

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

IF THERE NEVER WAS A WINTER

If there never was a winter... Could there ever be a spring? Could we know the joy at dawn-ing...

THE BIRD BATH

A bird bath should be placed not far from a tree, because cats are likely to catch birds around the bath and a bird cannot fly far with wet feathers.

FOR KITCHEN TOWELS

Curtain rods that are rounded at the corners and fasten into the wall are convenient hangers for towels in the kitchen and are much nicer to look at than the ugly spike towel racks.

GASOLINE ODORS

The odor of gasoline can be removed from clothing by first hanging the frock out in the sun and wind for two hours, and then bringing it in and hanging it where it will get a draught of warm air for a while.

NOT SO COSTLY

Do not buy draperies so expensive that you feel you should use them for the next ten years. You will soon tire of the monotony and wish you had not paid so much for them that it would be extravagant to change them.

FRESH AIR

Now that the clear, warm days of spring are here, open wide the windows and let the winter smell out and the fresh air and sunshine in. They are the best purifiers in the world.

EASY CLEANING

One housewife gives her porch a scrubbing on wash day by throwing over it the cleaner suds after the clothes have been hung on the line. Then the rinse water is thrown over it and swept off with a broom.

NATURAL GLOSS MAY BE RESTORED TO YOUR HAIR

This is the time of the year when many women worry because they are losing hair. Don't—it's only Nature making way for the new growth.

The new steam-and-oil treatment which is becoming popular is an excellent treatment for strengthening the new hair. It also feeds the scalp and renders the hair less likely to fall.

Here is a hair tonic given by a beauty shop proprietor. When all other lotions have failed, this one frequently gives the hair back its gloss and beauty.

AFTERNOON SNACK



Running a household uses up a lot of energy. If you find yourself feeling fagged-out by mid-afternoon, try a bowl of crisp Kellogg's Corn Flakes with milk.

Nothing takes the place of Kellogg's CORN FLAKES

Dorothy Dix

If You Want to Avoid an Unhappy Old Age, Begin Early to Cultivate Thrift, Friendships, Love for Family and the Love of Good Books

In youth begin preparing for age, and if you wish to be happy when you are old you must: Finance your old age. If possible, save enough to keep you from being dependent so that you may never know how bitter is the bread and how steep the stairs in another man's house.



Keep yourself interested in people and things. Don't let yourself narrow down as you grow older until your vision doesn't extend any farther than your own hallway and you don't care what happens outside of your own back yard.

Cultivate some hobby. Go in for some cause. They are the crutches that sustain the old on the last lap of the journey. As the years go by there are bound to be changes in our lives.

Cultivate the habit of reading. It is the narcotic that soothes all the sufferings of age and turns them into pleasant dreams. It is the magic that brings back to them all that they have lost, youth and beauty and romance and love and gay adventure.

Cultivate pleasant family relationships. We talk a lot about natural affection and take it for granted that those who are closely connected with us by ties of blood or marriage will love us and enjoy us and want to have us with them, but this is not true.

So, if you want to have a companion of whom you will never tire to sit by the fireside with you when you are 70, begin when you are bride and bridegroom to chum up with your husband or wife and cultivate the same tastes and interests.

Make friends. It takes work and sacrifice, time and trouble to make friends and keep them. Without them life is desolate. No man or woman is so unfortunate as those who have not some one of whose affection they are assured some one who has been tried and tested and proved true to whom they can go, secure of sympathy and understanding.

And, if you should guard these old friendships as if they were precious jewels, you should add new friendships to them continually so that when the old friends drop out one by one as they are bound to do, you will not be left as so many old people are with no one with whom they have anything in common.

Ladies to reduce safely you must exert your will power and stop eating so much. There is no other way, no quick and easy system, that does not involve the risk of physical harm.

Dr. McLester studied the effect on health of the course of decay and may bring decay and death instead of healthy growth. A mound of earth in the centre on which the shrub may rest firmly is a good testing place for it.

Make sure the newly set tree or shrub stands firmly. If it is loosely set, the strain on the roots in holding the material upright is likely to handicap growth.

Transplanting a tree or shrub upsets the balance between root and top, and increases the tendency of the plant to give off moisture of transpiration, faster than it can be replaced, by the roots.

Dr. McLester assailed not only unbalanced reducing diets, but also "diet fads" as well. "We should go back to the simple, balanced meals of a generation ago. A diet does not need to be fancy," he said.

"The state of our emotions influences our digestion," he explained. "We should not be depressed or excited. Our digestion is much better if we are relaxed."

King Cole TEA - You'll Like the flavor!

A Morning Smile

SMART LAD - Policeman (to motorist)—Take it easy; didn't you see that notice. "Slow Down Here?"

CAREFUL

Mistress (to new maid)—Now, Nora, when you wait on the guests at dinner, please don't spill anything.

MRS. BOOTHE'S SENSITIVE SKIN

Pimples Broke Out But Cuticura Soothed

Read this letter—how sore, inflamed pimples due to external causes were relieved in almost no time by Cuticura. "Watery pimples broke out all over my arm and hand. The itching and burning made me lose sleep for half the night."

ICE CREAM FRUIT SAUCE

Put into a big bowl a glass of apple or quince or currant jelly, and with an egg-beater heat it to a froth. Have ready picked over a quart of red raspberries, strawberries, mulberries, or any other berry—preferably red—that you please, and press these to a pulp through a purple sieve.

WAKE UP SINGING!

[F, instead of a song on your lips, your day begins with a feeling of fatigue and a conviction that the world is all wrong, it is an almost certain indication that you have a functional irregularity that can be remedied.]

Poor appetite, indigestion, gassy, sour stomach, dizzy spells, from causes that can be relieved by a tonic have been overcome by Dr. Pierce's Golden Medical Discovery.

Today's Short Wave Radio Program

- MONDAY, MAY 18 Washington 10 a. m.—U. S. Navy Band. W8XK, Pittsburgh, 19.7 m., 16.21 meg. Also W3XAL, New York, 16.8 m., 17.78 meg. London 7:20 p. m.—Mr. Flotsam and Mr. Jetsam, GSD, 25.5 m., 11.75 meg., GSC, 31.3 m., 9.58 meg., GSA, 49.5 m., 6.05 meg. Moscow 4 p. m.—About Soviet aviation; background of songs by Soviet airmen. RNE, 25. m., 12 meg. Tokyo 4 p. m.—Variety entertainment. JVM, Nazaiki, 27.9 m., 10.74 meg. Washington 5:15 p. m.—U. S. Army Band W8XK, Pittsburgh, 19.7 m., 15.21 meg. Rome 6 p. m.—News bulletins in English. Talk by H. E. Admiral Senator Giuseppe Sirianna on "Italy on the sea and freedom of navigation." ZFO, 31.1 m., 9.63 meg. Berlin 8:45 p. m.—Music by a Reichswehr Band DJD, 25.4 m., 11.77 meg. Caracas 9 p. m.—Sergio Codes and his Orchestra. YVZRC, 51.7 m., 5.8 meg. London 9:55 p. m.—Sir Walford Davies; Music and the Ordinary Listener; Keyboard Photography, GSD, 25.5 m., 11.75 meg., GSC, 31.3 m., 9.58 meg.

THE COOK'S CORNER

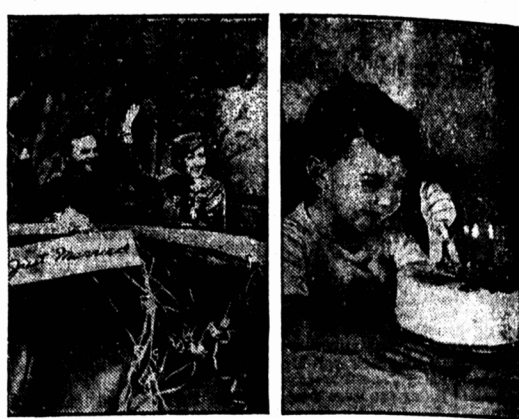
BUTTERMILK SHORTCAKE (For Four)

One cup of flour, 1 teaspoon baking powder, 1-4 teaspoon soda, 2 tablespoons butter or other shortening, 1 cup buttermilk, 1-2 teaspoon salt. Mix and sift flour, baking powder, salt and soda. Cut in shortening with pastry blender or tips of fingers. Cut in buttermilk with a knife. Divide in two equal parts and put one part on a lightly floured moulding board. Pull together with tips of fingers dipped in flour and roll with a floured rolling pin into a sheet about 3-4 of an inch thick.

COFFEE CAKE

1-2 cup shortening 3-4 cup sugar 1 egg 1-4 cup honey 2 cups sifted pastry flour Or 1 3-4 sifted hard-wheat flour 1-2 teaspoon soda 1-2 teaspoon ground cinnamon 1-4 teaspoon ground cloves 1-4 teaspoon ground mace 1-2 cup strong cold coffee infusion 1-2 cup torn raisins or washed and well-dried currants 1-4 cup nutmeats, if desired. Cream shortening well and gradually work in sugar. Beat egg well and add. Add honey and blend thoroughly. Sift flour with soda, ground cinnamon, cloves and mace. Add gradually to first mixture, alternating

The SNAPSHOT GUILD - Be the Family News Photographer



Pictures of home news events like these are of imperishable interest.

AROARING explosion, the crashing of glass and falling debris—and the city's most disastrous fire in months breaks out. Clanging bells and the wail of sirens announce the approach of the fire apparatus. Smoke and flame shoot skyward. Crowds gather.

Into this perfect setting for a thrilling picture steps the news photographer, makes his exposures, rushes back to the darkroom, and turns the prints over to the city editor. Copies of the next edition reach the street, with the pictures spread out on the front page. They are snatched up avidly. Here are pictures of the big fire. They're news and everybody wants to see them.

In a way just as interesting to your family circle you can be the home news photographer. You don't need to be an expert. If your pictures are timely, everyone will want to see the prints, and furthermore the interest in them will last longer than in the case of the newspaper pictures, because of being intimate

with small additions of cold strong coffee in solution. Add raisins or currants, and nutmeats (if desired). (Use a little of the measured flour beforehand, to coat fruit and nuts.) Turn mixture into greased and floured pan, let stand 20 minutes, then bake in moderate oven, 375 degrees F., about 1 hour.

A Face Covered With Pimples Causes Much Embarrassment

There is little doubt but that impure and impoverished blood is the soil on which those red, white, pus filled pimples develop and thrive, and that nothing short of a vigorous, persistent blood purifying treatment will eradicate them from the system.

BURDOCK BLOOD BITTERS

Spring Fashions For Home Dress-Making

New looking sheer grey print made this individual dress. The soft fulness of the bodice in smart buttoned effect, will make your waist look slim. It has the cool fareg sleeves. The wrapped line of the skirt is decidedly length-giving. It has a plait to give graceful movement to the hem.

If you're thinking about something for frankly hot weather wear, by all means, choose a dotted sheer cotton. It will look and tub and always look fresh and lovely.

Style No. 1743 is designed for sizes 16, 18 years, 36, 38, 40, 42, 44 and 46-inches bust. Size 36 requires 3 1/4 yards of 39-inch material with 1/4 yard of 35-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 1743. Size Name Street Address City State



A POOR ACCOMPLISHMENT "Where is that beautiful canary bird of yours that used to sing so clearly and sweetly?" asked Mrs. Weatherble. "I had to sell him," Mrs. Butlam said tearfully. "My son left the cage on the radio set and he learned static."

JUST KIDS

Comic strip panels with dialogue: MUSH'S UNCLE DAN INVITED FATSO TO COME OUT WEST AND SPEND A FEW DAYS WITH MUSH! GOOD AFTERNOON—MRS. STEBBINS—I COME OVER TO SAY 'GOOD-BYE' ON ACCOUNT I'M GOIN' OUT WEST TO SEE MUSH!

Comic strip panels with dialogue: YES—I'LL SURE MISS YOU A LOT! AN' ALSO YOUR APPLE PIE! I'VE JUST MADE SOME! WON'T YOU HAVE A PIECE?

Comic strip panels with dialogue: DO YOU THINK I OUGHTA HAVE THREE OR FOUR PIECES TO HOLD ME OVER TILL I GIT BACK?