WOMEN

HAPPENINGS

The "Happenings of the Week" column was established over a quarter of a century ago by the late Miss Katherine C. Irving, one of Canada's earlier newspaper women, and an all-round type in her field. The "Happenings" have been a weekly feature but beginning this year 1956 they are to be published daily.

For the last year and a half the Happenings of the Week have been written by Miss Lena C. McLure, who will continue to write the daily Happenings.

The Rev. A. F. MacLean and Mrs. MacLean have had their daughter Miss Marjorie MacLean of Halifax with them for the holiday season.

Councillor P. R. McCormack and Mrs. McCormack have had their son Mr. David McCormack of the Royal Bank of Canada, Stellarton, with them for the holiday season.

Miss Lorraine McCormack left Friday by plane for New York City on the first part of her extended trip.

Ordnance Lieutenant J. R. M. Cook left Monday by plane for Hamilton, Ontario. Lieutenant Cook was the guest of Mr. and Mrs. Charles H. Coles, Weymouth Street.

Miss Carol Marie Coles in the regional department of the National Research Council returned Wednesday by plane to Halifax. Miss Coles spent Christmas with her parents Mr. and Mrs. C. H. Coles and will be in Halifax for New Year's.

Mr. and Mrs. Paul Cudmore have returned by plane to Halifax. They spent the holiday season with Mrs. Harry Cudmore, North River Road and Mr. and Mrs. J. L. Davison, Kensington, Mr. Cudmore will be playing the pipe organ for the next three weeks in the Fort Massey United Church, Halifax.

Miss Mary Morison who is studying at the United Church Training School, Toronto, returned Monday after a two weeks visit with her mother, Mrs. D. J. Morrison, Longworth Avenue.

Mr. Ivan Horne left Tuesday for St. Petersburg Florida where he will see his mother, Mrs. H. H. Horne and his sister Miss Margaret Horne. Mr. Horne will be in Florida until Easter.

Miss Ann Horne left Tuesday on return to MacDonald College, St. Anne de Belleveue.

Miss Joan McInnis of Halifax spent the holiday season with her parents Mr. and Mrs. Howard McInnis.

Mrs. Elsie Gullison formerly Miss Elsie Mutch of this province is the Director and owner of Little Folks Nursery in Palo Alto, California. Mrs. Gullison has built a modern school nursery building which is under the constant supervision of a graduate nurse and a teacher from Boston. There are twenty pupils registered a day.

A typical morning and afternoon schedule consists of: Building with creative toys, Painting, Molding, Cutouts, Soft Phonograph music, Piano and Singing, Snack Time, Outdoor play, Story Times, Preparation for Departure. The school operates the whole year around and there is a waiting list.

Mrs. Gullisons daughter Miss Anne Shirley is working, and her son Ralph and twin daughters, Elizabeth and Patricia are Sophomores at High School.

Mr. Lionel Stevenson spent Christmas and New Year's with his parents, Mr. and Mrs. Edwin Stevenson, New Glasgow. Lionel is attending the Princess Elizabeth High School, Saint John N. B. and is living at the residence of his Aunt Mrs. J. H. Stevenson. The late Mr. J. H. Stevenson, Manager of the Bank of Nova Scotia in Saint John was a regular summer visitor to his native province during his life time.

RIVERDALE-CHURCHILL W. I.

The December meeting of Riverdale-Churchill W. I. was held at the home of Mrs. Kelsey Buchanan. The president Mrs. Waldron MacKinnon presided and opened the meeting by singing the Ode and repeating the Mary Stewart Collect in unison.

The roll call was answered by exchanging Christmas presents. The minutes of the previous meeting were read, approved and signed.

It was decided to have a pantry sale at Holman's, December 9th.

Correspondence was read and Institute News was distributed. It was decided to give a hamper of apples to Orphanage and a treat for the school children; also $5. was donated to the Sanatorium.

Mrs. Lloyd MacKinnon invited the members for the January meeting when the roll call will be answered by 10 cents.

The meeting closed by singing the Queen, followed by a delicious lunch served by the hostess, assisted by Mrs. Waldron MacKinon.

CORNWALL W. I.

The December meeting of the Cornwall W.I., met at the home of Mrs. Waldon Lowther. The meeting opened with "Jingle Bells," followed by "Collect" in unison. Twenty-four members answered roll call with articles for auction sale.

Argyle Shore Institute was invited to be guests at this meeting, but due to the condition of roads only two members were present. Minutes were read by secretary and the treasurer reported $541.00 on hand.

All shut-ins in the district were to be remembered at Christmas. The group membership fee of five dollars was voted to be paid to the Musical Festival Committee. It was moved and seconded that $5.00 be given the T. B. League. It was also decided to donate five dollars to the Salvation Army for a needy family.

A Christmas party for the members was planned to be held on December 19 at the home of Mrs. Hazen Howard. Each member to bring a gift not to exceed fifty cents.

The History of the Plaids was read by Mrs. Jack MacPhail and Mrs. Gifford Bain. Next meeting is to be held at the home of Mrs. Norman Hyde on Wednesday, January 4, roll call to be answered by a New Year's Thought or Resolution. The lunch committee for January meeting is Mrs. Jack MacMillan, Mrs. Herbert Scott, Mrs. D. Gass and Mrs. Otto Newson.

Mrs. Gordon MacMillan ably acted as auctioneer for articles donated and the sum of $18.85 was realized.

The meeting closed with the Queen.

STERLING W. I.

STANLEY BRIDGE

A highlight of the meeting of the Sterling W. I. Stanley Bridge was the presentation of a Life Membership Certificate to Mrs. J. E.

Mrs. Lorne McEwen capably presided as chairman and spoke of Mrs. Hesiatt's many years of faithfulness to the Institute and her pleasure at seeing her at the meeting after her long illness.

Mrs. F. Bell then presented her with a beautiful corsage; the secy., Mrs. Furgeson read the citation and Mrs. Ray Douglas president, presented the pin and Life Membership Certificate of the P. E. Island Womens' Institute to Mrs. Hesiatt.

Although completely surprised she thanked the members for their kindness and sincerity.

Mrs. Ray Douglas, president of Sterling W. I. was hostess to the members and visitors of the Institute on Dec. 13th.

The meeting opened by singing Jingle Bells and repeating the creed in unison. Roll call was answered by an exchange of Christmas gifts. There were sixteen members and two visitors present. The secretary read the minutes of the last meeting and were approved as read.

Mrs. Earl Henry gave an itemized acount of the proceeds from the last meeting and they were approved as read.

Mrs. Lorne McEwen extended a vote of thanks to the retiring secy.-treasurer, Mrs. A. S. McEwen for her efficiency during the past year, to which she fittingly replied.

Mrs. Elmer Fyfe reported that nothing was needed for the school. Mrs. A. S. McEwen reported that one visit had been made and treats given.

The new committees were appointed :sick, Mrs. Ray Douglas and Mrs. C. Woolner who were to see that boxes were sent to shut-ins in district; school Mrs. T. Gallant and Mrs. E. Carr to get treats for school children.

The correspondence was then read and included Christmas cards from distant members. It was moved by Mrs. A. S. McEwen and seconded by Mrs. E. Henry that $5 be sent to the T. B. League.

Mrs Max Furgeson and Mrs. Ray Douglas gave an interesting report on the "Leadership Course."

The next place of meeting will be at the home of Mrs. Elmer Fyfe. Lunch committee, Mrs. T. Gallant, Miss Alga Woolner, Mrs. G. Fyfe, Mrs. Alban Bolger and Mrs. Max Furgeson; roll call to be answered by a "New Year Hobby".

Mrs. C. MacKay and Mrs. Ray Douglas are to take charge of programme.

After a delightful programme of Christmas carols readings and contests, and a delicious lunch served by the hostess and committee in charge, the meeting was brought to a close by singing the "National Anthem".

GLEAMING PARTY BEAUTY

The shopper with more taste than money is wise to the ways of selecting fashions that are ageless and dateless, clothes that she wears for years because they are good, because their lines are clean, because they are devoid of whatever fad or fancy is current at the moment.

Jacques Griffe does one such dress, a debutante party creation in satin. Lovely and luminous, supple and full-bodied, the satin makes a full skirt that flares gracefully from a nipped in bodice—always a favorite silhouette.

For added elegance, Griffe runs tracings of delicate embroidery in vertical lines, places two glimmering paillettes of embroidery at the bodice top. Short-sleeves and a flattering neckline are other features of a dress that will never go out of style.

MARY HAWORTH'S MAIL

Who Can Help Parents Of 10-Year-Old Boy

DEAR MARY HAWORTH: This concerns our youngest son, who who will be 10 next Spring. Never before have we had to seek outside help of any kind; and this is such an awful thing to discuss that my husband won't consult anybody in town. But because of our other children (we have five), and for the boy's sake too, we mustn't let the matter drift.

It began a year ago last fall and from then until now I have done my utmost to talk sense to the boy. Also my husband and I have punished him; bit I am beginning to believe he can't be reasoned with. Practically every day there is something more—from lying to his immoral offenses against smaller boys. Yes, that is the awful problem.

The other night, after he told us about this his dad whipped him. Then he was told to hang up his coat; and instead of obeying, he went upstairs, left through a window and over a roof and ran away. He was gone four hours...Next morning he confessed he ran away because his dad said he ought to be locked up—away from nice little boys—so he thought he would go away. But when it started to

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NEW EVENING HEADLINES

Evening or theater millinery features more hat but, praise be, the general effect is still diminutive and dainty.

Hattie Carnegie creates an evening turban of antique gold panne velvet that expresses the new line nicely. Matching velvet flowers are tucked into swirls at the front of the hat. Their small satin leaves reach forward at the browline. A perfect hat with dark furs and informal evening finery.

ELLEN'S DIARY

By An Island Farmer's Wife

Winter-"an old fashioned winter" we say—claims now our country side. The fields sleep beneath a warm coverlet of white. We talk of them when the night gathers us about our heartfire: "That meadow where our best clover grew", "there where there was no last to the harvest-twine", "that patch of new land", and make our plans for the cropping, come another spring. There are spoken the trade-words of seeds and fertilizers, of lime and the cultivating, of team and machine.

But now the farmlands rest. Reaches of white, unbroken except for the odd road-of-farm which winds along them a bit darkly, extend to near and far horizons, from our buildings, to the depth of the valley, to the tops of the hills. Quiet, clean, beautiful. It is a lovely season-this wintertime, a season of white fields and dark evergreens, of hearthfires and home.

"Tell me a story before we go back to our work" Mack begged his grandfather this evening. According to a well respected rule of the house across the lane he had been an invited guest at our table at supper, coming in with young cheeks aglow from making paths in the snow along the yards and hungry from a lengthy period in the open. Now, the meal over, he was snuggled in James arms, cozy and secure in the old armchair by the fire.

"Tell me of winters when you were a boy. That," he smiled "is what I like to hear about."

"But I've already told you every old yarn I know" James chuckled.

"Then tell me them over again" he pleaded, "there may be one that you've missed."

And James told of winters out of his young years-tales of the long ago: of a first store and post-office of his memory of the district, situated "on the same side of the road as the one we now have, but townward...down farther, not far from the entrance to the River Road. There we got our mail and our tea, our matches and kerosene and molasses...our sticks and squares of candy, and sticks of 'spruce' gum."

It was presided over by "Paul and Kitty" an elderly couple, brother and sister who perished in a tragic "New Year's night fire-it must be forty-five years ago", which claimed their roadside cottage as well. For years in their season, roses blossomed in the garden there, marking the site for James, reminders since sliced away by successive broadenings of the post-road, now the Trans-Canada Highway which runs broadly past there.

In the telling, names of those years were spoken-names he must stop to explain to this little lad, of elder folk and boys, comrades of his youth, some scattered now to far corners of the world, or gone on to heavenly scenes where there are neither wintry winds nor driving snows. Or settled on Island farms, remain as we, to grow old with the passing years. And then the two were off to the barns and the rest of the chores-the calves to feed and the kit-cats, and the dog to be left in his stable-bed of hay.

The smoke rising straight and white from the chimney of the house across the lane speaks now of old-time Januarys. On the lawn, the Lady-moon writes, in winsome traceries on the night-blue of the snow, tales too of winters of the now long ago.

Until tomorrow----Diary----Goodnight....

COOK'S CORNER

PECAN DROPS

1 pkg. pecans
½ cup butter
½ cup confectioners sugar,
2½ cups sifted cake flour
2 tsp. vanilla

Bake on greased bake sheet in slow oven, 325 degrees, for 20 minutes. (Drop by teaspoon).

ADDED ATTRACTION

Remember the stole, how it stole out of the fashion picture after a good run? Well, it's back again, appearing in the collections of such masters as Anthony Blotta. The stole is in gray and and white checkerboard tweed and is faced with the dress fabric which is a soft, shadow-checked charcoal wool. The dress has a V-neckline, is buttoned down the front to accent its slim line and has interesting slanting hipline pockets. A fine contribution to the new ensembles.

Wife Preservers

"Bloom" is a word used to describe the cloudy look on wooden furniture caused by dampness. To remove it wipe the surface with a soapy cloth and rinse with a clean, damp one. When dry, re-wax or polish the wood.

COLDS
Relieve Suffering Fast—Effectively
with VICKS VAPORUB

DIET'S DAY

Everyone Needs Protein

By Ida Bailey Allen

Protein is essential to growth and is needed by persons of every age for cell and tissue repair. Meat is the chief source of animal protein. There are five divisions: Beef, pork, veal, lamb, and the combined organ and variety meats.

"I consider meat protein a dynamic food," I told the Chef, "because it is concentrated; transformed into compact form for easy eating and digestibility in the flesh of the animals who ate the grass, animal feeds and grains. And the supply of this dynamic protein is almost unlimited if we will but make use of the large numbers of different cuts of meat and the organ and variety meats."

"I understand," said the Chef, "that organ and variety meats have higher nutritional value than steaks and roasts. In France and in gourmet restaurants here, the organ meats are considered great delicacies. Among others there's tripe a la mode de Caen and liver pate de la maison."

PLENTIFUL CUTS

"As you know, Chef, I have always claimed, in spite of dark forebodings, that an abundance of meat is available, if we will use the more plentiful cuts. And remember that each meal, every day, should feature some animal protein. This might be meat, poultry, fish, eggs, milk or cheese."

TOMORROW'S DINNER

Celery-Cabbage-Olive Slaw
London Broil Maitre d'
Delmonico Potatoes Broccoli
Orange-Banana Ambrosia
Coffee Tea Milk

London Broil Maitre d': Pound 1½ lbs. flank steak on both sides with a meat mallet to tenderize. Then, dust with ½ tsp. each salt and monosodium glutamate and ¼ tsp. pepper.

Broil under a high heat until well browned on both sides.

Place in a pan rubbed with butter or margarine; dot with 1 tbsp. butter or margarine. Cover and bake in a hot oven, 425 deg. F.

To serve, cut in ¼ in. diagonal slices. Serve with maitre d' hhotel butter. Garnish or parsley or cress.

Orange-Banana Ambrosia: Peel 4 good-sized seedless oranges; slices. Serve with maitre d' hotel quarter.

Peel and thin-slice 3 ripe bananas.

Arrange in layers, starting with the bananas, in a decorative serving dish. Sprinkle each layer with a few drops of lemon juice, a little superfine sugar and a generous sprinkling of shredded or flaked coconut.

Top with coconut. Chill.

TRICK OF THE CHEF

Before cooking Delmonico potatoes, stir in ½ tsp. crushed cumin seed.

KEEP IN TRIM

Picture Yourself In Your Perfect Size

By Ida Jean Kain

This year, instead of resolving to lose 10 pounds or 20, or double that amount if need be, picture yourself slimming down and wearing a smaller size.

A former overweight wrote: "When I found I could no longer wear size 18, I started a diet instead of starting on size 20 -- which might have proved to be the point of no return. I just couldn't see myself a fat woman." By refusing to see herself heavy, her mind wouldn't let her be happy with the extra pounds.

Try visualizing yourself slimmer. Look through your wardrobe and find a dress that is now too small for you. Start picturing yourself fitting smoothly into that dress. The technique of having a near goal is psychologically sound. That's why it helps to aim first at your next smaller size.

The approximate number of pounds between dress sizes is from 10 to 16, depending on your size range. In small sizes there are 10 pounds from one size to the next; in medium sizes, 12 to 14 pounds; and in large sizes, 16 pounds.

Of course, to estimate the number of pounds to your next size, you must take into account the fit of your present size. If you are crowding the seams, you will need to slim down the full scale. But think how wonderful it will be to wear a whole size smaller!

On the inch score, in misses dresses there is a difference from one size to the next of 1½ inches in the waist and in the abdominal extension, and 2 inches in the hips. In women's sizes, up to 38, there is a 2 inch difference in all measurements from one size to the next

There is almost nothing to sustain enthusiasm for a slimming course like being able to slip easily into the next smaller size dress. Any overweight can reduce 10 to 16 pounds and slim off 1½ to 2 inches...so on to the smaller size.

ENERGY BOOSTING DIET

Approximately 1100 calories
Reducing Rate: 2 pounds a week

BREAKFAST
Sliced Orange
Poached Egg on thin slice of Toast
Coffee, black

LUNCHEON
Tomato Soup (made with 1 cup skim milk)
Cube Steak on thin slice bread
Or Grilled Frankfurter on toasted half bun (mustard)
Coffee or Tea

4 O'CLOCK PROTEIN PICKUP
Choice of glass of Skim Milk, Buttermilk, or hot Cocoa made with skim milk and sweetened with non-nutritive sweetener.

DINNER
Baked Meat Loaf (ground chuck and veal) 1 slice, ½ in. thick
Small baked Potato
Butter, ½ pat
String Beans, all you wish
Fruit Gelatine
Tea or Coffee

MID-EVENING
Glass of hot Skim Milk

Morocco's Youngest Nationalist Is 18-Year-Old Girl

FEZ, French Morocco (Reuters) —Morocco's youngest nationalist leader is 18-year-old Malika Meliani, who has a taste for violence and the ambition to become her country's first woman cabinet minister.

This attractive schoolgirl is head of the women's branch (6,000 members) of the Istiqlal party in Meknes, the fourth largest city in Morocco.

It is not without difficulties that this slim brunette leads such an active life. Malka is at boarding school—and allowed out for only eight hours every Sunday.

She became internationally known during the Meknes riots last July 25, in which eight Moroccans were killed. That day, Gilbert Grandval, then French resident-general, made his official entry into the city. Malika, on vacation from school, put on a gay summer frock and slipped over her shoulders a sash with the green and red Morocan national colors —her "battle" uniform.

HURLED ROSES

Thousands of Moroecans lined the route. When Grandval appeared, followed by several carloads of French and Morocan dignitaries, wild shouts of "Long live Ben Youssef" (the then exiled sultan) rose up from the swarming crowd.

Malika hurled a bouquet of red roses which landed on Grandval's lap in his open car. Policemen, thinking she had thrown a bomb, punched her, but the schoolgirl broke loose and ran alongside the motorcade screaming "Ben Youssef" into the ears of the officials.

Grabbing the black beard of the pasha of Meknes, a well-known opponent of Ben Youssef, she tugged violently until he too had to let out a shrill "Long live Ben Youssef."

Malika threatened French, British and American journalists in their cars until several also began to intone slogans glorifying the banished monarch.

Malika's father works in the Meknes post office. She has five sisters. Malika joined the Istiqlal in 1949 when the party was still underground and many of its members in jail for anti-French activities. She made her first political speech the following year, when only 13, to a secret meeting in Rabat. The subject was "Women's rights."

EYES TO MATCH

LONDON (CP) — Women now can match the color of their eyes with their dresses. Tinted contact lenses have just come on the market.

PIGSKIN FOR EVENING

Pigskin, good, old sturdy pigskin, has come out of the sports and casual wear department right into the salon. Pigskin is now an evening star and is a big favorite for fine evening gloves. Our domestic leather technicians and our stylists are responsible for this idea which is neatly expressed in this dress-up glove, a 16-button affair in gleaming white, the perfect acent for after dark clothes.

HOUSEHOLD HINT

A convenient kitchen apron can be made out of a bath towel by stitching a strip of inch-wide cotton tape along the long side of the towel to form a casing, then drawing a length of cotton cord, long tnough to tie, through the casing.

MORNING SMILE

"Why are you here again?"asked the prison chaplain.

"Because of my belief," replied the convict.

"Your belief?"

"I believed the policeman had gone."

ALICE BROOKS DESIGNS

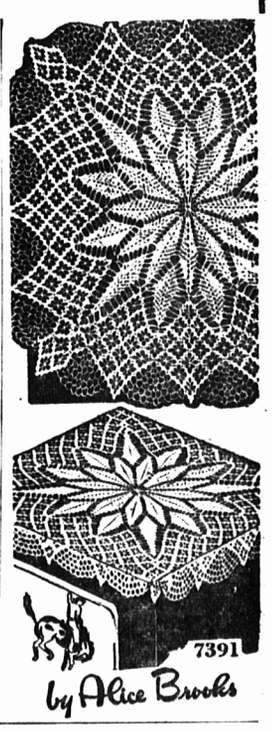
CROCHET TV COVER

Easy-crochet this attractive cover for any size TV set—in your very favorite spider design!

Pattern 7391: Crochet TV cover, 26 inches in No. 30 Cotton; smaller in No. 50 Cotton; larger in mercerized bedspread Cotton. Join four to make 56-inch cloth.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front St. W., Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs — knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!



Words Of The Wise

Without God there could be no American form of government nor an American way of life. Recognition of the Supreme Being is the first—the most basic—expression of Americanism. Thus the founding fathers of America saw it, and thus, with God's help, it will continue to be.

—(Dwight D. Eisenhower)

Bringing Up Baby

Hints Collected by Mrs Dan Gerber (Mother of 5)

A baby sitter is as efficient as you help her to be! She will probably "sit" better if she gets an assist from you in these ways:

- Sitter's arrival time should be early enough to allow time for instructions...to get acquainted with baby.
- If food is involved, directions for baby's schedule should be clearly written.
- Leave telephone numbers. Baby's doctor...and where you can be reached.
- Earmark a snack or soft drink for your part-time parent.
- Settle return time and try not to overstay it.

* * *

Has baby sampled these two delightful Gerber Foods . . . Strained Garden Vegetables and Strained Sweet Potatoes? Both provide pleasing new flavors. Both are notable for their high iron and Vitamin-A content. The Garden Vegetables combine peas, carrots and spinach for a different kind of taste appeal. The Sweet Potatoes offer all the nutritive elements of this important vegetable in a milder, more palatable form.

* * *

Storage plans. Short of storage space? (1) An extra bread box is fine for storing containers of baby foods. (2) Narrow shelves, attached to the inside of your kitchen cabinet doors, increase storage space considerably.

* * *

What's for lunch? Why not a savory serving of the new Gerber Junior Chicken Noodle Dinner? Here's a happy toddler combination of lean, delicate chicken, light, light egg noodles and bright carrot morsels . . . all blended smoothly with natural chicken broth. Hearty, wholesome, altogether delicious. Gerber-Ogilvie Baby Foods Limited, Niagara Falls, Canada.

FAVORITE JEWELLED JERSEY

Jersey has long been a favorite for daytime and casual clothes and now designers have adapted it to evening and afternoon fashions. Here is an example of an elegant sheath made in wool jersey with a deep, rounded neckline and three-quarter sleeves. The dress is completely lined in taffeta and is richly jeweled. It comes in a variety of fascinating colors.