

Tranquillizing Drugs Good But Some Doctors Worried

Editor's note: Tranquillizing drugs are quieting the excited minds of thousands of mental patients. Outside hospitals, millions are swallowing milder versions of these calm-down pills and medical men are worried about the effects of too casual use. Here is a report on these wonder pills, second of five articles on the human mind.

By ALTON L. BLAKESLEE
NEW YORK (AP)—"The devil still talks to me but now I don't bother to holler back."
So speaks a woman who was a seemingly hopeless mental patient a few weeks ago. Her passport from mental hell was a tranquillizing drug. Today's she's on the road to recovery.

In a brief few years, the new mental medicine of tranquillizing drugs has helped open the gates to home and family for literally thousands of men and women. Outside hospitals, millions of Americans are swallowing an avalanche of tranquillizing pills, pills

milder in action than those used in hospital. An estimated 35,000,000 prescriptions were written in 1956.

MAY BE ABUSED
Calm-down pills are being taken to battle psychoses, curing nervous, emotional problems, psychosomatic pains and—at least sometimes—to ease minor bouts of anxiety and worry. Threatened or actual abuse of tranquillizers has some medical men worried.

Dozens of medical reports and interviews with authorities give this picture of the tranquillizers: They have hit many mental hospitals with revolutionary impact. Some hospitals credit tranquillizers with increasing discharge rates by up to 25 per cent over what they had been. A few years ago, 55 per cent of patients going to these hospitals stayed there the rest of their lives.

The drugs quiet many agitated, assaultive, destructive patients. They also draw out some overwhelmed by secret inner terror which they live like seemingly unseeing vegetables.

Repair bills for broken windows and furniture have come tumbling down; use of straight jackets and restraints sharply reduced. Doors are being unlocked, wards becoming more cheerful.

DON'T CURE ILLNESS
But tranquillizers don't cure mental illness. They suppress or remove some symptoms. The drugs, particularly the more potent ones, sometimes produce side effects such as drowsiness, jaundice, skin rashes, nausea, reduced blood pressure, even shaking palsy. Hospitals mainly use chlorpromazine, a synthetic

drug, and reserpine and other derivatives of rauwolfia, the Indian snakeroot plant. Proper dosage is important.

Some psychiatrists regard tranquillizers as a fast and maintainable means of achieving when mental hospitals are given enough staff and money to do intensive psychotherapy for most or all their patients.

How effective tranquillizers will be in keeping former patients out of hospitals cannot yet be said. Of every three patients discharged, one has to return later. There are some signs, but no proof yet, that tranquillizers will reduce the relapse rate.

BRING RELIEF
An expanding list of tranquillizers is being used in general medical practice, most of them milder in action than chlorpromazine and reserpine. They are credited with bringing relief to many people with neuroses, which often start with unhappiness and sense of failure. They can work fine to relieve tension, anxiety, insomnia and other emotion-bred conditions.

But some doctors are concerned that tranquillizers can or are being over-used for garden-variety problems of living, to counter worry over bills, homesickness, job interviews and ordinary stress. Abuse could undermine initiative, desire to work, the keenness needed to live in this modern world, including dodging autos.

A great significance of tranquillizers is that they are chemicals which do affect the human mind. They are one sign pointing to a biochemical link or even cause behind mental disorders.

From out point of view the senior school course of studies is generally satisfactory. At this point we cannot help but express admiration and commendation for the superior work done by the Department of Education in regard to Senior High School curriculum. Unfortunately, however, we feel that in the primary grades insufficient emphasis is placed upon such basic skills as reading, writing, spelling and elementary grammar. Undoubtedly this results from our local situation in which teachers are constrained to handle too many pupils and too many classes and unable to carry out the program properly. This results in inadequately prepared students undertaking an adequate senior high school curriculum.

Rector Presents

Continued from page 1
The vocational aspect of the teaching profession, we need only point out the difference in salaries received by first and second class teachers. We suggest that this difference in pay is not sufficient to provide inducement for a student to attend high school for another year, thereby incurring the expenses of attending that high school and sacrificing for the rest of the employment market. "To induce young men and young women to qualify themselves better for the profession they wish to follow, a higher differential in salary scales must be provided for those who are willing to undergo the expense and sacrifice the time to qualify themselves better for the work they intend to do."

WORKING CONDITIONS
"Thirdly, we know that working conditions are often unsatisfactory, especially in the rural areas. Classrooms, not to mention the difficulty of finding living accommodations, are often unattractive and sometimes inadequate. The teacher's class load is often too heavy, especially in the upper grades, and the average work day, if it is to include the necessary class preparation and assignment review, is too long. We therefore note with satisfaction all the efforts that have been made by the Department of Education to remedy those conditions by the provision of either new or remodelled classrooms in the rural areas of our province. Many school districts have already taken advantage of the government assistance that is available for such purposes.

"We commend every effort by the Department of Education to remedy any condition which impairs the efficiency of the teacher and consequently impedes the progress of the pupil. We would recommend a program of education for parents and rate-payers of the various school districts who believe that they are not in a position to afford better educational facilities. Unless the people in these districts are roused from their apathy it is not possible for the Government, no matter how great its anxiety or how generous its assistance, to make any worthwhile contribution towards better teaching or studying facilities.

MORE PERMANENCE DESIRED
"To summarize, we are certain that higher professional standards, greater economic security, and improved working conditions will attract to the teaching profession young people of high caliber and will induce them to remain in that profession for a longer time. We should be striving for the day when young people will enter the teaching profession not merely to spend one, two or three years of unplanned time, not as a means of supplementing their regular income, not as a stepping-stone to some other permanent profession, but we should be approaching the day when young men and women enter the teaching profession and accept it as a permanent vocation, will choose it as their life's work and as the source of their livelihood.

"We agree, that more permanence, more continuity, and more experience among the teaching personnel is desirable especially in this Province where the annual turn over of teachers is so great. "We are not unaware that the ideas which we have presented so far, and those which are to follow, have already been stated many times, in many ways, by many private citizens, public officials, and various groups or organizations. Nor are we unaware of the fact that to implement these ideas it is required the spending of more money for education. However, in simply joining our voice (at your invitation) to theirs we believe that the experience of St. Dunstan's University may not be insignificant. It has been the experience of our University that public response is generous, even to the point of real sacrifices, where the people are convinced of the value of any educational project. Give them a sound program and capable, convincing leadership, and usually co-operation will follow.

SCHOOL CURRICULUM
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"These important problems—concerning curriculum and content of courses are, of course, more universal than local; therefore, we shall offer no further comments on them at this time.

TEACHER TRAINING
"Finally, a word concerning the Teacher-Training Program at St. Dunstan's. Every university must be interested in educational affairs beyond its own walls. Over the years St. Dunstan's has striven to provide not only the best education possible to its students but the best service possible to our community, our province, and our country. Economic return could never be a consideration in any program of expansion whether in facilities or academic opportunities.

"Certainly we have not been unaware of the problem of teacher recruitment in Prince Edward Island, nor have we failed to note without considerable misgivings the number of our high school students, undergraduates, and graduates, who were being employed as teachers in our province. St. Dunstan's had an obligation to these young men and women, an obligation to fit them better for work they were going to do. The evidences of public concern which became more than usually pronounced within the last year reminded us also of our obligations to our province and to the homes from which our future students would come.

S.D.U. PROGRAM
"Upon investigation, we found that various teacher-training programs on the undergraduate level were in operation in nearly all Maritime universities. Considering the situation in Prince Edward Island and in an effort to provide not only extra teachers but teachers of sound academic and professional training, we offered in good faith to the Department of Education a program of teacher-training designed to assist in solving the teacher-shortage situation and to maintain and even enhance the standards of our teaching profession. A course in Educational Psychology is being given during the current semester, with additional courses planned for the fall. Terms of the agreement between the Department of Education and our University, as well as details pertaining to the actual courses, have already been made public.

"We are very pleased to be able to offer these courses for teachers, just as over the decades we have been pleased to contribute in various ways to the several other professions."

S'side Legion Meeting Held
The regular monthly general meeting of the Summerside branch of the Canadian Legion was held last evening in the home of president, Dr. H.B. MacNeill, presiding. The meeting was taken up with routine matters.

Cliff Court in his report as the Sea Cadet committee stated that the annual inspection of the corps will take place on May 8th. Rear Admiral R.E.S. Bidwell, Flag Officer Atlantic coast will conduct the inspection. Comrade Court also made reference to a picture of the Sea Cadet Band which appears in the March issue of "The Legionary" and also of the "Legionary" and also of a movie that will be sponsored by the corps is to be shown in the Capitol Theatre April 3 and 4th. Two applications for membership were approved.



CURLING TROPHY IS PRESENTED

Mayor Herbert S. Matthews of Alberton is shown above (left) presenting the Matthews curling trophy to Mr. Erskine Campbell, skip of the victorious rink in an eleven rink month-long playoff schedule.

for the trophy recently completed at the Alberton Curling Rink are personnel of the Campbell rink are

(left to right): Erskine Campbell, George Gibson, Bradford Shaw, Carter Vanderlieste.

Photo by F. Weeks.

KENSINGTON

Mr. Reginald Miller, accompanied by Mr. Leo Blandford of Sackville, N.B. were weekend guests of Mr. and Mrs. Bruce Riley.

Her many friends will be pleased to learn Mrs. Bernard Shields of Malpeque is making a rapid recovery. She has been a patient in the Charlottetown Hospital for the past three weeks.

Mr. Fred Bearisto spent a few days recently in Borden and Charlottetown. A great significance of tranquillizers is that they are chemicals which do affect the human mind. They are one sign pointing to a biochemical link or even cause behind mental disorders.

Miss Sandra Jardine, Freetown, had as her week end guest her friend, Miss Marjorie McArthur, Kensington.

Her many friends in this vicinity will be pleased to learn Miss Shirley Green is much better and all trust she will soon be able to resume her studies at P.W.C. again.

Rev. E. H. Bean, Kensington,

O'Leary Concert Is Very Popular

A very nice concert was held in the O'Leary Community Hall on March 12th. This was put on by the different Ladies Aid's of the O'Leary Hospital. The first on the program was a song by Mr. Raedford Loche entitled "Under the Old Umbrella." Next was a dialogue by members of the community of Milburn; reading by Mrs. Russell Larid of Casumpec; Solo by Mr. Charles Caseley of Brae; Dialogue by members of the Milburn district; reading by Mrs. E. Jelley and Mr. Donald MacKenzie of Unionvale, entitled Mr. and Mrs. Warlington; Mrs. Jelley was the gentleman in the case. Dialogue by Mrs. Lillian Andrews and Mrs. Sterling Ellis, and Mr. Leslie Hardy of Unionvale. Quartette by Bazel Reilly, Peter Lagere, Dannie and Howard O'Leary of Cape W. Offshore; instrumental music by Mr. Kenneth Waite and son Blair, of O'Leary; trio by Messrs. Randall Boates, Tommie Barwise, and Lloyd Sillicker, Mt. Royal.

Recitation by Gerald Hardy, duet by Misses Irma and Hazel Hardy, Rosebank. "Red River Valley"; duet, Cynthia and Sandra MacIssac of Dumbleton; quartette by Irma, Joan, June and Joyce Gallant, Bloomfield.

Solo, Frankie MacGregor, Burton, "Mother's Love is a Blessing"; duet, by Nadine and Cheryl Rogers of Burton; step dancing by Mr. Hughie MacGregor, O'Leary; recitation by Mr. Frank Hardy of Rosebank. Candy was sold during the intermission. Baskets were sold at the close. The hall was packed to capacity and all standing room taken up. Many were turned away at the door on Tuesday night. This concert was repeated to a full house on Wednesday night also.

CRAPAUD RINK

Tonight at 8:30

CRAPAUD vs. TYRON

3rd game
Frank Myers Final
Skate after

50c and 25c—No refund

BEDEQUE RINK

TONIGHT (TUESDAY)

Fourth game Intermediate "B" M.A.H.A.
FREETOWN ROYALS
vs.
WEST PRINCE ALL STARS

If All Stars win trophy will be presented after the game.
Game time 8:30
Admission 25c and 50c.

MISCOUCHE

On Thursday evening, February 28, the monthly meeting of the Miscouche sub-division of the Catholic Women's League was held in one of the convent classrooms.

Mrs. Phil H. DesRoches presided. On Thursday and Wednesday evening, February 26 and 27, the pupils of Grades 10, 11, 12, of Marian Academy, presented a Variety Concert in the Parish Hall. This concert was under the direction of the Sisters. Grade 10 presented the play "The Dummy Must Talk." Grade 12—"Camouflage." Specialties consisted of vocal and piano selections, dancing, and several skits. There was a sale of candy during intermission. The hall was filled to capacity with parents and friends of pupils.

Mona Gallant R.N., and June Gallant, student nurse at the Charlottetown Hospital, were recent visitors to their home in Miscouche.

Mr. and Mrs. Harris Johnston, and daughter, Janet Anne recently spent some time in Miscouche.

Mr. and Mrs. George Veno, guests of Mrs. Johnson's parents, Mr. and Mrs. George Veno.

On Friday, March 8, some of the parents of the pupils of Marian Academy visited the different classrooms during Education Week. There were Art competitions for the lower grades, and competitions in composition for grades 7 to 12. The parents presented the prizes to the winners that afternoon.

Friends of Mrs. Albert Jeoffery of Miscouche will be glad to learn that she has returned to her home, after having spent the past several weeks in the Charlottetown Hospital, receiving treatment for a broken ankle.

Sympathy is extended to Rev. Martin Monaghan D.D., of Miscouche, on the death of his brother, James H. Monaghan who recently passed away in West Roxbury, Mass. His wife had deceased him less than two weeks before. Funeral was held on Friday, March 8, in West Roxbury.

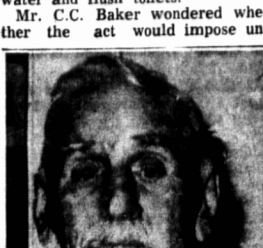
On Tuesday March 12, the Miscouche Home and School Association held their monthly meeting in the Auditorium. Mr. Jerry Richard presided. The highlight of this meeting was a debate between Grade 12 pupils. The resolution was: Resolved that Science has been of more benefit to mankind than Literature. On the affirmative were: Peter Steele, Justin McNeill, Leonard Praught, Upholding the negative, were: Patricia Poirer, Rosalie DesRoches, Elaine Gallant. The affirmative were victorious. BV

ANCIENT FORESTS
Almost half of British Honduras in Central America is covered by forests of great antiquity.

S'side Incorporation Act Is Amended In House Yesterday

Given second reading in the Legislature yesterday was an act to amend an act to incorporate the Town of Summerside. The bill was sponsored by Morley M. Bell, Liberal, Fifth Prince. A clause resulting in considerable discussion by the members was that dealing with an amendment to allow the city to make it man-datory for residents living in areas where water and sewage is available to install running water and flush toilets.

Mr. C.C. Baker wondered whether the act would impose unnecessary hardship on those who could not afford such accommodation.



Mr. Bell said it had never been the policy of the corporation to impose hardships on its citizens except in cases where the general welfare of the Town were threatened.



Dr. L.G. Dewar said the amendment was not clearly designated by number. He claimed there was no need for the town to ask for authority since the power had already been granted them through their right to pass by-laws.

Mr. Bell said the amendment being sought was not covered by existing legislation and it was for this reason the bill was being brought before the House.

Premier Matheson suggested that the promoter advise the Town recorder to get the act in shape before the next session of the House. He said the Act as it now reads was an invitation to lawsuits.

Photo by F. Weeks.

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On Saturday Mr. Paul Gaudin of Alberton quietly celebrated his 88th birthday. He received many cards and gifts and a number of friends called to extend best wishes. During the day he received long distance telephone calls from his daughter, Annie, in Boston and from his granddaughter, Elaine McAluff, in Halifax.

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REGENT TONIGHT 7:15-9:10 WED. 8:30-7:15-9:10

The Magnificent Game of "MAGNIFICENT OBSESSION" Revisited!
JANE WYMAN · ROCK HUDSON
All that Heaven Allows
with AGNES MOOREHEAD · CONRAD NAEGEL · A UNIVERSAL-INTERNATIONAL PICTURE

PROGRESS REPORT BY TCA

TCA plans for the JET AGE

Giant DC-8 jet-liners to bring startling advances in long-distance air travel

A NEW WORLD OF AIR TRAVEL is on your horizon... the era of the jet airliner. After extensive investigation and evaluation of every type of long-range aircraft expected to be available in the next few years, TCA has ordered a fleet of inter-continental Douglas DC-8 airliners. They are to be powered by Rolls-Royce Conway turbo-jet engines.

This decision, part of TCA's planned expansion, is a major step. Each DC-8 will represent an investment of \$5½ millions. The new planes are expected to enter service in 1960, and will bring dramatic changes on long-distance routes. Carrying up to 122 passengers at a cruising speed of 550 miles per hour, these big planes will cut flying times by almost half on TCA's trans-continental and trans-Atlantic routes. The DC-8's will set new standards in comfort and quiet, vibrationless flight.

1961 will see the introduction of a fleet of prop-jet Vanguard's, for service on TCA's high-density inter-city and Southern routes. With these two new types, and the famous Viscounts, TCA will become the first intercontinental airline in the world to operate an all-turbine fleet.

Specimen flying times for TCA's DC-8 jet-liners—
from Vancouver to Toronto in 4 hours 10 minutes,
from Montreal to London in 6 hours 10 minutes. Passengers will enjoy the fastest, most comfortable air travel yet known... smooth and vibration-free.

TCA TRANS-CANADA AIR LINES
one of the world's great airlines

WESTERN GUARDIAN

FISHERMEN be sure to see boat ad. Classified page.

KENSINGTON Bombers vs. Springfield, 8:30 p.m. Skate After.

COME to the prayer meeting tonight, Tuesday, at 8 o'clock at Argyle Shore. Rev. John Morrison, minister.

CARD party Legion Home Kensington, tonight 8:30. Good prizes. Fruit cake door prize. Sponsored Ladies Auxiliary. Everybody welcome.

PRAYER — the names of Mrs. Susan Newson and Mrs. Hugh MacKay were inadvertently omitted from the list of those who offered prayer at the Breadalbane World Day of Prayer.

ALBERTON

Mr. and Mrs. Richard Jeffery, Jr. spent Sunday with relatives in Bedoue.

Mr. Carman Costain, South Kildare, left on Friday to take up residence at Beach Grove.

Miss Mary O'Malley, Alberton, was a visitor to Summerside and Kensington on Friday.

Mr. Gordon Hardy, Brooklyn, is a patient in the Western Hospital.

Mrs. Joseph Callaghan, Alberton, is spending some time at the home of her son-in-law and daughter, Mr. and Mrs. Leo Praught, Grand River.

Mrs. Fred Hardy and Miss Helen Hardy, Alberton, spent Sunday with Mr. and Mrs. Gordon Welsh, Summerside.

Mrs. J.H. Myrick, Alberton, is a patient in the Prince County Hospital.

SUM-HI-NOTES

Monday morning the students of Grades 12 all prepared for writing the first exam, were given a little more time to study. The writing exam was postponed until Tuesday and classes dismissed. On Tuesday the exams were written according to schedule and the students of Grades 10 and 11 wrote their last ones on Monday. Now that these are over the real work is coming up. In preparation for the grading exams which will be written the latter part of May.

Ned Henthorn, a Grade 12 student has been selected by the Rotary Club to travel to an adventure in Citizenship program sponsored by Rotary in Ottawa. Students from schools all across Canada will visit in our capital city for a week and be guests of the city. Congratulations Ned you deserved the honour.

There has been no basketball practise for either girls or boys the past two weeks. Naturally the members miss their practising and are eager to be allowed to resume. The Sum-Hi team travelled to Charlottetown with their coach, Mr. Monaghan to play the Queen Charlotte team on Friday night and were badly defeated. Their lack of practise showed up in their playing and it is hoped that there will be a return trip for the Queen Charlotte High team who will find it hard to beat our team providing basketball practise is resumed in the school.

Professional Cards

Chartered Accountants

T. Earle Hickey & Co.
Canadian Bank of Commerce Building
Summerside, P. E. I. Phone 3225

INSURANCE

R. E. Ellis & Son Limited
Fire — Auto — Casualty
4 Summer St. Summerside

Optometrist

E. Parkman
Opt. D. R.O.
PHONE 3287

OPPOSITE GUARDIAN OFFICE

Summer St. Summerside

B. F. Hunter, R.O.

Summerside, P. E. I. Phone 3116
SMALLMAN'S BUILDING

A. Raymond Grant, B.Sc., O.D.

300 Water Street — Summerside
Above Maurice Mill's Men's Wear
PHONE 3530

Photographers THE READ STUDIO D. W. REARS