

Woman's Realm/Social and Personal/Fashions/Literature

Lenten Meditations THE FORWARD LOOK (The London-Times)

Nostalgia is one of the characteristic features of this age affecting many different sections of society. There are those who pine for earlier days, which they remember or of which they have heard report, when "consumer goods" were cheaper and more plentiful, when a "good time" could be had with far less care and ingenuity than they expend upon its attainment to-day.

There are others whose longings have different colouring. There was a time they recall, before the lamps went out all over Europe, when a certain moral standard obtained almost universally, when a man could leave his bag in a railway station unattended with little risk of its being stolen, when a passport was hardly needed and the black market hardly known, when Europe still bore the marks impressed upon it by Christendom.

Those who read the Bible may well report that it is a book filled with nostalgia. There are two keys for an understanding of the Old Testament, and in a large measure of the New—the command "remember!" and the phrase "strangers and sojourners."

The tribes of Israel must remember how God had delivered them from Egypt and led them safely through the wilderness to the land of promise. Members of the new Christian community must remember their even greater deliverance, that ye were at that time separated from Christ, alienated from the commonwealth of Israel, and strangers from the covenants of promise, having no hope and without God in the world. But now in Christ Jesus ye that once were far off are made nigh.

Yet in spite of their great deliverance and their consciousness of living in a new age, strangers and sojourners they remained; homesick, not for what lay behind but for what lay ahead, the age of whose powers they had gained a foretaste through their crosses.

For these men and women life was full of meaning. There was nothing futile about it, for it provided daily an opportunity for

The Stars Say -- By Genevieve Kemble

For Tuesday, March 7

CONFLICTING testimonies are noted in this day's astral chart. The solar-lunar configuration encourages the hope of desired progress in major objectives, with a successful launching of new projects, especially in transactions of a public nature or in dealings with higher-ups. At the same time there is need for particular discretion. There are signs of a tricky development, with false reports, subtle whispers or other sinister complications.

Fortie Birthday

Those whose birthday it is, are encouraged to work for cherished objectives in public aspirations or in private interests. These should prosper, but it may require special precaution since there is the menace of tricky undercurrents, which may react on standing, reputation or other attempt to discredit. With particular efforts to avoid all crafty or sinister undercurrents, there may be success and advancement.

A child born on this day may be ambitious and talented, and should reap public or private recognition.

Modern Etiquette

By Roberta Lee

Q. Does a woman always remain seated when she is introduced to a man?

A. Under ordinary circumstances, when a man is introduced to a woman, she remains seated if she prefers to do so. Some women, however, feel that it is more cordial to rise. If the man who is introduced is elderly, a young woman always rises when he is presented.

Q. What position should one's salad plate occupy at the dinner table?

A. It may be placed either at the right or the left of the diner.

Q. When does a man tip his hat while walking with a woman?

A. He tips his hat to any acquaintance, male or female, to whom either he or she might speak

Better English By B. C. Williams

For Tuesday, March 7

1. What is wrong with this sentence? "We are going abroad the latter end of the year."

2. What is the correct pronunciation of "autopsy"?

3. Which one of these words is misspelled? Manila, vanilla, peninsula, villify.

4. What does the word "microcosm" mean?

5. What is a word beginning with ge that means "to begin to grow"?

ANSWERS

1. Say, "We are going abroad toward the end of the year," or, "the last part of the year." 2. Accent first syllable, not the second. 3. Vanilla. 4. A little world. (Pronounce mi-kro-kozm, i as in mine, first o as in crow, second o as in on, accent first syllable). "Philosophers say that man is a microcosm resembling in miniature every part of the world." — Swift, 5. Germinate.

DOROTHY DIX SAYS - Flaunts Independence Self-Supporting Wife Is Contemptuous of Husband

By Dorothy Dix

DEAR MISS DIX: I am a young man married to a girl 27 years old who holds a good position. Between us we make a fine living. I love her dearly and give her all my time, devotion and money, but my wife wants her own way about everything. When I object to her in difference and leaving me alone so much she tells me she works and supports herself. Is this independence or contempt? G. S.

ANSWER:

I should say that it is rank selfishness. She does not consider anyone's pleasure but her own, and she takes that ruthlessly, without regard to your happiness.

In the old days when a wife was financially dependent on a husband he was, to a certain extent, the lord and master and could assert himself more effectually than can the husband whose wife makes her own money. She literally stands on her own feet. She is her own mistress and can do as she pleases. Her husband can rule her only through her love for him.

IDEAL IN THEORY

It seems to me that just because a woman is financially independent it is the more reason for her to be considerate of her husband. Theoretically it should make the ideal union, but I am afraid it seldom does. And there are two reasons for this. The first because men are still bound by the old tradition that a wife should be subservient to her husband. And second because financial independence is so new to women and is apt to go to their heads and make them feel that just because they are not beholden to their husbands for their bread and butter they owe them no duty.

But money should have nothing to do with a woman's attitude toward her husband. Earning her own living gives her no right to be arrogant and flaunt her independence in his face nor to treat his wishes with contempt. If he gives her affection and tenderness and consideration, he has given her something far more valuable than food and clothes and she can only repay her debt to him in the same coin.

DEAR MISS DIX: I am in love with a man who does not know whether he loves me or not, but says he cares more for me than for any other girl. I think we could make a success of marriage, but he has left it to me to decide whether we shall marry or go on as we are. Please advise us about what we should do.

ANSWER:

Evidently the man is not in love with you or he would be sure of his sentiments. Love isn't a slight ailment that you don't know whether you've got or not. It is a devastating disease that you feel in every bone in your body, and breaks out on you like the measles.

Whether it is wise for a woman to marry a man whom she loves better than he loves her is a question open to debate, with much to be said on both sides. It may be argued, of course, that if a man is not powerfully attracted to a woman before marriage, there is slim chance that he will be drawn to her after marriage, and not once in a million times does a man fall in love with his wife. And for this reason a man should start in marriage with a full head of steam on, so to speak.

So don't delude yourself with the belief that the man who merely likes you before marriage will become an ardent lover afterward. He will always be a refrigerator as far as you are concerned and you will never be able to defrost him. But he may prove "friend husband" and that is the most satisfactory relationship. It may not have many thrills in it, but it will have a lot of good solid comfort.

DEAR MISS DIX:

Do you think that it is any sign that husbands and wives don't love each other if they fight? Does it make any difference, provided they kiss and make up after it is all over? MRS. WIFE

ANSWER:

Perhaps to people of coarse fiber the daily squabble does not matter, but to a man and woman of fine sensibilities it is else. They do not subscribe to the comfortable theory that people do not mean what they say when they are in a fury. They know that in anger, as in wine, the truth comes out. Nor do they think that saying, "I'm sorry" wipes out the memory of the insults they have received and atones for them.

So while some husbands and wives may safely quarrel, it is a dangerous pastime for others. And certainly not to be recommended except as first aid to divorce.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Cook's Corner

CREAM OF PEA SOUP

1 20-oz. can peas with liquid
1 teaspoon sugar
1 cup cold water
2 tablespoons flour
1 tablespoon cold water
2 cups milk
1 slice onion
2 tablespoons butter
1 1/2 teaspoons salt
1/4 teaspoon pepper

Add sugar and water to peas and simmer 20 minutes. Rub through a sieve and thicken with the flour blended smooth with the tablespoon of water. Scald milk

Morning Smile

Proof

Counsel and police witness were having a battle of words. Finally counsel turned to the policeman and said: "But if a man is on his hands and knees in the middle of the road, surely that is no proof that he is drunk?"

"Probably not, sir," replied the policeman. "But this one was trying to roll up the white line!"

-Needlecraft- — FOR THE HOME —

EASTER ENSEMBLE

Little girls will love the "ensemble look" for Easter too! In this pattern, a cunning coat and dress — both featuring yoke and panel treatment below the tidy collar.

No. 2727 is cut in sizes 1, 2, 3, 4. Size 2 coat, 2 yards 35-inch; dress, 1 1/2 yards 35-inch, 1/4 yard 35-inch contrasting.

Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian, Pattern No. 2727

BABY DRESS

ATIOKAN, Ont. — (CP) — Local merchants have promised presents for the first child born in Atiokan's new hospital. The Legion Auxiliary will give a bottle warmer; a life insurance agent will give an initial education policy; others will give a crib, stroller, diapers and taxi fare.

Ingrowing Nail

Usually a case of ingrowing nail can be cured in about five days by applying alum. It is not painful in the least and is usually effective. Apply a fomentation of soap and water for 24 hours beforehand, then pour the alum into the space between the nail and its bed, tamponing with cotton to keep the alum in place, and repeating the application daily.

French Dressing

The following is a good recipe for French dressing: 2-3 olive oil, 1-3 lemon juice, salt, pepper, mustard, paprika to taste; a pinch of thyme, 2 bay leaves, a bean of garlic. Shake well and allow to stand.

White Felt Hat

To clean a white felt hat make a paste of equal parts of arrow-root and magnesia and cold water, brushing this over the hat. When thoroughly dry, brush off.

Pioneer Days In P. E. I. By F. H. MacArthur

For the folklore songs in today's column, the writer is indebted to Mr. Dan Gass of Cornwall.

The first song, a kind of dirge, was composed by one John Calhoun and is supposed to have been written about Peter Emberly, who died of injuries received while working in the woods of New Brunswick. The lyricist is believed to have been a resident of King's County, though this writer could not come by the facts.

The song is made up of sixteen stanzas, eight of which appear below:

"My name is Peter Emberly, As you may understand, I was born in P. E. Island, That happy smiling land.

"In Eighteen hundred eighty-eight, When leaves were falling down, I left my native co-untry, Via way of Charlottetown.

"I landed in New Brunswick, A green and awkward roak; And hired out in the lumber woods, Because I was flat broke.

"Along with other woodsmen, I felled the mighty trees, Till one day a log caught me— It was driven by the breeze!

"The tree must have fallen upon Emberly for, in the last verses, we hear the mournful chant of a dying man:

"Farewell, dear father, old and grey!
Farewell, my mother, dear!
No more I'll tread the path to home,
Cruel fate has laid me here.

"Farewell, dear Jean, my Island lass!
The love we knew was true,
And though we ne'er again shall walk Beside the waters blue.

"Or watch the little ships sail by With yards of canvas spread; I hope, dear one, you'll think of me, In days when I am dead.

"Please kindly offer up a prayer, To Him who rules on high,
For the one who sleeps across the strait,
The boy from P. E. I."

The following song may have been composed by one of the early settlers in the Bonshaw district, as the setting is descriptive of the neighborhood. In this verse, Poney Racker tells his own sad tale, which runs thus:

"My name is Poney Racker, And I'll ne'er deny,
My Mother was feet footed,
My sire was a clyde;
And there's nothing in our district,
Could lick me for my pride.

"One day I went to the Green Road,
To get a feed of hay;
But all I got was buckwheat straw,
And hard work all that day.

"The Green Road hills I never liked,
Because they are so high,
Perhaps that's because I'm getting old—
Oh, Gosh! I wished I'd die—

"And go to where good horses go,
(That land of pastures green);
Where folks don't feed us buckwheat straw,
Until our ribs show lean."

Household Scrapbook

By Roberta Lee

Whiter
YES, ALL-PURE SUNLIGHT GETS WASHES WHITER

Brighter
YES, ALL-PURE SUNLIGHT GETS DIRT, STAINS AND GRASS BRIGHTER

Lighter
YES, ALL-PURE SUNLIGHT MAKES WORK LIGHTER

Women Needing Regulation Given Effective Aid

Alas, your lack of good healthy color indicates trouble. Your blood may be weak and under-nourished. What you should secure is the toning, cleansing assistance of Dr. Hamilton's Pills. They will help to clean out the bile that makes you skin so murky—they will assist in putting new life into the stomach in tracing up digestion and making you eat sufficient food to get a blood supply ahead. To look your best and to feel the benefits of better health, why not use Dr. Hamilton's Pills frequently? Sold by all dealers.



Easy on the Shoulder!

(ALL BECAUSE OF CORDTEX)

Relax, m'lady! Let Gothic give you unconscious support... a featherlight garment but a miracle of design. Cordtex inserts support each cup, avoiding shoulder strap strain... rounding and

Only Gothic gives you these Plus-value Features

- CORDTEX INSERTS give natural contours, ease drag on shoulders.
- FABRILAST inserts in straps and back fastenings last much longer than ordinary elastic.
- BREATHING WAIST gives greater comfort. Bra breathes with you. Band stays flat, won't roll.



DOMINION CORSET CREATION

see Gothic in these styles too!

- Elliptic For rounded lines.
- Arietta For conservative bustline.
- Youth For the junior bustline.

That Body Of Yours By James W. Barton, M.D.

EMOTIONAL DISTURBANCES, CONFLICTS, CAN CAUSE NOSE DISORDERS

It is known that nervousness and emotional disturbances affect all the working processes of the body and are to blame or partly to blame for stomach upsets, diarrhoea, attacks of asthma, rapid heart beats, increased blood pressure, fear of various ailments and other conditions. That nervous or emotional conflicts can cause overactivity of the secretions of the nose has not been generally known.

In "The Journal of Medical Science," Philadelphia, Dr. T. H. Goodell, S. Wolf and H. G. Wolff report on 112 patients between the ages of 13 to 60 years, "in whom life situations productive of conflict with anxiety, hostility, guilt feelings of frustration and resentment "were commonly accompanied with overactivity of the lining of the nose (which manufacture of the protective juice or secretion). In addition to this extra amount of secretion, there was swelling of the lining of the nose and obstruction to breathing. Removing a small piece of the mucous membrane (lining) of the nose and examining it under the microscope showed a number of changes in the lining—enlargement of the blood vessels and lymph channels and increase in the amount of fibrous tissue in the structure.

These physicians state that these changes in the lining of the nose "appear to represent an attempt on the part of the organism to protect itself by shutting out, neutralizing and washing away an environment that is mentally and physically noxious."

A burning pain in one or both nostrils and a dull aching pain deep under the bridge of the nose, and in the eye, temple, upper teeth and ear, is commonly present with this overactivity of the lining of the nose.

Now most of us occasionally experience this excess watery secretion from the nose, but in nervous, emotional individuals with anxiety conflicts the condition occurs so often and is so greatly prolonged that actual changes in the lining structure of the nose occur, which when accompanied by other conditions, such as allergy and head colds, can set up chronic disease of the nose.

Just as exciting emotions, conflicts, anxieties can cause overactivity of the bowel, bladder, skin and other organs, so can they cause overactivity of the lining of the nose.

Continued on page 12

How Can I!!! By Anne Ashley

Q. How can I fill cracks in furniture?

A. By using beeswax; it should, of course, be melted to the required consistency.

Q. How can I repaint golf balls?

A. Stick black-headed pins in

the balls, then attack strings of the pins, and dip the balls into can of gold paint. Hang them up to dry. Be sure to scrub the ball thoroughly before painting.

Q. How can I determine if carrots are fresh?

A. If the green portion near the leaves is firm and tender, the carrots are fresh. If this green portion has spread the vegetable is overgrown and will usually be tough.

Smart housewives all say.

Extra-Soapy Sunlight Please!

WHITER BRIGHTER LIGHTER

Gets out more dirt—FASTER!

More and more women are asking for Sunlight. They know its fast-acting suds drive out deep-down dirt faster—make hard cleaning jobs easier. Sunlight makes washes whiter and sweeter smelling, too. It's all-pure, kind to clothes, gentle on your hands. Get a cake of Sunlight today.

SUNLIGHT SOAP

A LAYER PROTECTS