

LAW UNTO HIMSELF

Every Man Must be that to Re-tain his Health and Digestion.

There are thousands of people in this world who eat no meat from one year's end to another, and certain savage tribes in Africa and Polynesia are almost exclusively meat eaters; but while there are thousands of these, there are millions who live upon a mixed diet of meat, vegetables and grains and if numbers is a criterion it would seem that a mixed diet is the best for the human family.

The fact that you will find many vegetarians who appear healthy and vigorous and meat eaters equally so, and any number of robust specimens who eat both meat and vegetables and anything else that comes their way all goes to show that the old saw is the true one, that every man must be a law to himself as to what he shall eat and drink.

To repair the waste of tissue in brain workers as well as to replace the muscle and sinew of the laborer, can only be done through the process of digestion.

Every nerve, muscle, sinew, every drop of blood is extracted from the food we eat and digest.

In these days of hustle and worry, and artificial habits of life, scarcely one person in a thousand can lay claim to a perfect digestion; dyspepsia is a national affliction and Stuart's Dyspepsia Tablets a national blessing.

More cases of poor digestion are caused by failure of the stomach to secrete sufficient gastric juice, or too little Hydrochloric acid and lack of peptones and all of these important essentials to perfect digestion are found in Stuart's Dyspepsia Tablets in convenient palatable form.

One or two of these tablets taken after meals insure perfect digestion and assimilation of the food.

Cathartic pills and laxative medicines have no effect whatever in digesting food and to call such remedies a cure for dyspepsia is far-fetched and absurd.

Stuart's Dyspepsia Tablets contain pepsin free from animal matter, diastase and other digestives, and not only digest all wholesome food but tend to increase the flow of gastric juices and by giving the weak stomach a much needed rest bring about a healthy condition of the digestive organs and a normal appetite.

Nervous, thin-blooded, run-down people should bear in mind, that drugs and stimulants cannot furnish good blood, strong muscles and steady nerves; these only come from wholesome food, thoroughly digested; a fifty cent box of Stuart's Tablets taken after meals will do more real good than drugs, stimulants and dieting combined.

Stuart's Dyspepsia Tablets is probably the safest, most popular and successful digestive on the market and sold by druggists everywhere in the United States, Canada and Great Britain.

—It is said that the Yarmouth S. S. Co., are negotiating for the purchase of a steamer to take the place of the Monticello. They have in view a steel twin-screw boat.

STOCK BREEDERS' ASSOCIATION.

Annual Meeting in Charlottetown Farmers Take Notice.

The forthcoming meeting of the Stock Breeders' Association at Charlottetown bids fair to be one of the most important events in live stock circles yet occurring in the Maritime Provinces.

Very special fares have been secured on the P. E. Island and Intercolonial Railways. Excursion tickets will be sold good to return at single second-class fare or 1 cent per mile for the whole distance travelled.

Following is the programme which shows that some of the best live stock authorities on the continent will be among the speakers at the meeting.

WEDNESDAY, Nov. 28th., 10 a. m.—President's Address, Reports of Committees and general business, "Live Stock Registration" Paper by C. A. Archibald, Truro, N. S., and discussion, Live Stock Husbandry on P. E. Island, past and present, by W. Simpson, Bay View, P. E. Island.

2 p. m.—Address—R. Robertson, Superintendent Experimental Farm, Nappan, N. S. Address, J. H. Grisdale, Assistant do, Ottawa. "The Requirements of the Pork Markets, Canadian and Foreign" F. W. Hodson, Dominion Live Stock Commissioner, Ottawa.

8 p. m.—Dinner at Hotel Davies.

THURSDAY NOV. 29th.—10 a. m.—Election of Officers. "Feeds and Feeding" T. C. Raynor, Rose Hall, Ont. "Mistakes in Breeding" F. W. Hodson, D. L. S. Commissioner, Ottawa.

2 p. m.—"The Establishment and Maintenance of A Herd" Hon. John Dryden, Ont. Minister of Agriculture. Addresses.—Members of Maritime Governments present.

8 p. m.—Special public meeting. Address, Hon. D. Farquharson, Premier P. E. I. "The Necessity of Organized Effort From a Government Standpoint," Hon. John Dryden, Ont., Minister of Agriculture. "Organization and its Benefits," F. W. Hodson, D. L. S., Commissioner Ottawa; address, Hon. Sydney Fisher, Minister of Agriculture, Ottawa.

Hotel Davies will be headquarters for the Association. A special rate of \$1.50 per day will be made to all stockmen.

PAIN OVER THE EYES.

Headache and Catarrh. Relieved in 10 Minutes.

The dull, wretched pain in the head just over the eyes is one of the surest signs that the seeds of Catarrh have been sown, and it's your warning to administer the quickest and surest treatment to prevent the seeding of this dreaded malady. Dr. Agnew's Catarrh Powder will stop all pain in ten minutes, and cure. 10 cents.

BORN.

At Charlottetown, Nov. 13th, 1900, to Mr. and Mrs. J. E. Bell, a daughter.

At Charlottetown, Nov. 14th, to the wife of L. J. McPherson a son.

Thursday morning, Nov. 15th, to Dr. and Mrs. H. D. Johnson, a son.

At Bedque, Nov. 15th, to Mr. and Mrs. Horace Howatt, a daughter.

MARRIED.

On October 2, 1900, by Rev. R. F. Whiston, Miss Maud Munn and Robert Wakelin, both of Charlottetown.

At Charlottetown, on Wednesday, Nov. 14, by Rev. J. W. McConnell, Arthur Vatcher, to Nettie Ada Neil, both of Charlottetown.

"Great Haste is Not Always Good Speed."

Many people trust to luck to pull them through, and are often disappointed. Do not dilly-dally in matters of health. With it you can accomplish miracles. Without it you are "no good."

Keep the liver, kidneys, bowels and blood healthy by the use of Hood's Sarsaparilla, the faultless blood purifier.

Rheumatism—"I had acute rheumatism in my limb and foot. I commenced treatment with Hood's Sarsaparilla and Hood's Pills and in a short time was cured." WILLIAM HASKETT, Brantford, Ont.

Scrofula—"I was troubled with scrofula and impure blood. A cut on my arm would not heal. Hood's Sarsaparilla was recommended and after I had taken three bottles I was well." DANIEL ROBINSON, 62 1/2 Treacle Street, Toronto, Ont.

Hood's Sarsaparilla Never Disappoints

Hood's Pills cure liver ills; the non-irritating and only cathartic to take with Hood's Sarsaparilla.

Local and Other Items

—Loyal Crusaders meet every Monday at 6.30

—Remember the meeting in the Lyceum on Monday evening.

—Regular meeting of Victoria Division on Monday evening.

—The football match scheduled for this afternoon is declared off.

—Pictou has decided to borrow \$80,000 for the introduction of water works.

—The election in the constituency of Yale-Cariboo will be held on Nov. 28, and in Burrard on Dec. 6.

—At the police court this morning John Hughes was fined \$3 or 20 days for being drunk and incapable.

—Song Service at the Gospel meeting in Mechanic's Hall, to-morrow afternoon at 3.45. Strangers always welcome.

—They had thirty inches of snow in Watertown, N. Y., a few days ago. The street car service was demoralized for a time.

—The recount demanded in West Prince will take place at Summerside on Tuesday next, before Judge McLeod.

The best that money can buy should be your aim in choosing a medicine, and this is Hood's Sarsaparilla. It cures when others fail.

—A telegram was this morning received from Hon. Benj. Rogers, who is at present in Paris, signifying his willingness to accept a re-nomination as Councilman if the party tenders it.

—Remember the Gospel meeting in Mechanic's Hall, Sunday afternoon at 4 o'clock. Strangers always welcome. Lesson: Rev. 22-17 "Let him that heareth say, come."

—The date decided upon for the International Y. M. C. A. Convention in Boston is June 11th to 16th, 1901. There are 1439 Associations in North America alone and their total net property in buildings and other real estate amounts to \$20,246,437.

—Leading dealers about town say that P. E. Island dealers are boycotting Halifax in the way of potato supplies; and tubers will be high. The 5 per cent. license has proved too much for the Islanders, who will send their produce elsewhere.—Halifax Herald.

—Tonight will be the last chance our citizens will have of seeing the wonderful biograph. The new pictures were highly appreciated last night. Those who miss seeing this delightful entertainment will miss one of the best things that has ever visited our city. Tonight only.

—Students of Prince of Wales are asked not to forget the Y. M. C. A. meeting in the college tonight at 7 o'clock. Mr. M. J. McPherson, of Dalhousie College Y. M. C. A. will also be present. F. Boyd Edwards will address meetings at Zion and Central Christian churches tomorrow.

—The National Magazine for November is at hand, filled to overflowing with good things. In diversity and excellence of contents, in number and beauty of illustrations, and in careful attention to the little things that combine for the making of a perfect magazine, the National takes a front place. For ten cents it would be difficult to find a more satisfying literary equivalent than the current issue of the National. The National Magazine is published by the W. W. Potter Co., 91 Bedford Street, Boston, Mass.

—There will be a magnificent concert in aid of the P. E. Island Hospital fund by Professor Watts and other favorites in First Methodist Church on Thursday, Nov. 29th. Special anthems imported from abroad for the purpose. Prof. Watts will repeat the organ selections before a select audience in St. John, on one of the greatest organs in the Maritime Provinces. This will be the great musical event of the season. No person can afford to miss it. Tickets for sale at Johnson & Johnson's and by any of the members of the Ladies' Aid Society. Adults 25 cents., children 15 cents.

—A daring robbery was perpetrated in Boston about 4 o'clock on Wednesday afternoon, when the rooms of David Morse, at 85 Lowell Street, West End, were broken into and a safe weighing some 300 lbs. and containing \$3,000 worth of money, diamonds, watches and jewelry, was taken out bodily and carried away. Mr. Morse, who is a real estate owner, was absent, looking after his property. His two sons are engaged in the jewelry business, selling to the retail trade, and kept their stock-in-trade in the safe which stood in a room on the first floor of the house, which they also occupied as a sleeping room.

MR. FOSTER has the tender of several seats in the House, but he informed a representative of the Star that he had decided nothing in that connection as yet. He was going to Ottawa for a few days' rest, and after that a consultation with the party friends in Ontario.



EVERY MOTHER SHOULD
Have it in the House
To cure the common ailments that may occur in every family as long as life has woes.
JOHNSON'S ANODYNE LINIMENT has been used and endorsed since 1810. To relieve or cure every form of Pain and Inflammation. Is Safe, Soothing, Sure. Otherwise it could not have existed for almost a Century.
JOHNSON'S ANODYNE LINIMENT is strictly a family remedy for Internal as much as External use. To cure Colds, Croup, Coughs, Catarrh Cramps and Colic it acts promptly.
ORIGINATED BY AN OLD FAMILY PHYSICIAN.
There is not a medicine in use which possesses the confidence of the public to a greater extent than Johnson's Anodyne Liniment. For almost a century it has stood upon its intrinsic merit, while generations after generations have used it. The best evidence of its virtue is the fact that in the state where it originated the sale is steadily increasing. You can safely trust what time has endorsed.
I. S. JOHNSON, Esq.—Fifty years ago this month, your father, Dr. Johnson, left me some Johnson's Anodyne Liniment. I have sold it ever since. I can most truly say that it has maintained its high standard and popularity from that time to the present.
JOHN B. RAND, North Waterford, Maine, January, 1891.
Send for our Book on INFLAMMATION, mailed free. Sold by all Druggists. Put up in Two Sizes, Price 25 and 50 cts. I. S. JOHNSON & CO., Boston, Mass.

..LADIES' JACKETS.



See
Our
Stock

T. J. HARRIS, London House.

IT'S OUT

THE NOVEMBER
Prince Edward Island Magazine

A particularly good number. Some exceptionally interesting articles, and the cover picture, "A P. E. Island Road," and the frontispiece, "Marchbank's Mills," are both very pretty views. These are the contents.
Near Marchbank's Mills, Hampton, P.E.I.—Frontispiece.
The Malpeque Oyster at Home, (illus.)—Rev. J. M. Withycombe.
Wolves in Sheep's Clothing (illus.)—Lawrence W. Watson.
Our Educational System. Charlottetown Fifty Years Ago. Aspen Poplars—J. S. B.
A Journey from Port LaFleur to Trois Rivieres—John Caven.
The Ambitious Man—John McLaren.
A True Fish Story—Carle.
Two Dreams—H.
Book Notes.

For sale at all the bookstores and newsstands. Five cents the copy. Subscription one year 50c; six months 25c.

THE P. E. I. MAGAZINE, Box 698. Charlottetown.

Change of Time

CHARLOTTETOWN AND PICTOU.

On and after Monday, the 19th Nov., the steamer Princess will leave Charlottetown for Pictou at seven o'clock, a. m. (local) instead of half past nine.

Also, will leave Pictou about two p. m., on arrival of morning train from Halifax. By order.
F. W. HALES, Secretary.

WANTED.—A girl for general housework. Apply to Mrs. C. V. McGregor.

OVER 12,000 PEOPLE

Have purchased "HEINTZMAN'S PIANOS"
In preference to all others.
We will furnish you with the list of their names if you desire it.
Intending purchasers will do well to scrutinize the list closely, where they will most likely recognize the name of a relative or friend whom they can write for their opinion.
Heintzman Piano.
Miller Bros.
Sole Agents, Queen St.

FOR - SYDNEY NORTH AND SOUTH.

THE S. S. ELLIOT
Will sail as above from SUMMERSIDE, 19th INST. CHARLOTTETOWN, 20th INST.

R. McMILLAN.

Public Meeting!

A public meeting of the Liberal-Conservative Electors of Charlottetown and Royalty will be held in the Lyceum, on Monday evening, at 8 o'clock, for the purpose of nominating candidates for the approaching Local Election.
SIMON W. CRABBE, Convener.

BUILDING THE BODY

Wrong food, wrong living, too much work, disobeying nature generally, brings ill health, decreases vitality, places the whole system below par. From feeling "out of sorts" to becoming an invalid is a short way.

Change your habits and take HUGHES' TONIC. You will gain flesh and health and more happiness. It is the ideal tonic, increasing the appetite, and giving tone and strength to the entire system. Price 25c.

GEORGE H. HUGHES,
The People's Druggist,
Apothecaries Hall.

GOOD BREAD

is a treasure. If the bread is not good, we do not enjoy our meals, or in fact enjoy life. Bread is the staff of life. Bread cannot be good unless the ingredients are good, and the mixing and baking must be done by experts. That is where we have the advantage. Our speciality is

BUCHESSE LOAF

Lots of people will have no other. It is exceedingly agreeable to the taste and very popular with housekeepers. We also have Vienna bread at 7c and plain bread at 6 cents.

ALL FRESH AND GOOD

TELEPHONE 98.
D. STEWART,
Eclipse Bakery,
Bakes Best Bread.

Apples! Apples!

Good Apples for cooking and eating purposes, only 12c and 15c per bushel.

Willow Market Baskets
Just received, a fine lot of covered Willow Market Baskets.

Eureka Blend Tea
If you want Tea that will please you, try Eureka Blend, this is our special blend.

F. Maddigan & Co.
Lower Queen Street.

ADVERTISED..... BIG DISCOUNTS

DON'T WIN ALL THE ...TRADE...

Friday we were busy all day.
= = WHY? = =

BECAUSE our goods are marked so low that other competitors had to take off large discounts to compete with our prices.

SPECIALTIES:
Furs, Dress Goods,
Mantles, Jackets,
Gents' Furnishings

ask you to Compare our Prices Before Buying.

WEEKS & CO.
Wholesale and Retail
The People's Store