

Ballet Company On Tour Takes A Lot Of Organizing

By OLI DAUM
Canadian Press Staff Writer
TORONTO (CP) — When the National Ballet Company leaves next week on its sixth annual tour an autographed picture of hockey idol "Rocket" Richard will be tucked away among the 2½ baggage cars of costumes and scenery.

Artistic director Celia Franca, an ardent hockey fan, needs it to restore her perspective.

Immersed for many months in plans for the company's largest tour yet, Miss Franca says she believes that if a person gets too involved in any one thing she can lose her sense of values.

ACTIVE SUPERVISOR
Every phase of this season's 17-

week tour of 50 Canadian and U.S. cities, to open Monday in Hamilton, will have the elfin-faced director's touch. To the dancers the tour will be a reward for weeks of gruelling rehearsals. But to Miss Franca it will be something of an anti-climax.

Although she is to dance in eight of the 16 ballets to be presented she has already surmounted a variety of problems. She has drawn up a program which she believes will satisfy all tastes. It includes classical, dramatic, comedy, jazz and Spanish dances.

She has reviewed invitations from theatre managers to decide whether their facilities are adequate for ballet keeping in mind at the same time that a company

cannot tour profitably if there is too much travelling between performances.

She has conferred with costume, scenery and stage departments and with the orchestra conductor. The train schedule had to be drawn up. Many other details took time, often in the early hours of the morning.

Meanwhile there were rehearsals from 9:30 a.m. to 5 p.m.

BIG OPERATION
When the tour takes off it will be not unlike a mass migration for the company. The 37 dancers and 33 orchestra members will be accompanied by nearly 800 costumes, 3,500 pounds of electrical equipment including 11,000 feet of electrical cable, 200 pieces of pointed 20 backdrops, 500 pairs of pointed shoes as well as numerous "character" shoes and soft slippers and musical instruments.

Nor can Miss Franca look forward to an end to worries once the tour's begun. There may be difficulty moving scenery and equipment. The trains may be late—a vigilant eye must be kept

on the welfare of the younger dancers.

To keep her head level on her shoulders Miss Franca says she needs a refreshing diversion.

"I can't get too involved and keep my sense of values," she said in an interview. "We've got to realize there are others on this earth doing good work, including the Rocket."

A fan of all hockey but not of all players—she reserves her admiration only for those who excel—Miss Franca gets a special bit of inspiration from the inscription on the Rocket's photograph.

It says: "To Celia Franca—the go-getter of the National Ballet."

TWO NURSES HELP
UNITED NATIONS, N.Y. (CP) — Two Vancouver nurses have arrived in Pakistan to assist the government in the development of new health services, the World Health Organization announced Friday. They are Marjorie Brown and Mary Meagher.

KEEP IN TRIM Reducing Enthusiasm Possibly Contagious

By IDA JEAN KAIN
Most overweights want to reduce and have tried to diet, but indifferent results lead to a feeling of "Oh, what's the use!" Perhaps more than anything else, reports from happy, successful reducers can spark your interest.

When you read about the struggles of former overweights and their final triumphs, you share their elation and your enthusiasm is renewed. Suddenly you think, "If they can do it, I can too!"

Excerpts from these letters may be just the tonic you need.

"Like many others, I had long wanted to lose, and finally made up my mind to do so. On February 21, I went to my doctor for a check-up. I weighed in at 189 pounds. I'm 49 years old and 5'6" tall. Today I weigh 149 pounds,

thanks to your wonderful Take Your Choice Diet. My doctors recommend that I lose 5 more pounds only.

"My husband and my friends all compliment me. My 16 year old daughter cheers. I feel so much better. To the many gals who say you can't do it—I know you can if you make up your mind."

If it's the head of your house who needs to shed poundage, this success story from a New Jersey business man should spur him on.

SUCCESS STORY
"I read your column on weight control with great interest. Last September I weighed 240 pounds, and my doctor suggested that I lose weight because of a blood pressure condition. Today I am down to 195 pounds. I have definite control over appetite and have

adjusted myself to better eating habits. Although I've been off the diet for six months, I control my weight. The secret as far as I'm concerned is lesser portions of all food at meal time; one light meal, preferably at lunch time; and a minimum of sweets.

"In addition I walk a great deal. It is nothing for me to take a walk of three or four miles. Also I play volley ball and swim.

"My blood pressure has improved and I feel wonderful—mentally and physically. I recommend wholeheartedly that persons who are overweight go a protective diet under a doctor's supervision. Making up your mind to reduce is sixty per cent of the battle. Never again will I permit myself to become fat... It's not worth it.

"Perhaps my story might spur others overweight to say: 'If that guy can do it, I can too!'"



MR. AND MRS. G. H. GORMLEY

Wed At St. Cuthbert's Will Reside In U. S.

A wedding of interest and beauty took place at St. Cuthbert's Church, St. Theresa's, when Mary Leona, eldest daughter of Mr. and Mrs. Leo Rogerson, was united in marriage with George Herbert, son of Mr. and Mrs. Herbert Gormley, of Bellerica, Mass. A double ring ceremony was performed by Rev. Basil Croken who also celebrated the Nuptial Mass.

The bride, given in marriage by her father, was attired in a floor-length gown of net over white satin over the wrists. The tight fitting in with long sleeves tapering points waist of lace was covered with pearls and rhinestones, inset with chinese neckline. Her finger tip veil was of nylon net with a head shape halo of pearls and rhinestones. She carried a white Prayer Book, covered with red sweet-heart roses, from which fell streamers of lilies of the Valley and forget-me-nots.

The maid of honour was Celena, sister of the bride. She wore a ballerina length gown of sky blue net over satin with bolero jacket. The headbands and mittens were blue. She carried a nosegay of mixed flowers.

The bridesmaid was Joyce, sister of the bride. She wore a ballerina length gown of ice-blue net over satin with bolero jacket and head-bands and mittens. She carried a nosegay of mixed flowers.

Ellen, sister of the bride, was flower girl. She wore a ballerina length of pink flowered nylon and carried a nosegay of mixed flowers.

The groomsmen were Mr. Ernie Gormley, brother of the groom, Mr. Edwin Smith, cousin of the groom, and Mr. Leonard Rogerson, brother of the bride, were ushers. Joseph, little brother of the groom, was ring bearer. He carried the wedding rings on a heart shaped white satin pillow to the altar preceding the bride.

The church was decorated with baskets of flowers and streamers. The choir was in charge of the Sisters of C. S. M. of St. Theresa's Convent. They rendered many beautiful hymns. Mr. Peter Dunphy as soloist, sang: "On this day, O beautiful mother". Serving the priest were cousin of the groom.

The bride's mother chose for her daughter's wedding a dress of silver gray and aqua blue with white accessories and a corsage of red carnations. The groom's mother wore a light blue dress with hat and shoes to match. Her corsage was of pink carnations.

The reception was held by the bride's parents, at the home of the bride's uncle, where breakfast was served to over two hundred guests. The table was centered with a beautiful three tier wedding cake topped with a miniature bride and groom.

The toast to the bride was proposed by Rev. Basil Croken and responded to by the groom. Congratulations to the bridal couple were received by telegrams from Mr. Frank Rogerson, brother of the bride, in Toronto; Mr. and Mrs. Shannan Star, Lexington.

FOUL WEATHER FRIENDS



BY TRACY ADRIAN

THERE'S no need to fear rain, snow or frost when the bad weather sets in if you are equipped with a pair of these boots because they are guaranteed to keep your tootsies cozy and warm.

The ones pictured are very light in weight, easy to clean, and absolutely waterproof. They are made of plastic in a handsome western motif with a handy elastic loop and button closure and a luxuriously warm nylon fleece lining and insole. The colors are red, brown and black.

Photo by Meyers

home for the holidays by CNR — the sure and easy way!

MORNING SMILE

"Look here, boy, when I hired you, you said you never get tired. This is the third time I've found you fast asleep."

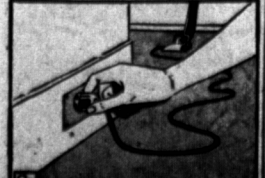
"Yes, boss. That's the reason I never get tired."

HOUSEHOLD HINT

If a favorite dress has become too short to wear, add a collar and belt of contrasting material and sew a band of the fabric several inches wide at the bottom of the skirt.

The band should be cut straight for a gathered skirt, on the bias for flared skirts.

Wife Preservers



When you discover your wife's shoes, first buy the correct size, then buy the right shoes.



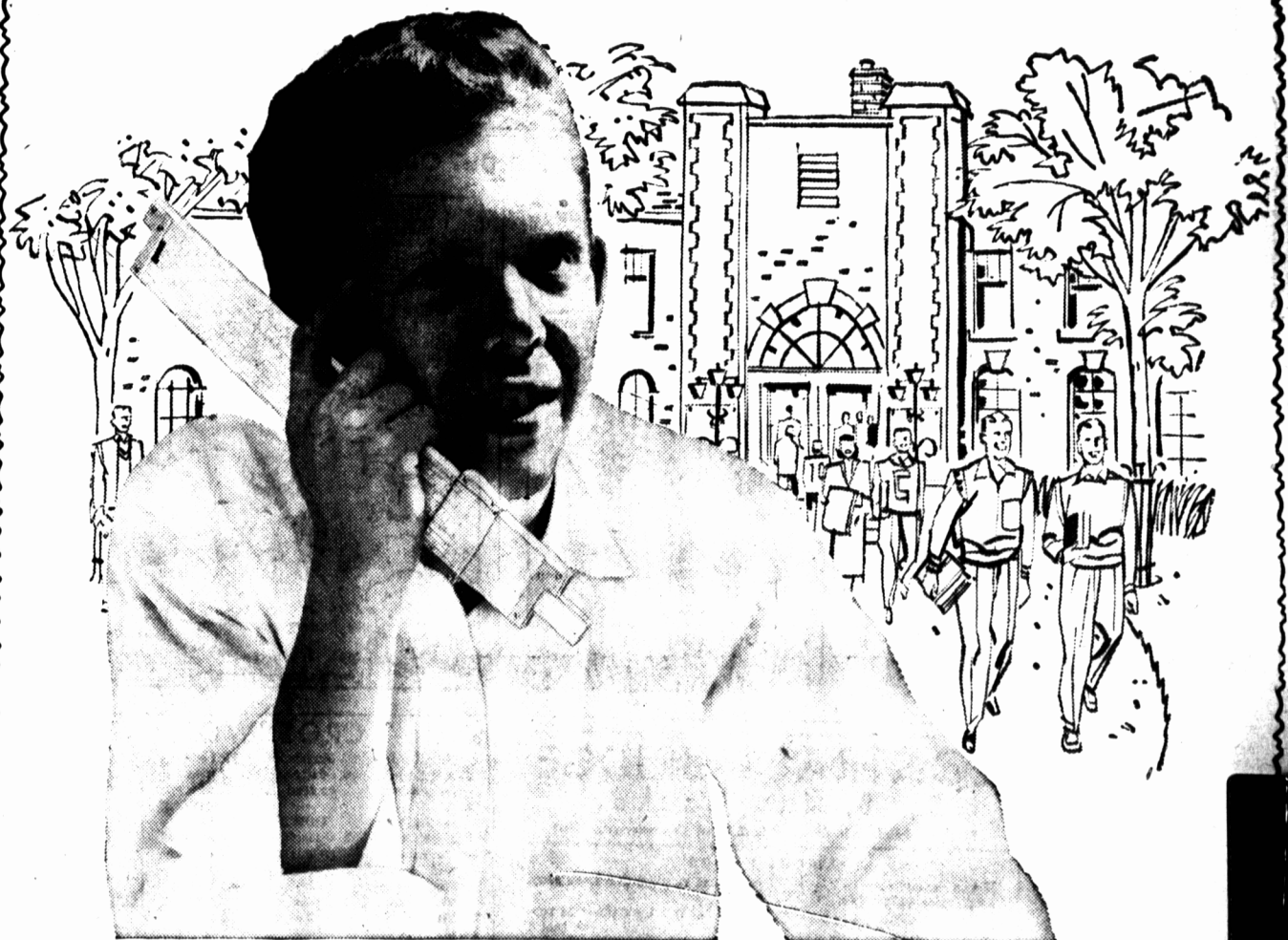
Another happy thought! If you can't go, bring them to you — with easy-to-buy, easy-to-use Canadian National Gift Certificates.

CNR

D. E. Smith, District Passenger Agent, C. N. R. Station, Phone: 522

Preparing for a lifetime of progress

He has the urge to be where "big things" are going on... so he is studying engineering



Engineers and scientists hold the key to our nation's growth

Wherever you go in Canada today you can see the work of the professional engineer—a constant adventure in progress. You can see it where the jets cleave the skies... where the courses of rivers are changed to harness power... where microwave towers provide long-distance television hook-ups... where express highways speed up traffic and the skylines of cities are rapidly altered... where giant pipe lines cross the mountains and plains. The engineer's vision, initiative and orderly thinking are vital to progress in this swift-moving technological age.

When you flip a switch at home an amazingly intricate system of power equipment goes to work for you. Electricity cannot be made and stored—it is made and delivered instantly at the speed of light. In effect, you reach back from your switch through wires, meters, transformers, substations, switchgear, generators, turbines—right to the very source of power. This incredible process... safe, reliable and low-priced... has been made possible through the skills of professional engineers.

As Canada grows, the demand for engineers steadily increases. Less than 20 years ago only about one in 700 workers was a graduate engineer... today there is 1 to every 150 workers. At Canadian General Electric we employ nearly 1,000 engineers—approximately one to every 20 employees—and more are constantly needed to keep pace with the increasing demand for

equipment to generate and transmit electric power and the many products which put it to work.

For over 50 years this Company has conducted a training programme for engineering graduates. In our plants, they acquire an intimate knowledge of the theoretical and practical principles of manufacture, design and installation. Known as the "Test Course" it has provided important postgraduate training for many of today's professional engineers in various fields of Canadian industry.

The future holds many engineering opportunities in Canada, where people are so electrically minded that the demand for power doubles every 10 years! Right now engineers are busy on products, projects and in industries that didn't even exist a few years ago, when many electrical developments, such as television, were practically unknown.

Canada's first atomic electric power plant is opening new horizons in the generation of electricity, and the many complex problems involved present one of the greatest engineering challenges of our time. Canadian General Electric is building this plant at Desjardins, near Chalk River, for Atomic Energy of Canada Limited and Ontario Hydro. This is just one of many great projects that exemplify the major role being played by professional engineers... key men in our nation's progress.



Progress Is Our Most Important Product

CANADIAN GENERAL ELECTRIC COMPANY LIMITED