



York Couple Are Honored With Surprise Celebration

The home of Mr. and Mrs. E. W. G. Foster, St. Peter's Road, was the scene of a happy gathering recently when close relatives gathered to honour Mr. and Mrs. Minto Foster of York on their 25th wedding anniversary. The couple were married at Zion manse by Rev. Carlyle Webster in 1941. (Mrs. Foster



MR. AND MRS. WINSTON JENKINS
25TH WEDDING ANNIVERSARY

Mr. and Mrs. Milton Jenkins, Mt. Mellick, entertained recently in honor of Mr. and Mrs. Winston Jenkins, on the occasion of their 25th wedding anniversary. An address was read by Mrs. Ed-

IDA BAILEY ALLEN

Pair Of 'Recipe Stops' On International Menu

Traveling thousands of miles via Henriette Holthausen's new book, "Chicken Gookery Around the World," is really delightful. Recently I made two "recipe stops" in the book for our dinner menu.

TOMORROW'S DINNER

- (With 2 International Favorites)
- Guacamole (Mexican Avocado Salad)
 - Tajine de Legumes Saida (North African Vegetable Meat Stew)
 - Comote of Stewed Apples
 - Hot or Iced Coffee or Tea
 - Measurements level, recipes for 6
 - GUACAMOLE (First Recipe Stop) Around the World: by Henriette Holthausen
 - 3 fresh avocados peeled, stoned, and fine-cut
 - firm tomatoes, peeled and cut up fine
 - 1 tiny Spanish hot red pepper, seedless chopped
 - 1 clove garlic, crushed
 - 2 very fine chopped onions
 - 1 tsp. chopped parsley
 - Juice 1 lemon
 - 1 tsp. chili powder
 - Pepper and salt to taste
 - 2 to 2½ tbsp. heavy cream
 - Lettuce leaves
 - Blend all ingredients except chili powder, pepper, salt, cream and lettuce leaves. Prepare a very smooth mixture which can best be made by using a pestle

and mortar or a blender. Stir in chill powder, pepper, salt and cream. Serve in nests of lettuce leaves.

The second "recipe stop" on our menu today is for a vegetable and a "little" meat stew from North Africa, as made by Saida, a native woman who makes a tasty, budgetwise stew, but also combines the cooking with a lesson in relaxation.

TAJINE DE LEGUMES SAIDA (SAIDA'S VEGETABLE STEW)

- 3 large onions, peeled and sliced
 - 2 paprikas without seeds, cut up (omit if unavailable)
 - 8 not-too-big potatoes, peeled and quartered
 - 3 lb. half-lean, half-fat lamb or mutton, diced
 - 4 tbsp. oil
 - 2 tbsp. butter
 - 1 tsp. turmeric
 - 1 tsp. curry powder
 - 1 tsp. paprika
 - ½ tsp. ground thyme
 - ½ tsp. ground basil
 - 1 tsp. crushed caraway seeds
 - 4 large tomatoes, peeled and halved
 - 1 tsp. chopped mint
 - Salt and pepper to taste
- Saida showed me how she prepared this stew in an earthenware pot over a charcoal fire," writes Mrs. Holthausen.

"Very slowly, with much 'feel' for cooking, she gently stewed the vegetables (except tomatoes) and the meat. Then she browned all the ingredients in the hot oil with the herbs (all except mint) and spices. Saida then relaxed, squatted on the floor, and said, "Now I have a good hour to rest—how wonderful."

To continue the recipe, let all ingredients (except tomatoes) brown and water evaporate. When well browned, stir in tomatoes; cover pan, and reduce heat. he tomatoes provide necessary liquid. Allow stew to become thickened rather than watery. This needs 50 to 60 min. cooking. Before serving add chopped mint, and taste for salt and pepper.

THE CHEF APPLAUDS SPICES

Mesdames: In the recipes in her book, "Chicken Cookery Around the World," Madame Holthausen uses many kinds of herbs and spices. She also includes a chapter explaining how to use them. For example, all-spice, which in this country is not generally used. "Allspice is ground from the dried berry of the Jamaica pepper tree," she explains. "Its flavor is reminiscent of clove, cinnamon and nutmeg."

Remember, Mesdames: you can add a small quantity of this three-in-one spice to a dish calling for clove, cinnamon and nutmeg, and achieve excellent flavor.

WAS MULATTO French novelist Alexandre Dumas the elder, author of the Count of Monte Cristo, was of partly Negro blood.

ELLEN'S DIARY

A Miracle Is Wrought By A Little Bantam Hen

The Rose Moon it is that sails now toward the faintly coral sky of the west. The woodlands beneath are as so much dark velvet, and nearer the fields catch the dusk. Darker against a near one, the cattle have bedded, the calves cuddled close by their dams. A cat slips through the purple shadows of the cats' light and enters the shortcut of pasture which leads by them down to the broken dam and mill. No evening star appears yet, but a clear sky obtains. Tomorrow will be another rare June day, we would say. "Good night. See you in the morning!" Alex says turning homeward—steps—leaps—lingers beneath the rustic trellis now—climbing honey-suckle blooms.

"See you!" Peter echoes.

A robin sings a last run, heat overflowing with love of the Junetime. A bat flies out from an eave. Scampie pipes the little truck home from the shearing up at the other farm.

We must leave the verandah now to come indoors to better light.

"How did we do at this morning's shearing, Ellen? James repeated our query, washing up at the sink at noon. "Oh, so so. They don't shear as easily as I have seen them some years. It seems as though the yolk isn't lifted as much as it should be."

"The yolk!" Alex, always intrigued by a word new to him, exclaimed. "What part of the wool is that?"

"Get your dictionary! There is no time like the present to learn something, is there?" we advised.

"It's..." James began. But presently Alex was reading the meaning. James nodded, "that is it exactly. And this year it hasn't lifted to allow the shears to cut easily."

"Sun and loveliness... chicks and the shearing today. And too few June days now remaining."

Until tomorrow... Diary... Good-night.

HAPPENINGS

Audrey Jenkins, Women's Editor. Phone 4-8586

Mr. and Mrs. Addison MacCabe and young sons Gordie and Blair who spent the past two weeks with relatives on P. E. I., left for their home in Naughton, Ont., on Saturday morning.

Mr. and Mrs. Gerald Mill, Malpeque, and Mr. and Mrs. Lester Woodside, also of Malpeque, were recent week-end guests of Mrs. Mae Daley, Halifax.

Rev. Dr. and Mrs. T. R. Millman, left on Tuesday to return to Toronto after spending the past few days at Kensington where they were guests at the Clermont Motel.

Pearl Moase, Edmonton, and Janet Moase, Victoria, B. C., left by air on Thursday for Cooksville, Ont., to visit their sister, Mrs. Charles Vincent and Mr. Vincent, after spending the past month at Kensington, guests of their brother and sister-in-law, Mr. and Mrs. Stewart Moase.

Mr. and Mrs. Robert Fletcher and two sons arrived on the island by car from New York City on Sunday. Mr. Fletcher will return to New York today, while Mrs. Fletcher and family will spend the summer with her parents, Mr. and Mrs. Wesley Dingwell, Fortune Bridge.

Major (Formerly Captain) J. Darrach Murray who recently received his promotion, has left for Petawawa Camp, Ont., where he will spend the next few weeks. Mrs. Murray and family will remain at Sea View with her parents, Mr. and Mrs. Earle MacKay for the summer months.

On Friday evening a miscellaneous shower was held for Curtis Darrach at her home in New Argyle, in honor of her approaching marriage to Lea Crozier of Kelvin Grove.

The living-room was decorated with pink and white streamers, and the bride-to-be was escorted to the seat of honour by her niece, Beverley MacNevin. An address was read by Mrs. Ralph MacKinnon, on behalf of the neighbours and friends in New Argyle, and a purse of money was presented by Mrs. John MacKinnon who opened the individual gifts. Mrs. Ralph MacKinnon read the accompanying cards. Refreshments were served by Mrs. John Haslam, Mrs. John MacEachern, Mrs. Ralph MacKinnon, Mrs. Lowell

the hostess, assisted by the committee in charge. The meeting closed by singing "God save the queen."

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Campbell, Mrs. John MacKinnon and Beverly MacNevin.

A shower was held recently at the home of Mr. and Mrs. Elton Woodside, Clinton, when neighbours and friends gathered to honor their son Ralph and his bride, the former Betty Palmer of Kensington. Louis O'Connor, as master of ceremonies, offered congratulations and good wishes and welcomed the bride to the community. Barry Woodside and Edith Heaney then carried in baskets of gifts. The ribbons were cut by Susan Heaney and Barbara Connick, and gift cards read by Mrs. Harold Heaney and Doreen Connick. Refreshments were served by the women of the district. The newlyweds will take up residence in Halifax next fall.

Golden Needles 4-H Sewing Club Annual Meeting

An Achievement Day program was held recently in the Sealetown School by the Golden Needles 4-H Garment Club. Elaine Robinson welcomed the guests and acted as chairman for the afternoon. The program began with a quiz in which Catherine DesRoches, Adele Noonan, Carolyn Green and Carol Ann DesRoches took part. "The Game of the Thing" was the recitation given by Diane DesRoches. Carol Waugh and Carolyn Green entertained with a vocal duet, "Open Up Your Heart". A recitation "The Swing" was given by Barbara Noonan. A short dialogue entitled "Getting Experience" was acted by Shirley Gallant and Peggy Sobey. All members joined in chorus to sing "The Happy Wanderer". Mrs. Francis Blanchard, acting director for the Women's Institute Branch, judged the girl's projects and spoke words of congratulation and encouragement to the girls as she presented their certificates. A gift was presented by the Sealetown WI to every member who had completed her project. Refreshments were served by the members.

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Springvale Sewing Club Holds 4-H Achievement Day

The Achievement Day of the Button and Bows Sewing Club, was held at the school on May 25th, with mothers of members and friends in attendance. This 4-H group was organized in October 1965, with Mrs. Ralph Crabbe as local leader and Mrs. Everett Clow and Mrs. Frank Crabbe as assistant leaders.

The year's work was displayed and Mrs. Bertha Blanchard from the Women's Institute of office was the judge.

After judging was completed the president, Serita Neil called the meeting to order, and extended a warm welcome to the guests. The 4-H Pledge was repeated in unison. Several entertainment numbers followed—a solo by Faye MacDonald; chorus, 4-H members; trio, Faye Coles, June and Joanne Crabbe, solo, Judy MacDonald. Mrs. Velda Dunning was pianist for the afternoon. Linda Dollar and Joyce Waite each gave a short demonstration.

Gifts were presented to the leaders, and a gift was also presented to Mrs. Blanchard in appreciation for her co-operation and assistance during the year. Mrs. Blanchard then commended the girls on their year's work and on the high marks which they achieved.

The 13 girls who completed the course are: 1st year, Lynn Clow, Faye Coles, Susan MacLaine, Beth Crabbe, Joyce Waite, Joanne Crabbe, Judy MacDonald, Heather MacLaine, Merle Crabbe, Linda Dollar, Faye MacDonald, June Crabbe; 2nd year Serita Neil.

The singing of the national anthem of congratulation and encouragement to the girls as she presented their certificates. A gift was presented by the Sealetown WI to every member who had completed her project. Refreshments were served by the members.

them brought a pleasant afternoon to a close.

Refreshments were provided by the WI members and served by several of the 4-H members.

HOUSEHOLD HINTS

- When making cherry pie from canned sour cherries, add a few drops of almond extract to your filling. Restores the fresh cherry flavor.
- Frying doughnuts? Cover the pan with a lid and they'll come out light as a feather.
- Grease the skins of potatoes before baking if you want them nicely browned but not hard.
- Brush pie crusts with a little milk before baking. Makes them brown evenly, adds flakiness.

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Women

6 The Guardian, Charlottetown, Tues., June 28, 1966.

District Convention Is Held Of South Centre Kings WI

Eight branch institutes were represented at the WI district convention of South Centre Kings, held in Kilmuir Community hall on Friday afternoon, June 17 with 70 members present. Mrs. Richard Campbell presided and Mrs. Murdoch MacGowan acted as secretary.

Words of welcome were extended by Mrs. A.N. MacPherson, to which Mrs. Malcolm Munroe replied.

Following the reading of the minutes and roll call a report of the year's work was given by the secretaries. Caledonia Institute reported that one member Mrs. Charles Walker had knitted 15 sweaters for Red Cross layettes. Programs of meetings and ways of raising money were also included in the reports. A two minutes silence was observed for the following members who had passed away since the 1965 convention: Mrs. John A. Cambell, Heatherdale, Mrs. John Bruce, Heatherdale, Mrs. Malcolm MacPhee, Bellevue, Mrs. Annie Finlayson, Kilmuir.

Mrs. Arthur MacKinnon reported on the district scholarship fund, and appreciation was expressed by Clara Martin, Helen MacLean and Linda Mathieson, recipients of 1965 prizes.

Resolutions were presented by Mrs. Angus Martin which will be forwarded to the provincial convention for further consideration.

Health, Safety and Success, was the theme of the meeting, and a talk on highway safety was given by Col. Cairns, RCMP followed by a question and answer period. The guest speaker, Mrs. Frank MacPherson, Parkdale gave a very interesting account of her trip to Sweden, England, Scotland and Ireland, in which she spoke of the hospitality of the people and of the country sides, the homes and many places of interest which she visited. A paper on education was read by Mrs. Jack MacLean.

Mrs. Reinalda MacEwen, convenor of United Nations and letter friends, was the next speaker. She congratulated the institutes on the work they had done in the past year, and urged support of the Home Economics scholarship, of the adopted Korean boy and of the fund used to support the Womens Institutes in the north, and reported that 355 layettes had been sent to the needy this year from the Institute office. She also asked the institutes to subscribe to the provincial Institute News of which Mrs. Frank Bagnall Hunter River is the editor, and to the Federated News edited by Mrs. Harold Laird of Kensington.

Nora MacDonald brought greetings from the Institute office and gave a demonstration of fabrics and their patterns.

The convention project was a house plant and first prize went to Mrs. Martin MacDonald, second to Mrs. Richard Campbell.

The door prize was won by Mrs. A. J. MacPherson. A fine display of handicrafts was arranged by Caledonia Institute, including hooked rugs, plastic flowers, knitting and embroidery work, leather gloves and smoked cushions.

Fine tea cloths were entered in the Salada Tea contest. Those belonging to Mrs. Ruby West and Mrs. A. J. MacPherson were chosen to be on display at the provincial convention at Charlottetown in July. Bellevue institute won the attendance prize. The question box was taken care of by Mrs. John Plandon.

Relaxation during the session was provided by a lively sing song led by Bellevue institute and fun and nonsense in charge of Valleyfield institute. A collection was taken for charitable purposes.

The next convention will be at Caledonia. The meeting closed with the National Anthem. A ham and salad supper was served by Kilmuir institute members.

Sherbrooke WI Closing Meeting

Mrs. Ray Harris entertained the members of Sherbrooke WI for the June meeting. In the absence of the president, Mrs. James Harris the vice president, Mrs. Fred McDonald, presided. The meeting opened by singing a verse of the "Island Hymn" followed by the collect in unison. Routine business was discussed and reports were given by committees. 13 members answered roll call. There was 1 visitor present. Money was voted for prizes for the school, all so treats were to be brought for the school closing. On the new visiting committee are Mrs. Edward Laughlin and Mrs. Earle Thompson, and on the school committee, Mrs. James Harris, Mrs. Fred McDonald and Mrs. Urban Laughlin were appointed delegates to the annual convention in Charlottetown. Mr. and Mrs. David Large attended our meeting and gave a talk on water safety. This talk was thoroughly enjoyed by all. Next meeting is to be held at Mrs. Martin Deckers. Refreshments were served by

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