

Rheumatic Pains and Backache — Hated To Wake Mornings

—now feels so fine he hopes others suffering as he did, learn of Sarnak and benefit, too!



MR. D. LAUCHIE MACINTYRE

Mr. D. Lauchie MacIntyre, Box 615, Sydney, N.S., well known hospital attendant in Sydney, suffered for a year and a half with rheumatic pains in the arms, legs and back. Mr. MacIntyre writes: "I suffered so much with rheumatic pains in the arms, legs and back that I hated to see morning come with the thought of having to get up. I was tired, had a feeling of being run down all the time and yet I could not sleep properly. I took different remedies to no avail, then I happened to hear about Sarnak and started taking it. After one bottle the pains were relieved. I rested better and feel so well it seems as if I can see Heaven 'round every corner and I feel much happier. I wish Sarnak every success and sincerely hope about Sarnak suffering as I did will derive as much benefit from Sarnak as I have."

taking Sarnak. Many other people in Canada are similarly experiencing relief by taking Sarnak for such symptoms as rheumatic, arthritic, neuritic pains, backache, lumbago, kidney upsets, stomach disorders, headaches and constipation. The sooner you start to take Sarnak the sooner you too may receive relief.

At All Drug Stores \$1.35

Barbara BUYS WHY'S



MONTEAL, April 27th—Every woman knows that lovely hair can do wonders for her appearance and morale! That's why I'm so pleased with my discovery of a home permanent that's really kind to my hair! Richard Hudnut, who are the specialists in hair-care, know it's the Waving Lotion that makes all the difference! And now they've developed a Home Permanent Waving Lotion that's been scientifically proved to be 25% more effective! That means smoother, prettier, springier curls—curls that are stronger too! That's why I always recommend a RICHARD HUDNUT HOME PERMANENT for lovely, manageable hair!

Make It The First Word on your home-furnishing shopping list—for, truly, a Goodyear, Super-Cushioned "AIRFOAM" mattress is the "Last Word" in comfort! The "Airfoam" Full-Depth mattress is pillow, featherlight latex foam—whipped to a frothy, air-filled texture, then molded and permanently set! Its soft resiliency supports every inch of your body—and correctly. This wonderful mattress is completely "sag-proof"—"mildew-proof"—repellent to germs and vermin and neither creates nor holds dust. It's clean as clean can be and lasts years longer! It's cool in summer—cozy in winter—and it's a real blessing to allergy sufferers, for "Airfoam" is lintless. These are just a few of the reasons why "Airfoam" is the brightest, newest news in home furnishing! To find out ALL about it—simply write to me—Barbara Brent, 1411 Crescent St., Montreal, P.Q.—for your FREE COPY of the amusingly illustrated "Goodyear Airfoam" booklet!

Do You Want Taste Perfection In Apple Juice? Then ask your grocer for Scotian Gold Brand... It's the "gold standard" apple juice made from Nova Scotia's famed Annapolis Valley Apples... apples carefully selected as to variety and blended to give... flavour perfection! There's no doubt about it—SCOTIAN GOLD APPLE JUICE is exactly as you like it! You'll find it in three different sizes—the easy-to-carry 20-ounce—the convenient 48-ounce family size—and the large, economy 105-ounce can. So why not order Scotian Gold Apple Juice today?... chill it in your refrigerator and serve it for breakfast tomorrow! You'll agree—it's delicious!

Now — In Good Time For Mother's Day—send for this free booklet that describes the perfect Mother's Day gift! The famous MORPHY-RICHARDS fully AUTOMATIC ELECTRIC TOASTER will be one of mother's prized household possessions for many Mother's Days to come! For this fully automatic toaster with its wonderful new improvements is skillfully made by expert British craftsmen for years and years of breakfast cheer! You'll find it at leading department stores... so reasonably priced—at \$22.50! So do write to me now—Barbara Brent, 1411 Crescent St., Montreal, P.Q.—for information you'll want to have about the wonderful gift you'll want to buy for Mother!

Here's Something to lighten 'n' brighten spring house—cleaning... ENERGINE... FLUID! Here's how it saves you time, money and energy. Energine works wonders cleaning tubs, basins, tiles and refrigerators... stubborn stains vanish and porcelain surfaces just shine! And you can easily get rid of ugly grease spots on your rugs and upholstery with Energine. Use it to remove grease spots from winter clothes and drapes before storing—remember, grease spots breeding spots for moths! Energine is absolutely safe—contains no acids nor caustics! You'll find it's a household 'must'—take my advice and put Energine on your shopping list today—at drug and department stores for as little as 25c.

What Could Be Nicer than to hear this said about you: "Who's that woman with the lovely hair??" Well, here's a golden opportunity for you to make sure your hair is lovely! A 30c bottle of KREML SHAMPOO can be yours for just 10c. Simply send 10c to me—Barbara Brent, 1411 Crescent St., Montreal, P.Q.—and I'll send you a regular 30c bottle of Kreml Shampoo. I know you'll like it! It has a very special "miracle" ingredient called "Folisan" that leaves your hair cleaner than ever before. What's more, Kreml Shampoo has a natural oil base—ism't drying to your hair as shampoos based on a detergent formula tend to be.

I've Taken A Tip from a fashion model I know. She says her job depends on her good health and beauty—that's why she makes a habit of this healthy habit! ... she drinks the juices of one fresh lemon in a glass of water first thing on arising every morning! She says it perks her up wonderfully and helps keep her skin fresh and clear. You see, unlike harsh laxatives that "tie you up in knots", this natural fruit juice gently helps your system regulate itself helping you keep regular the healthy way! So, for health and beauty's sake, keep a supply of lemons always on hand! But be sure they're SUNKIST CALIFORNIA LEMONS... they're the finest, juiciest of all!

Picture Yourself! shopping in Olivera Street, the Mexican quarter, outside Hollywood, California. And, there—right near you is movie star, Ava Gardner! She's chatting with a little Mexican boy. That gives you a chance to stare without her seeing you. But beautiful Ava knows you're staring! She's used to it. It's part of her star's life. And she makes sure she's well worth staring at by using flatterer WOODBURY POWDER! Ava Gardner is just one of the Hollywood stars who chose Woodbury Powder six to one in response to a recent survey. But beautiful Ava Woodbury Powder has a very special ingredient which adds a smooth, satin glow to your skin. And there are seven divine shades to cling lovingly!... 19c—37c and 65c.

If Your Husband has discovered there's a "sore" side to Spring gardening... here's the answer to his problem! SLOAN'S LINIMENT brings wonderful relief to tired muscles from digging and planting! In fact, Sloan's is a wonder for all kinds of aches 'n' pains! It brings amazingly quick relief to folks suffering from sprains—stiff necks—neuritis or rheumatism. You see, its penetrating heat gets right to the root of the ache... soothes it—relieves the congestion. I'm never without a bottle of Sloan's Liniment—Winter, Summer, Spring or Fall... it's such a comfort! Ask your druggist for Sloan's Liniment tomorrow... it's only 40c a bottle!

LIFEBOTMAN HONORED CAISTER, Norfolk, England—(CP)—Lifeboatman J. L. Woodhouse, who retired "reluctantly" at 60, has been awarded a certificate of merit by the Royal National Lifeboat Institution.

Murder Could Not Kill

INSTALMENT 14. "I just love you, Peter, when you bully me. But I do wish you would tell me what game you're up to. Won't you come across?" Lessing kissed her again. "Just fancy my darling Barbara not knowing me well enough by now to remember that my motto is the same as the great Palmerston's: 'Never apologize and never explain.' Just be your own sweet self, and leave..." She shrugged her shoulders in admission of defeat. "Come on, Barbara; hustle. It's time we were off." She switched off the lights and they passed out of the room together. "You run on ahead," he said. "I want to go up to my office for a minute. I left some papers there. I shan't be long. See you outside. But don't bother to wait a single second if the car turns up." Briskly he made his way to the flight of steps along the passage, and even in the dark ran up them quickly. He was on familiar ground. On the first landing, also in darkness, he saw a glint of light at the foot of one of the doors. He pushed the door open. "Hallo, Denny, everything all right?" he asked the man inside, the sole occupant of the tiny room, who was busily pulling on an overcoat. "Oh, good evening, sir! Yes everything is all right Mr. Lessing." "That noise you got from Miss van Buren just now—I'd like..." "Note? What note, sir? I got no note from Miss van Buren." "You didn't? A note wasn't delivered to you just now, then—a few minutes ago?" "No, sir." "Been in your room long?" Peter Lessing's face involuntarily changed. The corners of his mouth dropped cruelly, his lips disappeared into a thin snarling line, and his eyes glinted ferociously. Then almost at once he had himself in control, his normal unruffled countenance came through. "That's all right, then, Denny," he said, confronting the man again. "It wasn't important, and she probably decided not to bother about it to-night. Good night."

A minute later he was at the stage door of the Lyric Theatre. He drew back into the shadow as he saw Barbara van Buren conversing boldly through the window of a huge car drawn up at the kerb. Beside him, already in the shadow, stood Gideon Trevor. A white fog, rather unusual at that season of the year, had come down, but not so heavily as to obscure objects near at hand. The car was a silver-painted limousine, its occupants were noisily hilarious. Barbara entered it, then it slid smoothly forward. "That's that," commented Lessing grimly. He slipped his arm through the other's. "Come Gideon, it isn't far to Charles Street and I should like a walk."

Carefully picking their way from Shaftesbury Avenue corner across the Circus, they strolled westward on the club side of Piccadilly toward Berkeley Street. Their talk was of business chiefly financial. Trevor thought he had never found Peter Lessing so affable or so bright, and wondered at it in the circumstances—wondered that a man embarked on the project of cold-blooded murder did not betray in any way evidence of an uneasy conscience. But he himself had his own present worries to think of. Surprisingly he glanced at his watch.

When they reached the door of 82, Charles Street, Gideon Trevor, who had been crouching increasingly in the fog, drew back and said: "I must really go and get something for this infernal cough of mine. I'll just dash back to Trimmer's in Piccadilly, and get a supply of pectoral candy. I'll let myself in. I've got my key." Indecision showed for a brief instant in Lessing's figure then he shrugged his shoulders and indifferently said: "As you wish." He went into the house and closed the door. Still wearing his overcoat, Peter Lessing stepped nonchalantly into his library. Immediately the door was closed, however, he darted across the room and opened a cupboard door at the distant corner. Hurrying swiftly inside, he hid it behind him, switching on a light



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