

ELLEN'S DIARY

By An Island Farmer's Wife

With renewed vigor from their Sabbath's inspiration and rest the farmers took up again this morning the work of the harvest. There was a period of threshing and then when lofts had been filled to the heights with the blown straw, came the storing of sheaves to a lonely grain-house in the rear of the barns.

Remembered too, previous storings of other years when a woman of the family kept a desperate grip on a lantern which at best, held its feeble rays within a small circle of light while the horses anxious to be done of their day stirred a bit outside in the dark.

The harvesting continues to bring a family foregathering which is inspiring, and today we had other helpers as well: Mr. C. and his man, Clarence from the house on the hill and Mr. A., neighbour to the north whose harvest has already been gathered.

No "Blue Monday" this, but one wrapped in sunlight and blessed by a brisk harvest breeze. A day of

That Body Of Yours

By James W. Barton, M.D.

ALL-ROUND TREATMENT FOR ACNE

I write often about acne vulgaris (pimples) not because it is a dangerous or even painful disease but because of its depressing effect upon the teen-age boy or girl, who may develop such an inferiority complex that his entire life is spoiled.

In the Journal of the Medical Society of New Jersey, Dr. S. J. Fanburg, Newark, advises early treatment of acne to prevent psychic (mental and emotional) damage to the patient and lessen the amount of scarring because the scars left from a prolonged attack of acne are as disfiguring as the acne itself.

This regular or systemic treatment consists of correcting various symptoms or disturbances usually present such as anemia (thin blood) and constipation; avoiding nuts, chocolate, fried foods and iodized table salt, which Dr. Fanburg has found aggravate the symptoms; and prescribing large doses of vitamin A with other vitamins to keep all vitamins balanced.

The object of treating the skin itself by various applications is to produce a mild peeling of the upper layer of the skin and to reduce the activity of the sebaceous (oil) glands. Up to the ages of 14 or 15 ultra violet light may be used to hasten the peeling process. In older patients X-ray treatment under proper control reduces the sebaceous or oil activity.

"An aid in treatment of the skin is a preparation containing resorcin and sulfur, allowing lengthy contact with the skin," writes Dr. Fanburg. "The product consists of esorin 2 per cent and sulfur 3 per cent blended with other ingredients to produce a fresh-colored cake in the form of an easily carried compact. In cases where excessive dryness results, the benefit to the mind may be maintained by substituting a similar formula with the keratolytics (drugs which help to peel outer skin) left out."

Finally the physician is reminded that with diseases of the face the patient requires support for his feelings of inferiority and so a form of treatment that provides such mental and emotional support is desirable.

ACNE One of the most distressing of all ailments is acne (pimples). Send today for Dr. Barton's helpful booklet on this subject, entitled "Acne." To obtain it just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing. The Bell Syndicate, Inc. in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y. and ask for your copy.

floating white clouds and sapphire-blue skies, of a haze on the hills and dimpling pond-water. "It's James just get another day of this!" James observes unlacing boots grown shiny from being brushed by sheaves and stubble. "We might get all saved here to-morrow — that is, all we have cut!"

Until tomorrow — Diary — Good-night. . . .

Better English

By B. C. Williams

- 1. What is wrong with this sentence? "My friend and myself were interested in what he had to say." 2. What is the correct pronunciation of "absorb"?

ANSWERS

1. Say, "My friend and I were interested." 2. Pronounce second syllable sorb, not sorb. 3. Sanatorium. 4. Occurring after one's death. (Pronounce post-tu-mus, o as in on (not as in post), tu as in picture, accent first syllable). "The hero was given a posthumous award." 5. Conference.

Cook's Corner

CORN RELISH

12 cobs corn, 1 medium cabbage, 4 onions, 2 hot red peppers, 3 cups white sugar, 2 tablespoons salt, 2 quarts cider vinegar. Cook altogether 20 minutes. Then add: 1 teaspoon mustard, 4 teaspoons flour, 1 teaspoon tumeric. Mix this paste as you do to thicken grav. Cook 5 minutes more and bottle in sterilized jars.

CRANBERRY STEAMED PUDDING

One cup buttermilk, 2 cups soft bread crumbs, 1 cup sugar, 1/2 cup butter, 2 eggs, 1 teaspoon vanilla, 1 1/4 cups flour, 1/2 teaspoon soda, 1/2 teaspoon baking powder, 1/4 teaspoon salt, 1 1/2 cups cranberries. Pour the buttermilk over the bread crumbs, leave for 10 minutes. Cream the butter and sugar gradually and vanilla. Add the beaten eggs and vanilla. Add the buttermilk mixture and flour sifted with soda and baking powder and salt. Add the cranberries and pour into a well greased pudding mold. Steam for about 3 hours. Slice and serve while still hot with ice cream.

Cusack-Flood Wedding



Mr. and Mrs. Joseph Cusack, photographed following their recent marriage at The Church of the Most Holy Redeemer. Their attendants were, from left to right, Mr. Leo Clarkin as groomsman, the matron of honour Mrs. Ronald Greenan, and the bridesmaid Mrs. Richard Kelly, sister of the bride. The bride was the former Noreen Flood, daughter of Mr. and Mrs. Frank Flood.

DOROTHY DIX SAYS -

Mothers-In-Law

Even Most Troublesome Are Well-Intentioned

DEAR MISS DIX: I want to defend the mother-in-law. My mother was loved by her in-laws as if she had been their own mother and was always a welcome guest in their homes. When she went into her in-laws' homes it was not to criticize, or give advice, or to try to run them. It was to help. To take care of the babies, entertain the children, to assist with the sewing. To be of service. She then changed the atmosphere. When she came into a home she grandchilden. On the contrary, she is generally a good woman, kind and sympathetic and helpful to the needy. More over, she loves her children and wants to see them happy, and she is honestly shocked and horrified when she sees them getting divorces, their homes in ruins about them and their poor little children half-orphaned.



SHE MEANS WELL

Now no one will contend that the average mother-in-law, even the one who is a trouble-maker in her children's home, is a bad woman at heart, or that she deliberately and maliciously starts out to wreck her children's marriages. On the contrary, she is generally a good woman, kind and sympathetic and helpful to the needy. More over, she loves her children and wants to see them happy, and she is honestly shocked and horrified when she sees them getting divorces, their homes in ruins about them and their poor little children half-orphaned. She doesn't once suspect that she is responsible for the catastrophe. She would deny it bitterly if you accused her of heading the home-wrecking crew. Why, she didn't do a thing. She just tried to teach her daughter-in-law how to keep house the way she did and to raise the baby the way she reared her children. And, thank heaven, she opened Tom's eyes and made him see Sally as she was instead of thinking her a goddess or something. Why, when she went to live with them Tom was just so in love that he was blind as a bat and thought everything Sally did was just right. If he hadn't had a mother maybe he wouldn't have found out any better. And Mother doesn't blame herself at all for Mary's and Sam's marriage going blooey. All she did was just to harp continually on every one of Sam's little peculiarities until Mary quit seeing him as a hero of romance and beheld him instead as a boor.

It is because even the best of women can be the worst of mothers-in-law that it is safest for no mother-in-law to live with her children. DEAR DOROTHY DIX: It amuses me the way you champion the men on that old, old question, whether or not a married man should have a night out. I have been married more than four years and it has been my experience, as well as that of my married friends, that if you give a man an inch he will take an ell. When they get a night out they not only stay out until early morn but come home drunk as well. Can you defend this? BROWN EYES

ANSWER: I can't defend a man getting drunk under any circumstances, but it is easy to explain why he does it if his wife keeps him on the leash so tightly that he is rarely able to slip it even for a single evening. It makes it an occasion to celebrate and without regard to the consequences which he knows he will have to suffer, anyway. Anyway, you miss the point in my argument about husband's night off. It is this: That the fundamental passion of every human heart is for personal liberty. What we are free to do we often care little about doing, but the minute we are forbidden to do anything it becomes the one thing on earth that we are bound to do. It isn't liberty that the husband wants. It is the sense of freedom. Leave the door open and he will sit by his own fireside. Lock it and he will climb out of the window. No wife ever yet kept her husband true to her by watching him. That is a matter of his own volition. Not of surveillance.

DEAR MISS DIX: Do you consider it proper for a young woman to constantly visit a man in his own home, there being no women in the house other than a servant? The girl has a nice home and a presentable family. She maintains that as long as a girl is a lady and the man a gentleman, there is no harm in her visiting him instead of his coming to see her. What do you say? A READER

ANSWER: Any girl who goes to a man's home to visit him alone simply throws her cap over the windmill. It is one of the things that is simply not done, and no man who cared for a girl's good name would ever let her do such an imprudent thing. It isn't enough for a girl to BE good. She has to LOOK good. DOROTHY DIX cannot reply personally to readers but will answer problems of general interest through her column.

The Stars Say -

By Genevieve Kemble

For Tuesday, September 26

ACCORDING to the sidereal operations for this day it may be difficult to shake off the holiday spirit. There is little encouragement for taking up the obligations or the duties of workaday life, which seems to be crystallized or static. In any case the judgment is not to be depended upon, being uncertain, obscure and the outlook depressing. The social, domestic and romantic life may be more exciting.

For the Birthday

Those whose birthday it is, may feel inclined to postpone important decisions, the judgment being uncertain, wavering, more inclined to cogitate than to action. A measure of planning may be desired, especially should such concern social, domestic or sentimental relations or even property or business decisions involving these. The accent may be toward the pursuit of pleasure, amusement, or artistic expression, and these may flourish as well as find financial support. A child born on this day may be endowed with social graces and talents, with the finer or sentimental values taking precedence over the solid.

ROME, Sept. 22 — (AP) — Countess Tatiana Tolstol, 94, daughter of the famous Russian novelist Leo Tolstol, died in a Rome clinic Thursday night of a heart ailment.

Modern Etiquette

By Roberts Lee

Q. Should a young man, whose means are limited, take his fiancée along with him to pick out her engagement ring? Wouldn't it be embarrassing if she were to pick a ring beyond his means? A. This is becoming the accepted custom these days, and the men care avoid any embarrassment by first going alone to the jeweler, who can help him pick out a number of rings within his means. He then takes his girl to the store and she makes her selection from these rings.

Q. If a man and a woman are walking together during a rain, and both have umbrellas, should each one use his own umbrella? A. This would prove very awkward. It would be much better if both were to walk under the man's larger umbrella. Q. If a woman is eating in a restaurant would it be all right for her to place her purse and gloves on the corner of the table? A. No; she should place them in her lap.

Morning Smile

Be Quiet

An undersized husband was endeavoring to intimidate his wife. "I warn you," he raged, "don't raise the animal in me!" "That's all right," his wife retorted, "I'm not afraid of mice."

What A Life

Mother had her numerous offspring out shopping, and as they waited for a bus she began to tell them a story to keep the peace. "One time I was in the middle of the jungle," she said wearily "and

Household Scrapbook

By Roberts Lee

Felt Hats

One of the best methods for cleaning light felt hats is to rub the soiled spots, or the entire hat, with a cube of French chalk, which may be purchased at any drug store. Allow this to remain on the hat for a few hours, or over night, and then brush off with a soft brush.

Jelly

Whenever there are several half-emptied jars of different kinds of jelly in the refrigerator, try combining two that seem to go together and serving as one dish. The result is often very pleasing.

Ivory Articles

To whiten yellowed ivory toilet articles wash in soap and water and place in the sun to dry. It may be necessary to repeat this treatment several times.

I looked up to see a tiger only a few feet away. I tried to run, but with a bound it was on me and I was struck down dead. "But it couldn't have. You're still living," protested several of the children.

Shabby

A weary glance swept the family as mother closed her eyes and replied, "You call this living?" The teacher had a lot of clerical work to do, so she carefully placed her hat on a desk in full view of the class, saying: "Now, children, I want you to take a good look at my hat and write a few nice sentences about it." The class set to work and there was silence for a few minutes. Then one six-year-old piped up: "Please, miss are there two B's in shabby?"

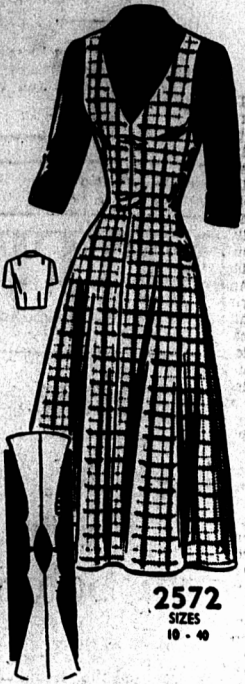
Needlecraft

FOR THE HOME

FALL'S IMPORTANT JUMPER

One of those wonderful patterns with two-in-one appeal - in it, a smooth fitting jumper for Fall's flannel, jersey, or dressier velvet-keen . . . also, the blouse to wear with it.

\* No. 2572 is cut in sizes 10, 12, 14, 16, 18, 20, 22, 24 and 26. Size 16 jumper, 2 1/4 yards 64-inch; blouse, 2 yards 39-inch. Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address. Address: Pattern Department, The Charlotetown Guardian, Pattern No. 2572



2572 SIZES 10-26

How Can I!!!

By Anne Ashley

Q. How can I clean a soiled photograph?

A. Sponge it very lightly with a cloth wrung from warm water containing a little ammonia. Another method is to moisten some absorbent cotton with alcohol and rub very gently until the photograph is clean. Let it dry naturally.

Q. How can I mend broken marble?

A. To mend broken marble, stick the pieces together after applying Portland cement and water, which have been mixed into a very stiff paste.

Q. How can I remove sun tany? A. Mix one-half ounce of glycerine, one ounce of rosewater, the juice of one small lemon, and apply. Or, try\* buttermilk applications.

Advertisement for Fabrilast garters. The main text reads: "... Thank goodness! ... the garters won't break! THEY'RE Fabrilast ... now in NUBACK with improved ACTION BACK". The advertisement features a large illustration of a woman in a dark, form-fitting dress and garter belt, leaning forward with one leg raised. A large, stylized letter 'Y' is positioned near her leg. At the bottom, it says "The garter's as good as the girdle!". The NUBACK logo is also present.

Advertisement for Javex stain remover. The text says "That Stained Tablecloth is ANOTHER JOB Javex DOES BETTER". Below this, it says "Javex does SO MANY JOBS BETTER!". There is an illustration of a white tablecloth with a large brown stain in the center. At the bottom, there is an illustration of a Javex bottle and a small diagram of a stain being treated.