

Ready For Shakespearian Festival Rehearsals



Frances Hyland, Saskatchewan-born actress, who returned recently from a successful career on the London stage, arrives at Stratford, Ont., for rehearsals for this summer's Shakespearian festival. At right is Cecil Clarke, London, artistic adviser to the festival and who will direct "Measure for Measure", in which Miss Hyland plays opposite James Mason, British stage and film star. Other plays to be presented are "Taming of the Shrew", and "Oedipus Rex."—(CP Photo).

WOMEN

Page 8 The Guardian Wednesday, May 19, 1954

DOROTHY DIX His Trumped-Up Excuses

DEAR MISS DIX: Lennie and I have been married five years and have two children. Up to a few months ago he was a good husband, never complained about the house. Suddenly he announced that because of my poor housekeeping he did not love me any longer. I'm ready to admit I'm not a world beater on housekeeping, but I certainly do an average, or slightly better than average job. The children are properly cared for and well behaved. I am a very good cook, as Lennie himself readily admits, and the house is kept clean and reasonably tidy.

My weaknesses are that I don't sew, can't run up slipcovers or draperies, and am not handy with a paint brush. With the excuse that I don't keep the home as he wishes he has been going out with another woman, whom I shall call Sally. When I object, he adds jealousy to his other accusations and tells me I'm childish. Now, how far are his complaints justified, and should I accept his dates with Sally cheerfully and submissively?

ANSWER: Lennie is a weak character. Not only does he lack the decency to resist temptation, but he hasn't even the moral stamina to accept responsibility for his reprehensible conduct. Trumping up reasons why you are to blame for his actions, he transfers blithely the guilt from his shoulders to yours. He works on the theory that if he bellows hard enough, no one will notice his own shortcomings.

HE LIVES LIKE A BACHELOR

As a married man, he has absolutely no right to be dating another woman, and if Sally had a conscience she wouldn't go out with him. Perhaps you aren't a perfect housekeeper—very few women are—but that definitely doesn't give him the privilege of acting like a bachelor. Calling attention to your minor failings as a housewife certainly doesn't justify his major indiscretion. Since Lennie has a great desire to appear in the right at all times, it would be a good idea to let him find out how other people regard his extramarital entanglement. It certainly won't win the approval of anyone in either family, or of any friend or neighbor with a proper sense of right and wrong. Public opinion may sway his attention back to home, where nagging or tears would be futile.

DEAR MISS DIX: What should a man think of a woman who, 24 hours after receiving an engagement ring asks, for a small sum of money to take care of some of her obligations. This has been repeated several times since the engagement six months ago.

ANSWER: It's up to you to discover why she needs your help in clearing up debts. If there is a valid reason, such as illness, an unusual financial situation, or a run of bad luck, the circumstance would be pardonable. Otherwise the lady seems to be an opportunist who is playing on your soft heart.

Modern Etiquette

By Roberta Lee

Q. May a girl ask a service man, who is a stranger in her city and who is coming to visit her, to stay for a few days in her home, or should she arrange hotel accommodations for him?

A. If she is living with her parents, it is perfectly proper. In fact, it would be inhospitable to send him to a hotel if you have a spare room available.

Q. When drinking a cocktail that has a piece of fruit in it, such as orange, lemon or pineapple, is it proper to eat the fruit?

A. Although it is not usually done, it is quite all right to eat it, if you wish. Put the rind back into the emptied glass.

Q. Should a woman thank a waiter in a public restaurant when he holds her chair for her?

A. This is not necessary.

Q. Is it all right to refuse a cigarette someone has offered you, if you prefer your own brand?

A. Yes; but be sure to refuse graciously and with a smile, saying, "Thank you, I have some."

Q. What is the proper way to introduce one's father to a woman?

A. A proper introduction would be, "Mrs. Brown, this is my father."

Cook's Corner



TEDDY ROLLS

1 yeast cake
3/4 cup white sugar
2 tablespoons shortening
Pinch salt
2 eggs, well beaten
2 cups boiling water
Set the yeast cake same as for bread. Combine sugar, salt, shortening and well-beaten egg. Then add the yeast cake and some attempt to thicken, let rise. When risen, roll the shape of a finger dip in melted butter, place in pan.
Let rise. Bake in a hot oven.
—Mrs. Joseph Mulligan, Shamrock W. I.

That Body of Yours

By James W. Barton, M. D.

AN INTENSIVE TREATMENT PROGRAM FOR ELDERLY STATE HOSPITAL PATIENTS

As youngsters we thought of a state hospital, often called an asylum, as an institution in which they placed crazy people. Yet even then some useful employment which might mean some remuneration to himself or family, at present or in the future.

Today, an attempt is made to give these patients some form of treatment—the shock treatment being an example. The patient is given a form of shock—electric, insulin, or metrazol—that lasts but a few seconds but from which the patient becomes brighter mentally. This brightness lasts for a considerable time in some cases and actually brings about a cure in many.

Unfortunately, a number of these mental patients slip back so shock treatment may have to be used a number of times. Shock treatment is now considered the best "single" method of treatment for mental cases.

In Geriatrics, Allan Rechtschaffer, Stuart Atkinson and John G. Freeman, M. D., state that overcrowded state hospitals are limping under an ever increasing geriatric elderly persons' admission. Four factors have been emphasized to explain the increase in the number of elderly people entering mental hospitals:

1. The proportion of old people in the United States and Canada has been increasing steadily.

2. The elderly are more prone to emotional disorders and degenerative processes. For example, the 1950 census showed that of the population 15 years and older in the area served by the Fergus Falls Hospital approximately 19 per cent were over 60, while 38 per cent of new hospital admissions are over 60.

3. There is a prevailing negative attitude toward the elderly which was described by Dr. R. G. Gineboth as "an approach based upon the idea that the elderly are a lost cause, that those advanced in age are doomed to regression and degeneration leading to such loss of vitality that they are placed outside of any active social working group whether family, clan, tribe or society. Commitment of the aged person to a state hospital represents the full extent of this attitude.

4. The heightened tempo of modern living, smaller families and smaller dwelling units, increased mechanical hazards, and the movement of population to towns and cities makes home care of the aged increasingly difficult.

The aim is to have an intensive program with a careful selection of the patients who would most benefit from a program characterized by a "team" approach consisting of a psychologist, social worker, nurse and psychiatric aides. This program appeals to all of us as it would be a program giving sympathy and hope to a group thought to be beyond hope.

Bed Sores

First Aid and Home Nursing (St. John Ambulance)

Ever have to stay in bed for any length of time? Chances are that if you did you found certain parts of your body getting irritated—the end of your hips, knees, or shoulder blades.

Continued pressure on the skin, which cuts off circulation, causes the skin to break down and form "bed sores" or pressure sores. St. John Ambulance says this is one of the most important things to prevent when you have some one ill in bed because bed sores are often very difficult to cure. What causes bed sores? Watch for these things, says St. John:

—Leaving a patient too long in one position.

—Leaving a patient too long on a bed-pan.

—Allowing the weight of one part of the body to rest on another.

—Casts, splints, artificial limbs, bandages.

—Creases in bed clothes and crumbs in the bed.

Bed sores are particularly apt to occur over bones where there is little fat or muscle between the skin and bones. The very thin, the very old and individuals with poor circulation need special attention, as do patients wearing casts or splints.

To prevent bed sores the following steps should be taken:

The skin should be bathed regularly and dried carefully. Bony prominences should be massaged with rubbing lotion at least three times a day.

Because bed sores sometimes occur between the fingers and toes of arthritic patients, their fingers and toes should be separated with a strip of bandage or soft muslin.

Change the patient's position frequently.

Use clean, soft bed linen (bleaching agents should be avoided and soap well rinsed from the linen). Keep the bottom bed clothes free from wrinkles, crumbs and moisture.

Any signs of bed sores such as persistent redness, tenderness, blisters or a fine rash should be reported to the doctor who will prescribe treatment.

Better English

By D. C. Williams

1. What is wrong with this sentence? "After tramping through the woods, a cold shower is refreshing."

2. What is the correct pronunciation of "fugitive"?

3. Which one of these words is misspelled? Antarctic, antagonistic, anticipatory, antioxton.

4. What does the word "athelism" mean?

5. What is a word beginning with me that means "acting merely for reward"?

ANSWERS

1. Say, "After one tramps through the woods, a cold shower is refreshing." 2. Pronounce fu-jiv, u as in fuse, both i's as in it, accent first syllable. 3. Antioxton. 4. Disbelief, or denial of the existence of a God, or Supreme Being. "Long weeks of meditation convinced him there is no place for athelism in this world." 5. Mercenary.

ELLEN'S DIARY

by an Island Farmer's Wife

To the surprise of the children, who by this expect wintry days to be past, odd wind-blown snowflakes fell through the branches of the lawn-trees today to vanish shortly on the damp grass beneath. Tonight there is silver of spread moon-drift over the countryside, so bright we could easily recognize James as he entered the lane returning from his day spent at Alderlea.

There the winter-banking was taken away from the old house by horse and cart and we fancy that as the work was continued there would be some mention of former springs: the early ones which found us "with the wheat all sown in April" and those later when "the snow stayed on that road-hill until into June."

"It's old we're getting, they say, when we want to talk about the years of the long ago," we recall one of two farmwives, afternoons together over a matter of sewing, once comment with a soft chuckle: "You will have to be the one to use the scissors, Jane," she said. "You are better at that than I. You see, I being the youngest of the family, never had much practice, one might say. Not that it would be much odds about a work-shirt anyway; it would be different if it were one of Sabbath wear." She laughed remembering something. "I mind hearing Mother say 'There I go again... back... back!' she shook her head that she knew of a woman who the first time she attempted making a shirt for him, got her man to lie down on the doubled length of material while she cut around him! I'm afraid my John wouldn't have been pleased if he had suggested the like of that today, and he so busy about! Yes, as I was saying, Jane, I'm beginning to find it only natural to go back to the time when we were young. And that's a sure sign," she nodded, "that folks are commencing to

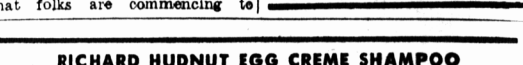
feel the weight of their years! "What am I doing?" one who has the snows of many winters in her once-brown hair, echoed our question with a merry laugh when we found her in her pantry one day at an item of baking. "I'm trying a new recipe!" she said. "It's one cut of that little farm-paper we take. The first time I read it it seemed to be, well, so practical I decided that whenever I had the time I'd try it... The frosting has a whole egg in it—something different, isn't it? You know, Ellen," she offered earnestly, "the minute a person thinks that she's too old to learn something new, she might as well go and sit in a chimney-nook and be done with living!"

So this day of May toiled with snowflakes, and with showers, and brought in over the fields again a searching wind of spring. One which made the cowboys by the streamside huddle closely over their gold and which kept light wrapped the dandelion buds. But now the moonlight covers the fields with its magic, and our tomorrow will be, it is likely, a fairer brighter day.

Until tomorrow — Diary — Good-night...

Morning Smile

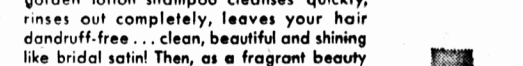
A hillbilly, asked how he had been sleeping lately, thought a moment and drawled: "I sleep good nights, an' I sleep pretty good mornings. But afternoons, I just 'toss 'n' turn."



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How Can I?

By Anne Ashley

Q. How can I soften and remove old varnish and paint?

A. Try using two parts of spirits of ammonia to one of turpentine; apply with a rag. For difficult corners or carved pieces, use a stiff brush.

Q. How can I clean a ring that has a set?

A. Pull a tiny feather back and forth between the prongs of a setting and the back of the stone will be cleaned nicely. The stone will also shine more clearly.

Q. How can I make food digestible?

A. To render any food more digestible try using gelatine in the food mixture.

Household Scrapbook

By Roberta Lee

Tired Feet

The feet will not become tired while ironing or doing any kind of work that requires standing. If an old blanket or comfort is doubled into several thicknesses, and used to stand on.

Paraffin

Paraffin can be used for many things. It will remove grease from the hands, is good for cleaning the sewing machine, will remove grease from the rollers of the clothes wringer.

Plaster Casts

To clean plaster casts cover with fine, dry whiting and fullers' earth. Wrap in a cloth and put away for two or three days. Then brush off the powder.

The Stars Say

By Estrellita

For Tomorrow

WHERE business matters are concerned, it would be best to maintain conservative policies during the morning hours. New ventures should wait until the early afternoon when the aspects are more propitious.

Those engaged in creative work may gain unexpected recognition and new opportunities for self-expression in the future. Social, domestic and romantic matters are favored.

For the Birthday

If tomorrow is your birthday, you should find the next few months marked by progress where ambitious and worthwhile objectives are concerned.

All the influences are favorable from a material standpoint, and projects undertaken at this time are more than likely to turn out satisfactorily.

You may experience some emotional tension during the late summer, but try to relax. The circumstances causing stress will be temporary ones and, if you remain optimistic and serene, you will be able to master the situation completely.

Guard health and property during September, and be alert to deceptive influences which may appear in November. In December, there is a strong possibility that you will meet someone who will have a great influence on your future, and there is also a likelihood that you will travel early in 1955.

A child born on this day will be endowed with ambition, imagination and a warm personality.

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