



WOMEN

Lena Caroline McClure, Women's Editor, Phone 6508

Page 8 The Guardian Tuesday, Mar. 19, 1957

HAPPENINGS

Professor Bruce Hodgins of the History Department of Prince of Wales College will be the guest speaker at the regular monthly meeting of the University Women's Club of Charlottetown on Thursday at the Vocational School. Mr. Hodgins will give the background and history of some of the world trouble spots.

Miss Emma Whalen was the guest of honor at a dinner party given recently in her honor at the Queen Hotel. Miss Whalen who has been with Prowse Bros. for some years is leaving to enter into a business partnership of her own. The party was to commemorate many happy years of association and to wish Miss Whalen success in her new venture. The hostesses were her colleagues at Prowse Bros. Mrs. Clare Arsenault played beautifully during the evening. Miss Whalen was presented with a lovely gift to as a reminder of the happy occasion.

Mr. and Mrs. H. R. Large had a family party Sunday noon at the Queen Hotel. The occasion was in honor of their grandson Shane's sixth birthday.

Miss Anne Dystant, daughter of Mrs. H. B. Dystant, recently returned from Montreal, where she had completed her dietetic internship at the Royal Victoria Hospital. Miss Dystant will return in April to Montreal where she has accepted a position as staff dietitian at Allan Memorial of the Royal Victoria Hospital.

Mr. and Mrs. Stanley Kolyie and daughter Karen, of Woodbridge, Ontario, accompanied by Mrs. Kolyie's mother, Mrs. John Johnson, and Miss Hilda Johnson, of Bayfield, N.E., spent a few days on Prince Edward Island recently.

Mr. A. Pickard, head of the Pickard Machinery Co. Ltd., on the Malpeque Road, accompanied by the Service Manager, Mr. Elwin Burke, left last week by plane to attend a conference at Springfield, Illinois, of the head men of different tractor manufacturers. They expect to return the latter part of this week. Mr. Burke was married last August to Miss Irene Morrison of South Granville. Mr. and Mrs. Burke reside in Charlottetown.

Dixon-Toombs Wedding Solemnized At Manse

A pretty wedding took place at the Manse, Breadalbane, February 16, at 7 p.m. when Rev. H. S. Raynor, united in marriage Lulu Elizabeth Toombs, daughter of Mr. and Mrs. Harold Toombs, Breadalbane, and Raymond John Dixon, son of Mrs. James Dixon and the late Mr. Dixon, Stanchell.

The bride chose for her wedding a grey suit with pink accessories and a corsage of pink roses.

The bridesmaid, Miss Bernice Keating wore a grey suit with pink accessories and a corsage of pink roses. The groom was supported by Mr. John Matheson.

Following the wedding, a reception was held at the bride's home. After congratulations and good wishes for the bride and groom, the guests were seated at the bride's table which was centered with a beautiful wedding cake, topped with a miniature bride and groom. The table was decorated with pink and white streamers extending from a wedding bell.

The toast to the bride was proposed by the bride's father and responded to by the groom. Assisting in serving was Mrs. Elton Somers, Mrs. J. J. MacLeod and Mrs. Bois Toombs.

Previous to her marriage the bride was tendered a miscellaneous shower, and was the recipient of many beautiful gifts. The bride and groom will reside in Stanchell.

LOT 65 C.W.L.

The regular monthly meeting of St. Ann's sub-division, Lot 65 C.W.L., was held on Sunday, March 3rd, with Mrs. Wm. Coady presiding. The meeting was opened with the league prayer by the Rev. director.

The minutes of the previous meeting were read by the secretary, followed by the treasurer's report. All correspondence was read and discussed. This included a thank you letter from past president, Mrs. Lirus Trainor. It was moved and seconded that

and a yard wide? Knowledge of this sort is required, to guide you (and them) to a wise decision for or against him.

WAIT WHILE
Don't let yourself be pushed into a snap judgment, pro or con. Bear in mind that a good marriage usually is a result of leisurely acquaintance and a seasoned friendship between the principals when merged with love that becomes transmuted into mutual trust and proved devotion.

Inasmuch as you've known John only a short while, his proposal of marriage seems premature. And a hasty answer from you would be out of order. Instead of asking everyone's opinion, and making yourself sick trying to conform to outsider views that middle years, why not pursue a common sense middle course?

If you enjoy John's company and feel fond of him, why not encourage a friendly dating arrangement, as a means of growing better acquainted and better balance emotionally? Table the question of marriage for a year or two. M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

KNOWS PARENTAL TRIALS
Dear C.P.: Just what is the reasoning of the advisers who warn you not to marry the widower because of the children? (Whose children—yours or his?) Assuming that John is a decent worthwhile character who would be a considerate partner and not a brute in double harness — I should think his being a father-on-the-job might be slightly more in his favor than against him—when he campaigns to marry a widow with children.

Surely it would be just as much (if not more) of a gamble for a widowed mother of half-grown sons, to marry a childless squire—a man unskooled in the ramifications of parental trials and obligations.

KIND OF MAN
The romance that sparked that kind of bargain would be in for a strenuous testing after the honeymoon phase, when the pair were settling down to domestic routine—and the sons came into the picture, front and centre, needing generous amounts of all kinds of supervisory care.

The only way of guessing reliably the outcome would be to know the man's character and disposition and capacity (if any) to contribute in situations (and relationships) that require mature cooperation, as a major ingredient of success.

But back to the main theme of whether to marry John: It isn't the fact of his having children, but the kind of man he is—his mental, moral and financial health—that should concern you and your advisers. Is John all wool

whipped cream sweetened and mixed with the remaining egg white beaten stiff.
Trick of the Chef
Add 1 grated large apple and ½ tsp. celery seed when making coleslaw for 6 persons.

nothing beats butter for baking

Free! Marie Fraser's new Butter recipes. Write today

MARY HAWORTH

Her Friends Don't Agree

Dear Mary Haworth: Two years ago my husband passed away and left me with two sons, ages 15 and 10. I had loved him very much and we were very happy together; and the thought of loving another man never occurred to me.

Not long ago I met John, a widower, age 47, who has two children—a girl 17, and a boy 10. Since then we've had several dates and lovely times together, and two weeks ago he told me he loves me and wants to marry me. I tried very hard not to fall in love with him, because we both have children and I am afraid of the consequences—but as fate would have it, I do love him.

Now my family and friends tell me not to see him again because of the children; also because they think he is too old for me. But I am getting ill because I miss him so, and making everyone around me nervous. Please help me get straightened out. C.P.

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LEAVE FOR ENGLAND

Corporal Harold Noonan, Mrs. Noonan and their children Valerie, Auriol and Gary have been visiting Mr. and Mrs. T. S. Noonan, Albany, prior to sailing on the Cunard liner Ivernia for England.

ELLEN'S DIARY

Chimney Cleaning And Snowdrops Are Here

The kitchen chimney and stovepipes at "this old house" received a thorough cleaning this morning. This is an old tale of the place but we repeat it in the hope that somewhere perhaps the reminder will serve to save the life of a child, or adult, or a home that is well loved. When Spring-winds blow wildly a chimney-fire or red-hot stovepipes do not tend to give much comfort to their household! not that this cleaning is a guarantee against a fire, with so many other of its hazards about a home nowadays, at the same time it removes one of them — one which too often seems to be the direct cause of such catastrophe.

Perhaps it is because we are growing older that we like to see every precaution taken against this hazard leaving nothing to chance. We like to think of the wise mother, who made her grown farmer — sons turn out the contents of every pocket before going out to the threshing, in the event that a dropped match should later kindle a lot of straw. We have a fine respect for the farmer, who leaves his pipe indoors when the choring or seasonal work about the barns is in session. We like to see the cigarette smoker handle his or her smoke with due care at all times.

We like to think too of the farmer who walked through winter-driets to a store to buy a replacement for the fuse "the little woman" blew, when a blanket wrapped the wringer-rolls one sunny Monday morning suddenly put an

LET'S EAT

Secrets Of Pie-Making Revealed By Champion

Early one morning, during our recent trip through the state of Washington, the Chef and I visited an apple packing plant.

A rosy - cheeked truck driver, wearing a red cap and driving a red truck, drove through pliable rubber doors directly into the storage rooms. With a mechanical fork lift, he emptied his truck load of red apples, wheeled about and was off for more.

In the packing plant, the apples were washed in pure mountain water, rinsed, dried with towels of fibrous material and automatically sized.

Part-time homemakers, wearing simple rubber gloves, graded the apples. They packed some in polyethylene bags and others in wooden boxes lined with polyethylene or in cartons.

At that point we smelled the wonderful fragrance of apple pie being baked. We followed our noses and wound up at the plant cafeteria where Mrs. Emily Scrupps, champion apple pie baker, was taking apple pies from the oven.

"Have a piece?" she asked.
FLAKY CRUSTS
"What apple pie! The best I ever tasted," pronounced the Chef. "Mrs. Scrupps tells me she makes her crust with lard, rolling in a little extra, as in making French puff pastry, to make it very flaky. She uses yellow Delicious apples."
"And here's another secret. Before putting the apples into the crust, she cuts them in eighths, then in 3 chunks each. She dots each piece plentifully with butter and then steams them until half-cooked."
Tomorrow's Dinner
Pickled beets on Lettuce
Baked Halibut Slices in Cream

Corporal Noonan will be stationed with the R.C.A.F.

KEEP IN TRIM

Fat People Can Be Jolted Into Slimming By Insults

By IDA JEAN KAIN
Many overweight people can trace the start of their weight gain to the convalescent period following surgery. The tendency to add weight at this time is understandable when viewed in the light of limited activity and eating to "gain strength." But if this fattening eating pattern becomes well established, weight, after recovery, will continue to rise until it is completely out of bounds.

A reader from Florida writes a poignant letter outlining just such a problem:
"Nine years ago I had an operation for cancer. Following that, I was somewhat of an invalid... so I sat around feeling sorry for myself, watching television, and eating. Last October I found myself at 280 pounds and very ill... blood pressure soaring, heart enlarged, and struggling to go on at all. The doctor told me all the things I had heard before adding, 'It's a matter of living or dying.'"
RUDE REMARK
"A few days later I took my son to a fair. A man at one of the 'take a chance' booths called me to come try. Knowing no one every really won, I just laughed and walked on. He called after me, 'My, my, all that meat and no potatoes!' Well, I saw red. I sat and thought... 'Why can't I lose weight?' So the next day I started. Last week I weighed 243."

"You'll never know the heart-aches fat folks have. Almost everyone makes fun of us. The clothes problem is terrible. Sales-girls seem to shy away from us... or say, 'We don't carry clothes that big.'"
"We live near the shore, and how I long to go swimming and wear attractive clothes like others my age! I'm only 46. Well, I'm trying my best now... and I hope and pray I can carry through."
Good for you! Keep the emphasis on protective foods. Build your meals around lean meat, fish and

fowl, eggs, low calorie green and yellow vegetables, bulky salads, fresh fruits, skim milk or buttermilk and cottage cheese, and you will build slimmers. On protective menus restricted to 1100 calories a day, you can be under that 200 mark and two dress sizes smaller by the first day of summer.

Picture yourself at healthy normal weight, and hold that picture in mind. Won't you send us an occasional progress report. We're all pulling for you!

PIUSVILLE W.I.

The March meeting of the Piusville Women's Institute was held at the home of Mr. and Mrs. Peter F. Gallant on Thursday evening with an attendance of 13 members. Meeting opened by prayer. Roll call was answered by jokes or riddles.

The different committees gave their report and new ones were appointed. To visit sick—Miss Zena Gallant; school—Miss Gertrude Gallant; program—Mrs. Peter F. Gallant.

A committee was appointed to make arrangements for a play to be staged this spring. It was decided to have an apron contest to raise funds. Each member is to sew a patch on an apron and enclose some money in the patch.

Mrs. Vincent Gallant kindly invited the members to her home

Libraries Enjoy Boom in Books

BROCKVILLE, Ont. (CP) — Librarians once feared that television sets would lure book-readers away. The annual report of the Brockville public library rejects this theory, saying that television often increases book-reading.

"It is significant," the report says in part, "that TV-viewers, becoming more selective in the choice of their programs, are again giving books their rightful place in the daily search for entertainment and education."

"I another way, TV's frequent screening of the classics has directly resulted in increased requests for these books, particularly in the boys' and girls' room. The juvenile section is literally bursting at the seams with both books and borrowers..."

WIFE PRESERVERS

You can pep up canned baked beans by adding three tablespoons of minced onion, a tablespoon of molasses, a teaspoon of Worcestershire sauce and one-fourth teaspoon dry mustard to a one-pound can. Mix well and bake in a hot oven until heated through and bubbly.

GRAND NATIONAL 'ROTESTED'

Every year for the past 108 years someone has protested against the running of the Grand National Steeplechase. They say it is too rough on the horses, but others say it is far less cruel than many other sports. Read what Sports Editor Andy O'Brien has to say about it in The Standard — on sale now, complete with magazine, 12-page novel and 20 pages of comics. Only ten cents.

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