

MASON'S 49
for Coughs
and Colds
45¢ — 75¢

That Body Of Yours

Continued from page 2
breathlessness on slight exertion may also be found.
Sometimes a mild case of goiter with its rapid pulse will alarm the patient as the pressure is higher than normal, but if goiter is not severe, these physicians have found

that few, if any, of these patients have attacks of heart or brain stroke.
The thought, then, is that if blood pressure is high, it should not be disregarded but patient should consult his physician from time to time, at different times. Most physicians dislike taking blood pressure readings unnecessarily and sometimes, if in doubt, visit the patient's home and take the pressure before the patient gets absorbed in mental or physical work. The blood pressure is nearest its natural state at this time.

BURGESS BEDTIME

(Continued from Page 10)

searched all about. He walked over to an old log, a log that had lain there so long that it was covered with moss. He walked to one end of the log, the upper end. There he stood, for the longest time, looking and listening.
"He acts as if he were waiting for somebody," thought the lone Crow.
At long last, Drummer raised his stout wings way above his back and brought them down sharply. There was a startling boom! At least it startled the lone Crow because it was so unexpected. Up went those stout wings again, and then down. There was another boom, and it came to that lone Crow that those loud booms were being made by those stout wings of his neighbor down there on the mossy old log. The wings went faster, and faster, and faster. The sound rolling out from them came faster and faster. It was like thunder in the distance, the rolling kind of thunder that you sometimes hear. The lone Crow was having a hard time to believe his eyes and ears. How in the world was Thunderer making all that noise? At first the lone Crow thought that Thunderer was pounding that log, but the log was cold and mossy. Then he thought Thunderer was pounding his own sides, or else bringing his wings together above his head. But his wings were made of feathers, and feathers wouldn't make a sound like that.

Dorothy Dix's Column—

Continued from page 2

there were a number of such instances. Then, how do you account for the fact that you can look into the tragic future only? Do you dwell more on unpleasant than on pleasant things? Are you a chronic worrier? The fence incident, for example, clearly demonstrates how worry can bring trouble. Since it was on your mind that you would fall at a particular spot, it was almost impossible for you to climb the fence without mishap. A mind that turns continually to woe is bound to create trouble. I am quite sure that your thinking is almost always gloomy, with a strong tendency to dwell on the worst possibilities.

SHOULD OVERCOME PESSIMISM

If you have allowed your mind to fall into this condition for a long while, you'll probably need help to overcome your pessimism. I suggest a consultation with a doctor, telling him just how you feel. He may find a physical reason for your gloomy outlook. Follow that with a visit to your clergyman.

If, after these talks, you still feel that pessimism has the upper hand, consult a qualified psychiatrist, who may tell you how to rid yourself of the last of these sombre thoughts.

DEAR MISS DIX: For the past three years I have been living with my widowed sister and her son. I am 34 and have never been married. About a month ago I was invited to dinner at the home of a married friend, and there met a lady a few years younger than myself. I am now sure that I love her, but the difficulty is—how to break the news to my sister?
A. N.

ANSWER: Nothing will be accomplished by continuing to keep your feelings from your sister, and the sooner you tell her of the young lady, the better. Your sister could scarcely hope to keep you with her always, and you have helped her over the hardest years of her widowhood.

DEAR MISS DIX: For several months, I have been going with a very fine girl, whom I shall call Alice. Recently I noticed a decided change in her attitude towards me and, upon investigation, learned that a mutual friend had been telling her malicious lies. It now develops that he is more than casually interested in Alice himself. The stories he made up have been freely circulated, with the result that Alice has been humiliated before her own friends.
BOB G.

ANSWER: This situation calls for the use of ungentlemanly tactics. The so-called friend should be dragged, physically if necessary, to Alice and made to admit his false statements.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Attend St. John Ambulance Association Dinner



Shown above are a number who attended the dinner held by the St. John Ambulance Association at the Charlottetown Hotel recently. Front row, left to right are: Mrs. Stanley Lancaster, Mrs. Jack Morris, Miss M. Archibald, Registrar of Prince Edward Island, Morris, Mr. Stanley Lancaster, Dr. Nurses Association, Mrs. W. E. L. W. Shaw, Col. P. S. Fielding, Mr. W. J. Bennett, Commissioner of St. John Ambulance Association of Canada, Mr. J. F. MacCormick, Mr. J. H. Cudmore, Red Cross, Mr. J. H.

Thunderer stopped drumming and began to strut. His lovely tail was spread like a fan, and was held up until it almost touched his head which was thrown back. His wings were lowered until the tips touched the old log along which he walked back and forth. His drumming had been something to hear. Now his strutting was something to see.

LONDON (CP)—A new magazine published by the Industrial Welfare Society contains a warning from a woman worker. She writes: "Nothing is so destructive to morale as the foreman who favors young and pretty operatives."

Believe Two Million Saw Royal Journey

OTTAWA (CP)—The National Film Board estimates more than 2,000,000 Canadians saw its motion picture "Royal Journey" between Dec. 21, 1951, and March, 1952.

The estimate was contained in the Crown-owned board's annual report, tabled in the Commons Monday by Resources Minister Winters.

Royal Journey was filmed in the fall of 1951 while the then Princess Elizabeth and the Duke of Edinburgh toured Canada. The picture was issued to Canadian theatres Dec. 21, 1951. Arrangements were made for distribution in the United States, United Kingdom, Western Europe, Australia and Africa.

As cover for the annual report, the board chose a photograph of Princess Elizabeth square-dancing at Government House. The photograph was taken by Frank Royal, chief still photographer for the board. It won first award in The Canadian Press competition for still photos of the Royal tour.

The board reported a surplus of \$35,377 for the year. Its income amounted to \$3,511,465, including \$2,662,333 voted by parliament, \$549,876 from sales to government departments and \$308,256 from other sources. Expenditures were \$3,476,088. Board films won 30 honors in Canadian and international competitions during the year.

Albany and Vicinity

—A large number of people from this section of Prince County attended the funeral of the late Donald Baker of Summerside.

The many friends of Mr. Alfred Woods of Albany will be glad to hear that his condition is somewhat improved after his recent major operation in the Prince County Hospital.

Miss Margaret Dawson and Miss Ruth Thompson of Charlottetown were week-end visitors at their homes in North Tryon.

In a rough and rugged hockey game in the Victoria rink on Monday night, March 2nd before a rink full of fans, the Victoria Lions, defeated the Tryon Arrows 4-3.

Mr. and Mrs. Max Lefursey were business visitors to Summerside on Thursday, March 5th.

Friends of Mr. Allison Welch of Albany will be sorry to learn of his illness. All hope for a speedy return to good health as he is one of the Tryon Arrows' strong defence men.

A number of New Brunswick trucks have been over here hauling loads of potatoes direct to the sellers. They have handled some big loads of produce from this section.

WINNER

BROWN'S BISCUITS, Moncton, N. B., are pleased to announce that

MR. HAROLD TRAINOR, 200 Kent Street, Charlottetown, P. E. I.,

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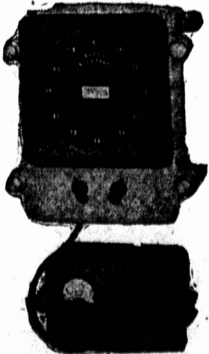
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