

Women

Helen A. MacDonald, Women's Editor, Phone 4-5366

6 The Guardian, Charlottetown, Tues. Jan. 9, 1962.

HAPPENINGS

Mrs. R. J. MacDonald, Hillsboro Street, returned home Saturday after spending the holiday season with members of her family in Toronto, Ont. An added feature of the family gathering was the arrival of her daughter Laurie, CBC, Vancouver, who travelled by air to be with her mother and other members of the family for the occasion. En route to Charlottetown Mrs. MacDonald visited with her son-in-law and daughter, Dr. and Mrs. Joseph Cairns, Halifax, N.S.

Mr. John Allan, Federal Department of Agriculture, Kitchener, Ont., is spending a short holiday with his father, Dr. A. W. Allan and other members of his family at 24 Admiral Street, Charlottetown.

The third meeting of the local centre of the RCOO met at St. Paul's Anglican Church in Charlottetown on January 6, 1962.

Mr. George Thompson, FRCO, (CHM) of St. Paul's performed two organ works. The Suite in C by W. Russell; prelude, Allegro, air and finale; closing with Sonata No. 2 in C minor by Mendelssohn, adagio, allegro and fugue.

The afternoon Auxiliary of the Trinity United Church, Summerside Woman's Missionary Society held the final meeting of this organization in the Sunday School recently.

Since this was the final meeting of the group yearly reports from the various committee secretaries were dealt with. Beginning in January the WMS, along with all other women's organizations in the United Church will be forming the Unit-

Nuptial Vows Exchanged In Double Ring Ceremony

A quiet wedding was solemnized at Trinity United Church, Charlottetown, P.E.I., when Kathryn Rose, daughter of Mr. and Mrs. Norman S. MacLeod of Charlottetown, and Merril Boyd, son of Mr. and Mrs. Vincent White, Whitehorse, Yukon, were united in a double ring ceremony by Rev. John Ball.

The bride, given in marriage by her father, was attired in a street-length gown of white lace and chiffon with long sleeves and her headpiece was of white velvet with a short veil. She carried a bouquet of red roses.

Following the ceremony a reception was held at the home of the bride's parents.

MARY HAWORTH Cruel Alcoholic Father Refuses To Accept Aid

Dear Mary Haworth: I need help. I have been married for 25 years. I have two daughters aged 16 and 12 years.

My husband joined Alcoholics Anonymous but he has gone back to drinking. At times he beats the girls and me and he has told me not to call in the AA again.

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What should I do? Tell the AA? And ask them not to mention that I asked their help? P.S. I don't drink.

Dear E.B.: Get in touch with AA, of course; this you are entitled to do in self-defense.

Talk confidentially with these veterans of the wars with John Barleycorn, to ask what your program should be, in coping with your husband's latest outbreak.

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ENGAGEMENT ANNOUNCED

Mr. and Mrs. Wilfred Gaudet, Parkdale, P.E.I., announce the engagement of their daughter Beverly Beryl to William Francis Brown, son of Mr. and Mrs. Leslie Brown, Montreal, Que. Marriage is to take place Feb. 3, 1962, at St. Augustine of Canterbury Church, Montreal.

IDA BAILEY ALLEN Milk Supplements Prove Good Budget-Wise Choice

"FOOD is the biggest regular family investment in good health, money, working power and earning power," I remarked to the Chef.

"Yet the majority of homemakers are not wise to their food budget," he replied.

"By that I presume you mean budget-wise, Chef. That is, food shopping with an eye to real money and nutritional values."

"Oui, Madame. If every homemaker bought food as carefully as a restaurateur, she could save about 15 per cent weekly on the food bill every year!"

"It is the milk bill that often swamps the budget," I said. Milk is essential to all ages; a quart a day for young children, teenagers 3 cups a day and adults 2 cups, or the equivalent of milk in calcium values.

"The key to the solution of the milk problem when necessary is to supplement fresh milk for youngsters with the less expensive forms of milk for the rest of the family and for cooking."

Evaporated milk, at an average price of 15 to 16 cents for a tall can, when reconstituted or mixed with water, costs much less than the equivalent of fresh milk and furnishes full milk nutrition. It can be used in making milk drinks or in cooking any food. Undiluted, it can be whipped, or used in soups, with vegetables and in meat or fish casseroles calling for light cream.

Dried whole milk costs less than fresh milk, can be reconstituted and used for all purposes.

Non-fat dry milk is cholesterol-free. When reconstituted, it costs about 10 cents a quart and can be used in cooking. A little margarine or butter added to the dish helps the flavor. As non-fat dry milk does not contain vitamins A and D, it is not recommended as a beverage for babies, young children or teenagers, but it is excellent for middle-aged and senior citizens, who can supplement their diet with foods containing A and D.

The intelligent use of these various forms of milk can cut the usual milk bill at least 20 per cent.

Throughout this week budget-wise foods and menus will be featured.

TOMORROW'S BUDGET-WISE DINNER

Grapefruit Sections (canned) Lamb Shank Braised with Potatoes, Onions and Carrots Norwegian Apple Custard with Grated Apple-Honey-Whip Coffee Tea Milk

Measurements are listed; recipes for 6 NORWEGIAN APPLE CUSTARD

7 good-sized cooking apples
1/2 cup sugar
1 tablespoon butter or margarine
1/2 cup water
3 eggs, slightly beaten
1 cup evaporated milk (reconstituted)

3 tablespoons sugar, additional
3 tablespoons flour
4 teaspoon nutmeg
Peel and core apples; cut into thin uniform sections. Combine sugar, butter and water. Add apple; simmer uncovered until just tender. Arrange in low 1 quart baking dish. Chill.

Combine eggs, sugar, flour and nutmeg; beat together. Pour over apples. Bake 45 minutes in moderate oven, 325 degrees-350 degrees F., or until a pick inserted in center comes out clean. If necessary to prevent over-browning, cover with aluminum foil.

Serve warm with grated apple-honey-whip.
GRAATED APPLE-HONEY-WHIP
1/4 cup well-chilled undiluted evaporated milk
2 teaspoons lemon juice
1 tablespoon granulated sugar
1-16 teaspoon salt
1 tablespoon strained honey
1 grated peeled apple

Pour evaporated milk into deep bowl. Add lemon juice. Beat with rotary beater until thickened. Add sugar and salt. Continue beating until mixture stands up in points. Stir together apple and honey and add. Serve at once.
Collect a variety of dried

BEDEQUE

Mr. Kenneth Bruce Stewart, Charlottetown, was a dinner guest at the home of Mr. and Mrs. Walter Bowness, on Sunday, Dec. 24.

Mr. and Mrs. Ralph E. MacCaull, Halifax, and daughters, Elizabeth and Edith, have been spending several days visiting with relatives at Carleton Place, North Bedeque and Bedeque.

Miss Marjorie MacFarlane, RN, spent the Christmas holiday with her parents, Mr. and Mrs. Cyril MacFarlane, Fernwood, Miss MacFarlane is nursing in a hospital in Toronto.

Mr. and Mrs. Harold Milligan, Gander, Newfoundland are spending their vacation on the Island, with relatives and friends in Port-Hill, Charlottetown, and Bedeque.

your friendship; but I would appreciate your letting me know, so I can stop wondering and worrying about you. As ever, Ann." If he doesn't respond to that, with a true explanation, he is a bad and you should forget him.

Mary Haworth consists through her column, not by mail or personal interview. Write her in care of this newspaper.

MR. AND MRS. ANDREW IAN MACRAE

Early Evening Ceremony Unites Couple In Zion Church

Baskets of white mums and red carnations adorned the dimly lit sanctuary in Zion church on the evening of Dec. 2, 1961, when Patricia Janet, daughter of Mr. and Mrs. William Mingo, Charlottetown, became the bride of Andrew Ian, son of Hon. and Mrs. Andrew MacRae, East Royalty.

Rev. Donald Campbell performed the double ring ceremony. Miss Madelyn Wadden was organist and accompanied Mr. Scott MacPherson as he sang "O Father All Creating" before the ceremony and "How Welcome Was The Call" during the singing of the register. The guest seats were marked with white satin bows and sprigs of holly.

The bride, given in marriage by her father, was lovely in her floor-length gown of white chiffon-velvet featuring the slim sheath style front with scoop neck-line and long tapering sleeves ending in lily points over the back of her hands, the skirt softly gathered across the back falling to the floor in a chapel train. Her headpiece was a bouffant veil of imported silk illusion featuring the scalloped edging and held in place by a crown of seed pearls and Aurora Borealis drops. She carried a cascade of American beauty roses.

Miss Sandra Squarebriggs was maid of honor. Miss Susan Parker and Mrs. Donald MacDonald were bridesmaids, all friends of the bride. Their identical street length dresses were of cherry red chiffon-velvet with three quarter sleeves, scoop neck line and billowing skirts. They wore matching satin shoes and rose shaped headresses and carried white muffs adorned with the same velvet rose. Miss

Sharon Mingo, sister of the bride, was junior bridesmaid. Her forest green velvet was identical to that of the bridesmaids.

Master Gordon Mingo acted as ring bearer dressed in a forest green velvet page boy's attire. Miss Bonnie Mingo was the winsome flower girl in red, carrying a petite basket of white baby mums and wearing a tiny band of the same in her hair.

The groom was attended by his friend, Boyd Leslie and the ushers were Sterling Youker and Noel MacDougall.

Mrs. Mingo chose for her daughter's wedding a sheath dress of champagne brocade with matching pillbox and a corsage of deep red carnations. The groom's mother was attired in a deep turquoise pear de sole dress with matching leaf-like hat and a corsage of pale pink carnations.

For the reception at the Charlottetown Hotel, the bride's table was centered with a three tier wedding cake surmounted with rosebuds and lace. Premier Walter Shaw, toastmaster, proposed the toast to the bride which as fittingly responded to by the groom. The toast to the bridesmaids was proposed by Boyd Leslie. Mrs. Nigel Taylor was in charge of the guest book. Redmond Soy played appropriate piano music during the reception.

For going away the bride chose a rosy red two piece sheath topped with persian lamb, white accessories and a corsage of white carnations.

Following a honeymoon trip to the New England States and Halifax, Mr. and Mrs. MacRae have taken up residence in East Royalty.

(Photo by C. D. MacKay)

ELLEN'S DIARY Children's Yuletide Gifts Will Live Through Years

The Lady Moon climbs gracefully now the blue steps of the night. Above a dim star-gable, she points out in a winsome winter scene the whitebread roofs and the yards. And gives us to find a January star, a serene light glows in the branches of the old yard-tree.

A decorated window this evening, the light glows on a first snow. The snow on the hill glows, the snow on the hill glows, the snow on the hill glows, the snow on the hill glows.

So we have been piecing the years past together, as we posted in, in part, the nice things, the almost forgotten pieces, the collected souvenirs; a card, a letter (Among them one of Mack's early missives that reached Santa but not as his "North Pole" address) a rare leaf, faded petals (from a grave-flower) a snapshot, a feather. Oh, the seemingly inconsequential things, the trivia, like like us save and treasure! The clippings - a verse we have loved, an account of a marriage, an anniversary in the life or lives of kin and friend.

So we posted them. And who will ever read the book, wondering, smiling maybe over the pages? Granddaughter perhaps. Or it may be some little maid or lad of a later generation, who will find it tucked away on a shelf to be so much treasure - a love to her, fascinated, as always we are, in poring over such relics of the past.

"Oh no and deary me!" the black cat on the couch sighs as he snuggles deeper into his cushion. "Who was it said: 'O Solitude where are the charms that eases where have seen in thy face - better dwell in the midst of alarms than reign in this horrible place?' I don't agree with him," he twitters. "I revel in this quiet."

"We'd soon tire of it," we think.

"The winters passing. No more short days," the younger

Fashion Houses Open Showings In Rome

By LOUISE HICKMAN ROME (AP) - Rome's high-fashion houses begin their spring and summer showings Wednesday, hoping for a record turnout of customers after an intense promotion drive.

Never before have the organized Roman fashion houses made such an effort to gain supremacy over rival showings in Florence.

Rome and Florence have been battling for the Italian fashion crown for years.

Showings will be held here through Friday. Then, next Saturday, the six-day Florence presentations begin.

A government-backed organization, the Centro Romano Alta Moda Italiana (Roman Centre of Italian High Fashion), runs the showings here.

The Florence shows are organized by G. B. Giorgini, a private Florentine citizen and importer-exporter. In recent years he has built up an aura of prestige for Florence, and many top Italian houses, have deserted Rome to show in Florence.

WANT TURN ABOUT But the Roman Centre is determined this year to turn the tide. To attract more buyers, it will have more showings of popular, ready-to-wear boutique clothes. On Tuesday it will bring a planeload of buyers from the United States.

Most Italian fashion houses show at one of the two collective showings. But two top designers have turned their backs on both. Capucci will show in Paris. Fustana will hold her own show at Rome, rather than at the Palazzo Barberini, where the Roman Centre presentations will be staged.

Designers say they are trying to keep their ideas secret, but out of the hints and rumors emerges this picture of 1962 spring and summer fashions:

Colors will be warm and sunny, with a vast range of greens.

Most designers will show natural waistlines, but several will have raised waists.

Skirt lengths will remain unchanged. Skirt shapes will be dominated by the flare.

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Women Play Large Part To Keep Coal Mining Alive

By IRA DRYSDALE NEW WATERFORD, N.S. (CP)—Women have not been left entirely out of the struggle to keep coal mining alive in Nova Scotia.

Mrs. Bill Marsh, wife of the union chief of the province's 7,000 coal miners, is proof of this.

In her quiet way the 38-year-old mother of four is a pillar behind the man who has led the miners' fight. And it hasn't always been easy for her.

"For Bill might be called underground anytime. Or he might have to take off quickly for talks with government or company officials in Halifax or Ottawa. Mrs. Marsh is left alone a lot.

Interviewed in her rose-colored home within sound of the whistle of New Waterford's three mines, Mrs. Marsh said: "Bill hardly has time for anything now, recreation, home life or hobbies. It's an endless round of meetings. I can never plan anything."

HAD TUBERCULOSIS Bill, a New Waterford native who began mining after finishing high school, became president of District 26 of the United Mine Workers of America (Ind.) three years ago. Bill is a year older than his wife, the former Helen Sarah Byzenke of Glace Bay, another Cape Breton Island coal town.

Mrs. Marsh, dark-eyed, brunette and quick to smile, doesn't dwell on complaints. She's conditioned to having things tough from time to time.

In 1949 tuberculosis sent her to the sanatorium in Kentville, N.S. That was when their only son, Billy, was six and their oldest daughter Valerie was two.

"Bill had it pretty hard then with the children and all. I was in the sanatorium for 21 months."

The two other Marsh children are Ramona, 7, and Brenda, 10. CAMPING IN SUMMER Mr. and Mrs. Marsh do get time to bowl. They won a league championship last year. And in summer the whole family goes camping.

"We do this every vacation. The children get a big kick out of it and I didn't get much chance to camp out when I was little so I like it, too. I like to swim but don't do much of that now since I've had the treatment."

In their tidy home, Mrs. Marsh does all her own work. She admits her husband makes a little more money now than he did as a miner, but adds that because of the demands on him they haven't anything more.

Not that she would want things any other way. She was 18 when they were married and even then Bill was involved in union work.

"He likes to try for better working conditions for the men—that has been his fight—and I'd rather see him do this than anything else."

Medical Centre Given Donation By Avonlea WI

CAVENDISH—The Avonlea Women's Institute held their January meeting at the home of Mrs. M. Cassidy, conducted by the president, Mrs. Ira McCoubrey.

During the past month 20 sewing kits, six rolls of bandages and five sweaters were made for the Unitarian Service Committee.

A card party was held and \$20 raised for the Medical Centre. Christmas treats were provided for the local school children and shut-ins. It was decided to hold another card party in the school on Jan. 10.

Several of the members, with Mrs. Olaf Stevenson, as moderator, held a panel discussion on "The Modern World of Women—Benefits and Drawbacks". This was both instructive and entertaining. Next meeting is to be held at the home of Mrs. H. Wyand.

When washing by hand, roll in a towel and lay flat to dry. Twisting, wringing, crushing or rubbing the sweater fabric against itself should be avoided. White sweaters can be safely bleached with regular home bleaches if necessary. But first give the sweater a good washing and then follow labelled instructions on the bottle.

All sweaters should be folded and stored flat in a bureau drawer rather than placed on hangers. Ironing and steaming is not recommended because the application of excessive heat can harden and glaze the fabric.

To the consumer the sweater is a garment of more parts than just those usually associated with casual or dressy wear. In an independent survey undertaken on behalf of the Canadian producer of acrylic fibre, consumers clearly defined have distinct roles which the sweater fills in the average woman's wardrobe.

One of its most popular functions with both French and English-speaking respondents concerns using the sweater as a means of adopting an incoming fashion without risking pocket-book or fashion sense on what could turn out to be a fad. This is accomplished by selecting a sweater of an advance color or design.

According to the market analysts, previous studies have indicated that most people do not find a situation requiring consumer choice pleasurable, particularly when it is aggravated by uncertainty. This was also borne out in the sweater study in which only about 20 per cent of the interviewees stated they followed fashion changes immediately.

French-speaking respondents showed a somewhat higher tendency to adopt new styles than English.

Another finding the research firm regarded as important is the sweater's capacity to produce different desired effects on other garments. This use of the sweater as an instrument of dress rather than an item of dress was most notable among students and to a certain extent among working women. To them the sweater has neither a casual nor a dressy connotation. They employ it to dress up or down other garments even when the total effect is casual. In this new role the dressy sweater need not wait for a special event. It can be worn to give other clothes which are far too casual for the occasion the proper degree of casualness.

Third role of the sweater involves its performance as a basic garment similar to that of the little black dress with its ready response to accessorizing.

Fourth and fifth functions pertain to dressy and casual wear. The former is the oldest and most traditional aspect of the sweater, while the latter is one of the more recent developments.

ATTENTION! Motor Vehicle Owners

On and after January 1st, 1962, driving without PUBLIC LIABILITY Insurance could cause the CANCELLATION of your Vehicle Permit and Driving License in case of an accident.

If you do not carry Automobile PUBLIC LIABILITY Insurance, we will be pleased to have you call at or phone our office.

OR contact one of our AGENTS

Queens County—Stewart G. Ives, Charlottetown. Harold F. Smith, Pownal. H. Bennett Carr, Charlottetown. W. Donald MacKenzie, Flat River.

Prince County—Donald B. Nicholson, Summerside. W. Winston Currie, Alberton. J. Archie Thomson, Tryon.

Kings County—A. Full Campbell, Monagton. Horace P. Macdonald, Kingsboro.

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