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Paralysis Entirely Relieved by "Fruit-a-tives"

The Wonderful Fruit Medicine
Paralysis is a break-down of the Nervous System and affects the victim in various ways. Sometimes, nervousness makes itself known by hysteria, insomnia, constant headaches, or it may be so bad that one is partially or completely helpless in some part of the body, just as Mrs. Heacock was.

"When I was twenty-eight years of age, my doctor advised me to have an operation, which I did and it proved very serious, leaving me weak and unable to walk for a year. Seeing your "Fruit-a-tives" advertised in the papers, I decided to try them. I continued to use them regularly, and today I am able to go about my home duties and care for my family".

MRS. J. W. HEACOCK.
Any form of Nervousness is often caused by, and is always aggravated by, Constipation, which poisons the blood, irritates the kidneys and inflames the nerves. "Fruit-a-tives" stimulates the action of liver and bowels, kidneys and skin—tones and sweetens the stomach—keeps the blood pure, and builds up the entire nervous system.

In a word, "Fruit-a-tives" has proved that it is the most scientific and effective remedy in the world for Nervousness or a disordered condition of the nervous system.

50c a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

Sunday School Lesson

Lesson XIII. June 25th, 1922.

JUDAH'S PROSPERITY AND DECLINE REVIEWED.

The Golden Text—Blessed is the Nation Whose God is Jehovah Psalm 33:12.

Time—B. C. 949—B. C. 586.

Following the events of the Southern Kingdom, our lessons have shown us the gradual decline of the prosperity of Judah. After the death of Abijah, Asa began to rule in Judah. (2 Chron. 14:1-12). Asa's reign in length exceeded every other reign except two. During his reign he displayed the zeal for Jehovah by destroying the idols and casting down the altars which the people had erected for the worship of false gods. From a military point of view his reign was distinguished by a long period of peace followed by war and victory over the Ethiopians. He employed the years of peace in training and equipping a serviceable army of fighting men and in fortifying the towns and cities. Despite his preparations the army which Zerah the Ethiopian brought against him at Maresbah outnumbered his forces two to one. In his extremity "Asa cried unto Jehovah his God, and said Jehovah there is none beside Thee to help." In answer to his prayer, Jehovah smote the Ethiopians before Asa and the Ethiopians fled. These victories over superior numbers may easily be paralleled in secular history. When the small craft that made up Elizabeth's fleet defeated the huge Spanish galleons, and the storms of the North Sea finished the work of destruction, the grateful piety of England expressed itself in the legend on the memorial medal "He blew with his wind and scattered them."

To the time of his death, Asa continued his efforts to purify the land of idolatry and to set his people an example of loyalty to Jehovah.

The preservation of Joash is one of the fascinating stories of the Bible (2 Kings 11:1-17). When Ahaziah, father of Joash, and great-grandson of Asa, died, his mother Athaliah, wishing to keep the reins of power in her own hands, attempted to slay all the princes of the royal blood. From this cruel death the infant Joash was saved by the aunt and remained hidden for six years with the priests in the temple.

At seven years of age he was brought out by his uncle Jehoiada, the high priest, and crowned king before the people, while his wicked grandmother, Athaliah, was led away and slain. In this way God's purpose was fulfilled and the line of David, from which the Messiah was to come, remained intact. Uzziah's reign lasted fifty-two years, during which time he strengthened his fortifications, improved his engines of war and enlarged his army. He interested himself in country's agricultural developments and solved some of the problems of irrigation. He likewise gave great impulse to trade. So long as he served the Lord he prospered. (2 Chron. 26:1-21). His pride, however, became so great that he usurped the office of the priests and in spite of their protests, attempted to burn incense unto Jehovah in the Holy Place. For his presumption he was suddenly smitten with leprosy and went forth from the temple to live the lonely life of a leper dwelling in a separate house till the day of his death, while his son Jotham reigned in his stead.

Jotham's vision came to him in the temple (Isaiah 6:1-13) on the day his patron, King Uzziah died. In form the vision was the temple service transfigured, in meaning it was the presence of the three-fold God brought home to Jeremiah. In the vision Isaiah answers the call of God and declares his readiness to go forth as a prophet in His service. Isaiah in his subsequent prophecies pictures the coming of the Messiah, and an era of universal peace. (Isaiah 2:2-4:11:1-9.)

After the wicked and careless reigns of Jotham and Ahaz, Hezekiah, upon ascending the throne, found the people lapsed into all manner of idolatry. He at once began his much-needed reforms. (2 Chron. 30:1-17.) He summoned all Israel and Judah to eat the Passover at Jerusalem sending his messengers far and wide and setting the temple in order for the feast which had been neglected for

years past. His reign marked a great spiritual revival of the nation.

As in the case of his grandfather Hezekiah, Joseph when he came to the throne found the nation suffering from the ill-effects of the rule of his predecessors. Under Manasseh and Ammon the people had sunk into spiritual darkness, their very Bible had disappeared. Josiah's orders to repair the temple led to Hilkiah, the High Priest's wonderful discovery of the lost Book of the Law, probably the Book of Deuteronomy. In one of the temple chambers. (2 Chron. 34:14-33). This opportune discovery gladdened the heart of Josiah who read the book to his people and made a covenant before Jehovah with his people, to walk in the ways and according to the laws of Jehovah.

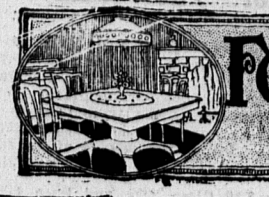
In the warnings of the prophet Jeremiah, can be traced the ever-encroaching power of Assyria, and the approaching fall of the kingdom of Judah. Jeremiah's outspoken criticism in the time of Jehoiakim, made him unpopular both with king and people. When he called upon them saying "Amend your ways and your doings," he was arrested and although he was for the time being released, he remained more or less under a cloud. (Jeremiah 26). When he could no longer exhort the people orally he committed his message to writing and caused it to be read in the temple by his faithful servant Baruch. It was in vain that Jehoiakim tried to destroy the word of God by casting Jeremiah's book into the fire. The prophet prepared a new roll adding other words of equally solemn import. Jeremiah's predictions were soon fulfilled. He saw the siege and downfall of Jerusalem. For his utterances during the siege he was imprisoned in a miry pit from which he was rescued by the humanity of a eunuch (Jeremiah 37:13-15). The capture and destruction of Jerusalem by Nebuchadnezzar's army, marked the downfall of the kingdom of Judah and the bitter humiliation of the Jews. (2 Kings 25:1-21.)

CORNS

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Doesn't hurt a bit! Droy a little "Freezone" on an aching corn instantly that corn stops hurting then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn soft corn or corn between the toes and the calluses, without soreness or irritation.



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Household Suggestions

Porch Rugs

Go over the grass rugs occasionally with soapy, warm water on a cloth and your porch will always look fresh and clean.

Mustard to the Rescue

Put eight large tablespoonfuls of white mustard seed in each keg or barrel of cider and it will greatly retard the process of becoming hard or sour.

New Soap From Old

To economize on soap save all odd pieces and melt them in a pot with some boiling water. The result will be a new cake of soap when the mixture has cooled.

Heat Conservation.

You will find your irons heat better if you turn a pan over them on the stove. If you have anything to be cooked slowly, put the pan on the irons and let one burner do double duty.

CLEANING BRASS.

Never use powder to clean rough or chased brass. Wash the articles in soap and water and dry, then rub over the surface with a freshly cut lemon. Rinse and rub dry with a chamouis.

To Keep Slippers Bright.

Slipping your silver or gold slippers inside old black stockings immediately upon removing them will prevent them from tarnishing.

Pots and Pans.

Always run hot water into your pots and pans as soon as the contents have been removed; they will be much easier to wash.

Stains From Fresh Paint.

Fresh paint stains can be removed years past. His reign marked a great spiritual revival of the nation.

A Clever Adaption

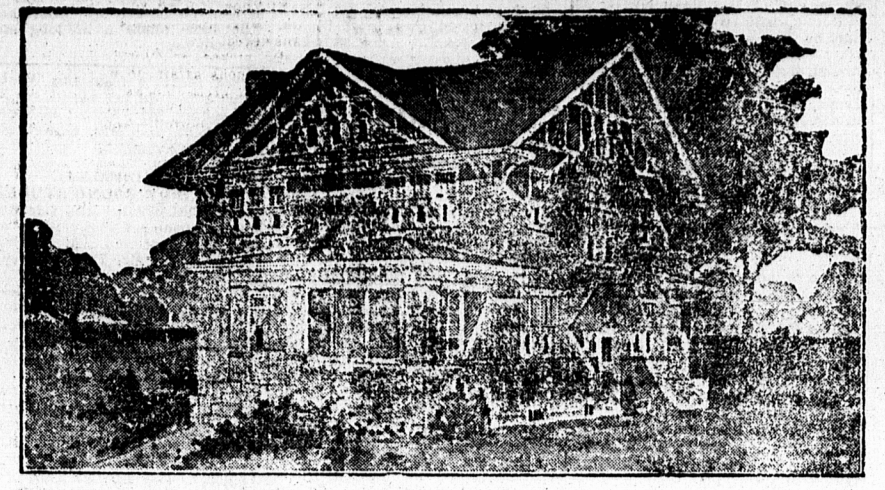
The umbrella stand generally has nothing but its utility to recommend it, and is an eyesore in the hall which contains handsome old furniture, but the desire to have something really in keeping has led to the clever idea of adapting old mahogany bootracks for the purpose, and very charming stands they make.

Improving a Dull Room

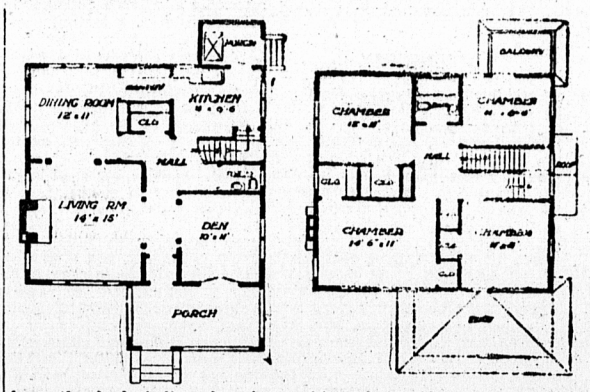
Sometimes the room itself is so ugly that it needs treating by a heavy specialist in home decoration. If it has ugly proportions the furniture must be arranged to disguise the faults as much as possible. Or it may have a northerly aspect; most people are aware that plenty of interior color will counteract a bleak aspect. One clever woman recently transformed a north room in her new home by having the walls covered with ivory

FOR The Home Builder

AN ECONOMIC SQUARE HOUSE



The house built on the "square" plan is one of the most practical and economical types of houses to build. First, because such a house has absolutely no waste space and, again, the rooms are more likely to be uniform in size and wall spaces are usually larger, thus allowing for the happy arrangement of one's furniture. Today's design is a plan that would instantly find favor in the eyes of the young people in the house, for think what a lovely place is which to give an informal dance. In summer time the dancers could dance on the porch, or through the living room, hall, den and around again.



The first floor is a beautifully arranged floor. No detail is lacking to make for convenience and charm and one entering this house would at once be impressed with these two attributes. An attractive den at the right of the living room has French windows opening out on to the front porch thus allowing for a free circulation of air and sunlight. The dining room is well lighted with group windows and it has a recessed sideboard. Between the dining room and kitchen there is a convenient pantry and in the rear is a glazed porch with space for refrigerator. A toilet off

from the back hall and a large closet are additional features to this floor. Four bed rooms with ample closets, a linen closet in the hall and a bath room comprise the second floor. There is also an attic for storage and one or more rooms here could be finished, if desired. The arrangement of the rooms is best suited to east or south frontage. The total size of this house is thirty feet wide by twenty eight feet deep, the basement being eight feet high. First story nine feet and second story eight feet six inches in height. There is a full basement. As shown here, this house is of frame construction with concrete foundation and outside finished with stucco. Between \$4,500 and \$6,000 will be required to build this house exclusive of the plumbing and heating, it is estimated.

TOOK A LONG JOURNRY

Last fall an inhabitant of Osthelmin, Alsace, captured a swallow nesting under the gable of his roof. He released it with the following message attached on parchment: "During the summer of 1921 I lived with a farmer at Osthelmin. He would be glad to learn where I have spent the winter when I return."

CROCHET WORK.

How to Clean It

Many crochet workers experience difficulty in keeping their work spotlessly clean and find it necessary to wash it before using it as a trimming.

Electric Fans.

Electric fans have become more than a summer necessity, for they are proving invaluable in the kitchen to drive out cooking fumes, dry frosting on cakes, dry fine articles of clothing and all the while making the room cooler for the housewife.

Some Artistic Suggestions

In every house there are certain articles—such as umbrella stands—are decidedly ugly, but have been tolerated on account of their usefulness. The modern housewife may hesitate to spend money on superfluous objects, but she spares no pains to make the useful articles in her home as ornamental as possible.

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Efficient Plumbing

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HEATING SYSTEM

for your home, it involves many different angles and our experience will aid you in selecting the right one for your purpose.

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