Women's realm

Expert Finds In Canada Great Dancing Potential

(From Toronto Globe and Mail)

British ballet critics thought the Russian ballet better than the Sadler's Wells' not so many years ago, Kay Ambrose recalled the other day.

Reminscing on both her own and Celia Franca's participation in the growth of the Sadler's Wells, ballet, she said that Canada's National Ballet's present struggle for financial stability bore a strong resemblance to that of the Sadler's Wells.

For 25 years Sadler's Wells bottered on the edge of bankruptcy. The challenge was then flung to the people and the government. Not until this challenge was accepted did the company's talents come into full bloom, she said.

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Author of a number of books on the ballet, published in several foreign languages, including Japanese, and artistic adviser to Canada's National Ballet, Miss Ambrose claims to bring complete objectivity in her appraisal of Canadian ballet talent. Mindful of the fact that comparisons are odious, she still had to say that in her opinion Canada's National Ballet has greater dancing potential than the Sadler's Well's.

Both she and Miss Franca, The National Ballet's director, have a natural instinct for dancing. Whether this is due to our climate, our mixed nationalities, or more to our "enormous self-reliance," she wasn't sure. But what they are both sure of is its exciting future —if not left to languish.

Canada's National Ballet gets no Government grant, Miss Ambrose said. But before vigorous and extraordinary Canadian dancing potential can come truly into its own it must have the support not only of our Government, but of every Canadian.

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There must be a close feeling between the dancer and the individual member of the audience, she felt, the kind of feeling that prompted a Toronto ballet lover to sit down the other day and write a sympathetic and understanding letter to the Ballet Guild enclosing $5.

Another letter from a 12-year-old girl enclosed 25 cents. This, Miss Ambrose pointed out, will buy ribbons for a pair of ballet shoes. Fifty cents will buy pink skeins which every ballet dancer needs to mend her shoes. One dollar will keep one ballet dancer in hooks and eyes for a season. Ten dollars will buy a pair of nylon tights.

Just as any new business concern floats bond and stock issues until it has enough working capital to keep itself going, so Canada's National Ballet needs some kind of investment to put it on a smooth working basis.

FUDGE SQUARES

1 cup brown sugar
½ cup butter or shortening
Bring to a boil and let cool
1 cup sifted flour
1 teaspoon salt
1 egg, well beaten
1 teaspoon vanilla
½ cup nuts or raisins
Bake this mixture until firm.

Icing

1 cup brown sugar
1 teaspoon butter
¼ cup cream or top milk
Bring to a boil and beat and spread on squares when they are still warm.

—Mrs. Fred Kelly,
Bunbury W. I.

Better English

By D. G. Williams

1. What is wrong with this sentence? "You have got to appear amongst these people."

2. What is the correct pronunciation of "maitre d'hotel"?

3. Which one of these words is misspelled? Acquiescence, acquittal, acquarium, acquisition.

4. What does the word "seduce" mean?

5. What is a word beginning with ex that means "urgent want"

ANSWERS

1. Say, "You will have to appear among these people." 2. Pronounce ma-tre-do-tel, a as in care, first e as in set unstressed, o as in on, second e as in tell, accent first and last syllables. 3. Aquarium. 4. To lead aside or astray, especially from the path of duty. "Neither offers of gold nor of position could seduce him." 5. Exigency.

Modern Etiquette

By Roberta Lee

Q. My friends have told me it is not proper for me to retain my fork in my left hand, after cutting my meat with knife and fork — that I should switch my fork to my right hand to eat the meat. Are they right?

A. No, they are wrong. Best table manners now decree lifting food to the mouth with the fork in the left hand, rather than shifting back and forth.

Q. Does the engagement ring necessarily have to be a diamond?

A. Not at all.

Morning Smile

A famous admiral always encouraged his officers to act on their own initiative.

One day he received a message from one of the captains in his fleet: "Am lost in fog. Shall I proceed to destination or return to base?"

The admiral replied: "Yes."

Soon after, another message arrived. "Do you mean yes, I should proceed to destination or, yes, I should return to base?"

This time the reply was: "No."

BEAR RIVER SOUTH W. I.

Bear River South Women's Institute meeting on December 2, to commence another year's business at the home of Mrs. Stephen Hughes.

The new president, Mrs. Peter Sheehan, occupied the chair. Owing to the bad weather there were only six members and one visitor. Committees appointed were: school, Mrs. Martin McGaugh; sick, Mrs. Lennie Hennessey and Mrs. John O'Keefe. There was a motion carried that Mrs. M. McGaugh visit school to see that new window shades be bought and other articles.

The Secretary was asked to give $10. of the funds to help with Christmas gifts to the teacher. The Secretary was also asked to purchase Cod Liver Oil Capsules from the Red Cross.

Mrs. James Hughes invited members for next meeting.

Alice Brooks Designs

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Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

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FREE BIG 164 PAGE SEED AND NURSERY BOOK FOR 1954
DOMINION SEED HOUSE

A Country Garden

By Mrs. Gordon MacMillan

Winter Garden

You cannot see, in this still, snow-filled space,
The things I see;
Succeeding summers have not filled your eye
With brilliant memory.

Where you see smooth-drawn sheets of snow, I smell
Early hyacinths;
Fronting the ice-clad lilac hedge, I watch
Delphiniums crown their plinths.

Along that glimmering curve, summer reveals
My flagstone path,
Where rows of sworded iris stoutly face
My Tiger Lily's wrath.

—A. Bass

There are those who do not care for winter. They think of Nature's dormant period as a time to be endured until snow and cold, ice and crying winds have returned to northland lairs and the warmth of Spring brings green grass, bright flowers and the elemental fragrance of warming soil. But there are those who accept the fundamental rhythms of the turning year and in each find beauty and satisfaction. Among maples and oaks, beeches and birches, there is peace and solace. Grey day or bright, the trees remind one of etchings with their distinct boles and branches. Bark patterns are clear and one can see shining colors in the buds.

There are stories to be read in the winter woodland, trails of deer-mice, rabbits, foxes and weasels. Beneath a birch you may see bits of bark that tell where partridges were budding at dawn. In this snow-covered brush pile a rabbit spent the night. In that silver maple, far out on a horizontal limb, is the wind-torn remnant of that scarlet tanager's nest for which you searched fruitlessly last June when the burred sleepy-siow song of the handsome red and black fellow was pleasant summer music among leaf shadows. Grey squirrels' nests are leafy bunks in crotches of the sugar maples.

Every person should have a woodland in his life; in spring, summer and autumn it tells its interesting stories. Now in January we can read Winter's clear pages.

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The other day I heard of a man who was planting thousands of evergreen trees this coming spring. He was planting them for others to enjoy as he is not a young man. How wonderful for this Island if there were many unselfish men who would plant trees this spring!

What does he plant who plants a tree?
He plants the friend of sun and sky;
He plants the flag of breezes free;
The shaft of beauty, towering high;
He plants a home to heaven anigh
For song a mother-croon of bird
In husband and happy twilight heard,
The treble of heaven's harmony—
These things he plants who plants a tree.

What does he plant who plants a tree?
He plants cool shade and tender rain,
And seed and bud of days to be,
And years that fade and flush again.
He plants the glory of the plain;
He plants the forest's heritage;
The harvest of a coming age;
The joy that unborn eyes may see—
These things he plants who plants a tree.

What does he plant who plants a tree?
He plants, in sap and leaf and wood,
In love of home and loyalty
And far-cast thought of civic good,
His blessing on the neighborhood
Who in the hollow of his hand
Holds all the growth of all our land
A nation's growth from sea to sea
Stirs in his heart who plants a tree.

—Bunner.

Trees of many varieties can be obtained at small cost from our Memorial Nursery and every year thousands of these seedling trees are planted. In some European countries no one is allowed to cut a tree unless one is planted to take the place of the one taken from the woodland. This seems to be a very good law as no country can do with out the trees and forests. Send an order in to the nursery now for all the trees you can plant in the coming spring.

Each year, at this time, new catalogues offer an unlimited allure for gardeners. New varieties of old favorites and sometimes newly discovered plants are presented with glamorous pictures and appealing descriptions to whet our appetites.

Much of the joy of gardening comes from trying these new things and there are some new annuals this year that will be tried out in the garden here. Zinnias were a great success last summer and more will be planted this spring. Blaze is a new brilliant red-orange fantasy-type flower, with gracefuly quilled petals, produces blooms which average four to five inches across. This is a fiery and spectacular variety, growing about two and one half feet tall making a wonderful bright corner in the perennial borders.

There are many more new colors in Zinnias including Eskimo, which produces immense, ruffled, lily-white blossoms. Sunny Boy is described as buttercup-yellow, and Riverside Beauty is a beautiful Asalea pink with curled petals.

Delphinium Sapphire is a bright blue perennial larkspur with a golden bee and this delphinium holds great promise as a cut flower for arrangements.

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Marigolds were planted in this garden in quantities last year and many more will be planted this coming year. Marigolds are varied enough in height, flower form and color to make a sizable garden all their own. Marigold Color Magic is a dwarf French type in shades of yellow and golden, irregularly marked with red and maroon. Marigold Brownie is a dwarf French single of vivid russet red and glistening yellow. The crested yellow centers make a pleasing accent for the mahogany red tone of the surrounding petals. Blooms average two inches in diameter, and the plant is a foot in height, Marigold Giant Spry is also a dwarf form, with rich, golden orange flowers, which have heavily tufted centers. These dwarf marigolds are one of the finest annuals for the garden long-lasting and colorful without much care.

Tours to Distant Gardens are now advertised in magazines and even if it it not possible to go on these — tours, it is pleasant to read about them. A spring garden tour to Holland, Belgium, France and England where all the famous flower shows will be visited. In Holland, one of the largest . . . one hundred acres of outdoor flowers and bulbs on a six hundred year old estate. The Chelsea Flower Show in London is an experience of a lifetime, and Europe presents her greatest wealth of horticultural material in many private estates and nurseries, not ordinarily open to the average tourist.

What is so delightful about a garden tour of this kind is the opportunity to meet and talk with other gardeners in so many different gardens in other countries. Colored snapshots of the large variety of flowers can be taken and brought home to be a constant reminder of a wonderful experience for any one who delights in seeing such beautiful scenes.

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How the universal heart of man blesses flowers! They are wreathed around the cradle, the marriage altar and the tomb. The Persian in the Far East delights in their perfume, and writes his love in nosegays; while the Indian child of the Far West claps his hands with glee as he gathers the abundant blossoms, the illuminated Scriptures of the Prairies. The Cupid of the ancient Hindoos tipped his arrows with flowers, and orange-flowers are a bridal crown with us, a notion of yesterday.

Flowers garlanded the Grecian altar, and hung in votive wreath before the Christian shrine.

All these appropriate uses. Flowers should deck the brow of the youthful bride, for they are in themselves a lovely type of marriage. They should twine round the tomb, for their perpetually renewed beauty is a symbol of the resurrection. They should festoon the Altar for their fragrance and beauty ascend in perpetual worship before the throne of the Most High.—L. Child.

Daughter Of Swiss President Scrubs Floors

HINDERTON, Eng., (Reuters)—Ernest F. Utiger spent much of his time answering telephone calls for his maid Saturday after news leaked out her father is president of Switzerland.

He himself had known all along that the pretty girl who did the dishes and swept the floors was the daughter of newly-elected Swiss President Rodolphe Rubattel.

But he and Claire Rubattel, 20, who wants to perfect her English, kept the secret after her father's election last month.

The news somehow leaked out Saturday and Utiger's telephone was ringing all day. He told callers that Claire was treated like one of the family even if she did rise early to start household chores.

Upper-class European girls frequently take domestic jobs in English homes in order to learn the language, and no social stigma is attached.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

TODAY'S vibrations are excellent for making important decisions. Your perspective is in focus now so—especially where programs involving financial security are concerned — plan for projects you wish to put into operation soon.

The evening hours are fine for social affairs, and new friendships should be encouraged since there is a strong possibility that such contents might also be valuable in business affairs. Romance and courtship are under benign aspect.

For the Birthday

If tomorrow is your birthday, the next four months should be particularly enlivening ones from a social point of view. Personal, domestic and romantic affairs are especially favored and joy in such matters should be heightened by a succession of parties and festivities of all sorts.

During the following seven months, however, interest will be focussed upon your occupation and, whether creative or executive, your talents and abilities will be under excellent stimuli. The latter part of the year should see your ideas rewarded in a most satisfactory way — both professionally and financially. There may be some changes in your domestic affairs in the early fall, but they are likely to be temporary in duration.

A child born on this day will be intelligent, energetic and idealistic by nature.

New Viruses Discovered In Nose & Throat

WASHINGTON, (AP)—A group of scientists studying the common cold Sunday reported finding a new group of viruses in the human nose and throat.

It has not yet been determined whether the viruses cause disease, but the scientists said the way in which they were found could lead to means of discovering and combating other disease-causing viruses.

Dr. Robert Huebner, head of a team of National Institutes of Health and Johns Hopkins scientists who worked on the project, said the discovery was made by Dr. Wallace Rowe of NIH.

The new viruses were found in adenoid and tonsil tissue taken from children and being used in test tube experiments. Although previously unknown, they have been found in 50 per cent of the cases of children studied since their discovery.

How Can I ! ! !

By Anne Ashley

Q. How can I cause the leaves of a head of lettuce to part in perfect condition without tearing?

A. Cut the core of the head of lettuce off with a sharp knife, and then hold the lettuce under the cold-water faucet, allowing the water to run into the hole made by the knife.

Q. How can I remove the flat taste in boiled water?

A. If one is compelled to boil water for drinking purposes, pour it from one pitcher to another three or four times before using. This will remove the flat taste from the water.

Q. How can I clean photographs?

A. Sponge very lightly with a bit of absorbent cotton wet with alcohol, and allow to dry by evaporation.

That Body Of Yours

By James W. Barton, M.D.

SURGICAL TREATMENT IN SOME CASES OF EPILEPSY

A great step forward in the treatment of epilepsy was the discovery of drugs. There are hundreds of epileptics who are now able to prevent epileptic attacks by regular doses of phenobarbital and the use of more fat foods and less starch foods. This means that many epileptics can now hold responsible positions.

Despite the efficacy of phenobarbital, however, there are some patients who still have epileptic attacks though these do not occur as often as in former years.

When the encephalograph (which records the activities of the brain as the electrocardiograph records the movements and rhythm of the heart) was discovered, our epilepsy specialists and brain surgeons began investigating the use of surgery in these cases not helped by the barbital drugs.

In Medical Press, Paris, Drs. J. Guillaume, G. Mazars and Y. Mazars report their final results in the surgical treatment of epilepsy. They record the history of 110 patients between the ages of 4 and 49 years who had focal cortical epilepsy shown by abnormal electrical activity which began from a limited point or zone of the front part of the brain. They had been operated on and followed up after operation for from six months to four years.

Of 82 patients, 27 no longer had severe convulsions despite their inability to use the barbital drugs in the usual dosage. They were able to avoid convulsions by very small doses of these drugs.

Five patients failed to obtain results by medical treatment and one patient died.

The selection of epileptics to undergo operation was based on the findings or records of the encephalograph. The surgical operation was carried out step by step, cutting the necessary nerve as long as it was carrying abnormal electrical impulses, being careful not to cut any part of the motor nerve that would cause weakness or any disturbance of speech.

When and why should operation to try to cure epilepsy be undertaken?

In the opinion of these research workers on epilepsy, as this operation is not particularly dangerous and favorable results are obtained in patients with severe epilepsy, it seems justified to extend surgical treatment to less serious cases provided the electroencephalograph signs and symptoms prove particularly favorable.

By using this surgical treatment it may be possible to detect and to apply treatment to a brain tumor that is growing slowly whose only symptom consists of convulsions at times.

ADDS ZEST to all sorts of dishes

M-15

ELLEN'S DIARY

By An Island Farmer's Wife

Now on these farms, we are being reminded daily of wintry scenes from the old year; of those Januaries of the past that for the most part, painted for us their memories against a cold background of white. This morning with the day still fresh and jewelled with the frost—diamonds of sunlight, we saw a horse and sleigh of this place trace a first pattern in the unbroken reach of front meadow and enter then the roadway. At times it was obvious that more formidable drifts challenged the strength of the steed and the knowledge and skill of his driver.

"Getting to school this morning wasn't fun," a little fellow related, the light of a new experience still in his eyes. "How that horse had to work to get us through the drifts! And not always on the road either in places we made the road in the fields."

The same horse, fortunately unshod, must work later to convey a parcel of livestock in the opposite direction, to the little truck set down now for such matters of hauling in the vicinity of the corner-store on the highway. And then with James too off to the farm of Home we were left alone for the day.

Yet not, we remember now with a chuckle, altogether deserted. There was that commission entrusted to us by the little lad, when muffled not so well as we should have wished but according to his own fancy, and with his school-bag on a shoulder, stopped at the door before leaving for his classes. It had to do with a bird specimen —a sparrow caught before this in the poultry-house with the expert assistance of a cat and now caged in an airy tin for further observation and study.

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"Now remember," he nodded soberly," we're leaving him in your care! Whatever else you do, don't let anything happen to him. Watch out for the old white cat—she'd eat him up in a flash; and do be careful if you take off the cover of the tin to look in at him. . . . If he looks hungry, give him more oatmeal and if he seems to be dopey, lift him out and give him a drink of water. He may bite you—but shucks! it won't hurt. Nice things sparrows are don't you think?" he flashed a smile that broke out in dimples, "they eat up a lot of flies and grubs so Jamie says."

So we spent our day . . . with a raggedy tweedsy-coated sparrow for our company and the sunny magic of January lying cold and still along the slopes of our white quest, rat-a-tat-tatting at his dining so loudly that without looking in upon him we were assured of his welfare. And the wood-fire played to us a nice old melody, while the kettle, ah, what, now was its tune?

Of wintry subjects —of white fields and drifted lanes and wide restful silences along the length and breadth of the farmlands.

Until tomorrow— — Diary — — Good-night . . . . .

Household Scrapbook

By Roberta Lee

Greasing Pans

An easy way to grease baking pans is to tie a piece of clean muslin around the point of a fork and using it to grease the pan. It can be burned and a fresh one used next time, so keep a supply on hand ready to tie on.

Nose-Bleed

Applications of cold compresses will often stop nose-bleed. Or wrap a piece of ice in a cloth and place it at the back of the neck.

Beets

There will be no difficulty when skinning beets if they are allowed to stand in cold water after boiling.

Open-Face Salmon Sandwiches

½ lb. can salmon
1 cup thinly sliced celery
½ cup well-drained diced canned pineapple
¼ cup coarsely chopped salted peanuts
½ tsp. Worcestershire sauce
Salt and pepper
Mayonnaise or other thick dressing
4 slices hot toast spread with butter

Drain and flake the salmon. Add to the salmon the celery, pineapple, peanuts and Worcestershire sauce; combine lightly; season to taste with salt and pepper. Moisten with mayonnaise or other thick dressing. Pile filling on the spread hot toast. Serve immediately.

New U.N. Stamp

This stamp, to be issued 11 February, will be the first commemorative stamp to be printed by the United Nations Postal Administration in 1954. The stamp, with its ear of wheat design, honors the work of the Food and Agricultural Organization. It will be the first U.N. stamp printed in two colors, gold on green background.

DOROTHY DIX'S COLUMN—

Gloomy At 26

Girl, Who Thinks She's A Failure, Advised To Take Business Course

DEAR MISS DIX: I am 26 years old, unmarried, and my life seems to be at a standstill. My home is in a small town, For a few years I worked in New York. I accomplished nothing in the time I was away, and, because I feel such a failure, I have come home and taken refuge in my family. I've been here six months, and have seen no one but members of my own family. I know I am hurting myself, but I feel so ashamed of past failures that I can't bear to look anyone in the face. Do you think I'm too old to return to college and get my degree? I'd be 30 by the time I had it, and wonder just what the possibilities of getting a job would be at that age. I have no boy friend, so there's no chance of my getting married.

M. H.

FAILURE? RIDICULOUS!

ANSWER: I wonder just what you term "failure"? If you lived alone in a large city for a time, earned a living salary, and enjoyed life, you weren't a failure. If you didn't get the sort of job you wanted, it might have been because of lack of enough training, which could have been rectified. Or it might have been because of your own extreme self-consciousness, which, to some extent, also can be rectified. Not everyone is slated for spectacular success in this world; most people must be content with lesser roles. Perhaps you expected too much. At any rate, don't let nonaccomplishment become chronic. To feel that your life is ended at 26 is nothing short of ridiculous. Many a woman has begun life anew at 40, 50 or even 60, and achieved some measure of success. Most women become widows during those years, and, even in the face of sorrow, realize that they must earn a living.

Going back to college is not, in my opinion, your solution. There you'd be associating with men and women quite a bit younger than you are, and that might only add to your feeling of inferiority. Take a business course, equip yourself for a more important job than those you've held heretofore, and get back into the world. There's no reason for you to feel so hopeless about marriage, either. Twenty-six is not the knell of romance. Stop feeling ashamed, and get back to work.

DEAR MISS DIX: I am 18, and have been seeing a man of 19 for the past year.

Three months ago we had a misunderstanding and broke up. Now he calls me every night but will not take me out or come to the house. He claims he has a serious difficulty to overcome and until then he won't see me.

CALLIE P.

ANSWER: If you're to find out what the young man's trouble is, I guess the only thing to do is wait until he decides to make the big revelation. His secretiveness is rather childish, but then he is very young, so may be excused. Let him know that you don't in the least consider yourself bound to him, that you will go out with other boys until he lets you know the score.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

O'Brien - Callaghan Wedding

A pretty wedding was solemnized at 9.30 a. m. on January 9, at St. Ignatius Loyola Church, Montreal, when Julia Jean Callaghan, daughter of Mrs. Myra Callaghan and the late Mr. Callaghan, of St. Louis, became the bride of Gerald Ethelbert O'Brien, son of Mr. and Mrs. James W. O'Brien, of Elmsdale, P. E. I.

Reverend Francis MacDonald, S. J. performed the marriage ceremony, which was followed by a Nuptial Mass. Organ music was played by Mrs. Monaghan. Miss Alice Hanbridge, cousin of the groom was guest soloist.

Given in marriage by her uncle, Mr. Terrance Whelan, the bride was attended by Miss Rita O'Brien of Knoxville, Tennessee, sister of the groom as maid of honor, with Miss Ann Wade of Montreal, cousin of the bride as bridesmaid. Miss Carol Anne Newton, niece of the groom was the flower girl.

Mr. Donald Newton acted as best man with Mr. George MacKinnon as usher.

The bride wore an original beaufant gown of Chantilly lace and nylon tulle over white slipper satin. The high neckline trimmed with pearls and sequins featured a lace bodice with long sleeves pointed to the finger; the full skirt featuring unpressed pleats flowing into a train of Chantilly lace. Her fingertip veil of tulle illusion was held in place by a coronet of seed pearls and sequins, matching her dress, neckline and wearing white satin slippers embroidered with diamante and pearls and she carried a bride's prayer book, gift of the groom, topped with mauve orchids and fern with white streamers.

The attendants were identically styled in strapless frocks of white nylon net over pink and blue silk taffeta with white lace bodice and matching lace bolero, which were the bride's gifts to her attendants. They wore white slippers and headresses of white and gold chrysanthemums and carried matching nosegays of turing peter-pan collar and flouncing skirt with headdress, nosegay and slippers identical to the bridesmaid's.

Mrs. Callaghan, mother of the bride, choose a frock of French grey grosgrain taffeta with matching accessories and a corsage of red rosebuds. The bridegroom's mother, Mrs. O'Brien wore a frock of brown crepe with matching accessories and a corsage of pink carnations.

The reception was held at the home of Mr. and Mrs. Donald Newton, where white streamers and bells formed the decorations. The artistically decorated table centered with a two-tier wedding cake topped with rosebuds and poms in a frosted glass, was the centre of attraction. Relatives of the contracting parties with Father MacDonald included were in attendance. Miss Alice Hanbridge, Mrs Eileen Furlong and Mrs. Gertrude Newton provided the music for the guests.

Later, the bridal couple left on their wedding trip to New York City and other points in U. S. A before taking up residence in Montreal. For travelling the bride wore a blue tailored suit under a fur coat with toning accessories and a corsage of mauve orchids.

Guests from out-of-town included: Mr. and Mrs James Callaghan, Windsor, Ont., Mrs. David Furlong, Burlington, Ont., Flying Officer Theresa MacKinnon, Ottawa, Ont., Mrs. Stuart Hanbridge and Miss Alice Hanbridge of Burlington, Vermont, U. S. A.

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