

Weds At 92



George Peter Rutherford Lighthall, 92, of Montreal, believed to be Quebec's oldest practising notary, has married Mrs. Arthur Scheil, formerly of Kitchener, Ont. They have known each other 30 years. The groom said, after the ceremony: "I feel very young. There are a lot of good years ahead still."—(CP Photo).

P.E.I. Group Visit Halifax C. P. School

Members of the local Cerebral Palsy Parents' Group, accompanied by Miss Hazel Hunter, speech therapist, recently visited Halifax to learn what is being done for exceptional children in that city.

In a large and cheerful classroom in St. Francis school, they found a wide-awake group of boys and girls busily engaged in studying regular school subjects, under the capable direction of Miss Pierre, their teacher.

One boy was busy with a typewriter and although only a beginner, was making rapid progress.

Music and songs have a place in this class room and the happiness of the children, as they took part in the various musical games and exercises, was a joy to see.

The instruction given in this classroom is proving an invaluable aid to those children whose physical handicaps prevent them from attending a regular school.

How much parents value this opportunity for their children is shown by the fact that, in some cases, families have moved from other parts of the Province to take up residence in Halifax so that their children might have the benefit of attending.

Islanders At Home Ec. Conf.

Dietitians, homemakers, home economics teachers, nutritionists and extension workers from the Maritimes are in Amherst, N. S., this week-end, hearing outstanding speakers and discussions at a Home Economics conference.

From the Island, the following ladies are attending: Mrs. Allison MacLean and Mrs. Davis Lidstone, both teachers at Summerside High School; from Charlottetown, Miss Mary Robin, W. I. supervisor; Mrs. Ralph Manning, assistant W. I. supervisor; Miss Rosemarie Brown, W. I. staff member; Miss Alta Prowse, West Kent School teacher; Miss Hazel Stearns, Provincial Sanatorium dietitian; Mrs. Lorence Slaght, P. E. I. Hospital dietitian; Mrs. William A. Reddin, home economics teacher at Vocational School, and Miss Doris Anderson, Provincial supervisor, for home economics.

Morning Smile

She was an exasperating customer and hadn't bought a thing. "Why is it," she snapped at last, "that I never get what I ask for in your shop?"

"Perhaps, madam," said the assistant, "it's because we are too polite."

Anne Adams Patterns



4660 12-20
by Anne Adams

WARDROBE WONDER!
Simple, indeed — and simply made for compliments! Note the waterfall of pleats beneath the waist — this is a new slant on fashion's arrow-slim line. Wear the neckline dramatically plain — or with the contrast vestee, your jewelry or scarves. Sew this now! Pattern 4660: Misses' Sizes 12, 14, 16, 18, 20. Size 16 dress, takes 3½ yards 39inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street East, Toronto.

How Can I...?

By Anne Ashley

Q. How can I prevent mold in my jelly?

A. If circles of tissue paper the size of the tops of the jelly glasses are dipped in vinegar and placed on top of marmalade or jam, they will not mold. Cover the jam in the usual way.

Q. How can I prevent my pictures from assuming crooked positions on the wall?

A. Put the picture cord over the hook in the wall so that the picture faces the wall, but is quite straight. Then turn it over to the right side. The loop formed will prevent the cord from slipping.

ELLEN'S DIARY

By An Island Farmer's Wife

Like a painting that might have come from the genius of an old old master or a fine piece of tapestry beautiful in its exquisite shadings so we thought were today's farmlands which dipping to the stream in the depth of our valley crossed it to climb the rolling incline to the near and far tree-crowned heights... a painting of subjects neither past nor to come but of things that now are: Here to see and touch if need be was the autumn-red of the furrows; there the vivid green of the aftermath. In glints of brightness on the orchard boughs, the sun-ripe of winter apples, here and there was the amber of stubbles. And touching crowns against the quiet blue, white drifted with cloudlets, were the engaging autumnal colorings of the trees.

The children spoke of the rare loveliness of this and that tree or grove at dinner today.

"You should see the colors from the yards 'out Home!'" James smiled to the two, "up the creek... and just everywhere about."

"I hope no one is claiming my big maple." Rob rejoined for the benefit of his youngsters. "I haven't to go even as far as the yard to see it," he chuckled. "I can see it from here. There it is, flaming away alone in that grove of dark spruces down by the stream... and isn't it pretty! There's none lovelier anywhere."

After a spell of weather, damp and gray and delaying to the field-work and in the wake of a day which gave little promise of clearing, we came happily to this one, clean-washed, sunny and altogether beautiful... And at once, resting of necessity for an interval the threshing, the farmers bent energies to a new work of season.

With a sigh which spoke to us of aching muscles this evening, James eased himself into the waiting armchair, while Jamie and Gage handed their young bodies with more respect than usual. There was no merry scuffling in "the children's hour", no strong-armed defiance, no attempting to balance on heads... for almost unaware, "the digging" had crept upon the family today.

"And you don't think you will be able to come with us?" James' voice was so coaxing it was difficult to remain behind while the others went to that at Alderlea. For along many a year we had known the joys of the potato-harvesting—its many delights, and as well the stress and strain of the picking, and experienced too the "reward" of aching muscles... But recall little of that now—remembering instead the loveliness of the still autumn days spent in the open... the healthy appetite engendered by the work and the delectable flavor of the meals. Remember too the genial camaraderie of the crew, the laughter and fun enjoyed with many a helper separated from us now by land and sea or gone within the fastness of the Glory Land beyond; recall James' recurrent concerns over "that cloud over there—and all these yet to be gathered!" and the satisfaction of accomplishment which in good time had the allotment safely housed from any wind or frost or rain that should blow.

Along the farm at Alderlea, and also at this place, are the fields we, in memory, keep sacred to those potato-harvesting days of other years. Will not "the digging" of this year bring to others such memories to treasure?

Until tomorrow... Diary
----- Good-night.....

DOROTHY DIX'S COLUMN

Wants To End Engagement Girl Decides That She No Longer Loves Boy She Was To Marry

DEAR MISS DIX: Eighteen months ago I became engaged to a wonderful boy; he went overseas and has recently returned, expecting, of course, that we would be married shortly. For a long time, however, I have realized that my feelings toward him have changed. The hardest part is that the match has the unqualified approval of both families, and all our friends feel we are ideally suited to each other. I haven't been going out with anyone else, so the problem is not one of "another man." Naturally I hate to hurt the young man, or his family. What is the most tactful way of handling the situation? I'm 20, and he is a little older.

Marla K.

RETURN THE RING

ANSWER: Breaking an engagement is difficult and touchy from either side. Yet the easiest thing to do in the long run is the hardest at the beginning—a direct approach, and a clean break. Postponement only adds to the problem. For a time there will certainly be difficult moments, especially with the respective families, but they must try to understand.

(Continued on page 3)

The Stars Say --

By Genevieve Kemble

For Tomorrow

TOLERANCE and understanding will go a long way toward making this day a successful one. Personality clashes are possible now, but if you will make allowances for the weaknesses and viewpoints of others, you can do a great deal to counteract this tendency toward friction.

With the Moon in Aquarius, travel is favored, as are community programs and patriotic enterprises. You may be called upon to assist a friend who has had financial reverses. If so, lend aid to the best of your ability and in a business-like manner, but do not "go overboard" for sentimental reasons.

For the Birthday

If tomorrow is your birthday, the coming year should bring great achievement and a great improvement in your personality development. Ideas you may have hesitated to communicate to superiors in the past should get an attentive ear during the next few months so that by early 1959, you may find yourself well into a new program of activity which will eventually bring financial reward.

Social and domestic affairs should be unusually harmonious during the balance of 1958 and well into the new year, but guard against emotional stress between now and the middle of November. Learn to relax. You have great cause for optimism.

A child born on this day will be alert and enterprising but inclined toward over-optimism at times.

Modern Etiquette

By Roberts Lee

Q. At an engagement announcement party, who gives the toast?

A. The father or a male relative of the girl should rise to propose her health and that of her fiancé. It would be nice for the father to say, "To the health and happiness of my daughter, Mary, and to my future son, Bob."

Q. How does one properly signal the waiter that one is ready to have the plate removed from the table?

A. The knife and fork, laid side by side on the plate, indicates that one has finished that particular course.

Q. Is it all right for a business man to use his business letter-heads when he writes his social letters at his office?

A. No, he should keep a box of personal correspondence stationary in his desk for this purpose.

For Comfort



A hand of black velvet, tipped with ruby nails, is the latest in hats on display in the autumn collection of Simone Mirman, Princess Margaret's milliner in London, England.

That Body Of Yours

By James W. Barton, M.D.

TREATMENT OF GOTTER — HYPERTHYROIDISM

I have written before about examining a heavyweight professional wrestler and telling him how mistaken I was about his condition previous to the examination. I expected to find a rapid heart beat and extreme nervousness as I suspected of his bulging eyes. His heart rate was normal and he had no nervous trembling.

He laughed and said that he had had the gotter removed several weeks before but the bulging eyes were slow in disappearing.

The severe type of gotter is known as hyperthyroidism and is caused by an excess of thyroid hormones in the body. This excess of thyroid hormone causes over-activity of all the body processes—rapid heart beat, breathing rapid, blood pressure high.

Just what causes this over-activity of the thyroid gland is not known entirely but it occurs in individuals of a highly nervous make-up, and thus more susceptible to the effects of thyroid hormone, and seems to follow an emotional disturbance or physical overwork.

In "Medical Clinics of North America," Dr. Thomas Hodge McGarvack, Professor of Clinical Medicine, New York Medical College, New York, states that the emotional disturbance may result

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Alice Brooks Designs

JEFFY SET:

Crochet this set in white with brightly colored flowers — your daughter will look as cute as she's warm! Fast work in heavy knitting worked. Send now!

Pattern 7129: Cap-and-mitten set in easy crochet. Directions for sizes 4 to 10 included in pattern.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



Household Scrapbook

By Roberts Lee

When Painting

Try gluing a paper picnic plate to the underside of a paint can. It will catch all the drippings and stay right with the can when it is moved.

The Awnings

If you are storing your awnings in a cold place, sprinkle some salt or tobacco on the canvas as you roll it up. This will absorb moisture and prevent mildew.

Ink Stains

You can easily remove ink stains from your hands just by rubbing the inside of a banana peel.

7129

by Alice Brooks

Pa's proud of my MAGIC cakes!

Magic Ice-Box Cake

Combine ½ c. melted shortening and 1 c. light corn syrup. Beat in 2 eggs. Sift together 2 c. sifted all-purpose flour, 4 tsp. Magic Baking Powder, ½ tsp. salt; add alternately with ½ c. milk and 1 tsp. vanilla extract to first mixture stirring well after each addition. Bake in 2 greased 9" layer pans in 350° oven 25-30 min. Cool, halve each layer lengthwise making 4 layers.

LEMON FILLING: Blend ¼ c. flour with ¼ c. water to make smooth paste. Add ½ c. water and ¼ c. corn syrup. Cook, stirring constantly until thickened. Beat egg yolk; gradually add cooled mixture to it. Return to heat; cook 1 min. Stir in 1 the lemon rind, few grains salt and ¼ c. juice. Spread filling between layers and on top of cake. Chill. Top with white icing.

MAGIC BAKING POWDER

All New!

Richard Hudnut announces the all-new home permanent with revolutionary Beauty Rinse Neutralizer



\$175

Safer, Easier, Faster, from start to finish

- 1 NEW! BEAUTY RINSE NEUTRALIZER.** With creme rinse built-in. Automatically neutralizes, conditions and beauty-finishes hair in one quick step. Gives you bouncier, prettier, longer-lasting curls with a never-before kind of natural lustrous softness. Never that "new permanent" look!
- 2 NEW! DOUBLE-QUICK METHOD.** Eliminates all nuisance steps. No messy dripping time. No waiting for hours while hair dries on curlers. Takes less time from start to finish than any other type of home permanent. You can unwind curls immediately!
- 3 NEW! SAFETY-BALANCED WAVING LOTION.** Balanced and buffered to protect hair vitality and health. Insures a curl that goes right to the ends. Gentlest regular waving lotion on the market today.

Use any plastic curler. But try Richard Hudnut Whirl-a-Wave Curlers for triumphant results.



RICHARD HUDNUT

We make no wild promises, no empty guarantees. Your beautiful hair will speak for itself.



FEEL how soft and bouncy the ends are. Not frizzy, not crackly. Beauty Rinse Neutralizer instantly restores the delicate acid balance of your hair, the reason your home permanent is so soft, so perfectly natural-looking from the very first day.

EXAMINE the ends under a magnifying glass and note how strong and silky hair looks. No newly split ends. Exclusive Beauty Rinse Neutralizer conditions your hair to silky smoothness as it locks in the wave. No "let-go" after your shampoo. It's wonderful!

LOOK at the beauty-finish. The built-in creme rinse in Beauty Rinse Neutralizer gives your hair lustrous polish, fragrance, manageability like the finest salon waves. You get not just another home permanent but the truly beautiful hair you've dreamed of.

HOSIERY OF DISTINCTION

Mylotrust

EXTRA ELASTIC

SUPPER DISH

(meat substitute)

- 4 cups boiled rice
 - 1½ cups peanut butter
 - 2 cups bread crumbs
 - 3 chopped onions
 - 4 eggs (beaten)
 - 1 teaspoon salt, pepper and sage.
- Mix altogether and cook in double boiler for 2½ hours; then press into greased loaf tin. Let cool. Put into frig. to get real cold, slice and serve. This can be served with a cream sauce or catsup.

—Anonymous
West Royalty W. L.