

ship to serve our needs is not enough; that with their purblind vision and pettifogging compromises they are robbing us of our heritage as partners of Confederation—robbing Canada too of the contribution we could be making to the general prosperity of the country—and breeding grievances even among those well disposed toward them politically, that will neither be forgotten nor forgiven.

The Best Method

That proposal about making the codfish more fashionable by changing its name doesn't appeal to the Ottawa Journal, which says the trouble isn't with the cod, but the cooks. Before the fine old name goes down before such euphemistic absurdities as "Atlantic Chicken", "Grand Banks Greyling" or "Deep Sea Trout", it suggests that the industry try the advice offered by a Montreal dietitian: "Teach the Canadian housewife how to cook the fish that she buys."

Canadian women raised away from the sea, says this authority, subject all fish, frozen or fresh, to the same fried atrocities. There is no attempt made to bring out the subtle differences of flavour among different species, to flatter each variety with special preparation. Because she does not know how to discriminate in the kitchen, the housewife tries to discriminate in the fish store. She passes up cod, that splendid fish, believing it to be merely common, not worthy of refined tastes.

If this be true, who is to blame? Surly the time is ripe for an intensive educational campaign in the niceties of preparing fish of all kinds. It should not be left to the Federal Department of Fisheries, which issues pamphlets on the subject from time to time. APEC might look into this problem, for it is very important to the economy of our fisheries industry. Travelling kitchens could be sent throughout the country, staffed by culinary experts. The cost would be inconsequential compared with the advantage that would accrue from developing our long-neglected home market for the teeming resources of the Atlantic coast.

EDITORIAL NOTES

As in Canada, the trend in the United States is away from executions. Last year death sentences were carried out in only 15 states. Their total was 48, probably the lowest in this century. The fact that 27 of those executed were Negroes supports a major contention of abolitionists—that a disproportionate number of those put to death are poor and non-white.

The Northern Ontario Association Chamber of Commerce has asked that provision be made on all Ontario driving permits in 1960 and afterwards for insertion of a driver's blood type. As the chamber points out, such information is very important in the event of a highway accident in which people are seriously injured. This suggestion might well be given consideration in every Province.

Former President Truman says that "the only way we can be sure that these (Russian) totalitarians will keep their agreements is when your fist's bigger than theirs is." There has been a lot of talk about the cold war and how to end it; but we doubt that anything more applicable to the situation than Mr. Truman's appraisal has been suggested.

Population reports issued by the Dominion Bureau of Statistics reveal a striking contrast between Ontario and Quebec. The number of people in both Provinces is increasing, but Ontario is growing at a faster rate. As of March 1, Ontario had 5,904,000 residents, while Quebec had 4,974,000. The spread between them is now 930,000, the highest ever. Since the 1956 census, Ontario has grown by almost 9 per cent while Quebec's increase has been 7 per cent.

"President Watson Kirkconnell of Acadia University," says the Ottawa Citizen, "attracted a lot of attention when he came out in support of a theory that fluoridation of drinking water can cause brain damage. He added, seemingly, a touch of color of his own—the notion that Communism backs fluoridation to lower the resistance of the masses to loss of liberty. But now he has retracted, saying that he had spoken in ignorance. After obtaining information he is quite content that Wolfville should fluoridate. Unfortunately, the retraction will stir much less interest than did the horror story."

That is the text to expound, gentlemen whom we have sent to Ottawa to represent us! Drill it into the heads of those responsible! Jar them right out of their complacency! Make them see that patching up a propeller blade on a forty-year-old



DROPPING THE PILOT

OTTAWA REPORT

The Parliamentarians Lot

By Patrick Nicholson

A quarter of a century ago, when the "top fifty" had tunes much more melodious than today's "rock 'n' roll" diet, there was a popular song titled "Who takes care of the caretaker's daughter, when the caretaker is busy taking care?" As I watch our 265 elected representatives, toiling through their normal 9 a.m. to 10 p.m. working day in the Parliament Building, a similar thought comes to me: "Who looks after the M.P.'s welfare, when the M.P. is busy looking after the voters' welfare?"

The business of governing Canada has spread out and intensified incalculably, since our first parliament assembled here less than a century ago. It has increased threefold or fourfold even in the past quarter-century, during which time the yardstick of the federal budget has increased fifteen-fold. But the conditions under which our parliamentarians operate have in some respects remained anchored to the horse and buggy methods.

Four aspects strike me as especially calling for serious review. These relate to conditions which no labour union would tolerate for its members today.

Look at the hours of work. A typical M.P. is in the Parliament Building by 9 a.m. five days a week, and is kept at work until 10 p.m. on Monday through Thursday. Part of that time he sits in the Chamber; part he spends on committee work. Some hours pass eating, in the restaurant or cafeteria, during which he probably talks shop with his colleagues. The rest of his day is spent in his office, answering letters, performing various tasks requested by constituents in their letters, researching speech material, or studying reports of yesterday's debate or committee work.

If this M.P. is fortunate to represent a near-by Ontario riding, he probably leaves for home in the late afternoon each Friday. Apart from considerable time spent in meetings or telephoning various constituents, he may spend two pleasant days with his family. But if he represents a near-by Quebec rural riding, he almost certainly spends most of his weekend meeting his electors, who, in the French fashion, like to meet their representative in person to discuss their problems.

Mr. Dulles' Resignation

By George Kitchen Canadian Press Staff Writer

The resignation of cancer-stricken John Foster Dulles as U.S. state secretary promises to dominate the international scene for some months to come. It raises immediate speculation as to what effect his departure from the state department helm will have on East-West negotiations on Germany scheduled to open next month and perhaps run through the summer.

This is bound up in the secondary question as to what bearing the Dulles resignation will have on the future course of American foreign policy.

The likelihood is that the basic under-pinnings of foreign policy will remain unchanged.

Though Dulles often has been referred to as the architect of U.S. foreign policy, in actual fact the responsibility for it rests with the president. The U.S. constitution makes this clear.

AGREED WITH DULLES Eisenhower, who often expressed high admiration for Dulles, unquestionably agreed fully with virtually every step his foreign secretary took. He can be expected, even though Dulles no longer is in office to keep his basic principles intact.

For the moment Eisenhower has deferred the appointment of a successor to Dulles. He has designated Christian A. Herter, who has been acting in Dulles' absence, as the U.S. representative at Geneva talks and preliminary Western foreign ministers' discussions that precede the Geneva meeting.

PUBLIC FORUM

This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents.

MADDENING BLUNDERS IN CBC BROADCAST

Sir,—On the six o'clock news over the C.B.C. Halifax this evening an announcement was read from Ottawa regarding the Borden-Tormentine ferry services. This announcement as read is almost one hundred percent wrong. It must be causing a lot of confusion as well as astonishment to those who heard it. For example it was stated that the old Scotia broke a shaft and was tied up. The Scotia did not break a shaft and is operating daily. It was stated that the Charlottetown was in drydock but we all know that boat was sunk off Nova Scotia in 1941. It was stated that the S.S. Prince Edward Island was carrying on the service. We all know here that the S.S. Prince Edward Island is damaged and we hope she will soon be back in regular service again.

Solely on my own responsibility I took the liberty of sending the following telegram this evening to C.B.C. Radio News, Halifax, and I quote:

"Announcement from Ottawa you quoted six news this evening incorrect regarding ferry services stop Scotia did not break shaft and is operating daily stop steamer Charlottetown is not in drydock but on ocean bottom off Liverpool Nova Scotia where she was sunk in 1941 stop Steamer Prince Edward Island has damaged propeller and made two trips to-day and tied up this evening at Borden for more repairs stop steamer Abegweit is in Montreal for annual overhaul stop was announced to hear this reworded announcement from Ottawa."

The real situation at Borden is that the old Scotia is doing a good job in transporting Railway freight as she can take sixteen Railway freight cars per trip and as long as we don't get very heavy winds and stay clear of low tide will handle a lot of freight. So far we have been lucky in those respects. At best it is a makeshift arrangement. The S.S. Prince Edward Island has a damaged propeller but on a solely temporary repair made two trips Friday carrying autos and trucks. It then tied up at Borden and men are working strenuously tonight to effect further repairs and if all goes well the ferry should be back in service soon. But that is in the Lap of the Gods yet.

There is no sense in fooling ourselves or in allowing ourselves to be lulled by a lot of nice sounding words. We are in a tough, tight, dangerous situation from a ferry standpoint at Borden-Tormentine. Based on personal observation I can tell you that the men working on these ships, at Borden trying to make repairs and to keep the boats going deserve the highest praise. I met them there last night who told me they didn't have their clothes off for thirty hours. The Railway men are certainly doing their best to get the service back to normal.

Mr. Editor, may I say that I have admired your Transportation editorials and have sent some of them to the Maritime Transportation Commission and to some friends in Ottawa.

I'm for Prince Edward Island first, last, and always and I don't care who knows it either. It sure makes me boiling mad when I read and hear some of the wrong statements made about "Good Old P.E.I."

I am Sir, etc., B. GRAHAM ROGERS

NORTHERN COAL

Spjelberg Island, noted for its coal production, lies 370 miles north of Norway.

ROYAL TRUST DIRECTORS



Henry G. Birks

The appointment of Henry G. Birks, President of Henry Birks & Sons Limited and a Governor of McGill University, and Arthur C. Jensen, Chairman of the Board of the Bank of Montreal as Directors of The Royal Trust Company has been announced.

Getting Muscles Back To Normal

By Herman N. Bundesen, M.D. EXERCISE — Within sensible limits, of course—helps get the muscles back into good working condition following breast surgery on a patient. If you are one of the 50,000 women who have had a breast-removal within the past year, it is quite likely that your doctor already has recommended at least some of the following exercises for you.

INFORMATION PAMPHLET

These exercises are among some of those contained in a very informative pamphlet published by the Identical Breast Form Company, 17 West 60th Street, New York, 23 New York. Exercise No. 1. Inhale while slowly swinging both arms to shoulder level. Bend your elbows until your fingers touch the back of your neck. Exhale. Lower your arms while swinging them back until your fingers touch at the back of your waist. Pause, then repeat.

CANE IN HANDS

No. 2. Hold a cane (a stick or broom handle will do) firmly with both hands. Inhale and swing the cane above your head. Then lower it toward the back of your neck. Return it to overhead position. Exhale while lowering your arms to their original position. Relax, then repeat.

No. 3. Place the hand of your unaffected arm on your hip. Inhale as you swing your affected arm sideways and up over your head. Then bend the elbow and wrist until your fingers touch your ear on the opposite side from your affected arm. Keep your head and neck straight. Don't bend at the waist. Exhale and return your arm to its normal position. Rest, then repeat.

No. 4. Place the hand of your unaffected side on your hip. Inhale as you swing your affected arm around to your back. Bend the elbow of this arm until your fingers reach your shoulder blade. Exhale while returning to the original position. Pause, then repeat.

No. 5. Knot an 8-foot length of clothesline to a doorknob. Stand facing the door. Using your hand of the unaffected side, grasp the rope firmly. Place your other hand on your affected arm fully and swing the rope in as wide a circle as possible. All motions must come from the shoulder, so keep your elbow and wrist straight and stiff. Relax, then repeat.

No. 6. Stand with your affected side close to the wall. Place your other hand on the wall to have and swing the affected arm as high as possible. Bend your arm, and, using only the third and fourth fingers, try to move your fingers still higher up the wall. Exhale slowly and drop your arm. Rest and repeat.

I would like to caution you about one thing. Some of these exercises may be good for some of you and not for others. So, check with your doctor about them before attempting any of them.

QUESTION AND ANSWER

J.C.: Is Brewer's Yeast bad for the liver? I use this yeast daily. Answer: Brewer's Yeast is a rich source of Vitamin B and when properly taken offers no danger to the liver. selves or in allowing ourselves to be lulled by a lot of nice sounding words. We are in a tough, tight, dangerous situation from a ferry standpoint at Borden-Tormentine. Based on personal observation I can tell you that the men working on these ships, at Borden trying to make repairs and to keep the boats going deserve the highest praise. I met them there last night who told me they didn't have their clothes off for thirty hours. The Railway men are certainly doing their best to get the service back to normal.

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NOTES BY THE WAY

When you please where you go it's a lot easier to go where you please.—London Free Press

What kind of motorist is it who hangs a pair of baby shoes, a huge pair of dice or other go-gaws on the inside of the car? Are these not a pretty accurate indication of his mentality? Is he likely to be the type of man you'd want to spend an evening with?—London Free Press

One thing is hard to understand, if education in Canada and the United States has all gone to pot. If the boys and girls are not being educated, how is it that young men and women are continuing to make great discoveries in the arts and sciences? Somewhere, someone must be getting really good schooling.—Windsor Star

An old axiom has it that many a true word is spoken in jest. That applies to a current witticism: "People are working day and night to buy labor-saving devices." Almost everyone knows examples of this. A man may have a chance to work overtime, and accepts it because he wants to buy something that will save him (or more probably his wife) some labor. A man will "moonlight", working a double shift, so as to afford some gadget or appliance which will make life easier.—Windsor Star

MAXIMS

No man needs sympathy because he has to work, because he has a burden to carry, and away the best prize that life has to offer is the chance to work hard at work worth doing.

OUR YESTERDAYS

(From the Guardian Files)

TWENTY-FIVE YEARS AGO

(April 18, 1934) Captain Charles Evis, owner of the schooner Stella which is a sloop in the ice at Montague, left North Sydney recently to outfit the vessel for the coming season. Late last fall Captain Evis put into Montague for a load of produce for the North Sydney market, and before he had taken on his cargo the freeze up had arrived, and he was forced to leave the schooner at Montague for the winter.

TEN YEARS AGO

(April 18, 1949) Mr. J.R. Murphy, Summerside, presided at the opening sessions of the P.E.I. Teachers' Federation Convention at Prince of Wales College yesterday. Premier J. Walter Jones will address the convention yesterday morning, and in the afternoon Mr. B. C. Silver, Inspector of Schools, Halifax, gave a period of music instruction.

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The Age Old Story

All the people that came together to that night, beholding the things which were done, smote their breasts, and returned.

The Poets Corner

HARBOR AT EVENING Only the wind has armor for this light. Shadows of music lengthening in to blue; The sea, the clouds, the radiant-masted ships Move in, bear low across the tidal night.

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