

Choosing a Physician.

A physician is a necessary adjunct to most families, and he should be selected with care...

True, the majority of people are too ignorant to sit in judgment upon a M. D. fluent with physiological terms...

"I see you have changed doctors," remarked a lady to her neighbour. "Yes, I got so tired of Dr. Brown. He was always asking what I gave Freddie to eat, the first thing, and what he drank, and all such things. Now, I want a doctor to doctor and not interfere with my eating," she said rather pompously.

This but expresses the feeling of too many. We want a physician who will patch us up, and most anyhow will do, only he must not interfere with the habits that are wrecking us and making his services necessary.

Not long since, a New York physician turned from his coffers hundreds of dollars, by telling a butterfly of fashion that he could not cure her of a nervousness that threatened to become dangerous, as long as she wore the unnatural high-heeled shoes. She left his office in anger, declaring him a "fanatic and an ignoramus." And we are sorry to say that such a physician will be dubbed, who has the courage of his convictions and dares tell one of these wasp-waisted, padded and painted bundles of weaknesses, that all she requires for her thousand-and-one ailments, is light, loose clothing, wholesome food, sunshine and exercise.

Fortunately for the tempers of this class, though unfortunately for their feeble bodies, they can always find those who will cater to their caprices. But beware of such a doctor. He who flatters you and humors your lusts and appetites is most unworthy your confidence, and not to be trusted with the health and lives of your family.

Such physicians are responsible for much of the sickness and crimes that abound. They lend their aid and wink at unnameable sins. They start many a young person on the downward to intemperance by prescribing beer, or light wines. They restore some, but to be lifelong slaves to the opium habit. For many they recommend the filthy tobacco habit, while scores must carry till the day of death the sad effects of their poisonous drugs or other marks of malpractice. And the proofs of those startling facts lay thick around us, emphasizing the necessity of care in choosing a physician.

It is said that the Chinese pay their physicians liberally in proportion to their exemption from sickness during the year. It is their duties to instruct the people in hygiene as well as deal out medicine. This every true physician will seek to do. And we have reason to question the fidelity of the doctor who pays no attention to our habits of living, such as our eating, dressing and sleeping.

We know a physician who keeps a set of choice books on hygiene for the purpose of lending to his patients that may be studiously inclined, or ignorant of these matters. We wish the practice were common. A vast amount of ignorance and darkness might be illuminated by this means.

Again, the true physician never ceases to be an earnest student of nature and, the best and safest means of alleviating human suffering. He does not become opinionated or fall into ruts, but is on the alert for all recent discoveries in his profession.

In a word, we should choose for our family physician one who thoroughly understands the fundamental laws of our being and has a most supreme reverence for those laws in his life and method of practice. Then may we hope for a better, instructed, and hence, a healthier, people.

Notice of Sale.

THE undersigned gives notice that he will sell by Public Auction, at the Burnside Farm, Cardigan, on the 24th day of FEBRUARY, A. D. 1887, at the hour of eleven o'clock, a. m., the following freehold property:— 1st, The Burnside Farm, formerly owned by John G. Springour, 2nd, Town Lot No. 9, second range, letter B, in Georgetown. 3rd, 150 acres of land on Lot 23, known as the Saffery Farm. The above properties will be sold under the terms of a certain deed of trust, dated 19th February, 1885, made between William Gordon, of the first part, John Springour and Mary Gow Springour, his wife, of the second part, and John Gow Springour, of the third part. Terms and conditions of Sale will be made known at the hour of sale. Dated, 10th day of January, 1887. WILLIAM GORDON, Brudenell. Feb. 4—wky

The Sale of above lands has been postponed until the tenth day of March next, at the hour and place above mentioned.

NOTICE.

WE hereby give Notice that we have appointed ALEXANDER HORN, our Agent for Extras and Implements, and that Robert A. Strong, Esq., is no longer our Agent. All debts due us, by Note or otherwise, are to be paid either directly to us, or at the Agencies of the Merchants' Bank of Halifax at Charlottetown. FROST & WOOD, Smith's Falls, Ontario. March 4—wky pat s Jour 21

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STUART'S NEW FUR STORE,

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1886-7. Winter Arrangement. 1886-7

ON AND AFTER WEDNESDAY, DECEMBER, 1st, 1886, Trains will run as follows (Sundays excepted):—

Table with 4 columns: STATIONS, No. 1, No. 3, STATIONS, No. 2, No. 4. Lists train routes between Charlottetown, Royalton Junction, North Wiltshire, Hunter River, Brudenell, County Line, Freetown, Kensington, Summerside, Miscouche, Wellington, Port Hill, O'Leary, Bloomfield, Alberton, Tignish.

TRAINS DEPART—FOR THE EAST. TRAINS ARRIVE—FROM THE EAST.

Table with 4 columns: STATIONS, No. 5, No. 7, STATIONS, No. 6, No. 8. Lists train routes between Charlottetown, Royalton Junction, Bedford, Mount Stewart, Cardigan, Georgetown, Mount Stewart, Morell, St. Peter's, Bear River, Souris.

Trains are run by Eastern Standard Time. Trains on Cape Traverse Branch leave County Line Junction at 4.10 p. m., on Tuesday, Thursday and Saturday, arriving at Cape Traverse at 5.00 p. m., and leave Cape Traverse at 6.45 a. m., on Monday, Wednesday and Friday, arriving at County Line Junction at 7.35 a. m. All other trains run daily, Sundays excepted.

JAMES COLEMAN, Superintendent.

Railway Office, Charlottetown, Nov. 27, 1886.—all pns 6i

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ROB ANGUS, MANAGER.

Charlottetown, Oct. 19, 1886—1yer 200



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REMOVAL.

J. B. MACDONALD has removed for two months (while his own store is undergoing alterations) to the stand adjoining Messrs. Perkins & Sterns, on the West Side of the Market Square, where he will sell off the balance of his stock of Dry Goods, Clothing and Gents' Furnishings, at prices that are bound to sell them. Don't fail to call when shopping. If we have anything to suit, you can buy cheap. Special bargains given in Ready-made Clothing, Overcoats and Suits. A few Men's Fur Coats left—will be sold cheap. Splendid Tea retailing for 25 cents per pound. J. B. MACDONALD. Feb. 15, 1887—dy wky

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I HAVE been instructed by Lemuel Hyde, Esq., to Sell at Public Auction, on his premises at Clyde River, Lot 31, on

WEDNESDAY, MARCH 9th,

the following Stock, Farming Implements, viz.— 1 Working Horse, 1 Filly (rising 2 years old), 1 Mare Colt, 6 Milch Cows (in calf), 3 Pigs, 7 Sheep, and a lot of Fowls, lot of Norway Seed, Oats, Red Wheat, late Red Cover Seed and Straw. Also—1 Walter A. Wood's 5 Hake Reaper (in good order), 1 Buckeye Mowing Machine, 1 Mandy Mowing Machine, 1 S. R. Nye's Improved Hay State Rake, 1 Farmers' Friend Seed Sower (made by Thomas Hall, Summerside), 2 Carts, 2 Trucks (with frames), 1 Plow, 2 Sets Harrows, 1 Potato Sifter (with 5 Shears), 1 Roller (with iron knees), 2 Sets Fanners, 1 Threshing Machine, 1 Mud Digger, 1 Wagon, and many other articles too numerous to mention. Sale Positive. No Reserve. GEORGE CLOW, Auctioneer. Feb. 25, 1887—wky 21

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Oct. 20, 1886.

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