The man who indulges in athletic exercises is usually a healthy man. While athletics, moderately indulged in, are conducive to longevity, they are not absolutely necessary. If, when a man feels out of sorts and nervous, and realizes that he is suffering from biliousness or indigestion, he will take the right remedy, he can always keep himself in good health.

Many serious illnesses have their inception in indigestion or in an inactive liver. Dr. Pierce's Golden Medical Discovery is a sure, safe, speedy and permanent cure for all disorders of the digestion. It also cures all of the maladies that have their inception in these disorders. It is a prompt cure for giddiness, sick headache, pain in the stomach, fullness and swelling after meals, dizziness and drowsiness, cold chills, flushings of heat, loss of appetite, shortness of breath, blotches on the skin, disturbed sleep, frightful dreams and nervous and trembling sensations. It makes the appetite keen and hearty, the digestion perfect, the liver active and fills the blood with life-giving elements that build healthy tissue. It is a cure for nervous exhaustion and prostration and it cures 98 per cent. of all cases of consumption, bronchial, throat and kindred affections. An honest dealer will not try to induce customers to take some worthless substitute for the sake of a few pennies added profit.

Mr. W. Rogers, of 657 Grayson St., Louisville, Ky., has this to say for himself and the "Golden Medical Discovery." "I was a dyspeptic. I had not had a comfortable night in six years. I have taken three bottles of Dr. Pierce's Golden Medical Discovery. I am now fifty years old. I feel thirty years younger."

Dr. Pierce's Pleasant Pellets are a sure, speedy and permanent cure for constipation. One little "Pellet" is a gentle laxative and two a mild cathartic. They never gripe.

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THE : SPORTSMAN'S : PARADISE.

Every river and lake along the line of the Newfoundland Railway abounds with trout and salmon.

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Quickest and safest route to any part is via the ROYAL MAIL STEAMER

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Leaves North Sydney every Tuesday, Thursday and Saturday evening on arrival of the I.C.R. express. Returning leaves Port Aux Basque every Monday, Wednesday and Friday evenings on arrival of St. John express.

FARE:

Charlottetown to St. John's, Nfld.

First Class	$20.05
Second Class	10.30
Return	33.81

Through tickets on sale at all stations on the I.C.R., C.P.R. and Str. Nav. Co.

☞ The sea trip will be only 6 Hours.

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R. G. REID, St. John's Nfld.; or
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McGill University, Montreal

SESSION 1898–9

Matriculation Examination, preliminary to the various Courses of Study, will be held as under:

*Faculty of Arts (including the Donalda Special Course for Women. *Faculty of Applied Science Faculty of medicine.	Thurs. 15th Sept
Faculty of Law	Tues. 6th Sept.
Faculty of Comparative Medicine and Veterinary Science,	Sat. 17th Sept

*The Revised Curriculum in the Faculty of Arts comprises courses in Classics, English, Modern Languages, History, Philosophy, Mathematics, Physics, Chemistry, Botany, Zoology, Geology. These courses are open also to PARTIAL STUDENTS without Matriculation.

In the Faculty of Applied Science the courses in Civil, Mechanical, Electrical, and Mining Engineering, Chemistry, and Architecture, are also open to PARTIAL STUDENTS without Matriculation.

Examinations for 20 FIRST YEAR ENTRANCE EXHIBITIONS in the FACULTY OF ARTS, ranging from $60. to $200. will be held on the 15th September at Montreal, St. John, N. B., Halifax, Charlottetown, St. John's, Nfld., and other centres.

The McGILL NORMAL SCHOOL will be re-opened on 1st September.

Particulars of Examinations, and copies of the Calendar, containing full information as to Conditions of Entrance Courses of Study, Regulations for Degrees, Exhibitions and Scholarships, Fees, etc., may be obtained on application to

W. VAUGHAN, Secretary

Wed&sat

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Sample Room, 72½ Prince Wm. St. St. John, N. B.

H. H. HARVEY Agent.

CHAPTER XII.

"The voice, the voice—is—my boy Strong's—but"—

A soft sigh smote upon their ears. The slight veiled figure lay in a heap at their feet.

"It's Mamie, Mamie Colyer, poor, precious child. She jus' would come, 'cause she said the ride would be too much for Liza, and it's be'n too much for her."

It was Strong who gathered the unconscious girl quickly and lovingly in his arms, holding her white face and closed lids pressed against his bosom as he carried her gently toward the iron camp cot against the wall, refusing to relinquish the beloved burden until, with returning consciousness, she opened her great gray eyes and recognized him with a violent gesture of repulsion.

CHAPTER XXI.

Was he on the winning side?

The Federal officer questioned it, as, frozen into an attitude of aloofness by a girl's repelling touch, he watched the small group of conquered rebels making their preparations for departure.

They ignored him. He stood alone on the winning side, with his heart hunger unsatisfied. They stood together, in mutual support and confidence, ready to abide by the award of destiny, to endure still further, if need be, but not ready to accept aid and comfort at an enemy's hand.

Becky had voiced it all for him, looking at him with tear dimmed eyes,

"I can't deny you are my son."

wherein mother yearning and patriotic scorn fought a fierce fight for supremacy.

"I can't deny that you are my son, Strong Martin. Headstrong oughter be'n your name, for you've took the bit in your mouth at every important turn of your life, makin me and Eben's heart ache, more'n all the rest of our brood put together.

"You've been making us fus' proud of you, and then shamed of you, ever sence the day me and Eben brought you out to meetin to this very town. You can see the steeple of the church you was baptized in with your own eyes from this identical spot, if it wasn't for that clump of catalpies. And the governor—blessed old man, fightin this very minit for his country, the Lawd only knows where—he met us, I say, on the road, or passed us ruther. Me and Eben was in the spring wagon, driving old Billy Blaze—you remember old Billy, Seth, sonny? And the governor, he passed us with them spanking grays of his, and when he saw what me and Eben was up to—you was layin in a white heap in my lap, Strong—he put his head out the side of the buggy, jus' as friendly as friendly could be, sayin in that hearty voice of his'n, 'What you goin to name him, Eben?' And Eben, he called back: 'We ain't made up our minds yet. Becky and me have turned over just about 300 or so of good Christian names, but somehow'r nuther they don't none of 'em seem good enough for this chap.'

"You see, sonny," turning apologetically toward Seth, "he come right after you, and he was a real handsome laddie. We hadn't learned then that handsome is as handsome does. And then the governor he laughed and said, 'Name him for me, Eben, and he will be sure of the presidency.' And we all laughed, and old Dolbear, he was holding the grays in all this time, let 'em go, and the governor was out of sight in a jiffy, and Eben he turned to me and said, 'What do you think of it, Becky?' And I said, 'What, Eben?' And he said: 'About naming him after the gov'ner. Strong Martin don't sound so bad.' And I said: 'No, it didn't. I ruther liked the sound of it,' and we settled on it right there and then, so you can't say we didn't give you a fair start in life, Strong Martin, for that led up to the gov'ner sendin you off to school and givin you a better chance than ever your brothers had. And what good has it ever done you? It turned you ag'inst your home. It turned you ag'inst the gov'ner's family. It drove you to settle down at Neck or Nothing as surly and obstinate as could be, and finally it's drove you into raising your hand ag'inst your own father and mother. Don't say a word, Strong Martin, for all your gold lace and your cringin, crawlin, Yankee shoulders out yonder touchin their hats like a plantation nigger ev'ry time they come whar you are. I'm more ashamed of you at this minit than I ever thought to be of anything that bears the name of Martin. I can't deny you bein my own flesh and blood, but I don't want nothin of you. You've cast in your lot with the enemies of your own people, and I couldn't feel no worse than I do this minit if you was layin dead in your coffin before me, 'stead of standin there so brassy and bold in your Yankee clothes. Oh, Strong, Strong!"

Mamie Colyer, standing by the old woman, tenderly drew the grief stained cheeks within her sheltering arms.

"Let us go, Mrs. Martin. Let us go home. You will feel better after we get back to Liza."

No word, no look for him.

"Yes, let us go home, child. We are not wanted here any longer."

With the superb composure of an offended sovereign Mamie was drawing the wreck of an antebellum veil over her comical hat of plaited shucks, the fingers of her white cotton mittens hovering about her head like so many white mice. It was necessary to pass close by the desk where Strong stood, steadying his shaken nerves by a strong physical effort. He put ont his hand to detain her. She eluded the slight touch.

"Mamie! One word! By heaven, you shall hear me."

He placed himself between her and the door. Without indecorous violence she could not avoid listening to him.

"The time will come, it must come before very long, when you will judge my course by different standards. You will feel more lenient then. Just now you, my mother, none of you give me credit for acting upon my convictions of what was right and what was wrong. I represent to you a cowardly egotist, content to let his nearest and dearest suffer so that he secured to himself the flesh pots. When you come, by the aid of that soberer judgment which time will bring to us all, to look at this monstrous war episode from the outside, you will recognize the possibility of a consistent southern Unionist.

"Governor Strong was one, but the sentiment of class was too strong for his powers of resistance. Countless numbers of men, now fighting on the side of the south, stand where I do, morally if not physically. There were no class prejudices for me to conserve or to outrage. A born pariah, the overseer's son was free to choose his side. I chose the one which seemed to stand for liberty and justice, the two consolations most conspicuously absent from my own experience.

"When you come to realize that holding slavery as I did, to be a black blot on the face of God's fair creation. I was as much in duty bound to fight for its abolition as Adrien Strong was for its perpetuation—when, in short, you are ready to say, after all, it was he who was in the right—will you send for me, my dear, and not leave me to languish under the frown of the woman I love any longer than need be? The time will surely come, Mamie, but the waiting for it will be dreary work, dear."

It was not easy to maintain her frozen attitude with that pale, passionate face bending above her as he pleaded for mercy. Were her standards already toppling to their fall? Was she feeling premonitory twinges of that foreshadowed leniency? Or was she an out and out hypocrite, not worthy to breathe the same air with Adrien Strong's mother or Liza? But if only he could have come back to her looking that way wearing a gray uniform instead of a blue! He was positively majestic.

(To be Continued.)

Dr. A. W. Chase Tells a Friend That Eighty Out of Every Hundred of Humanity are Afflicted by Kidney and Liver Troubles.

Dr. Chase in his wisdom foresaw the need there would be for so grand a medicine as Dr. Chase's Kidney-Liver Pills, and so universally have they become known and used that go where you will round the globe, you'll be able to buy them.

They are a pleasant medicine, effective, quick to act, mild to use, but powerful in healing. For Constipation, Biliousness, Stomach Disorders, Bright's Disease, Diabetes, Urinary Troubles, Rheumatism, Skin Eruptions, Pimples, Impure Blood, they are specific.

None genuine but those having the signature and head-cut of Dr. A. W. Chase. Beware of counterfeits.

THOS. MILLER, Esq.,

MERCHANT, LUCKNOW, ONT.,

Cured of Serious Stomach Troubles, Here is What He Says:

I was troubled for twenty years with acute stomach trouble and constipation, and had tried almost everything I could hear of, but got no relief. Dr. Chase's Kidney-Liver Pills were recommmended to me. The first dose I took gave me relief. I found them to be the thing I had been looking for. They have cured me.

THOMAS MILLER.

MACKAY'

Mid Summer Sale.

No exaggeration, we both talk and give Bargains; with this special list of goods and prices we have no occasion to exaggerate, as a call will convince the most fastidious.

]] : : gloves	12c, for 5c
Better glove	25c, for 12c
Sunshades, former price	90c, now 25c
Silk cord for fancy work worth	10c, now 2c
Fancy black braid for dress trimming 5c per yard, worth from	1c, 3c, 10 to 25c
Ladies undervests,	10, 18, 22, good value
Hooks and eyes	1c card
Silk dress laces worth	10c, now 2c
Table doyles worth	10c, now 5c
Colored Trimming silk from worth double what we ask for them,	10c to 25c yard
Black sewing silk	1c skein
Colored twist worth from 4c to now 2c.	6 per yard,
Hemstitched hdkfs	4, worth 10c
Lace trimmed	10c, worth 20c

Prints	5c per yard
Black and colored sateens, former price 25 now 12 to 15c per yard	
Colored and black vsilk elvet ½ pric	
	50c for 25c yard
	75c for 25c yard
	1.00 for 50c yard
	1.65 for 80c yard
Aberdeen skirt closer	
Dress Goods—see our prices on a few lines	
	33c for 15c yard
	36c for 19c yard
	55c for 29c
	for 30cyadc
	for 32c yard
	63c for 40c yard
	1.45c for 75c yard

W. D. MACKAY

It is Highly Palatable...

Don't be under the impression that Abbey's Effervescent Salt is unpalatable. It is a most delicious preparation to the taste—so pleasant, in fact, that it is oftentimes taken as a beverage. It is an unequalled thirst-quencher. But aside from these excellent qualities, it is the most wonderful regulator of health known.

Abbey's Effervescent Salt

taken daily, will purify your blood and cleanse your system. Its effect is mild—almost imperceptible—but certain. Take it every day and you will enjoy constant good health. Abbey's Effervescent Salt, which is prescribed and endorsed by physicians, is a standard English preparation which all druggists sell at 60 cents a large bottle. Trial size, 25 cents.

MARITIME PROVINCES

AMATEUR ATHLETIC ASSOCIATION

The Eleventh Annual Championship Games of the Association will be held on the Grounds of the

Charlottetown Amateur Athletic Association

—ON—

THURSDAY, SEPT. 8TH

List of Events open to Bona-Fide Residents of Maritime Provinces.

1. 100 Yards Run	6. Throwing 16 lb hammer	11. Running Broad Jump
2. Putting 16 lb Shot	7. 880 Yard Run	12. One Mile Run
3. 220 Yards Run	8. Running High Jump	13. 3 Mile Bicycle
4. Pole Vault	9. One Mile Bicycle	14. 120 Yards Run, Hurdles.
5. Half Mile Bicycle	10. 440 Yards Run	

This year Gold Medals will be given for First Prizes in each event. Bicycle Races under sanction and rules of C. W. A.

Entries will close with the Hon. Secretary, at Halifax, N. S. on Thursday, Sept. 1st at Midnight, and should be made through Secretaries of Clubs, on official entry blanks. Blanks may be obtained from any affiliated club or from the Secretary at Halifax. Fee in each event 50 cents, to accompany entry. Any further information will be furnished on application.

R. T. MACILREITH, Hon, Sec. M. P. A. A. A., 43 Sackville St

Massey-Harris Trophy In addition to the above, the Annual Competiton for the Massey-Harris Trophy will take place. This competition is open to teams of not more than five nor less than three members from all clubs in the Maritime Provinces. Entry fee for team, $2. Entries for this event close with the Secretary C. A. A. A., Ch'town, Sept 3rd, 1898.

BAND IN ATTENDANCE

TRAIN ARRANGEMENTS

Leave Tignish (regular train)	5 00 a m
" Alberton	5 40 "
" Bloomfield	6 04 "
" O'Leary	6 20 "
" Port Hill	711 "
" Wellington	7 38 "
" Miscouche	7 36 "
" Summerside (special train)	8 35 "
" Kensington	9 00 "
" Freetown	9 15 "
" Emerald	9 28 "
" Bradalbane	9 34 "
" Hunter River, 9 58; Wilt.	10 08 "
" Royalty Junction	10 45 "
Arrive Charlottetown	11 00 "

For West—Special leaves Charlottetown at 5 p m, connecting at Summerside with regular for Tignish.

Leave Souris (regular train)	5 15 "
" Bear River	5 46 "
" St. Peter's	6 20 "
" Morell	6 42 "
" Georgetown	6 00 "
" Cardigan	6 17 "
" Peakes	6 49 "
" Mount Stewart	7 15 "
" Bedford	7 37 "
" Royalty Junction	8 00 "
Arrive Charlottetown	8 15 "

For East—Special leaves Charlottetown for Georgetown and Souris at 5.30 p m.

ALL STANDARD TIME

FARES

Tignish to Elmsdale	inclusive	$1 25
Piusville to Portage	"	1 15
Conway to Richmond	"	1 00
Wellington to Summerside	"	90
Trav. Rest to C Traverse	"	80
Bradalbane to Clyde	"	65
H. River to N. Wilshire	"	50
Colville to Milton	"	35
Winsloe		20
Royalty Junction		15
Souris to Bear River	"	90
Rollo Bay to Lot 40	inclusive	75
Dundee to Tracadie	"	50
Bedford, 40; Suffolk, 35; York		25
Union to Brackley Point		20
Georgetown to Cardigan		80
Perth to Peakes		75
Pisquid		69

Excursion Return Tickets

At one First-class Fare will be issued from all stations on the Intercolonial and P E Island Railways to Charlottetown on the 6th; good for return up to and on the 10th September.

Pictou to Charlottetown

Return Fare $2.00, good for passage on Wednesday, 7th, return Friday 9th

Steamer Jacques Cartier will carry passengers from Orwell and Return for 25c, leaving Charlottetown at 5 p m, local

Sports Begin at 1 p. m. Sharp. Admission 25c

A E. INGS, President C. A. A. A. E. H. BEER, Secretary C. A. A. A.