

ELLEN'S DIARY

By an Island Farmer's Wife

"New Year's Resolutions!" James considered our query a moment at breakfast that morning. Then, "I reckon, Ellen," he said "I'm too old now to bother much with the like. I guess he smiled across the table, "you'll just have to make the best of me — take me as I am from now on!"

"But it's not a matter of taking you as you are, James," we observed. "Resolutions are supposed to make it better for us to live with ourselves." "Oh well, I'll have to manage . . . just dodder along as I have been. To tell you the truth, I usually think of making at least one when I stop to look back over the old year but by the time folks are as old as I, habits are so well established and he twinkled, "comfortable, Ellen, I wouldn't be a bit of use trying to break or better them." "And what were you thinking of resolving?" Jamie pursued the subject.

Jamie was spending a few days of his holidays with us at Alderlea, away from the mounting responsibilities of his home and much enjoying the change which was giving him leisure to indulge in those items of which are usually dear to such lads.

With granddaughter and her father he was able to share sleigh rides along the fields at the seasonal haulings and it was one of these that the younger farmer took time out to set traps with him on a certain wily beast's trail. It was he, too, doubtless recalling those things which intrigued his own fancy in the boyish years, who set up a target on a hillside against which the masculine members of the family were able to practice their marksmanship with a rifle.

It was pleasant for us to note that in spite of a lengthy interval since he last entered a like contest, James the left-handed was able to hold his own with the best of them. Granddaughter's share was to attend to the details. She rounded up the cats and the dog "just in case they follow us" and delivered them to our care and keeping in the kitchen. "If he cries for us," she said of the latter faithful pet, "don't let him out. Just be firm with him!" she advised.

This was an echo of her grandfather's words on those occasions when we are left for a while to take care of her and her brother in the absence of their parents. "When they arrive at some fearful issue, "Here, here!" James will try to mediate "that's no way for good children to act." Should the wailing continue, it is usual for him to mumble an excuse about "feeding those cattle" and make his escape to the peace and serenity of out doors, stopping at the door long enough to remind us, "You'll have to be firm with them, Ellen! Our parents reared us that way."

It was a rare winter morning when with Jamie our guest we sat at table. All trace of recent frost and bitterness was gone now, and a sunny wind stirred lightly the branches of the lawn trees. Distant hills were softly veiled . . . perhaps from the smoke of the fires of the old year then dying. "And what were you thinking of resolving?" Jamie asked again of James with a smile. "I thought I should resolve to turn off the lights in the buildings after I've done using them. They're something of a trial to me yet — I'm apt to forget and leave them burning." "But that's not suitable material for a New Year Resolution," we commented. "There's not much self-improvement about that, James, nor helpfulness to others."

"Well!" he laughed, "as I said, I'm too old now to improve — and if cutting down the cost of running this place is no going to help others, Ellen, tell me what will!"

Until tomorrow — — Diary — — Good-night. . . .

Modern Etiquette

By Roberta Lee

Q. How does a married woman sign her name to a business letter? A. She signs her letter without any title, using her Christian name, as, "Helen D. Stuart," and then in the lower left-hand corner of the letter she writes her name as she wishes the recipient to address her envelope, viz., (Mrs. Donald R. Stuart.)

How Can I!!!

By Anne Ashley

Q. What is a good cough remedy? A. A remedy that is excellent for relieving coughs is made by mixing honey and lemon juice. To relieve a violent spasm of whooping cough, allow a lump of butter to melt in a glass of warm milk and give it to the patient.

Better English

By V. C. Williams

1. What is wrong with this sentence? "Remember, this is just between the three of us; we'll divide up the profits later." 2. What is the correct pronunciation of "route" (course of travel)?

ANSWERS

1. Say "among the three of us," and omit up. 2. Pronounce as though spelled root, not rowt. 3. Allibi. 4. Pertaining to the science of God or religion. "They became entangled in theological controversy." 5. Vivacious

Cook's Corner

PINEAPPLE MERINGUE PIE

1 baked 9-inch pie shell, 3 tablespoons cornstarch, 1 cup plus 2 tablespoons granulated sugar, 1/2 teaspoon salt, 3 1/2 cups canned crushed pineapple, 3 eggs, separated, 1 1/2 tablespoons lemon juice, 6 tablespoons of the sugar, and salt in saucepan. Add canned pineapple, and cook until clear and thickened, while stirring constantly. Beat egg yolks and 6 tablespoons of sugar with a hand beater; add to cornstarch mixture, and cook, while stirring, 1 minute longer. Cool. Then add lemon juice, and pour into baked pie shell. Top with meringue made by beating egg whites until they are quite stiff; then gradually add remaining 6 tablespoons of sugar, beating until stiff. Brown in slow oven of 30 degrees F. for 30 minutes.

Those Crazy Bartletts

By Peggy Dern

CHAPTER TWO

Part One

And so Celia was born. They were amused by the baby but neither of them displayed the slightest sense of responsibility toward her. Mary Sue's sister Judith was horrified. It was she, also, who sent them money when the one night stands weren't paying off very well and the big breaks were just around the next corner.

So Judith suggested, fearfully, that they permit her to adopt the baby, and although she was delighted, she was also shocked at the relieved eagerness with which Mary Sue and Buzz accepted the proposal.

Judith had straightway taken baby Celia on up to New York and the Bartletts had equally straightway gone on tramping all over the country.

By the time, three years later, that Mary Sue knew she was again pregnant, the Hal G. Meadows Greater Minstrels were finding the going a bit tougher. The movies had cut in on the available roadshow business.

Business had fallen off and the salaries had been cut, things were rapidly going from bad to worse. The climax for Buzz and Mary came one night when Buzz, doing his "Legmania" dance, a wild acrobatic number that always brought down the house, collapsed as he came off stage. No more dancing for Buzz — a long life if he were careful, if he took things easy and lived what the doctor called "a normal life" — death within a few months if he kept on.

Just before Christmas that year Mary Sue bore twins, Buzz, looking down at the tiny, crumpled, angry-red faces of his offspring, screwed up his face and said flatly, "I don't like 'em!"

Celia, having been brought up by an adoring "old maid aunt," had not known how to play with other children. Pete and Honey were completely healthy, completely uninhibited. They ran, leaped, yelled, rolled in the dirt; they indulged all too often in brief, bitter battles that left both braming at each other cheerfully, but that sent Celia, white with terror, in search of an adult with authority.

It had been a long time ago, that last visit here to the old home. Sitting in the little wicker chair, looking out into the golden spring twilight, Celia remembered more of it than one would have believed possible. It had been a month of unmitigated hell.

A movement in the orchard caught her eyes and she sat erect to watch. A man and a woman were coming slowly up the path through the orchard. As they came close enough for Celia, watching unseen through the window, to see their faces, the woman said something; the man flung back his head and laughed joyously, and his arm draped about her shoulder and caught her close. She lifted her face to meet the eager down drive of his kiss. Celia, blinking a little, was dazed to see that man's hair was thick and curly, but snow-white!

New Year Brings Disaster For Party-bound Parents



A Christmas tree which was set on fire by four small children playing with matches brought death to 21-month-old David Brown of West Hill, Ont., and sent two rescuers to hospital with serious burns. The fire, believed caused by youngsters, started during the latter part of the evening while Mr. and Mrs. Edward Brown, seen above, bereaving parents of David, were attending a New Year's Eve party at Acincourt with another son and his wife, during which time they left their own children and two grandchildren alone in the house.

DOROTHY DIX SAYS—

Outside Work Husband Objects To Wife's Taking On Part-Time Job

DEAR MISS DIX: My husband is wonderful to me and we have a darling 2-month-old daughter. Now our first serious disagreement has arisen. I would like to take a job Saturday evenings at my profession, which is nursing, and Neil, my husband, objects. I claim a wife is entitled to one night a week for outside interests, otherwise she tends to become stagnant and a hopeless bore. I feel Neil can take care of the baby one night a week, that giving some time to my profession will help people, and that the money I earn will be helpful in obtaining some of the "extras" we could use.



Neil claims that since he works evenings and the week ends are the only time we can all be together, I should prefer to be home than work. Who is right?

ANSWER: You presented a very fair and complete picture of both sides of your problem, so I almost seem mean of me to come up with a decision in favor of your husband. My conclusion that you are better off home is based on Neil's working schedule. Since Saturday is the only night he can be home, for the sake of family unity you should take advantage of it to remain with him—not be off on a job. When your baby is older and can be left with a babysitter without qualms on your part, you will feel free to take on a nursing assignment.

YOU NEEDN'T BECOME STAGNANT

The one argument of yours with which I disagree is the assumption that this one night of working will prevent you from becoming stagnant. No wife and mother ever gets into that slump unless she wants to. Our daily lives are so replete with opportunities to observe, to learn, to assimilate, that no one need become dull.

By all means meet new people; your little daughter will aid you there. The most fruitful means by which a young mother acquires friends is through sessions in the park or playground where the small Susies and Jimmies are being aired. If you live in a small town lacking these facilities, the super-market will usually provide the gathering place, but no matter what or where it is, every community has some converging point for baby carriages. Here the mothers gather to exchange not only notes on the latest formulas, or Junior's dental achievements, but also opinions on community projects, local politics and world affairs—much as their men do at various places of business.

Don't ever look upon homemaking as a boring business. If you tackle it with such an attitude, you'll miss the exhilaration of the most exciting job on earth. It has its dull moments, true, but the final achievement of a happy family well fed, well housed and intelligently reared is something to work for.

DEAR DOROTHY DIX: My trouble is that my boy friend is a mamma's boy. I am 15, he is 16 and he isn't allowed to go out at night. His father thinks he is too young. When he was in the hospital, his mother said he couldn't have visitors. I managed to get in to see him anyway, but his mother didn't like it. He wants to continue going with me without his parents knowing of it. Should I agree?

ANSWER: A miss as possessive as you are at 15 is an oddity. Both you and your boy friend are still children, and in his mother's eyes he certainly isn't old enough to have the freedom you seem to enjoy. His parents are the natural arbiters of his time for dating and are quite right in not permitting him out whenever he wants to go—especially on school nights. His mother was also right in trying to restrict visitors during his illness. Forcing yourself into a sick room was a foolproof method of incurring her dislike.

Your intentions may be good, but your system is all wrong. Stop the clandestine dating, and wait until you're both a little older. The lad's mother may then forget how thoughtless you have been, and welcome you more warmly.

DEAR MISS DIX: We are three college co-eds each interested in the same question: How can we tell if a boy is running after us or our fathers' money? X. Y. Z.

ANSWER: Assume it's the money, since your question—certainly not on the college level of intelligence—indicates three shallow, vain females who have nothing much to offer in the personality department.

DEAR MISS DIX: I was just hinting, protested Honey, with a trace of color in her cheeks. "I was just admiring—that's all." Celia slid into a printed chiffon and brushed her hair into an updo.

The Stars Say --

By Genevieve Kemble

For Tomorrow

THE week begins on a high note of promise, with a favorable augury for approaching higher-ups for promotion, tokens of preference, popularity or recognition for work well done. There are indications of some changes to be made, perhaps with a step upward. Nevertheless, such must demand serious consideration, with a vision toward future developments, for long-range possibilities, enduring growth.

For the Birthday

Those whose birthday it is are advised to hold fast to all that is promising, with vision set on high goals, lasting gains and solidarity. Serious efforts and concentrated collaboration of those in a position to help in making definite ambitions materialize. Far insight of enduring worth and sound aspirations are assured tangible values.

A child born on this day may have to give serious attention to attaining its fondest hopes and wishes, probably against odds, although assured help from those in power.

Household Scrapbook

By Roberta Lee

Bed Room Light

A light connected to the underneath side of the bed, instead of the head, allows you to turn the light on at any time during the night without awakening your roommate or blinding yourself. This also avoids the necessity of lowering the window shades and you may walk around partly dressed, because the light shines only on the floor.

Smelling Salts

Make your own smelling salts by breaking one ounce of rock volatile into small pieces, covering with eau de cologne, and allowing to stand for a few days before using.

Grease Spots

To remove grease spots on woollens or silks use a little talcum powder. Rub over the spots, then brush off with a stiff brush after standing for a day or two.

Morning Smile

Hard Luck

A man tried to train a fish to live out of water. The first day he kept the fish out of the bowl for one hour. The second day, for two hours. The third, for three hours, and so on until it would live in the air for a day at a time.

One day the man was walking over a bridge, while the fish, which had become fond of its master, followed close behind. But, oh the pity of it, the fish slipped, fell off the bridge into the river, and was drowned.

Velveteen Accessories



Add a touch of elegance to your winter wardrobe with this jaunty beret and matching muff. Blue or Venetian Red velveteen looks fashionable this season as a rich contrast to gray, black or brown. You don't need the skill of a milliner to make the plume-trimmed hat. Like the simple muff, it is easy to cut and sew. If you would like directions for the VELVETEEN BERET AND MUFF SET, send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. SS-64.

Alice Brooks Designs

USEFUL AND SMART

USE BRIGHT REMNANTS for this adorable Kitty pinny! Add a touch of embroidery and applique for the trimmings that small girls love. It can be a pinafore for now, a cool sundress later!

Pattern 7322; transfer; cutting chart; sizes 2, 4, 6, in pattern.

Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



That Body Of Yours

By James W. Barton, M.D.

THE DELIRIOUS PATIENT

When a patient becomes delirious, the family may or may not consider the condition to be serious.

In The American Journal of Psychiatry, Dr. M. Levin makes a plea to stop looking upon delirium as something esoteric (for trained psychiatrists only). He believes that delirium is probably still the commonest of all mental symptoms. It appears often in infections and hence appears frequently in general hospitals. Every delirious patient is disorientated (confused). In addition, he is apt to be dull, sluggish, restless, inattentive, fearful, excited and disturbed by nightmare-like fancies and hallucinations. "It is important to note that the symptoms may shift rapidly and may even go away for a time so that clear or lucid intervals are common." Symptoms are often worse at night, disturbing sleep.

These symptoms of delirium are often, but not always, due to a poisoning of the blood, clearing up when the condition causing the poisoning (toxemia) is corrected. Dr. Levin states that in the warding off and cure of infections by our physicians we may expect to see more and more cases of delirium in older people.

Another point brought out by Dr. Levin is the idea that the abrupt withdrawal of drugs and especially alcohol brings on delirium or helps to cause delirium is not true. In delirium caused by drugs it is advisable to discontinue the drug abruptly and completely. This will come as a surprise to addicts and some physicians also. It is also unwise to use in treatment any drug that in itself can cause delirium. Dr. Levin believes that the use of bromides and the barbiturates in delirium is foolhardy and that paraldehyde (a coloring drug) is the only drug to use in such cases. Other psychiatrists may not agree with this view.

In his book, "Fundamentals of Psychiatry," Dr. Edward A. Strecker, professor of psychiatry, University of Pennsylvania School of Medicine, outlines the treatment of delirium.

"In general, protection of the patient, food, rest, increased fluid intake and removal of toxins (poisons) and wastes, paraldehyde as above mentioned, high vitamin and high starch diet (the intravenous use of 50 per cent glucose). Large quantities of orange juice should be given."

Delirious patients should be watched carefully and malingering (acting delirious) should be kept in mind. The malingering, although he will throw himself around, will be careful not to hurt himself.

MT. MELICK W.I.

The December meeting of Mount Melick Women's Institute was held at the home of Mrs. Malcolm MacRae on Tuesday, December 3. The president was in the chair and the meeting opened with the singing of "Silent Night." Roll call was responded to by members passing in a gift for Orphanage children. There were twelve members and two visitors present. One former member rejoined.

The minutes of the last meeting were approved as read and the treasurer reported that food parcels had been received at "Care." Mrs. Tilley kindly donated \$1.00 towards food parcels.

The sick committee then reported that two cards had been sent and the school committee gave its report. Correspondence was read and discussed after which it was moved by Mrs. J. E. MacEachern, and seconded by Mrs. Arden Richards that five dollars be donated for T.B. Health Bond. A letter from the supervisor regarding a fair basis for electricity in schools, etc. was read and it was moved by Mrs. Jack MacRae, seconded by Mrs. W. Mutch to write Public Utilities Commission concerning this. Other letters discussed were First Aid Courses and Buyer's Benefit Club.

Mrs. Lodge Lane reported that Mrs. Manning visited the school Montague, and other Druggists.

7322

McCabe-Lamphier Wedding

A quiet but pretty wedding took place at St. Eugene's Church, Cove Head Road, on the morning of October 29th, when Mary Rita Lamphier of Pleasant Grove was united in marriage with James Leslie McCabe, also of Pleasant Grove. The ceremony was performed by the pastor, Rev. O. P. Wood.

The bride, who looked very winsome in a wine suit with white and blue accessories was attended by her sister Margaret who wore green with brown accessories. The groom was supported by his brother, Louis McCabe.

Immediately after the ceremony and receiving of congratulations the wedding party motored to Charlottetown where they partook of breakfast at the Queen Hotel. Afterwards driving to various points of interest on the Island, they returned in the evening to the home of the bride where a delicious supper was served to the bride and groom including the officiating clergyman. The young couple were ten-dered two miscellaneous showers at which they received many pretty and useful gifts. They are residing in Stanhope where their host of friends wish them a long and prosperous wedded life.

To organize a sewing club, it was agreed to give school children a Valentine treat instead of one at Christmas.

It was moved by Mrs. Malcolm MacRae, seconded by Mrs. Everett Jenkins and carried, that five dollars be sent to "Food for Greece."

Next meeting will be held the second week in January when roll call will be answered by an exchange of recipes for winter soup pers. Collection amounted to \$20.

Members expressed their wish to send Christmas cards to former members who are now, not able to attend.

Meeting closed by singing the National Anthem after which a delicious lunch was served by the hostess.

Advertisement for Sanguen cough medicine, featuring the text "CHECK THAT COUGH! Sanguen" and "SIX ACTIVE INGREDIENTS IN ONE EFFICIENT FORMULA".

You'll always be glad you discovered Sanguen. For this formula of six active ingredients goes to work at the first spoonful. . . . quickly helps break up, soothes and relieves racking, harsh and stubborn coughs, croup, croup, colds, bronchitis, hoarseness and sore throat. Pleasant to taste. . . . Will not upset even a delicate stomach.

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Available at Reddin Brothers; The Jenkins Pharmacy; Johnson & Johnson; Hughes Drug Co. Ltd. Charlottetown; Semp's Drug Store, Kensington; Larter's Pharmacy, Souris; Jamieson's Drug Store, St. John's.

Mrs. Manning visited the school Montague, and other Druggists.

Anne Adams Patterns



IT'S EASY TO SEW

THE PRETTIEST CHILD in class wears this princess dress! Smart, with little half-sash, spaghetti bow and crisp collar — she will look fresh, sweet and simply adorable in this! Cute in a cotton print for school, in a silk or rayon print for her best dress!

Pattern 4684 in Children's Sizes 2, 4, 6, 8, 10. Size 6 takes 2 yards 35-inch, 3/4 yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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Send order to ANNE ADAMS c/o The Guardian, 60 Front St. West, Toronto, Ontario.

MELLS, England — (CP) — A letter posted from Ireland on March 6, 1858, has just arrived at its destination in this Somersetshire town. It was lost in the mails for nearly 100 years.

CUTICURA HELPS BAD COMPLEXION

Pimples, rash, blemishes promptly relieved with fragrant, medicated Cuticura Soap and Ointment. Get Cuticura today at drugist or 10c store. Watch for results!

Graciousness at Teatime



Medium deep aquamarine linen, appliqued with white scalloped leaves and embroidered in black, makes a tea cloth of conspicuous smartness and charm. The set is completed with four fringed aprons of white balloon cloth. If you would like directions for making this TEATIME TABLECLOTH, send a stamped, self-addressed envelope to the Needlework Department of this paper requesting Leaflet No. SS-51.

The Neighbors George Clark



"Last week my wife and daughters weren't complaining—now they've nothing to wear but last year's clothes."