

Royal Pair To Watch Scottish Dances By Natives On Island

COCOS ISLANDS, Indian Ocean (Reuters) — Queen Elizabeth and the Duke of Edinburgh, on the way home from their tour of Australia and New Zealand, will pause for a brief visit to the tiny group of Cocos Islands, in the Indian Ocean April 5, 1954.

There, they will meet John and Daphne Clunies-Ross, "king" and "queen" of Cocos.

The Cocos Islands have played a valuable part in two world wars. On North Keeling island lies the wreck of the German cruiser Emden, marking the scene of Aus-

tralia's first naval victory. That was in the First World War. Today, it has an airstrip of crushed coral which cost nearly \$3,000,000 to build, and it was an air base of importance in the Second World War.

On approaching Cocos, the first of the islands will be a great mass of palms, apparently floating on the horizon. A break in the reef allows ships to enter a safe, calm harbor and as the liner Gothic draws into this anchorage, the deep green of the sea gradually becomes lighter and the coral seabed can be clearly seen through the crystal-clear water.

The natives of the Cocos Islands are already excited about the prospective Royal visit. Festivities will go on for days. A highlight will be the dancing, by the natives, of traditional Scottish dances and reels.

Natives Imported The first John Clunies-Ross who settled the islands in 1827 imported from Malaya the ancestors of the present natives to work the coconut plantations.

The Clunies-Ross family has remained ever since. In 1880, the islands were leased to George Clunies-Ross and his successors in perpetuity. Every successive head of the family has become governor—or, more usually, "king."

B.C. Newswoman Named To Senate



A 65-year-old newspaper columnist in Victoria and former Speaker of the British Columbia legislative assembly has been appointed B.C.'s first woman senator by Prime Minister Louis St. Laurent. Although a Liberal and outspoken sharp-tongued orator often in demand on party campaign platforms, Mrs. Nancy Hodges, seen above, often jumped party lines to present a solid front with other distant legislators on behalf of the province's women. A controversial figure in politics, she took the lead in B.C. Liberal Party council that led to the decision to coalesce provincially with the Conservatives in 1941. When informed of her appointment—which brings to five the number of women in the upper chamber—Mrs. Hodges said "I'm overwhelmed as I feel that the appointment is a tribute to the women of British Columbia rather than any personal honor to me."

Light Or Bite?



—This orange velvet chapeau by Chante of New York raises another question: Is it charming or charmed? For the coil of rolled velvet topped with a large diamond bears a resemblance to a charmed cobra or perhaps a dynamite fuse.

Household Scrapbook

By Roberta Lee

Tennis Rackets Before putting the tennis racket away for the winter, cover the strings with Vaseline. This will prevent snapping of the strings during the time the racket is not in use.

Meringue Sugar should be added to the white of the egg before beating, then baking powder. If made in this manner the whites of the eggs have more the appearance of whipped cream.

Diabolochs Better results can be made with diabolochs that are made of knitted cotton. They should be boiled frequently in strong soda water and dried in the sun.

HOW MUCH VITAMIN D? Infants to 2 years, 400-800 International Units daily. Children, 400 International Units daily. Adolescent and nursing mothers, 400 International Units daily. Children need vitamin D every day, winter and summer. It is easier to maintain the habit than to start again each autumn.



Cook's Corner

LEMON SQUARES

1 1/2 cups of cracker crumbs (rolled) 1/2 cup flour 1/4 cup coconut 1 cup butter 1/4 cup white sugar 2 tablespoons milk

Filling: 1 cup water 1 cup sugar 2 tablespoons flour 1 egg Juice and rind of 1 lemon, (cook). Rub butter into dry ingredients. Add milk. Put half the crumbs in pan pour in cooked filling. Put remaining crumbs on top. Cook in moderate oven.

—Mrs. Emmett Shields, St. Lawrence W. I.

Greek Royalty "Dress Up" For U.N. Party



For the first time since their arrival in North America, on a four-week good-will tour, King Paul and Queen Frederika, of Greece, appeared in formal dress at a dinner sponsored by the U.N. in New York. The queen wears a richly embroidered gown, beautifully set off by her bejewelled tiara, while pinned on the king's formal garb are many insignias and medals of royal orders. With them are Dag Hammarskjöld, U.N. secretary, and President Mrs. Vijaya Lakshmi Pandit, of India.

ELLEN'S DIARY

By An Island Farmer's Wife

This morning with the return of Rob, folks turned again to follow the familiar routine of this place. We fancied James' shoulders lit- tle appreciably so glad was he to be relieved of the burden of his care. There were pleased smiles on the faces of the children, happy to have their last stay returned to these precincts again. "Yesterday was a long time," we overheard Gage confide to him when the Fall lampit-dawn brought him down to the kitchen. "That was because you were up so early yesterday to bid me 'Good-bye,'" Rob offered. "And I suppose you were later than usual going to bed."

"No," the child shook his head soberly. "It wasn't that, Daddy. It was because when I thought of you, you were so far away." "Only to a far field of the farm, Rob was today. One on a hillside to which through the rolling farmlands, its windings sometimes seen, sometimes lost to us at the house, the farm-lane leads. At noon, James' rookoning hours spent, labor, equipment and whatnot, was of the smiling opinion that so little had been accomplished at the work "It would be cheaper to buy them."

Nevertheless when our curiosity led us thither later, we found nice heaps of roots tucked away in the underground bins of the new barn. Mangels saved, today brought them to the harvesting of turnips, hurrying a bit as cold weather tends to close in.

"I don't suppose there would be a farmer at that Fair who hadn't his crop all under cover," James commented half-seriously at dinner. To welcome home our prodigal the main dish then was chicken—a noble bird of the little folk that found gleaming in near grain-fields and feasted royally on escaped kernels about the scenes of the threshing.

Our helper laughed infectiously. "We know there was one," he offered, "but he took care to leave two good men and a half in his place!"

Pansies and sweet alyssum, the latest blooming flowers of this garden blossomed wanly today beneath mostly cloudy skies. . . . And in the evening the milk cows and their following of calves came down from the fields without summons to be let to the comfort of stables. November stresses sheltering roofs and comfortable quarters for the animals and an adequate supply of dry winter-wood for the folks of the place.

With willing assistance we gathered, after school, the harvest of dahlias, Gage trundling them off to the cellar in a smallish wheel-barrow. Only an ordinary collection we have, yet one which gave the family much enjoyment throughout the summer until the autumn wind and rain-storm despoiled them of much of their beauty.

"It seems only the other day that we planted them," Jamie commented, busily cutting away the stalks and then placing the tubers in a neat row for the convenience of the pick-up man. "Only the other day," we agreed. "But when you come to think of it, there's a whole crop between!" And a day's work between our Family's lampit rising and this hour of night which now speeds this loiterer to follow the steps of the others off to her rest. "Until tomorrow . . . Diary . . . Good-night . . ."

MAINTENANCE OF HEALTH

In eating to satisfy hunger we should select foods which will satisfy all our requirements. We are likely to obtain enough food to furnish energy but we may not obtain sufficient protein, or adequate quantities of minerals like calcium and iron, or needed amounts of the different vitamins. For Canadians the best advice about the choice of foods is Canada's Food Rules. These were devised to ensure that all requirements would be satisfied.

and to prevent rusting, rub with oil. Q. How can I lessen the drip from candles? A. A simple method of accomplishing this is to place the candles in the refrigerator for several days

That Body Of Yours

By James W. Barton, M.D.

OBESITY AND SURGERY

I have written several times about the findings of life insurance medical examiners who report the disadvantages and dangers of overweight. So sure are the medical examiners that excess weight shortens the life span and is responsible for many illnesses that most companies give free physical examinations at stated periods that they might encourage the overweight to reduce his weight in return for which the amount of his premium would be reduced.

In addition to the findings of physicians, surgeons also find that overweight present a greater risk during operation than do those of normal weight. In Medical Press, Dr. McN. Love states: It is obvious that a fat-laden abdominal wall is a severe handicap to a surgeon who is endeavoring to palpate an indefinite abdominal swelling, and in the absence of clinical guidance (heavy fat abdominal wall preventing the surgeon's fingers from learning the true condition of the abdomen), more reliance must be placed on laboratory and X-ray examinations.

"In addition, fat buttocks interfere with examination of the lower end of the large intestine (anal canal) and examination by the physician's hands of a swelling in the lower abdomen (pelvis) in a female patient is likely to be inconclusive." What is the suggestion when the physician finds that excess fat in the abdominal wall is so thick that he cannot feel sure of his diagnosis? In suitable cases, when a delay of a few weeks is of little moment, it is wise to defer operation until a medical colleague has prescribed and supervised a course of weight reduction with satisfactory results.

The above information should be a lesson to all who are overweight or who are becoming overweight. The excess fat on abdomen or elsewhere can render the diagnosis difficult to obtain and may make operation dangerous where it would be comparatively safe otherwise. Unfortunately, some operations are emergencies and neither physician nor surgeon can do their best work for the patient who has become excessively fat and allowed heart and blood vessels to become weak and flabby.

Morning Smile

Talkative Hunter — Once while I was having a meal in the jungle a lion came so close to me that I could feel his breath on the back of my neck. What did I do? Bored Listener — Turned your collar up?

Plain Mr. Dunbar Becomes Sir Adrian



Adrian Ivor Dunbar, 60, of Fairmount, Md., who does odd jobs for a living, is shown with his wife and son as the parents prepared to leave for Scotland, where Mr. Dunbar will become Sir Adrian. He fell heir to the title when two baronets of Dunbar died within two days. A 200-acre estate and a stone mansion go with the title. Two sons won't make the trip. They have enlisted in the United States Army and will remain as U. S. citizens.

The Stars Say --

By Genevieve Kemble

For Tomorrow

The configurations do not favor new ventures or enterprises this day, so stick to routine duties and regular schedules. In business affairs try to avoid arguments and keep all discussions in an impersonal level so as to avoid discord. During the afternoon and evening hours, the planetary aspects are favorable for engaging in community enterprises, completing old-standing affairs and benefiting through the friendship of elders. Inspired or creative work, whether vocational or avocational, may bring success at this time.

For the Birthday

If tomorrow is your birthday, you are now entering a period in which, if you will merge your experience, knowledge and assets with those of others, you can establish a good foundation for the future. Be fair in your dealings, however, and do not insist on more than your share of future gains. During the early part of 1954, an unexpected change may prove quite fortunate and there is a strong possibility that your prestige and popularity will increase either as a result of membership in some group or through a new social contact. During the late spring some misleading influences may appear, so be on the alert. During that period, curtail expenses to meet income.

A child born on this day will be most complex in character — gentle, loyal and sincere, yet dominating and sarcastic at times.

Better English

By D. C. Williams

- 1. What is wrong with this sentence? "The teacher proceeded to tell us that our child's conduct was aggravating." 2. What is the correct pronunciation of "obese"? 3. Which one of these words is misspelled? Coerse, perverse, intersperse, disperse. 4. What does the word "fanciful" mean? 5. What is a word beginning with prop that means "that is of good omen"?

ANSWERS

- 1. Say, "our child's conduct was provoking." "Aggravate" means to make worse. 2. Pronounce o-bes, as in no, e as in be, accent second syllable. 3. Coerse. 4. Guided by fancy, rather than by reason. "A fanciful man forms visionary projects." 5. Propitious.

A Country Garden

By Mrs. Gordon MacMillan

THE FALLING LEAVES

Lightly He blows, and at His breath they fall, The perishing kindreds of the leaves; they drift, Spent flames of scarlet, gold aerial, Across the hollow year, noiseless and swift. Lightly He blows, and countless as the falling Of snow by night upon a solemn sea, The ages circle down beyond recalling. To strew the hollows, of Eternity. He sees them drifting through the spaces dim, And leaves and ages are as one to Him. —G. D. Roberts.

When the leaves have all fallen from the trees it is comforting to know that all the tender plants are safely housed for the winter. Geraniums are still blooming on a stand in the corner of the veranda where they were placed in early April. Geraniums are very reliable plants and a good collection can be made at small cost. The proper name is Pelargonium as the Geranium is a perennial suitable for the garden with flowers in the pink, white and purple shades. The plants commonly called Geraniums come in many shades and varieties: (1) Show Pelargonium or Pansy-flowered; (2) House Geranium (P. hortorum), also known as Bedding, Horseshoe and Zonal Geranium; (3) Ivy-leaved Geranium; and scented-leaved geraniums, represented by many species. . . .

The Pansy-flowered are not perpetual bloomers, but the flowering is worth waiting for as they are long-lasting and beautiful. A very large plant covered with dozens of blooms resembling an Azalea delighted this gardener for weeks and also many garden visitors. A colored photograph was taken when the potted plant was carried down to the garden and placed in front of a violet colored Lilac. The combination was delightful and made up for the heavy load that was carried with some difficulty, because care was needed so the blooms would not be broken. This variety was a soft pink and others bloomed with a cerise blotch and even now there are a few flowers on these plants. There is a bewildering number of varieties in the Zonal Geraniums, with single, or double flowers. Some have handsomely colored foliage. Happy Thought, is in green and scarlet, with dark zone-flowers scarlet; a dwarf, compact sort with white-edged leaves and many others make a nice contrast in the window garden.

The Ivy-leaved Geraniums are characterized by the trailing habit and glossy leaves. In this garden they are used in the window boxes and now as I write a soft pink variety is lovely in a blue hanging pot and the red variety has grown so tall that many slips were given to garden visitors in the summer. They seem to need more moisture than the other varieties of Geraniums and will grow in some places in England they are favored plants to trail over the edges of large outdoor vases in summer. There are varieties in other colors in lavender with red and dark stripes that I have not seen.

The scented-leaved Geraniums or (Pelargoniums) are a varied group in leaf size and structure, in flowers and in fragrance, and as a rule their flowers are not as showy as in the other groups. They are chiefly for their fragrance—the Rose Geranium, one of the oldest of house plants, is (or was) used to adulterate attar-of-roses. More than fifty-varieties are obtainable from specialists dealing in them. One variety grows here—the Rose Geranium with small lilac-colored flowers, and there is the lemon-scented, pine-scented, and nut-meat, and apple-scented; some have variegated leaves and another has peppermint fragrance with small white flowers. I would like to have a collection of these fragrant plants.

It is wonderful to have a small heated room to keep all these Geraniums in the winter time and the one here is crowded. The very large plants were taken to the cellar and although they lose their leaves will live through the winter. Watering is done very sparingly so they do not shrivel and they are potted in large buckets or pots of various kinds. There is not enough light and the cellar is not kept so many gardeners wish to keep their geraniums over Winter to use again next Summer and also to make more by slipping for outdoor blooming.

Many visitors to England have told me of the beautiful borders of Geraniums growing in the gardens and parks. They can be used in so many different places planted in the ground and also as potted plants. One of the most effective flowering plants in the garden here they bloomed until heavy frost and the smaller plants are continuing to bloom in the house and garden room. One sunny morning the rock garden was replanted and new earth added. Pinks and pansies and violas were brought from the field and in the shelter of the evergreen hedge as a background will continue blooming until very cold weather comes.

Barberries are bright with scarlet fruit and they make a colorful corner with many varieties of rose haws in oval and round shapes. Some are crimson in color and others are bright scarlet. It is a good time to prune and shape shrubs that have grown old every year—when at the pruning and cutting-out of the old dead branches we find several birds, nests and remember the sunny summer days and the lovely birds that made them such happy days in the garden; and remembering the busy building days in early

Love Knows No Barriers



British justice relaxed long enough to permit Tommy Flynn, 22-year-old sailor, to marry the dark-eyed Arab slave girl he smuggled home to England. The lovers were freed from jail, where they faced sentences for violating the Immigration laws. She had been smuggled from Basra, Iraq, where she worked as a slave. Tommy slipped her aboard ship, past the guards, dressed in men's clothing, and hid her in a cramped locker during the 44-day-long voyage home. Here are Tommy and his bride, Jean Kawahkhi, 19, leaving church in Durham after their marriage.

DOROTHY DIX'S COLUMN-

Give Marriage A Chance

Reader Told Early Differences Tend To Strengthen A Couple

DEAR MISS DIX: Why do you so often advise unhappy brides of two or three months to seek a solution of their difficulties within their marriages? Don't you think that a marriage which has only just begun, and which is already causing unhappiness, is better dissolved? Surely, the sooner the couple involved go their separate ways the better for all concerned. I feel that a marriage which fails to give joy when it is new is doomed to deeper and deeper pain while it continues.

ANSWER: Our divorce rate is already appallingly high. Can you picture what it would be if every couple rushed to court at the first moment of unhappiness? No one expects every marriage to be blissful. It is, however, in working out dissensions, resolving incompatibilities and realizing the joy of mutual consideration that happy marriages are achieved—and all this takes time, not weeks, not months, but years. Martial joy isn't guaranteed at the altar. In fact, the trials and tribulations of wedded life are quite thoroughly brought to the attention of the young couple. Heaven's warnings are not sent to break a marriage, but to give the partners spiritual strength.

EARLY DISCORD MAY HELP

Factors that do make a marriage ultimately unbearable to man or wife do not suddenly appear within a few months after the ceremony. Such things as physical abuse, non-support, flagrant philandering, or chronic alcoholism almost undoubtedly have shown up as minor defects during courtship; they were then overlooked by an indulgent love-struck sweetheart who was sure her young man would reform. Usually he doesn't, but the full force of weakness doesn't strike for many months, or years. The usual run of unhappiness, dissatisfaction or incompatibility that shows up soon after the wedding bells cease to peal can be overcome by two intelligent, considerate people who are truly in love with each other. Why, then, should the first breath of discord lead to separation? The early difficulties of marriage are strengthening, rather than weakening, factors.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

Modern Etiquette

By Roberta Lee

Q. Is the guest of honor supposed to be the first person to rise from the table at the end of a dinner? A. No. The hostess is always the person who signals the end of a dinner by rising from her place. Q. When someone whom you have just met says, "I am glad to have met you," isn't a smile in reply sufficient? A. No, this would have a condescending air about it. It is much better to accompany the smile with a "Thank you."

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spring we marvel at the skill of these little birds. . . . It was my ambition. To view the structure of that little work. A bird's nest—mark it well, within, without. No tool had he that wrought, no knife to cut, No nail to fix, no bodkin to insert, No glue to join; his little beak was all. And yet how neatly finished. —J. Hurdis.

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How Can I . . .

By Anne Ashley

- Q. How should butter be measured? A. Don't try to measure butter for recipes by cramming it into a cup, thereby wasting quite a bit of it. A pound brick of butter is equal to two cups and all the various measures can be very easily figured from this. Q. How can I prevent rusting of hinges? A. Wash the metal hinges on doors frequently in warm soapsuds, and they will not need so much polishing. Wipe dry after washing, before using.