edward Island to enter St. Dunstan's University from which place he graduated.

After graduation from St. Dunstan's he entered the Faculty of Medicine at Queen's University, graduating in 1913 and serving a year's internship in the Montreal General Hospital.

From 1914-1916 he served as a commissioned officer in the medical corps of the Canadian Army. After two years of general practice in Saskatchewan, Dr. Howatt returned to Queen's for further study, and received his master's degree in bacteriology in 1918.

Dr. Howatt then joined the medical staff of Queen's University and in 1922 was appointed pathologist and director of the laboratory of Hotel Dieu Hospital.

For a four-month period in 1922, Dr. Howatt was in Boston for a special course in hematology and bone marrow at the Mallory Institute.

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Women

Lenz Caroline McLure, Women's Editor, Phone 8508

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HAPPENINGS

Mr. and Mrs. W. R. Jenkins, West Street, and Dr. and Mrs. H. H. Pierce, North River Road, have returned from a very pleasant New York City and also visited Williamsburg and Norfolk, Virginia.

Miss Claire Paquet, R.N., Souris, left by plane on Saturday for London, Ont., where she has accepted a position in the Obstetrical Department of the Victoria Hospital.

Prior to her departure Miss Paquet was entertained by the Nursing Staff of the Souris Hospital, and presented with a beautiful gift. The 1st Souris Co. Girl Guides, of which she was a leader, also presented her with a parting gift.

Miss Paquet is a graduate of the Charlottetown Hospital School of Nursing and the Obstetrical Division of the Royal Victoria Hospital, Montreal.

Miss Mildred Harrington, who has been a guest at the Charlottetown Hotel for the last week, returned to Halifax on Monday to resume her duties at St. Mary's University. Miss Harrington teaches mathematics in the High School and English to foreign students in the University. This class is composed of Spanish, Chinese and French students attending classes anywhere from freshman to senior year in the University. Miss Harrington finds this work most

fascinating. Her friends were pleased to see her looking well and so enthusiastic and happy about the work.

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Separate 2 eggs. Beat the whites stiff and the yolks until lemon-colored. Fold the yolks into the whites.

Put a baking pan with salad oil. Dip the chops in the egg and coat all over. Place in the pan. Bake 45 min. in a moderate oven, 350 degrees F., or until the meat is fork-tender and the chops are puffy and browned.

Artichoke Salad from the Chef: Combine 4 sliced cooked frozen artichokes, or cooked fresh artichoke hearts, 1/2 c. thin-sliced cucumber, 1 doz. quartered tiny red radishes and 1 c. shredded celery or endive. Toss with 1/4 c. not-sweet French dressing. Garnish with minced olives.

But there is also the other, darker side of the picture, which until recently has been ignored. A feature of many backward agricultural societies is that women do much of the heavy manual labor. Such a society was Russia before the revolution, and old habits die hard.

In the years after 1917, ordinary human needs were sacrificed to the overriding need to build up an industrial capacity which would match that of the West. Women soon were doing heavy labor in industry and building as well as in agriculture.

Recently a move began to put the needs of men, and women, above those of machines. It has been made possible by the creation of a firm industrial base.

RESPECT FOR WOMEN: Forty-five per cent of all industrial workers and 30 per cent of all building workers in Russia today are women. Transport, too, has its share of women doing heavy manual labor.

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After her Canadian tour Miss Rose will visit California, Mexico and the West Indies.

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Milled white rice need not be washed. Washing removes 43 per cent of the thiamine, 23 per cent of the riboflavin, 23 per cent of the niacin, and other valuable nutrients.

Morning Smile: "Hugh, I'm afraid cook's spoilt the soup." "What, again? Give her a month's notice." "And I rather think the entire is a failure." "Confound the woman! Give her two month's notice."

Wife Preservers: Materials used for berets, cart wheels and clothes, as well as sailors and coolies, include the gossamer silks, tulle, organza and chiffon which are so popular for dresses this season. With them go

and Mrs. Cecil Mill, Lunch Committee is to assist hostess Mrs. William Mill and Miss Amelia Mill. Collection 80 cents. Lunch was served by committee in charge.

Meeting adjourned and the program for the evening was quilting a quilt that had been priced by the members.

New Hair Styles Are Young And Very Becoming

The "Cloche" hair style created in Paris has been an immediate success. It proves again the hair stylists' ability to interpret current fashion from a by-gone era (this time the 1930's) in the sculptured lines of coiffure.

Each variation is as soft and rounded as the cloche itself. Two distant movements are seen in the collection: Hugging the face, or sweeping upward. The first group has two adaptations of the cloche theme. One, called "Coochee," is a youthful head-hugging style with straight full bangs; the other, called "Side Cloche," has a softly lifted top. Both feature forward-moving sides which feather prettily onto the cheek-bones.

Others in the group are: "Candide," a many-faceted coiffure with waved top and deeply waved sides barely covering the earlobes;

"Casual," with a gentle fringe of bangs and a deceptively simple low-set waves; and "Casque," a dramatic design with manipulated waves and softness at the brow line.

The second group, swept upward, was created to give the lifted look which many turbans and toques (those sisters to the cloche) require. In it is the "Cape" smooth on top, with a full-at-the-sides silhouette taken from the smooth-flowing lines of the new cape fashion, and "Toque," with the hair waved gently up and away from the face in a soft yet sophisticated line.

Completely keyed to fashion, these "Cloche" coiffures are as new and exciting as Spring wardrobes, as young and becoming as stylists can make them and as wearable as every fashion-conscious woman demands they be.

PARIS CABBIES CHOSEN: PARIS (Reuters) — Three taxi drivers who cruise on the Champs Elysees were selected Monday to find out how cab drivers operate on Fifth Avenue in New York and on St. Catherine Street in Montreal. The drivers were chosen among the best drivers of Paris' three main taxi companies and will study various professional problems by the taxi business in North America. They leave France May 3.

COAL MINE SUSPENDS: BLAIRMORE, Alta. (CP) — The Greenhill Mine of West Canadian Collieries, considered the largest coal mine in Alberta, will suspend operations Tuesday, throwing 250 men out of work, the company said Saturday. The operation is being suspended because of the complete deterioration of markets for coal caused mainly by the dieselization of the Canadian Pacific Railway.

What is most remarkable about this article is not the description it gives of the lot of many Soviet women, which is well enough known to the ordinary Russian. It is that the question should have been raised at all.

It was followed soon by a protest from Nikita Khrushchev, the Communist party secretary, against the heavy farm work done by women.

Much has been done already to ease the burden carried by Soviet women. In the last few months, decrees have been issued allowing them more time off from work after childbirth, abolishing the law which made it a criminal offence to have an abortion, and lowering the pensionable age.

But these measures only touch the fringe of the problem. The main obstacle remains—the centuries-old habits and attitude of mind.

Ballet Training Brings Benefits: SASKATOON (CP) — Parents should know the value of ballet training for children, says Mary Rose, examiner for the Royal Academy of Dancing at London, England.

Touring Canada to see how young ballet students are coming along, Miss Rose said in an interview that youngsters are not taught ballet with the object of becoming ballerinas, but for its benefits in attaining grace, rhythm and poise.

Parents, she said, should give their children opportunities to see ballet performances on stage, in movies or through student recitals. Thus they would be able to see that the early studies they are given are all part of the actual ballet.

GOOD PROGRESS: Miss Rose said there is no lack of enthusiasm for ballet in Canada, and she thought the progress of the art in Canada compares well with what is being done in Britain. The number taking examinations here was surprisingly large.

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LARGELY LOVELY

The huge hat hasn't taken over, but the hat of generous lines appears in every collection. A large hat must be well proportioned to succeed and be pleasing. Many models give the impression of being of generous dimensions, due to skillful design. One such is this cloche of fine yellow ballburl straw, a design that Walter Flor-ell terms "chrysanthemum."

It really does resemble this flower, a resemblance improved by a brim laden with fluffy silk-and-velvet petals. A soft bow of yellow velvet ribbon ties up the whole hat.

ELLEN'S DIARY

Nothing Beats A Ride Behind A Good Horse

"Not too good for the clover—this, I'd say," James commented at breakfast, noting the rime of frost lingering in the shadows on the lawn without. He lifted neatly the top of the creamy boiled egg held in the tall glass egg-cup before him, then stopped to survey the fields on the slope opposite, kissed by the gold of Spring sunlight.

"It's a nice time of year, isn't it, Ellen?" he said. "I wish... he began.

A song sparrow attit on a verandah vine trilled, lifting his voice joyously to the morning. But James' thoughts were not on the birdsong.

"I wish we still farmed with horses, Ellen," he said. "But you wouldn't like to follow a team day after day this seed-time."

"O yes, I would," he smiled. "A good team of horses in the harrows — or discing... there's no work I'd like better. A farmer gets nearer to his land that way — gets the feel and spirit of it better than on a tractor. I think."

"You'll still have the sowing with the horses," he nodded. "I'll still have the sowing."

"It's a pity that tractors or ears ever came to the Island," an older farmer, now retired, who visited with us at Alderley this evening said when we chatted by the fire.

"I've said the same," James agreed. "It's not that I don't see their usefulness," the visitor explained. "The tractor is a wonderful machine — no one will deny that; and I enjoy a car-ride as well as the next one — if we go at a reasonable rate of speed — but to my mind there's nothing can beat a ride behind a good horse... By wagon or sleigh, it was always snug around and plenty fast to please me."

"Especially this time of year," James' expression was nostalgic. "On the first dry roads — yes as a pleasant outing, it was pretty hard to beat!"

And as I recall it "the visitor twinkled" at this time of year, a girl-r-r went with it! And that was no harm to the outing either — no drawback at all, not one bit."

"I mind," James smiled, "when I was a lad — on in my teens, eighteen or so, I drove a brown horse. Raised him on the farm. He was a colt of the old mare's biggest but quite trappy. He could turn on a five cent piece. On a fine animal he was now, dappled 'he nodded "from the extra bites of cream icing."

Coffee icing: In a pt. bowl, combine 1 tsp. instant coffee powder with 2 tsp. whole milk and 1/2 tsp. vanilla. Mix well. Stir and beat in 1-3 c. sifted confectioner's sugar, or enough to make the icing thick enough to spread.

Tomorrow's Dinner: Artichoke Salad: Veal Chops Souffle: Rice Potato: Green Beans with Celery: Coffee Spice Cake or Elberta: Coffee Tea Milk: All measurements are level. Recipes proportioned to serve 4 to 6.

Veal Chops Souffle: Dust 6 good-sized veal chops cut 1/2" thick, with 1/2 tsp. salt, 1/2 tsp. monosodium glutamate and 1/4 tsp. marjoram and 1/4 tsp. pepper.

Separate 2 eggs. Beat the whites stiff and the yolks until lemon-colored. Fold the yolks into the whites.

Put a baking pan with salad oil. Dip the chops in the egg and coat all over. Place in the pan. Bake 45 min. in a moderate oven, 350 degrees F., or until the meat is fork-tender and the chops are puffy and browned.

Artichoke Salad from the Chef: Combine 4 sliced cooked frozen artichokes, or cooked fresh artichoke hearts, 1/2 c. thin-sliced cucumber, 1 doz. quartered tiny red radishes and 1 c. shredded celery or endive. Toss with 1/4 c. not-sweet French dressing. Garnish with minced olives.

But there is also the other, darker side of the picture, which until recently has been ignored. A feature of many backward agricultural societies is that women do much of the heavy manual labor. Such a society was Russia before the revolution, and old habits die hard.

In the years after 1917, ordinary human needs were sacrificed to the overriding need to build up an industrial capacity which would match that of the West. Women soon were doing heavy labor in industry and building as well as in agriculture.

Recently a move began to put the needs of men, and women, above those of machines. It has been made possible by the creation of a firm industrial base.

RESPECT FOR WOMEN: Forty-five per cent of all industrial workers and 30 per cent of all building workers in Russia today are women. Transport, too, has its share of women doing heavy manual labor.

LET'S EAT

Coffee Spice Cake Fondly Remembered

By IDA BAILEY ALLEN

"Here's a letter from a reader, Chef," I remarked, "asking for the recipe for a coffee cake published three years ago in this column."

"This coffee cake is different," she writes, "because it has an icing containing instant coffee. I used to bake it twice a week, and the recipe clipping was lost. It is at least 6 years since I last made this cake. But a few days ago my husband asked me to 'make that good coffee cake again!'"

Coffee Spice Cake: Gradually blend 1-3 c. shortening, 1/2 c. brown sugar and 1 beaten egg until fluffy. Add 1 tsp. baking soda to 1/2 c. molasses and stir in.

Sift 2 c. already-sifted enriched flour with 1/2 tsp. salt, 1/2 tsp. cinnamon and 1/2 tsp. each clove and nutmeg. Mix in 1/4 c. raisins. Stir into the first mixture alternately with 1/2 c. cold strong coffee.

Transfer to a shallow, oiled cake pan about 7"x11" and bake 45 min. in a moderate oven.

When cool, cover with coffee cream icing. In a pt. bowl, combine 1 tsp. instant coffee powder with 2 tsp. whole milk and 1/2 tsp. vanilla. Mix well. Stir and beat in 1-3 c. sifted confectioner's sugar, or enough to make the icing thick enough to spread.

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