

# WOMEN

Page 8 The Guardian, Tuesday, May 31, 1955

## LET'S EAT

### Fancy Touches Make Fish Dishes Tastier

In the early days of our country, fishing was a hazardous occupation. In fact, the woman folk on shore never knew whether their men would return. Gradually, it became the custom to invoke Divine blessing on the fleet.

The blessing of the fishing fleet is still celebrated during the months of May and June in Gloucester and Provincetown, Mass.



**THAT TIME-HONORED** sea food, codfish, takes on new form and flavor in Cod Steaks Soufflé, spicy chussets, as well as at other sea-ports. Thousands attend the ceremony, which is held in the open air at the waterfront.

Today, with fish from both East and West coasts available in fresh or frozen form throughout the country, we can all well give thanks for the oceans provide us with an inexhaustible supply of this substantial food.

Fish has the same protein value as meat, but has more minerals. It can be cooked in any way that meat is prepared and is easily digested. As a matter of fact, it is suitable food for everyone from tots to oldsters.

Today our test-kitchen presents a new way to prepare cod fish—a great and time-honored sea food.

#### TOMORROW'S DINNER

- Mixed Vegetable Salad
- Cod Steaks Soufflé
- Parslaid Potatoes
- Warm Rolls
- Jellied Appleberry Squares
- Coffee
- Tea
- Milk
- Cod Steaks Soufflé: Sprinkle

#### TRICK OF THE CHEF

Add liquid drained from canned or cooked frozen mixed vegetables, used for salad, to tomato juice cocktail.

## ELLEN'S DIARY

by an Island Farmer's Wife

moment at Alderlea we wonder, late to save a length of the pretty tapestry of May.

Because May is not a guest to linger. Even now while the pond-musicians render a lament which James declares merely indicates showers but we know to be a regretful farewell, she picks her way out and over the hilltop. Dainty gifts she brought us. Present beyond price—spring, shy and lovely: gifts of firstlings, mayflowers, dandelion, violet, cowslip—these are her blossoms. Are there sweeter flowers? Orchid, gardenia, rare rose? No, none—none with more grace and appeal than the meadow-blooms May sets with fine artistry along streamside and lea.

“Out of place in the activity of us this afternoon we sat by a window hemming a length of curtain for the small old-time one which lights the back stair . . . While it is, and inexpensive by the yard, to hang on the little round rug bought at one of our favorite shopping places: “the five and ten” or was it “the Met?”

“Come quick and see the warbler in the poplar tree by the gate!” a little boy, a little girl may be.

“Presently, Dear—when this last cup is dried and put away.”

“But, he'll be gone by then!”

Yes, we must come now to encourage young eyes to search out and enjoy the numberless delights about that go hand in hand with the farming. We must come to

## Seven Days A Week

**MONDAY:** Two days of May left then comes the merry month of June, June—the month of brides—For showers why not a Bridal Basket Shower? It is novel and can be planned by a small group of intimate friends of the bride-to-be. Many a time when she is Mrs. she will bless the thoughtful donors. Use baskets that can be used for various household chores afterwards. Use your imagination when filling these baskets and here are a few suggestions to start the ball rolling. No. 1. Make-a-note basket. Give scratch pads for lists, note paper, haste-notes, postal and greeting cards for all occasions; pencils and a dime-store pencil sharpener; a bottle of ink; boxes of rubber bands and paper clips and of course some stamps wouldn't go amiss either. No. 2. Washday basket—No. 3. Keep-it-up Basket—This should include hammers, pliers, screwdriver, thumb tacks, nails, coat and picture hooks, tape washers, a twelve-inch ruler and six-foot tape; new fuses and light bulbs; a flashlight and spare batteries; candles for emergencies when the lights go out suddenly. And string, cellophane tape and household cement might be added. No. 4. Polish-up Basket.

#### MARY HAWORTH'S MAIL

### Unable to Renounce The "Other Woman"

**DEAR MARY HAWORTH:** Because I am afraid that I am about to lose a most wonderful girl, my wife, I am writing for your opinion and advice.

Kathy, I'll call her, has every fine quality a man could possibly ask for in a wife and a mother. She has always thought of me and our three children as the most important people in her life. In the past years that we have been married, even so, this past year I have been keeping company with a girl five years younger than myself. My wife and I are the same age. 27.

As I want to go on seeing this girl, I know that I am hurting my wife, still I can't seem to break away from the girl. We are in love with each other and I find myself doing little things for her that I am disinclined to do for my wife—whose qualities and character far surpass the girl's.

What is this strong attraction and desire that I have for this girl? Is it possible that my marriage to Kathy was a mistake, in spite of the fact that I love her in a different way from the way I love this other girl? I can't face losing my wife, who has stayed with me throughout my affair, and who still loves me. Please give your advice. P. D.

#### Irresponsibility Appeals to Man

**DEAR P. D.:** You ask “What is this strong attraction and desire I have for this girl?” The vernacular label for it is sex appeal. Likely the inside story is that she made a bid for your attention, and was ready and willing to have an affair, although she probably induced you to feel that you were the aggressor and made the conquest.

As to the nature of your emotional investment in the relationship, I suppose it is largely a matter of your “loving” the experience of being so irresponsible in the erotic exchange; and of being so extravagantly desired by a young female who theoretically (or figuratively) gives all, without conventional recompense. For your sake, actually of course she isn't giving, really—so much as she is prevailing upon your emotions.

In Dr. Edmund Bergler's book “The Revolt of the Middle-Aged Man” (A. W. Scribner's, publishers), we get a glimpse, in Chapter 5, of the gallery of female characters who seem always to be finding “love” on the wrong side of the fence. Seen through the specialist's eyes, with understanding of their neurotic actions, they are a pretty pretty menagerie, assorted and guaranteed to bring additional headaches into the lives of men who mistakenly venture intimacy with them.

#### Specialist Lists Predatory Types

Dr. Bergler lists them as follows, with incisive comments about each: Miss Injust Collector, Miss Mild Resignation, Miss Illusion, Miss Magic Gesture, Miss Revenge, Miss Professional Troublemaker, Miss Rescue Fantasy, Miss Gold Digger and Miss Promiscuous—“who of course does not limit herself to middle-aged men,” he says.

To get instructive insight into the pattern of your involvement, you might study Dr. Bergler's new and familiar predatory types cited above; and also read his book “Divorce Won't Help” (Harcourt), which will shed light on the whys and wherefores of your infantile instability in double harness.

You find yourself doing little things for the girl that you are disinclined to do for your wife, you say, despite your awareness of your wife's superior quality. As to why this is, I think that unconsciously you resent the duties and disciplines of family life, hence don't freely give Kathy the gracious extras—whereas these trifles are your specialty with your paramour, who purportedly makes no “demands” on you.

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian, Charlottetown.

planting. For Jennie never wearies of explaining things to her children and answering with every respect the least of their queries.



MR. AND MRS. GREGORY GALLANT

Pictured with their wedding attendants are Mr. and Mrs. Gregory Gallant. Reading from left to right are: Mr. Andrew Gallant, best man; Mr. and Mrs. Gregory Gallant, the groom and bride; Mrs. Cyril Doucette, matron-of-honor.

The marriage took place on May 4 at St. Ann's Church, Hope River at 8 a.m. of Beatrice Lobb, daughter of Mr. and Mrs. Peter L. Gauthier, Mayfield, P. E. I. to Gregory son of Mr. and Mrs. Peter R. Gallant, Oyster Bed, P. E. I. The ceremony was performed by Rev. Earl Dalton. Soloists for the occasion were Mr. Wilfred MacAleer and Miss Shirley MacAleer. The wedding music was played by Mrs. Wilfred MacAleer.

Given in marriage by her brother, Leo, the bride chose a floor-length gown of white nylon net over satin trimmed with pearls; the bolero of nylon lace had long sleeves which came to

points over her wrists. Her full-length veil of net was held in place by a tiara of pearls. She carried a bridal bouquet of mixed roses with white satin streamers.

The bride's attendant was Mrs. Cyril Doucette, who wore a pink nylon net dress over satin with a matching headress. She carried a bouquet of pink roses.

Mr. Andrew Gallant was the bestman.

Following the ceremony a reception was held at the home of the bride for approximately 50 guests, after which the newlyweds left on a honeymoon. For travelling the bride wore a beige suit with yellow and brown accessories.

The bride was formerly Mildred Dwan, daughter of Mr. and Mrs. J. J. Dwan, St. Peter's Bay, P.E.I., but now residing in Weymouth, Mass. Her husband is the son of Mr. and Mrs. T. Tracey, Boston, Mass., and is also a resident of Weymouth.

The soloist for the occasion was Mr. Bob Charbonneau and Owen Dwan.

After the ceremony a reception was held at the Charlottetown Hotel for 50 guests.

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MR. AND MRS. THOMAS J. TRACEY, JR.

Photographed with their wedding attendants following their marriage on May 23 at the Holy Redeemer Church, Charlottetown, are Mr. and Mrs. Thomas J. Tracey, Jr. The ceremony was performed by Rev. W. V. McDonald. In front is the bride and in the back row from left to right are: Mr. Thomas J. Tracey, Jr., groom; Mr. John W. Tracey, best man; and Mrs. Bob Charbonneau, matron-of-honor.

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## MRS. GORDON MACMILLAN A COUNTRY GARDEN

**LOVELINESS**

From Loveliness that I have known I choose these things— The leafy whisperings of the dawn; A butterfly on wayward wings.

Lovely, golden daffodils, Tulips bright and gay; The happy lily laughter Of a child at play.

A silver flash against the sky Of litted wings; Make music's rosy splendor; The song the robin sings.

A lilac scented night in June, The moonlight wonder of the sea— A humming-bird, the evening star— A butterfly on wayward wings. All these mean loveliness to me.—Constance I. Heckbert.

A humming-bird means much to our Island poet and in the garden almost the very same day and hour of each spring. Now he is up on the wire in the rose-garden watching out for strangers as he keeps near his mate who nests nearby. Some one has described the humming-bird in these words: “Stones and metals polished by our art do not stand comparison to this jewel of nature . . . Her masterpiece is the small humming-bird which she has endowed with all the gifts that have only been divided between the other birds. It is wonderful how they seem to come back to the gardens where they were hatched and the same flowers and birdbaths that they enjoy. No matter the weather, we are sure they will come. My garden diary of over a quarter of a century ago tells me that all through these years the seasons do not vary in time except for a few days. The same flowers bloom at the same time each year.

The forget-me-nots are making the garden lovely at this time and the Tulips lift elegantly slim and delicately reflexed chalices to the strengthening sun from a floor that for its blueness might be a reflection of the heaven above. There are also violas in apricot and gold and many shades of blue as a ground cover for the tulips. These were sown last year and as small seedlings transplanted to the gardeners where needed, and the gardener who sees his plants grow from the beginning will have the best view of them just as it is true of many things in this world. Iceland Popples and Wallflowers are also blooming and more seed must be sown of these lovely flowers for color next year in early spring. Some years ago I sowed seed of the fragrant wallflower and ever since some plants have grown in the garden and this year there are many of them covered

## ANNE ADAMS PATTERNS

**HALF-SIZE DUO!**

From this minute on, you'll wear and love the slenderizing sheath dress with the box jacket. It's easy to sew—proportioned to fit and flatter the shorter, fuller figure.

Pattern 4773: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ dress takes 3½ yards 35-inch fabric; jacket, 2½ yards.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send THIRTY-FIVE CENTS (35c in coins (stamps cannot be accepted) for this pattern. Print plainly: SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto.

4773 14½-24½ by Anne Adams

## Words Of The Wise

Make other people like themselves a little better and I promise you they will like you very well.—(Lord Chesterfield.)

## How To Be Happy While Dieting

Reducing together takes the boredom and the resistance out of dieting. So eight overweight housewives up Maine have joined forces by forming a reducing club. They meet once a week, talk over their problems and compare notes.

Since the small town in which they live has a population of only 900, it seems the whole town is talking about the reducing club. Many of the town people are encouraging, but some appear to be envious. “We'll wait and see,” attitude. This mixture of well-wishers and Doubting Thomases provides a stimulating challenge! Mainers are known to be rugged individualists, and these homemakers are now quite determined to show the whole town that this time they can and will make the grade.

## Serve Sunny Desserts in Any Season

**SUNSHINE SPECIAL**

1 package Strawberry Jell-O (or other red flavor)

1 cup hot water

1 can (15 oz.) fruit cocktail, drained

Syrup from fruit, plus water to make 1 cup

Dissolve Jell-O in hot water. Add fruit and water. Reserve 1½ cups of this mixture. To the remainder, add the drained fruit. Turn into mould. Chill until almost firm. Pour reserved Jell-O over top and chill until firm. Unmould. Makes 5 delicious servings.

## Some Fix-it Projects

By ELEANOR ROSS

In her own wardrobe, as well as in the rest of her domain, it's the little things that try the patience of the housewife. With a few simple tricks, her lot can be made easier.

Can't afford a new hat? The old one can be made to look like new. First look at the veil. If the veil looks wilted, it will detract from your appearance—no matter how well the hat becomes you.

**To Freshen a Veil**

To make it look fresh, cover it with waxed paper, then go over it lightly with a steam iron. Steam ironing over a kettle is a good restorative, too.

To spot-clean hats of straw, fabric, pique, lace or silk, use carbon tetrachloride, as most designers and hat workrooms do. The trick here is not to soak a piece of clean gauze with the liquid, but just to dampen it. Using too much of the cleaning liquid will mean that the dirt will liquefy and sink like a dye into the material, leaving it worse than before. So, with a slightly moistened gauze pad, start from the center of the spot or stain and work outward lightly beyond its edges.

**Brush Felt Hats**

Do the work in a well-ventilated room. Give felt hats a good brushing, if very stained or matted. Rub gently with very fine grained sandpaper—No. 00, if it is available—then brush carefully to fluff out the pile.

Treat new hats with care. Never neglect to fill the crowns with tissue paper and softly arrange the veil over a layer of tissue paper, too. Curved brims should be plumped out with tissue paper and the hat placed carefully in a hat box.

**Storing Place Mats**

Household aids that make life simple for you, will give better service if you give them a little care.

Place mats serve their purpose well but are difficult to store. Try fastening a 6-inch spring clamp inside a kitchen closed door and hang the mats from it. The spring action makes it easy to remove and replace the mats and prevents edges from cracking or bending. Use it for the mats you use every day.

We do too, to a point. Like this evening, when a strange visitor buzzed in through an open door, attracted by the light.

“June Bug!” Granddaughter commented critically. “Why, do they call them JUNE bugs, when they're here in May?”

“Lawsy, Chile, nevah yo' min' fussin' yo-sef 'bout June bugs,” we laughed.

“Chilluns want to know too much nowadays. Ain't nothin' stops 'em! Now when yo' Grandmaw was a gal . . .”

“I guess,” Mack offered looking up from the Funnies he was reading. “Nanna doesn't know why! You'll have to ask Mother . . . It's my opinion, they just couldn't wait 'till June to be born.”

And May, a month of much charm and every good promise walks away on silent feet, out and over the hill.

Until tomorrow . . . Diary

— Good-night. . .

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## ALICE BROOKS DESIGNS

Iron on Blossoms in Gay Colors!

Stroke of your iron— presto! Blossoms bloom with tea roses! They look hand-painted on towels, luncheon cloths, aprons, sheets, pillowcases! Dip 'em in suds—the color STAYS! Make gifts galore, best sellers for your bazaar booth.

Pattern 7095 has twelve iron-on color designs in a combination of yellow, orange, green. Four 4½ x 4½ to 3½ x 8½ inches; eight 1½ x 1½ to 2 x 2½ inches. Jiffy! Iron-on! Washable.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to The Guardian, Household Arts Dept., 60 Front Street West, Toronto, Ontario. Print plainly: NAME, ADDRESS, PATTERN NUMBER.

ORDER our 1955 Alice Brooks Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

**MORNING SMILE**

Grandma—Yep, I put nigh on to three hundred men out of action once when I was in the army.

Sonny—I didn't know you were such a hero. You never showed me your medals!

Grandpa—No medals. It just happened I was camp cook for a week.

## THE FASHION STORY IN PRINT FOR SUMMER '55!

Prints in '55 are fresh and clear in fluid fabrics with a silken sheen . . . in costume and frocks that follow the new, easy shape of spring. The silhouette is slender and smooth skirts are fitted or full from the hips.

Greendal's have a bountiful, beautiful collection of these new print dresses.

Sizes 7-20; 18 1/2 - 24 1/2

CHOOSE YOURS NOW

**3.95 UP**

USE OUR LAY-AWAY PLAN—A SMALL DEPOSIT WILL HOLD ANY GARMENT

**The GREENDAL CO., LTD.**

LADIES' STORE 160 GT. GEO. ST.

