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STOP THE PAIN!

Are you suffering from the pangs of arthritis or rheumatism? You should know the facts: Thanks to taking DOLCIN—grateful users—all over the world—report they are active again... working again... enjoying long-lasting relief from pain. Aching joints and muscles are just a memory. DOLCIN is especially designed to bring fast relief from pain of arthritis, rheumatism, sciatica and neuritis. And... vitally important... DOLCIN is safe—it will not harm your heart or any other organ. Millions of bottles have been used. Profit by the experience of others. Don't delay! Get inexpensive DOLCIN from your druggist today. One hundred tablets \$2.59, two hundred tablets \$3.95. Also available in bottles of 500 tablets.

Be Sure You Get The Original and Genuine...

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DOLCIN is the reg. trade mark of this product. Patented in Canada and Foreign Countries.

NEW INSTANT COFFEE SAVES AS MUCH AS 40¢ A POUND!

Delicious Flavor
You'll marvel at its richness and aroma—the roaster-fresh coffee you make with wonderful new Instant Chase & Sanborn! Count on the same mellow coffee goodness Chase & Sanborn always has.

Convenient Method
Make perfect coffee in a few seconds, just by adding hot water! No waiting around, no messy coffee pot, no grounds. "Instant" it is...and so easy!

Economical Buy
Like to cut your coffee bills? This marvelous new "instant" saves as much as 40 cents a pound over regular coffee! It's like pouring every 3rd cup free! For live-alones or big families, it's a tidy saving. Ask for quick, delicious Instant Chase & Sanborn today!

You'll never know how good instant coffee can be until you try



The only "instant" backed by 85 years of coffee experience

BULLETINS FROM BIRDLAND

WINIFRED E. WILSON



ON HOLIDAY

Practically all our summer residents are now safely tucked away in their winter holiday resorts. Canadian bird watchers would so love to go and spy on them; but we should have to cover almost every square mile of ground between here and the most southerly tip of South America, because our native birds are at this time spread out over two continents.

Even Meadowlarks and Mourning Doves, which migrate comparatively short distances, by December are scattered anywhere from Iowa to the Atlantic coast. Sora Rails nest in fresh marshes from Saskatchewan to Nova Scotia and the Lower St. Lawrence, but they spend the cold months in the lower half of the United States. We should be obliged to journey as far as the Gulf States in order to come upon Ospreys. Redstarts, summering from the Rockies to Newfoundland, are now living in Central America, the West Indies or the north west corner of South America. Gorgeous Scarlet Tanagers whose birth place was Canada may be found from Panama half way down the west side of the southern continent. All Bobolinks are concentrated in the centre of South America. We should have to follow Golden Plovers to the pampas of Argentina—that is, almost as far south of the equator as are their northern homes north of it.

And so we depend for information about the little travellers on bird banding and bird watchers who are dotted over the United States and South America. The tiny aluminum anklets have greatly aided our knowledge about birds' winter quarters, and interested parties in other countries tell us what our birds are doing all through the long period when they are beyond our sight.

Our old friends are now free to enjoy themselves, having no home ties as when they nested here. Every day is a holiday; no building duties, no extra mouths to feed, and (usually) abundant food. Black-poll Warblers that caught insects in our tree tops are doing the same thing in the Amazonian forests; Olive-backed Thrushes that scratched around to find beetles, ants worms, and snails in our woods, are at the same occupation—perhaps in Mexico, Central America, the Bahamas, Cuba, Peru, Brazil, or far out Argentina.

One obstacle to the entire freedom of some birds is their semi-annual moult, although at this season many change their plumage in a way that does not impede flight. Gradually the tips of the feathers wear off, and in spring they arrive here in what appear to be perfectly new costumes.

GOWAN BRAE SCHOOL

Report for November:
Grade X-1. Marion Mallard.
Grade IX-1. Urban Howlett; 2. David Longaphie; 3. Avonetta Smith.
Grade VII-1. Jeanette MacDonald; 2. Elizabeth Longaphie; 3. James Mallard and Regie Mallard, equal.
Grade VI-1. Danny MacDonald; 2. Anthony Mullally; Cecil Howlett and Joseph Longaphie, equal.
Grade V-1. Isabel Mallard.
Grade IV-1. Marie Mullally; 2. Mickey Mallard.
Grade III-1. Norbert MacDonald; 2. Leo MacDonald; 3. Howard McGilvray.
Teacher, Ruth MacDonald.

Scholarship Winner



Paul B. Collins, son of Mr. and Mrs. George Collins, of Granby, Que., and Keppoch, P. E. I., who has been awarded one of the C. H. L. Jones Scholarships in Forestry Engineering at the University of New Brunswick. The Scholarship is valued at \$500.00 and is based on academic standing in the preceding year.

Kingston and Vicinity

Mrs. Earl Willis and Mrs. Edgar Newson have recently held Stanley Products Demonstration.

The teacher Mrs. Neil Campbell is busily engaged in practices for the Annual Christmas Concert.

Mr. and Mrs. Lloyd Scott and family were recent visitors to the home of Mr. and Mrs. Wilbur Younker.

Mr. and Mrs. Mark Young of Charlottetown were recent visitors to the home of Mr. and Mrs. Edgar Newson.

The people of this vicinity extend sympathy to Mrs. Colin MacPhail and family in their recent sad bereavement.

Miss Jean Dockety of Charlottetown spent the week-end with her sister and brother-in-law, Mr. and Mrs. Earl Willis.

Mr. and Mrs. Roy Green and little daughter Carol Ann and Mr. and Mrs. Whitfield Yeo were recent visitors to Hunter River.

Mrs. John Jewell of North River was a recent visitor to the home of her son and daughter-in-law Mr. and Mrs. James Jewell.

Mr. and Mrs. Everett Platts of Charlottetown were visitors to the home of Mr. and Mrs. Heber Campbell on Sunday Dec. the 3rd.

Many of the ladies of this vicinity attended the Robin Hood demonstration which was held at Prince of Wales College. They all report that the evenings were well spent and enjoyed by all.

The many friends of Mr. Reuben Barrett are sorry to hear of his entering the P. E. I. Hospital. Mr. Barrett is one of the oldest residents of Kingston and was the former Blacksmith of this district.

Congratulations are in order for Mr. Harrison Green and Mr. Stirling Willis who were among the many winners at the Royal Fair at Toronto. Mr. Green and Mr. Willis spoke highly of the educational and enjoyable trip which they spent.

The many friends of Mr. Malcolm MacSwain of Charlottetown are glad to hear that he is convalescing at his home after his recent operation in the P. E. I. Hospital. Mr. MacSwain is widely known in this district as he was the former merchant and butcher here.

Religion And Life

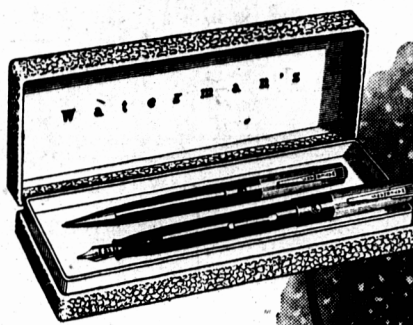
Continued from page 3.

tians stand, we can plead for peace and move toward it. By thousands we are now joining in the song with which the angels heralded the Saviour's birth: "Glory to God in the highest, peace on earth, goodwill to men." Action in its spirit will do much to hasten the coming of that peace and goodwill.

All this will fall short of its mark unless the first phrase of the angels' song is kept in the first place: "Glory to God in the highest." Man cannot save himself. The events of the last half century have proved his moral impotence. During Victoria's golden reign men dreamed that progress was inevitable; they believed that it was written into the order of things. The world was getting better and better day by day; the movement was irresistible. This bland self-assurance has ended in a resurgence of malice and bloodshed unparalleled in modern times. Our men, died by thousands to protect those who should follow them from these very evils which torment us now. Have they died in vain? Are the hopes which Christ's coming kindled to be quenched in blood? Christ died to save man from himself as well as from his past sins, and we cannot believe that He died in vain.

Over against all these failures and threats and fears the Christian must affirm his faith that Christ is in command. His pierced hands hold the reins of destiny.

See the **Maritime Life** "TODAY"
T. W. Bentley, C.L.U., Mgr. P.E.I. Branch, Charlottetown, P.E.I.



Waterman's Leader
Our New Student Set—the perfect gift for school and home. In 5 colors.
Pen \$4.35. Set \$6.25



Waterman's New Crusader Trio
In man's or lady's size. 5 colors. Set \$11.50
With new Selfseed Metermatic Pencil, \$11.95.

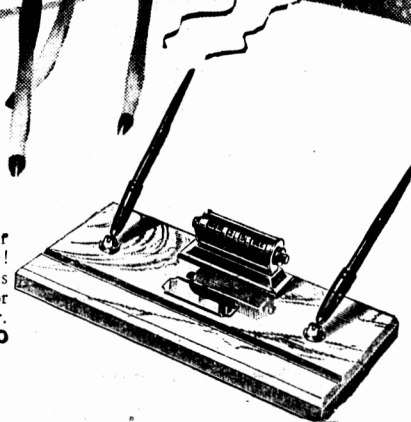


Waterman's Lady Garland
Dainty, feminine! Gold-filled Cap. 4 smart colors. Exquisite gift case. Pen \$15.50. Set \$23.00

Pleasing Everyone is so easy with 14 kt. Gold Point **Waterman's**



Waterman's Executive Set
Specially created for a man. In red, blue, grey, black. Gold overlay Cap. Space for engraving his initials. New Selfseed Metermatic Pencil. Pen \$11.50. Set \$16.50



Waterman's Desk Sets
Every man secretly yearns for a desk set for home or office! Styles from \$16 to \$175. This magnificent set, in marble or onyx, with perpetual calendar. \$70.00

But He needs our prayer, our faith and our active co-operation. Granted these and we shall see the realization of the hope of the angels' song for peace.
"A Christian Christmas!"—God grant it.

CARDIGAN SCHOOL

Honor Roll for the month of December:
Grade X-1. Norma MacKenzie; 2. June Gardiner.
Grade IX-1. Betsy MacDonald; 2. Howard Gardiner; 3. Inez Byrne.
Grade VIII-1. Iva Scrimbourn; 2. Mildred Acorn; 3. Katherine MacDonald.
Grade VII-1. Jean Myers; 2. Mary Mulligan; 3. Joseph Quinn.
Grade VI-1. Bridget MacIntyre; 2. Eileen MacKenzie; 3. Carl Bruce, Webster.
Grade V-1. Johnnie Steele; 2. Margaret MacDonald; 3. Jackie Gallard.
Grade III-1. Judy MacDonald and Rose Brothers; 2. Mary Redmond; 3. Andre Redmond.
Grade II-1. Elizabeth Acorn; 2. Billy Brothers; 3. Heber MacDonald.
Grade I Sr.-1. Aurella MacKenzie; 2. Roy Sanderson; 3. Buddy Shepard.
Grade I Jr.-1. Nora MacDonald; 2. Blair MacNeil; 3. Joan Sanderson.

Principal—Bernadette MacDonald. Assistant—Geraldine MacDonald. (Patriot please copy.)

LONGEST TAIL

BOLTON, England — (CP) — They gave a prize for the dog with the longest tail at a "mongrel only" show in this Lancashire city. The winner was a mutt with a 16 1-2 inch appendage.

SAVE TIME! Hire the Heinz Chef

Rely on Heinz 7* hearty main course varieties for quick-to-fix meals these rushing shopping days.

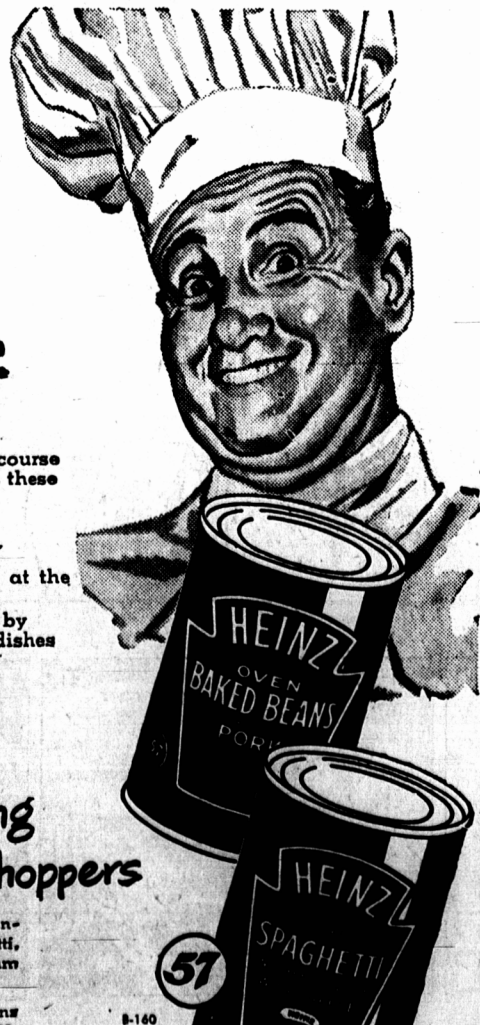
They will **SAVE YOU WORK**
SAVE YOU WORRY
SAVE YOU HOURS at the stove
SAVE YOU MONEY by taking the place of dishes which cost more.

HEINZ

has 7* time-saving meals for busy shoppers

Four favourite kinds of Beans, all oven-baked, two kinds of Cooked Spaghetti, and Heinz Cooked Macaroni in Cream Sauce with Cheese.

*Soon there will be 8. Watch for Heinz Macaroni in Tomato Sauce with Cheese.



SANTA SAYS:

Solve Your Christmas Gift Problems with **FURNITURE**

No more appropriate Gift than a Gift of Furniture that will please the whole family. Glance at the many Gift suggestions MacFarlane Bros. offer.

THIS CHRISTMAS GIVE FURNITURE

You will make no mistake in contributing something to the comfort and attractiveness of the home.

A gift in furniture will be useful and practical. A gift that will last for years and give genuine pleasure to the whole household.

Come in today and see our fine selection of furniture gifts — highest quality at prices that defy matching.

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- CEDAR CHESTS
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