

CONFIDENTIALLY YOURS

By Byrne Hope Sanders



MONTREAL, November 24th—Doesn't this make sense to you? . . . The reason I am so truly enthusiastic about **WOODBURY COCOANUT OIL SHAMPOO** is that it is made of natural oils—and so protects the natural oils in your own hair. This wonderful shampoo leaves your hair shining with cleanliness—soft and pretty. You'll find your hair hasn't been "dried out" but is truly lovely. So many women have found this out for themselves that Woodbury can be sold for far less than other quality shampoos. So get Woodbury for your family today!

"Oh Boy! That Looks Good!" . . . You'll find your children really enjoy BREGX, the whole-grain cereal with extra wheat germ added. . . . Youngsters like the delicate, nutty flavor of Breg, just as much as grown-ups! And while your family enjoys the stimulation of a hot, nourishing breakfast—you can have the satisfaction of knowing that they're getting the essential nutrients and precious B Vitamins that are so important in building for health. . . . Breg can be served so easily. . . . for it cooks in just three minutes. Look for the big blue box—and the helpful recipe ideas for using Breg in many ways!



Give Aladdin's Lamps for Christmas. You know—the sort of lamp you rub, and make a wish, and your wish comes true! Lots of people do! Only in the form of a holly-decorated BANK OF MONTREAL Christmas cheque, or B of M money order in brightly colored envelope, or B of M passbook—with a nice balance inside—enclosed in a gay Christmas passbook cover. The happy recipient of these ideal gifts can then either purchase the objects of their heart's desire, or keep the money, and add to it, in a B of M Savings Account—for something special later. It's a wonderful way of making people's wishes come true. . . . and a great solution to your own gift problems. See your local B of M about it today!

Why Penetrate Yourself? . . . with nasal stuffiness and dry nostrils? They make office work harder. . . . make housework more difficult. . . . make you yourself less attractive! So do what thousands of wise ones are doing—use MENTHOLATUM! . . . Whether it's excessive dryness. . . . too much smoking or dust. . . . Mentholatum will help to bring you easier, clearer breathing. Spread this fine product liberally inside each nostril—then sniff well back! Use Mentholatum at night if nasal stuffiness or dryness keeps you awake. Do write for a **GENEROUS FREE SAMPLE**: Confidentially Yours, 1411 Crescent St., Montreal.

It Gives Me Such Pleasure . . . to tell you that Instant Chase & Sanborn Coffee is now perfected by an exclusive new "Gentle-Brewing" process—which brings you an Instant coffee that really has the flavor of freshly made coffee. You can see the results of this secret "Gentle-Brewing"—just look through the window in the side of a new INSTANT CHASE & SANBORN COFFEE. The rich, delicate color of coffee that has been perfectly brewed. . . . never scorched or over-cooked! "Gentle-Brewed" Chase & Sanborn has broken through the flavor barrier of the not-quite-right taste of so many Instanta. Get the NEW Instant Chase & Sanborn for the true, bracing flavor of freshly made coffee!

Fifty Dish-Washes from one bottle of Liquid Detergent GAY! Does that sound impossible to you? Then do try it and you'll see how economical this new wonder-working Gay really is. You'll find you get more for the money with Gay than with any other liquid or powder detergent. Gay washes dishes—silver—glassware—so that it shines with cleanliness! It has extra grease-cutting power, too, and keeps your pots and pans gleaming. Yet, because of its special formula Gay is very gentle on your hands! I wish you'd get a bottle of Liquid Gay Detergent on your next order—and share my very real enthusiasm!

A Pleasant New Adventure . . . or a battle of wits? What's it to be with your baby with the first spoon feedings? You'll find these important first meals of solid food go much more smoothly with CERTIFIED AYLMER Baby Foods—The thinking specialty of Asparagus, Carrots, Beans and Bannas. These vegetables are prepared just for babies—they are very finely strained so that they're easily digestible. Your baby will really enjoy the bland, delicate flavors, and will thrive on the minerals and vitamins they contain. Certified Aylmer Baby Foods are purely Canadian products packed by a Canadian Company. Pick up some tins today.

Ask Your Doctor . . . to advise you which type of FARMER'S WIFE brand milk is the right one for your own baby. Maybe it's Whole Milk (No. 1) or Partly Skimmed Milk (No. 2) or Skimmed Milk (No. 3). You'll like the way Farmer's Wife tins are so easy to open—and Baby will thrive on the specially prepared milk—so full of protein and all the body building elements. . . . It was a group of pediatricians who requested Cow & Gate to create the Partly Skimmed Milk formula—because this is a low-fat, high-protein concentrated milk, with Vitamin D content increased. Ask about it today!

ELEANOR ROSS

Leather In Limelight At Recent Home Show

and there was a beauty of a chair covered with dull gold leather. In another setting, there was a white leather door spatter-dashed with red and green to match a wall in striped cotton. A charming idea was a chest of green leather, with a day of the week inscribed on each of the seven drawers.

HOME IN TOWN

A famous furniture store does a series of delightful rooms built around the theme, A House in Town.

Most green textured wallpaper was used for the entrance hall, with many beautifully framed, richly colored botanical prints. An antique stain and stencil technique creates a green and beige pattern for the wood floor.

Italian Directoire and Louis XVI furniture is used for the formal drawing room, which features table tops of inlaid marble and walls and rug of pinky gray. Rock gray fabrics are trimmed or checked in pink and the whole room bespeaks quiet luxury and elegance.

A SITTING ROOM

Much more easy to live in is a sitting room with a color scheme of green blue and hyacinth. Furniture is 18th Century mahogany and there are some fine antiques. The room, which uses weather vanes in its theme in prints and decorative touches, would delight almost any man.

The master bedroom is in pink and beige with accents of Bristol blue in chair coverings.

Price Cut On Filter Tip Cigarettes

MONTREAL (CP)—The Imperial Tobacco Company of Canada has cut the price of filter-tip cigarettes by two cents a package, it was learned Tuesday night. Filter-tip cigarettes, which until now sold at 39 cents a pack in Quebec, will in future sell at 37 cents—the price at which regular and cork tip cigarettes now are selling, a company spokesman said. Similar price cuts will be made in other provinces. It was also learned that the Du Maurier Tobacco Company has made a similar price cut and that other filter tip cigarette manufacturers are expected to do likewise.

Part Of Bishop's Palace Remains

NICOLET, Que. (CP)—A section of the roof of the Bishop's Palace collapsed Tuesday but part of the building remained perched on the side of a crater created 10 days ago by a landslide that claimed three lives. More than half the palace slid down a 70 foot embankment in the slide, along with five other buildings. Ceiling supports also crumpled, leading to the collapse.

WAITING SALADS
Desert salads usually are made of fresh, frozen or canned fruits, often in combination.
CHEAP SUBSTITUTE
Skim milk powder is an economical substitute for whole milk for drinking and cooking purposes.

Thursday, Nov. 24, 1955 The Guardian page 7
CULTURED PEARLS
Japan annually produces up to 36,000 pounds of cultured pearls from special oyster beds.
FINE PRODUCTS
Bruza in Turkey has long been noted for manufacture of carpets, tapestry, silk, gauze and satins.

You'll Go FARTHER on Your BUDGET at THE GO-OP STORES

OPEN FRI. & SAT. NIGHTS

Quality Meats		FRESH PORK		PORK ROASTS	
BONELESS ROLLED SHOULDER		FRESH PORK SIDE RIBS	49c	FRESH SHOULDER	33c
VEAL ROASTS	LB. 49c	DEVON SLICED BREAKFAST	43c	LEAN MEATY	53c
PORK LOIN ROAST	LB. 49c	FROM BLUE BRAND BEEF	39c	IN USABLE PLASTIC CONTAINER	Each 33c
PLATE RIBS		BLUE BRAND	73c	CHOICE FRESH BULK	33c
BACON		BLUE BRAND	73c	WIENERS	33c
HAMBURG				T-BONE STEAKS	73c
SIRLOIN STEAK				HADDOCK FILLETS	PER LB. 29c

Fruits & Vegetables		TASTY PASCAL	
CELERY	19c	RED EMPEROR	2 LBS. 29c
GRAPES		NO. 1 LGE. SIZE	3 LBS. 19c
ONIONS		GREEN NEW	LB. 05c
SQUASH		NEW P. E. I.	2 LBS. 15c
CARROTS		SNOW WHITE	3 LBS. 25c
PARSNIPS		REAL LGE.	3 FOR 23c
GRAPEFRUIT		RED 5 LB. BAG	39c
APPLES			

Dairy Foods

CHEESE
WE SELL ALL VARIETIES BUT FEATURE **ISLAND CHEDDAR**

Robin Hood Angel Food Cake mix

SPECIAL PER PKG. 49c

TOILET SOAP MANY FLOWERS WITH FREE COMB 3 FOR 21c

WHITE BEANS Make Your Own PORK & BEANS 2 FOR 25c

FIG BARS DELICIOUS COOKIES LB. PKG. 29c

LUSHUS DESSERTS 3 PKGS. 29c

CORN YORK CHOICE CREAM STYLE. 20 Oz. 2 FOR 33c

Perfection ICE CREAM FRUIT ROLL YOU'LL LOVE IT! **WEEKEND SPECIAL 39c**

FIVE ROSES FLOUR

WITH A FREE VALUABLE HAND TOWEL

98 LB. BAG WITH FREE TOWEL 6.29

SPECIAL 8c PER PKG. OFF FOR FIVE ROSES WHITE CAKE MIX

YOU PAY ONLY **21c** pkg.

CO-OP WHITE OR BROWN SLICED BREAD

FULL SIZE LOAF **16c**

IVORY

SPECIAL DEAL Personal Size IVORY

4 CAKES FOR 25c

LOW SALE PRICE

2 PKGS. FOR 29c

NABISCO SHREDDED WHEAT

ON SALE AT THE FOLLOWING CO-OP STORES ON LY: NORTH RUSTICO-CHARLOTTETOWN-SOURIS

BUY BUILD BENEFIT

Super Market

FREE DELIVERY

DIAL 8557

"THE ONE STOP MARKET"

SHOP CO-OP IT PAYS

Sports Clothes Weather Proof And Dry Quickly

LONDON (CP) — Football and fashion shared the headlines at the opening of a week-long travel and sportswear exhibition designed to show the merits of the newer fibres.

Sir Stanley Rous, secretary of the Football Association, came to talk about the "wonders" of nylon. He said he has made three trips behind the Iron Curtain and he always took nylon shirts with him. "A Russian chambermaid offered me a pile of rubles for one of my shirts," he said, "but I wouldn't part with it." Sports represented in the exhibition included swimming, tennis, skating, golf, mountaineering and skiing. The clothes were said to be proof against the elements but guaranteed to dry within an hour. A feature was an inflatable yachting jacket in oiled nylon poplin. Sports apart, there was an uncrushable strapless evening dress made of 100 parts of pink and white nylon organza. This was said to stand up to tight packing in a small bag and to shake out ready for wear after overnight travelling. The exhibition, which opened Nov. 17, is sponsored by the British Man-Made Fibres Federation.

New soft plastic holds plates tighter

Cushions the mouth yet grips plates like "Living Tissue!"

Now, quickly relieve sore gums due to loose fitting plates with new SNUG® brand Denture Cushions. Amazing soft plastic grips plate firm and tight yet feels soft and comfortable, like "Living Tissue." Gums feel wonderful. You eat, talk, laugh in comfort. SNUG stays cushion-soft. Can't harden and ruin plate. Peels right out when ready to replace. Tasteless, odorless, cleaned in a jiffy. No more daily bother with "stickums." Get SNUG brand Denture Cushions for real plate comfort! Complete set of real plate cushions for both uppers and lowers \$1.50. Money-back if not satisfied. At all drugists. G. T. Fulford Co., Ltd., Brockville, Ont.



Perfect Trust

PUREX TISSUE

With sure instinct, mother chooses only the best for her child. That's why when buying tissues, she prefers Purex. . . . for she knows that the gentle softness of Purex makes it perfect for baby's sensitive skin. Refined over and over again, Purex is gentle yet firm, strong and very absorbent. . . . better in every way. Make Purex your choice for baby and family too.

so soft—so safe!

just in time for Christmas!

NANCY NESTLÉ WALKING DOLL

Regular \$2.98 value **NOW ONLY \$1.00**

PLUS LID OR LABEL TRACING FROM PACKAGE OF DELICIOUS **NESTLÉ'S Quik**

Just try Nestlé's QUIK, the delicious new kind of chocolate—quick as a wink, it turns hot or cold milk into creamy-rich chocolate milk. QUIK mixes fast and stays mixed right up to the last wholesome sip. It's so easy, children can make it themselves. And so good, the whole family will love it.

THE QUICK-AS-A-WINK CHOCOLATE DRINK

ORDER NOW... MAIL THIS COUPON—

Nestlé (Canada) Ltd. Box 2131, Toronto, Ont. Please send me . . . Nancy Nestlé Walking Dolls. I am enclosing \$1.00 plus a lid or label tracing from a package of Nestlé's QUIK for each doll ordered.

NAME _____ ADDRESS _____ CITY _____ PROVINCE _____

Your doll will be shipped with hours-four hours of travel. Offer good only while supply lasts and expires January 31, 1956.

Week End Specials at Sunter's Ladies' Wear

STOP HEADACHE

When you suffer from pain of Headache, Neuralgia or Muscular aches you want to stop that pain fast. So take Aspirin! A tablet starts disintegrating almost the instant you take it—starts to relieve that pain almost instantly!

Always Ask For ASPIRIN

A PRODUCT OF BAYER

STOP HEADACHE

Over 9 inches tall

- SHE WALKS
- SHE SITS
- SHE TURNS HER HEAD
- SHE WINKS HER EYES
- SHE HAS WASHABLE HAIR